



English translation of Holy Guru Granth Sahib (Part 30)

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Credits

English translation of
Holy Guru Granth Sahib (30 Raag Saarang)

by
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Raag Saarang – Part 001

1197 : 1

Raag Saarang, Chau–Padas, First Mehl, First House:

1197 : 2

One Universal Creator God. Truth Is The Name. Creative Being Personified. No Fear. No Hatred. Image Of The Undying. Beyond Birth. Self–Existent. By Guru's Grace:

1197 : 3

I am the hand–maiden of my Lord and Master.

1197 : 4

I have grasped the Feet of God, the Life of the world. He has killed and eradicated my egotism. ||1||Pause||

1197 : 5

He is the Perfect, Supreme Light, the Supreme Lord God, my Beloved, my Breath of Life.

1197 : 6

The Fascinating Lord has fascinated my mind; contemplating the Word of the Shabad, I have come to understand. ||1||

1197 : 7

The worthless self–willed manmukh, with false and shallow understanding – his mind and body are held in pain's grip.

1197 : 8

Since I came to be imbued with the Love of my Beautiful Lord, I meditate on the Lord, and my mind is encouraged. ||2||

1197 : 9

Abandoning egotism, I have become detached. And now, I absorb true intuitive understanding.

1197 : 10

The mind is pleased and appeased by the Pure, Immaculate Lord; the opinions of other people are irrelevant. ||3||

1197 : 11

There is no other like You, in the past or in the future, O my Beloved, my Breath of Life, my Support.

1197 : 12

The soul–bride is imbued with the Name of the Lord; O Nanak, the Lord is her Husband. ||4||1||

1197 : 13

Sarang, First Mehl:

1197 : 14

How can I survive without the Lord? I am suffering in pain.

1197 : 15

My tongue does not taste – all is bland without the Lord's sublime essence. Without God, I suffer and die. ||1||Pause||

1197 : 16

As long as I do not attain the Blessed Vision of my Beloved, I remain hungry and thirsty.

1197 : 17

Gazing upon the Blessed Vision of His Darshan, my mind is pleased and appeased. The lotus blossoms forth in the water. ||1||

1197 : 18

The low–hanging clouds crack with thunder and burst. The cuckoos and the peacocks are filled with passion,

1197 : 19

along with the birds in the trees, the bulls and the snakes. The soul–bride is happy when her Husband Lord returns home. ||2||

1197 : 20

She is filthy and ugly, unfeminine and ill–mannered – she has no intuitive understanding of her Husband Lord.

1197 : 21

She is not satisfied by the sublime essence of her Lord's Love; she is evil–minded, immersed in her pain. ||3||

1197 : 22

The soul–bride does not come and go in reincarnation or suffer in pain; her body is not touched by the pain of disease.

1197 : 23

O Nanak, she is intuitively embellished by God; seeing God, her mind is encouraged. ||4||2||

1197 : 24

Saarang, First Mehl:

1197 : 25

My Beloved Lord God is not far away.

1197 : 26

My mind is pleased and appeased by the Word of the True Guru's Teachings. I have found the Lord, the Support of my breath of life. ||1||Pause||

--- Raag Saarang – Part 001 ---

Raag Saarang – Part 002

1198 : 27

This is the way to meet your Husband Lord. Blessed is the soul-bride who is loved by her Husband Lord.

1198 : 28

Social class and status, race, ancestry and skepticism are eliminated, following the Guru's Teachings and contemplating the Word of the Shabad. ||1||

1198 : 29

One whose mind is pleased and appeased, has no egotistical pride. Violence and greed are forgotten.

1198 : 30

The soul-bride intuitively ravishes and enjoys her Husband Lord; as Gurmukh, she is embellished by His Love. ||2||

1198 : 31

Burn away any love of family and relatives, which increases your attachment to Maya.

1198 : 32

One who does not savor the Lord's Love deep within, lives in duality and corruption. ||3||

1198 : 33

His Love is a priceless jewel deep within my being; the Lover of my Beloved is not hidden.

1198 : 34

O Nanak, as Gurmukh, enshrine the Priceless Naam deep within your being, all the ages through. ||4||3||

1198 : 35

Saarang, Fourth Mehl, First House:

1198 : 36

One Universal Creator God. By The Grace Of The True Guru:

1198 : 37

I am the dust of the feet of the humble Saints of the Lord.

1198 : 38

Joining the Sat Sangat, the True Congregation, I have obtained the supreme status. The Lord, the Supreme Soul, is all-pervading everywhere. ||1||Pause||

1198 : 39

Meeting the Saintly True Guru, I have found peace and tranquility. Sins and painful mistakes are totally erased and taken away.

1198 : 40

The Divine Light of the soul radiates forth, gazing upon the Presence of the Immaculate Lord God. ||1||

1198 : 41

By great good fortune, I have found the Sat Sangat; the Name of the Lord, Har, Har, is all-prevading everywhere.

1198 : 42

I have taken my cleansing bath at the sixty-eight sacred shrines of pilgrimage, bathing in the dust of the feet of the True Congregation. ||2||

1198 : 43

Evil-minded and corrupt, filthy-minded and shallow, with impure heart, attached to enticement and falsehood.

1198 : 44

Without good karma, how can I find the Sangat? Engrossed in egotism, the mortal remains stuck in regret. ||3||

1198 : 45

Be kind and show Your Mercy, O Dear Lord; I beg for the dust of the feet of the Sat Sangat.

1198 : 46

O Nanak, meeting with the Saints, the Lord is attained. The Lord's humble servant obtains the Presence of the Lord. ||4||1||

1198 : 47

Saarang, Fourth Mehl:

1198 : 48

I am a sacrifice to the Feet of the Lord of the Universe.

1198 : 49

I cannot swim across the terrifying world ocean. But chanting the Name of the Lord, Har, Har, I am carried across across. ||1||Pause||

1198 : 50

Faith in God came to fill my heart; I serve Him intuitively, and contemplate Him.

1198 : 51

Night and day, I chant the Lord's Name within my heart; it is all-powerful and virtuous. ||1||

1198 : 52

God is Inaccessible and Unfathomable, All-pervading everywhere, in all minds and bodies; He is Infinite and Invisible.

1198 : 53

When the Guru becomes merciful, then the Unseen Lord is seen within the heart. ||2||

1198 : 54

Deep within the inner being is the Name of the Lord, the Support of the entire earth, but to the egotistical shaakta, the faithless cynic, He seems far away.

1198 : 55

His burning desire is never quenched, and he loses the game of life in the gamble. ||3||

1198 : 56

Standing up and sitting down, the mortal sings the Glorious Praises of the Lord, when the Guru bestows even a tiny bit of His Grace.

1198 : 57

O Nanak, those who are blessed by His Glance of Grace – He saves and protects their honor. ||4||2||

-- Raag Saarang – Part 002 --

Raag Saarang – Part 003

1199 : 58

Saarang, Fourth Mehl:

1199 : 59

O my Beloved Lord, Har, Har, please bless me with Your Ambrosial Name.

1199 : 60

Those whose minds are pleased to be Gurmukh – the Lord completes their projects.
||1||Pause||

1199 : 61

Those humble beings who become meek before the Guru—their pains are taken away.

1199 : 62

Night and day, they perform devotional worship services to the Guru; they are embellished with the Word of the Guru's Shabad. ||1||

1199 : 63

Within their hearts is the ambrosial essence of the Naam, the Name of the Lord; they savor this essence, sing the praises of this essence, and contemplate this essence.

1199 : 64

By Guru's Grace, they are aware of this ambrosial essence; they find the Gate of Salvation.
||2||

1199 : 65

The True is the Primal Being, Unmoving and Unchanging. One who takes the Support of the Naam, the Name of the Lord – his intellect becomes focused and steady.

1199 : 66

I offer my soul to Him; I am a sacrifice to my True Guru. ||3||

1199 : 67

The self-willed manmukhs are stuck in doubt and attached to duality; the darkness of spiritual ignorance is within them.

1199 : 68

They do not see the True Guru, the Giver; they are not on this shore, or the other. ||4||

1199 : 69

Our Lord and Master is permeating and pervading each and every heart; He is supremely Potent to exercise His Might.

1199 : 70

Nanak, the slave of His slaves, says, please, be merciful and save me! ||5||3||

1199 : 71

Saarang, Fourth Mehl:

1199 : 72

This is the way to work for the Lord.

1199 : 73

Whatever He does, accept that as true. As Gurmukh, remain lovingly absorbed in His Name. ||1||Pause||

1199 : 74

The Love of the Lord of the Universe seems supremely sweet. Everything else is forgotten.

1199 : 75

Night and day, he is in ecstasy; his mind is pleased and appeased, and his light merges into the Light. ||1||

1199 : 76

Singing the Glorious Praises of the Lord, his mind is satisfied. Peace and tranquility come to abide within his mind.

1199 : 77

When the Guru becomes merciful, the mortal finds the Lord; he focuses his consciousness on the Lord's Lotus Feet. ||2||

1199 : 78

The intellect is enlightened, meditating on the Lord. He remains lovingly attuned to the essence of spiritual wisdom.

1199 : 79

The Divine Light radiates forth deep within his being; his mind is pleased and appeased. He merges intuitively into Celestial Samaadhi. ||3||

1199 : 80

One whose heart is filled with falsehood, continues to practice falsehood, even while he teaches and preaches about the Lord.

1199 : 81

Within him is the utter darkness of greed. He is thrashed like wheat, and suffers in pain. ||4||

1199 : 82

When my God is totally pleased, the mortal tunes in and becomes Gurmukh.

1199 : 83

Nanak has obtained the Immaculate Naam, the Name of the Lord. Chanting the Naam, he has found peace. ||5||4||

1199 : 84

Saarang, Fourth Mehl:

1199 : 85

My mind is pleased and appeased by the Name of the Lord.

1199 : 86

The True Guru has implanted divine love within my heart. The Sermon of the Lord, Har, Har, is pleasing to my mind. ||1||Pause||

1199 : 87

Please be merciful to Your meek and humble servant; please bless Your humble servant with Your Unspoken Speech.

1199 : 88

Meeting with the humble Saints, I have found the sublime essence of the Lord. The Lord seems so sweet to my mind and body. ||1||

1199 : 89

They alone are unattached, who are imbued with the Lord's Love; through the Guru's Teachings, they realize the Naam, the Name of the Lord.

1199 : 90

Meeting with the Primal Being, one finds peace, and one's comings and goings in reincarnation are ended. ||2||

1199 : 91

With my eyes, I gaze lovingly upon God, my Lord and Master. I chant His Name with my tongue.

-- Raag Saarang – Part 003 --

Raag Saarang – Part 004

1200 : 92

With my ears, I listen to the Kirtan of His Praises, day and night. I love the Lord, Har, Har, with all my heart. ||3||

1200 : 93

When the Guru helped me to overcome the five thieves, then I found ultimate bliss, attached to the Naam.

1200 : 94

The Lord has showered His Mercy on servant Nanak; he merges in the Lord, in the Name of the Lord. ||4||5||

1200 : 95

Sarang, Fourth Mehl:

1200 : 96

O my mind, chant the Name of the Lord, and study His Excellence.

1200 : 97

Without the Lord's Name, nothing is steady or stable. All the rest of the show is useless. ||1||Pause||

1200 : 98

What is there to accept, and what is there to reject, O madman? Whatever is seen shall turn to dust.

1200 : 99

That poison which you believe to be your own – you must abandon it and leave it behind. What a load you have to carry on your head! ||1||

1200 : 100

Moment by moment, instant by instant, your life is running out. The fool cannot understand this.

1200 : 101

He does things which will not go along with him in the end. This is the lifestyle of the faithless cynic. ||2||

1200 : 102

So join together with the humble Saints, O madman, and you shall find the Gate of Salvation.

1200 : 103

Without the Sat Sangat, the True Congregation, no one finds any peace. Go and ask the scholars of the Vedas. ||3||

1200 : 104

All the kings and queens shall depart; they must leave this false expanse.

1200 : 105

O Nanak, the Saints are eternally steady and stable; they take the Support of the Name of the Lord. ||4||6||

1200 : 106

Saarang, Fourth Mehl, Third House, Du–Padas:

1200 : 107

One Universal Creator God. By The Grace Of The True Guru:

1200 : 108

O son, why do you argue with your father?

1200 : 109

It is a sin to argue with the one who fathered you and raised you. ||1||Pause||

1200 : 110

That wealth, which you are so proud of – that wealth does not belong to anyone.

1200 : 111

In an instant, you shall have to leave behind all your corrupt pleasures; you shall be left to regret and repent. ||1||

1200 : 112

He is God, your Lord and Master – chant the Chant of that Lord.

1200 : 113

Servant Nanak spreads the Teachings; if you listen to it, you shall be rid of your pain.
||2||1||7||

1200 : 114

Saarang, Fourth Mehl, Fifth House, Du–Padas, Partaal:

1200 : 115

One Universal Creator God. By The Grace Of The True Guru:

1200 : 116

O my mind, meditate on the Lord of the World, the Master of the Universe, the Life of the World, the Enticer of the mind; fall in love with Him. I take the Support of the Lord, Har, Har, Har, all day and all night. ||1||Pause||

1200 : 117

Endless, endless, endless are the Praises of the Lord. Suk Dayv, Naarad and the gods like Brahma sing His Glorious Praises. Your Glorious Virtues, O my Lord and Master, cannot even be counted.

1200 : 118

O Lord, You are Infinite, O Lord, You are Infinite, O Lord, You are my Lord and Master; only You Yourself know Your Own Ways. ||1||

1200 : 119

Those who are near, near to the Lord – those who dwell near the Lord – those humble servants of the Lord are the Holy, the devotees of the Lord.

1200 : 120

Those humble servants of the Lord merge with their Lord, O Nanak, like water merging with water. ||2||1||8||

-- Raag Saarang – Part 004 --

Raag Saarang – Part 005

1201 : 121

Saarang, Fourth Mehl:

1201 : 122

O my mind, meditate on the Lord, the Lord, your Lord and Master. The Lord is the Most Divine of all the divine beings. Chant the Name of the Lord, Raam, Raam, the Lord, my most Dear Beloved. ||1||Pause||

1201 : 123

That household, in which the Glorious Praises of the Lord are sung, in which the Glorious Praises of the Lord are sung, in which His Glorious Praises are sung, where the Panch Shabad, the Five Primal Sounds, resound – great is the destiny w

1201 : 124

All the sins of that humble being are taken away, all the pains are taken away, all diseases are taken away; sexual desire, anger, greed, attachment and egotistical pride are taken away. The Lord drives the five thieves out of such a person

1201 : 125

Chant the Name of the Lord, O Holy Saints of the Lord; meditate on the Lord of the Universe, O Holy people of the Lord. Meditate in thought, word and deed on the Lord, Har, Har. Worship and adore the Lord, O Holy people of the Lord.

1201 : 126

Chant the Name of the Lord, chant the Name of the Lord. It shall rid you of all your sins.

1201 : 127

Continually and continuously remain awake and aware. You shall be in ecstasy forever and ever, meditating on the Lord of the Universe.

1201 : 128

Servant Nanak: O Lord, Your devotees obtain the fruits of their minds' desires; they obtain all the fruits and rewards, and the four great blessings – Dharmic faith, wealth and riches, sexual success and liberation. ||2||2||9||

1201 : 129

Saarang, Fourth Mehl:

1201 : 130

O my mind, meditate on the Lord, the Lord of Wealth, the Source of Nectar, the Supreme Lord God, the True Transcendent Being, God, the Inner-knower, the Searcher of hearts.

1201 : 131

He is the Destroyer of all suffering, the Giver of all peace; sing the Praises of my Beloved Lord God. ||1||Pause||

1201 : 132

The Lord dwells in the home of each and every heart. The Lord dwells in the water, and the Lord dwells on the land. The Lord dwells in the spaces and interspaces. I have such a great longing to see the Lord.

1201 : 133

If only some Saint, some humble Saint of the Lord, my Holy Beloved, would come, to show me the way.

1201 : 134

I would wash and massage the feet of that humble being. ||1||

1201 : 135

The Lord's humble servant meets the Lord, through his faith in the Lord; meeting the Lord, he becomes Gurmukh.

1201 : 136

My mind and body are in ecstasy; I have seen my Sovereign Lord King.

1201 : 137

Servant Nanak has been blessed with Grace, blessed with the Lord's Grace, blessed with the Grace of the Lord of the Universe.

1201 : 138

I meditate on the Lord, the Name of the Lord, night and day, forever, forever and ever.
||2||3||10||

1201 : 139

Saarang, Fourth Mehl:

1201 : 140

O my mind, meditate on the Fearless Lord,

1201 : 141

who is True, True, Forever True.

1201 : 142

He is free of vengeance, the Image of the Undying,

1201 : 143

beyond birth, Self-existent.

1201 : 144

O my mind, meditate night and day on the Formless, Self-sustaining Lord. ||1||Pause||

1201 : 145

For the Blessed Vision of the Lord's Darshan, for the Blessed Vision of the Lord's Darshan, the three hundred thirty million gods, and millions of Siddhas, celibates and Yogis make their pilgrimages to sacred shrines and rivers, and go on f

1201 : 146

The service of the humble person is approved, unto whom the Lord of the World shows His Mercy. ||1||

1201 : 147

They alone are the good Saints of the Lord, the best and most exalted devotees, who are pleasing to their Lord.

1201 : 148

Those who have my Lord and Master on their side – O Nanak, the Lord saves their honor. ||2||4||11||

-- Raag Saarang – Part 005 --

Raag Saarang – Part 006

1202 : 149

Saarang, Fourth Mehl, Partaal:

1202 : 150

O my mind, meditate on the Lord of the Universe, the Lord, the Lord of the Universe, the Treasure of Virtue, the God of all creation. O my mind, chant the Name of the Lord, the Lord, the Eternal, Imperishable, Primal Lord God. ||1||Pause||

1202 : 151

The Name of the Lord is the Ambrosial Nectar, Har, Har, Har. He alone drinks it in, whom the Lord inspires to drink it.

1202 : 152

The Merciful Lord Himself bestows His Mercy, and He leads the mortal to meet with the True Guru. That humble being tastes the Ambrosial Name of the Lord, Har, Har. ||1||

1202 : 153

Those who serve my Lord, forever and ever – all their pain, doubt and fear are taken away.

1202 : 154

Servant Nanak chants the Naam, the Name of the Lord, and so he lives, like the song-bird, which is satisfied only by drinking in the water. ||2||5||12||

1202 : 155

Saarang, Fourth Mehl:

1202 : 156

O my mind, meditate on the Supreme Lord.

1202 : 157

The Lord, the Lord is All–pervading.

1202 : 158

True, True is the Lord.

1202 : 159

O Siblings of Destiny, chant the Name of the Lord, Raam, Raam, Raam, forever. He is All–pervading everywhere. ||1||Pause||

1202 : 160

The Lord Himself is Himself the Creator of all. The Lord Himself is Himself pervading the whole world.

1202 : 161

That person, upon whom my Sovereign Lord King, Raam, Raam, Raam, bestows His Mercy – that person is lovingly attuned to the Lord's Name. ||1||

1202 : 162

O Saints of the Lord, behold the Glory of the Name of the Lord; His Name saves the honor of His humble devotees in this Dark Age of Kali Yuga.

1202 : 163

My Sovereign Lord King has taken servant Nanak's side; his enemies and attackers have all run away. ||2||6||13||

1202 : 164

Saarang, Fifth Mehl, Chau–Padas, First House:

1202 : 165

One Universal Creator God. By The Grace Of The True Guru:

1202 : 166

I am a sacrifice to the Image of the True Guru.

1202 : 167

My inner being is filled with a great thirst, like that of the song-bird for water. When shall I find the Fruitful Vision of His Darshan? ||1||Pause||

1202 : 168

He is the Master of the masterless, the Cherisher of all. He is the Lover of the devotees of His Name.

1202 : 169

That mortal, whom no one can protect – You bless him with Your Support, O Lord. ||1||

1202 : 170

Support of the unsupported, Saving Grace of the unsaved, Home of the homeless.

1202 : 171

Wherever I go in the ten directions, You are there with me. The only thing I do is sing the Kirtan of Your Praises. ||2||

1202 : 172

From Your Oneness, You become tens of thousands, and from tens of thousands, You become One. I cannot describe Your state and extent.

1202 : 173

You are Infinite – Your value cannot be appraised. Everything I see is Your play. ||3||

1202 : 174

I speak with the Company of the Holy; I am in love with the Holy people of the Lord.

1202 : 175

Servant Nanak has found the Lord through the Guru's Teachings; please bless me with Your Blessed Vision; O Lord, my mind yearns for it. ||4||1||

1202 : 176

Saarang, Fifth Mehl:

1202 : 177

The Dear Lord is the Inner-knower, the Searcher of hearts.

1202 : 178

The mortal does evil deeds, and hides from others, but like the air, the Lord is present everywhere. ||1||Pause||

1202 : 179

You call yourself a devotee of Vishnu and you practice the six rituals, but your inner being is polluted with greed.

1202 : 180

Those who slander the Society of the Saints, shall all be drowned in their ignorance. ||1||

— Raag Saarang – Part 006 —

Raag Saarang – Part 007

1203 : 181

The mortal eats the food which he has carefully prepared, and then steals the wealth of others. His inner being is filled with falsehood and pride.

1203 : 182

He knows nothing of the Vedas or the Shaastras; his mind is gripped by pride. ||2||

1203 : 183

He says his evening prayers, and observes all the fasts, but this is all just a show.

1203 : 184

God made him stray from the path, and sent him into the wilderness. All his actions are useless. ||3||

1203 : 185

He alone is a spiritual teacher, and he alone is a devotee of Vishnu and a scholar, whom the Lord God blesses with His Grace.

1203 : 186

Serving the True Guru, he obtains the supreme status and saves the whole world. ||4||

1203 : 187

What can I say? I don't know what to say. As God wills, so do I speak.

1203 : 188

I ask only for the dust of the feet of the Saadh Sangat, the Company of the Holy. Servant Nanak seeks their Sanctuary. ||5||2||

1203 : 189

Saarang, Fifth Mehl:

1203 : 190

Now, my dancing is over.

1203 : 191

I have intuitively obtained my Darling Beloved. Through the Word of the True Guru's Teachings, I found Him. ||1||Pause||

1203 : 192

The virgin speaks with her friends about her husband and they laugh together;

1203 : 193

but when he comes home, she becomes shy, and modestly covers her face. ||1||

1203 : 194

When gold is melted in the crucible, it flows freely everywhere.

1203 : 195

But when it is made into pure solid bars of gold, then it remains stationary. ||2||

1203 : 196

As long as the days and the nights of one's life last, the clock strikes the hours, minutes and seconds.

1203 : 197

But when the gong player gets up and leaves, the gong is not sounded again. ||3||

1203 : 198

When the pitcher is filled with water, the water contained within it seems distinct.

1203 : 199

Says Nanak, when the pitcher is emptied out, the water mingles again with water. ||4||3||

1203 : 200

Saarang, Fifth Mehl:

1203 : 201

Now if he is asked, what can he say?

1203 : 202

He was supposed to have gathered the sublime essence of the Ambrosial Naam, the Name of the Lord, but instead, the mad-man was busy with poison. ||1||Pause||

1203 : 203

This human life, so difficult to obtain, was finally obtained after such a long time. He is losing it in exchange for a shell.

1203 : 204

He came to buy musk, but instead, he has loaded dust and thistle grass. ||1||

1203 : 205

He comes in search of profits, but he is entangled in the enticing illusion of Maya.

1203 : 206

He loses the jewel, in exchange for mere glass. When will he have this blessed opportunity again? ||2||

1203 : 207

He is full of sins, and he has not even one redeeming virtue. Forsaking his Lord and Master, he is involved with Maya, God's slave.

1203 : 208

And when the final silence comes, like inanimate matter, he is caught like a thief at the door. ||3||

1203 : 209

I cannot see any other way out. I seek the Sanctuary of the Lord's slaves.

1203 : 210

Says Nanak, the mortal is emancipated, only when all his demerits and faults are erased and eradicated. ||4||4||

1203 : 211

Saarang, Fifth Mehl:

1203 : 212

O mother, my patience is gone. I am in love with my Husband Lord.

1203 : 213

There are so many kinds of incomparable pleasures, but I am not interested in any of them. ||1||Pause||

1203 : 214

Night and day, I utter, "Pri-a, Pri-a – Beloved, Beloved" with my mouth. I cannot sleep, even for an instant; I remain awake and aware.

1203 : 215

Necklaces, eye make-up, fancy clothes and decorations – without my Husband Lord, these are all poison to me. ||1||

--- Raag Saarang – Part 007 ---

Raag Saarang – Part 008

1204 : 216

I ask and ask, with humility, "Who can tell me which country my Husband Lord lives in?"

1204 : 217

I would dedicate my heart to him, I offer my mind and body and everything; I place my head at his feet. ||2||

1204 : 218

I bow at the feet of the voluntary slave of the Lord; I beg him to bless me with the Saadh Sangat, the Company of the Holy.

1204 : 219

Show Mercy to me, that I may meet God, and gaze upon the Blessed Vision of His Darshan every moment. ||3||

1204 : 220

When He is Kind to me, He comes to dwell within my being. Night and day, my mind is calm and peaceful.

1204 : 221

Says Nanak, I sing the Songs of Joy; the Unstruck Word of the Shabad resounds within me. ||4||5||

1204 : 222

Sarang, Fifth Mehl:

1204 : 223

O mother, True, True True is the Lord, and True, True, True is His Holy Saint.

1204 : 224

The Word which the Perfect Guru has spoken, I have tied to my robe. ||1||Pause||

1204 : 225

Night and day, and the stars in the sky shall vanish. The sun and the moon shall vanish.

1204 : 226

The mountains, the earth, the water and the air shall pass away. Only the Word of the Holy Saint shall endure. ||1||

1204 : 227

Those born of eggs shall pass away, and those born of the womb shall pass away. Those born of the earth and sweat shall pass away as well.

1204 : 228

The four Vedas shall pass away, and the six Shaastras shall pass away. Only the Word of the Holy Saint is eternal. ||2||

1204 : 229

Raajas, the quality of energetic activity shall pass away. Taamas, the quality of lethargic darkness shall pass away. Saatvas, the quality of peaceful light shall pass away as well.

1204 : 230

All that is seen shall pass away. Only the Word of the Holy Saint is beyond destruction. ||3||

1204 : 231

He Himself is Himself by Himself. All that is seen is His play.

1204 : 232

He cannot be found by any means. O Nanak, meeting with the Guru, God is found. ||4||6||

1204 : 233

Sarang, Fifth Mehl:

1204 : 234

The Guru, the Lord of the Universe, dwells within my mind.

1204 : 235

Wherever my Lord and Master is remembered in meditation – that village is filled with peace and bliss. ||1||Pause||

1204 : 236

Wherever my Beloved Lord and Master is forgotten – all misery and misfortune is there.

1204 : 237

Where the Praises of my Lord, the Embodiment of Bliss and Joy are sung – eternal peace and wealth are there. ||1||

1204 : 238

Wherever they do not listen to the Stories of the Lord with their ears – the utterly desolate wilderness is there.

1204 : 239

Where the Kirtan of the Lord's Praises are sung with love in the Saadh Sangat – there is fragrance and fruit and joy in abundance. ||2||

1204 : 240

Without meditative remembrance on the Lord, one may live for millions of years, but his life would be totally useless.

1204 : 241

But if he vibrates and meditates on the Lord of the Universe, for even a moment, then he shall live forever and ever. ||3||

1204 : 242

O God, I seek Your Sanctuary, Your Sanctuary, Your Sanctuary; please mercifully bless me with the Saadh Sangat, the Company of the Holy.

1204 : 243

O Nanak, the Lord is All-pervading everywhere, amongst all. He knows the qualities and the condition of all. ||4||7||

1204 : 244

Saarang, Fifth Mehl:

1204 : 245

Now, I have obtained the Support of the Lord.

1204 : 246

Those who seek the Sanctuary of the Ocean of Mercy are carried across the world-ocean. ||1||Pause||

1204 : 247

They sleep in peace, and intuitively merge into the Lord. The Guru takes away their cynicism and doubt.

1204 : 248

Whatever they wish for, the Lord does; they obtain the fruits of their minds' desires. ||1||

1204 : 249

In my heart, I meditate on Him; with my eyes, I focus my meditation on Him. With my ears, I listen to His Sermon.

Raag Saarang – Part 009

1205 : 250

With my feet, I walk on my Lord and Mater's Path. With my tongue, I sing the Glorious Praises of the Lord. ||2||

1205 : 251

With my eyes, I see the Lord, the Embodiment of Absolute Bliss; the Saint has turned away from the world.

1205 : 252

I have found the Priceless Name of the Beloved Lord; it never leaves me or goes anywhere else. ||3||

1205 : 253

What praise, what glory and what virtues should I utter, in order to please the Lord?

1205 : 254

That humble being, unto whom the Merciful Lord is kind – O servant Nanak, he is the slave of God's slaves. ||4||8||

1205 : 255

Sarang, Fifth Mehl:

1205 : 256

Who can I tell, and with whom can I speak, about this state of peace and bliss?

1205 : 257

I am in ecstasy and delight, gazing upon the Blessed Vision of God's Darshan. My mind sings His Songs of Joy and His Glories. ||1||Pause||

1205 : 258

I am wonderstruck, gazing upon the Wondrous Lord. The Merciful Lord is All-pervading everywhere.

1205 : 259

I drink in the Invaluable Nectar of the Naam, the Name of the Lord. Like the mute, I can only smile – I cannot speak of its flavor. ||1||

1205 : 260

As the breath is held in bondage, no one can understand its coming in and going out.

1205 : 261

So is that person, whose heart is enlightened by the Lord – his story cannot be told. ||2||

1205 : 262

As many other efforts as you can think of – I have seen them and studied them all.

1205 : 263

My Beloved, Carefree Lord has revealed Himself within the home of my own heart; thus I have realized the Inaccessible Lord. ||3||

1205 : 264

The Absolute, Formless, Eternally Unchanging, Immeasurable Lord cannot be measured.

1205 : 265

Says Nanak, whoever endures the unendurable – this state belongs to him alone. ||4||9||

1205 : 266

Sarang, Fifth Mehl:

1205 : 267

The corrupt person passes his days and nights uselessly.

1205 : 268

He does not vibrate and meditate on the Lord of the Universe; he is intoxicated with egotistical intellect. He loses his life in the gamble. ||1||Pause||

1205 : 269

The Naam, the Name of the Lord, is priceless, but he is not in love with it. He loves only to slander others.

1205 : 270

Weaving the grass, he builds his house of straw. At the door, he builds a fire. ||1||

1205 : 271

He carries a load of sulfur on his head, and drives the Ambrosial Nectar out of his mind.

1205 : 272

Wearing his good clothes, the mortal falls into the coal-pit; again and again, he tries to shake it off. ||2||

1205 : 273

Standing on the branch, eating and eating and smiling, he cuts down the tree.

1205 : 274

He falls down head-first and is shattered into bits and pieces. ||3||

1205 : 275

He bears vengeance against the Lord who is free of vengeance. The fool is not up to the task.

1205 : 276

Says Nanak, the Saving Grace of the Saints is the Formless, Supreme Lord God. ||4||10||

1205 : 277

Saarang, Fifth Mehl:

1205 : 278

All the others are deluded by doubt; they do not understand.

1205 : 279

That person, within whose heart the One Pure Word abides, realizes the essence of the Vedas. ||1||Pause||

1205 : 280

He walks in the ways of the world, trying to please people.

1205 : 281

But as long as his heart is not enlightened, he is stuck in pitch black darkness. ||1||

1205 : 282

The land may be prepared in every way, but nothing sprouts without being planted.

1205 : 283

Just so, without the Lord's Name, no one is liberated, nor is egotistical pride eradicated. ||2||

1205 : 284

The mortal may churn water until he is sore, but how can butter be produced?

1205 : 285

Without meeting the Guru, no one is liberated, and the Lord of the Universe is not met. ||3||

Raag Saarang – Part 010

1206 : 286

Searching and searching, I have come to this realization: all peace and bliss are in the Name of the Lord.

1206 : 287

Says Nanak, he alone receives it, upon whose forehead such destiny is inscribed. ||4||11||

1206 : 288

Saarang, Fifth Mehl:

1206 : 289

Night and day, utter the Glorious Praises of the Lord.

1206 : 290

You shall obtain all wealth, all pleasures and successes, and the fruits of your mind's desires. ||1||Pause||

1206 : 291

Come, O Saints, let us meditate in remembrance on God; He is the Eternal, Imperishable Giver of Peace and Praanaa, the Breath of Life.

1206 : 292

Master of the masterless, Destroyer of the pains of the meek and the poor; He is All-pervading and permeating, abiding in all hearts. ||1||

1206 : 293

The very fortunate ones drink in the Sublime Essence of the Lord, singing, reciting and listening to the Lord's Praises.

1206 : 294

All their sufferings and struggles are wiped away from their bodies; they remain lovingly awake and aware in the Name of the Lord. ||2||

1206 : 295

So abandon your sexual desire, greed, falsehood and slander; meditating in remembrance on the Lord, you shall be released from bondage.

1206 : 296

The intoxication of loving attachments, egotism and blind possessiveness are eradicated by Guru's Grace. ||3||

1206 : 297

You are All-Powerful, O Supreme Lord God and Master; please be Merciful to Your humble servant.

1206 : 298

My Lord and Master is All-pervading and prevailing everywhere; O Nanak, God is Near. ||4||12||

1206 : 299

Sarang, Fifth Mehl:

1206 : 300

I am a sacrifice to the Feet of the Divine Guru.

1206 : 301

I meditate with Him on the Supreme Lord God; His Teachings have emancipated me. ||1||Pause||

1206 : 302

All pains, diseases and fears are erased, for one who comes to the Sanctuary of the Lord's Saints.

1206 : 303

He Himself chants, and inspires others to chant the Naam, the Name of the Lord. He is Utterly All-Powerful; He carries us across to the other side. ||1||

1206 : 304

His Mantra drives out cynicism, and totally fills the empty one.

1206 : 305

Those who obey the Order of the Lord's slaves, do not enter into the womb of reincarnation ever again. ||2||

1206 : 306

Whoever works for the Lord's devotees and sings His Praises – his pains of birth and death are taken away.

1206 : 307

Those unto whom my Beloved becomes Merciful, endure the Unendurable Ecstasy of the Lord, Har, Har. ||3||

1206 : 308

Those who are satisfied by the Sublime Essence of the Lord, merge intuitively into the Lord; no mouth can describe their state.

1206 : 309

By Guru's Grace, O Nanak, they are content; chanting and meditating on God's Name, they are saved. ||4||13||

1206 : 310

Saarang, Fifth Mehl:

1206 : 311

I sing, O I sing the Songs of Joy of my Lord, the Treasure of Virtue.

1206 : 312

Fortunate is the time, fortunate is the day and the moment, when I become pleasing to the Lord of the World. ||1||Pause||

1206 : 313

I touch my forehead to the Feet of the Saints.

1206 : 314

The Saints have placed their hands on my forehead. ||1||

1206 : 315

My mind is filled with the Mantra of the Holy Saints,

1206 : 316

and I have risen above the three qualities||2||

1206 : 317

Gazing upon the Blessed Vision, the Darshan of God's devotees, my eyes are filled with love.

1206 : 318

Greed and attachment are gone, along with doubt. ||3||

1206 : 319

Says Nanak, I have found intuitive peace, poise and bliss.

1206 : 320

Tearing down the wall, I have met the Lord, the Embodiment of Supreme Bliss. ||4||14||

1206 : 321

Saarang, Fifth Mehl, Second House:

1206 : 322

One Universal Creator God. By The Grace Of The True Guru:

1206 : 323

How can I express the pain of my soul?

1206 : 324

I am so thirsty for the Blessed Vision, the Darshan of my Enticing and Lovely Beloved. My mind cannot survive – it yearns for Him in so many ways. ||1||Pause||

-- Raag Saarang – Part 010 --

Raag Saarang – Part 011

1207 : 325

I think thoughts of Him; I miss the Love of my Beloved. When will I obtain the Blessed Vision of the Lord's Darshan?

1207 : 326

I try, but this mind is not encouraged. Is there any Saint who can lead me to God? ||1||

1207 : 327

Chanting, penance, self-control, good deeds and charity – I sacrifice all these in fire; I dedicate all peace and places to Him.

1207 : 328

One who helps me to behold the Blessed Vision of my Beloved, for even an instant – I am a sacrifice to that Saint. ||2||

1207 : 329

I offer all my prayers and entreaties to him; I serve him, day and night.

1207 : 330

I have renounced all pride and egotism; he tells me the stories of my Beloved. ||3||

1207 : 331

I am wonder-struck, gazing upon the wondrous play of God. The Guru, the True Guru, has led me to meet the Primal Lord.

1207 : 332

I have found God, my Merciful Loving Lord, within the home of my own heart. O Nanak, the fire within me has been quenched. ||4||1||15||

1207 : 333

Sarang, Fifth Mehl:

1207 : 334

You fool, why are you not meditating on the Lord now?

1207 : 335

In the awful hell of the fire of the womb, you did penance, upside-down; each and every instant, you sang His Glorious Praises. ||1||Pause||

1207 : 336

You wandered through countless incarnations, until finally you attained this priceless human birth.

1207 : 337

Leaving the womb, you were born, and when you came out, you became attached to other places. ||1||

1207 : 338

You practiced evil and fraud day and night, and did useless deeds.

1207 : 339

You thrash the straw, but it has no wheat; running around and hurrying, you obtain only pain. ||2||

1207 : 340

The false person is attached to falsehood; he is entangled with transitory things.

1207 : 341

And when the Righteous Judge of Dharma seizes you, O madman, you shall arise and depart with your face blackened. ||3||

1207 : 342

He alone meets with God, whom God Himself meets, by such pre-ordained destiny written on his forehead.

1207 : 343

Says Nanak, I am a sacrifice to that humble being, who remains unattached within his mind. ||4||2||16||

1207 : 344

Saarang, Fifth Mehl:

1207 : 345

How can I live without my Beloved, O my mother?

1207 : 346

Separated from Him, the mortal becomes a corpse, and is not allowed to remain within the house. ||1||Pause||

1207 : 347

He is the Giver of the soul, the heart, the breath of life. Being with Him, we are embellished with joy.

1207 : 348

Please bless me with Your Gace, O Saint, that I may sing the songs of joyful praise to my God. ||1||

1207 : 349

I touch my forehead to the feet of the Saints. My eyes long for their dust.

1207 : 350

By His Grace, we meet God; O Nanak, I am a sacrifice, a sacrifice to Him. ||2||3||17||

1207 : 351

Saarang, Fifth Mehl:

1207 : 352

I am a sacrifice to that occasion.

1207 : 353

Twenty-four hours a day, I meditate in remembrance on my God; by great good fortune, I have found the Lord. ||1||Pause||

1207 : 354

Kabeer is good, the slave of the Lord's slaves; the humble barber Sain is sublime.

1207 : 355

Highest of the high is Naam Dayv, who looked upon all alike; Ravi Daas was in tune with the Lord. ||1||

1207 : 356

My soul, body and wealth belong to the Saints; my mind longs for the dust of the Saints.

1207 : 357

And by the radiant Grace of the Saints, all my doubts have been erased. O Nanak, I have met the Lord. ||2||4||18||

1207 : 358

Saarang, Fifth Mehl:

1207 : 359

The True Guru fulfills the mind's desires.

Raag Saarang – Part 012

1208 : 360

All wealth and treasures are obtained by remembering Him in meditation; twenty–four hours a day, O my mind, meditate on Him. ||1||Pause||

1208 : 361

Your Name is Ambrosial Nectar, O my Lord and Master. Whoever drinks it in is satisfied.

1208 : 362

The sins of countless incarnations are erased, and hereafter, he shall be saved and redeemed in the Court of the Lord. ||1||

1208 : 363

I have come to Your Sanctuary, O Creator, O Perfect Supreme Eternal Lord God.

1208 : 364

Please be kind to me, that I may meditate on Your Lotus Feet. O Nanak, my mind and body thirst for the Blessed Vision of Your Darshan. ||2||5||19||

1208 : 365

Sarang, Fifth Mehl, Third House:

1208 : 366

One Universal Creator God. By The Grace Of The True Guru:

1208 : 367

O my mind, why are you lured away by otherness?

1208 : 368

Here and hereafter, God is forever your Help and Support. He is your soul-mate; He will help you succeed. ||1||Pause||

1208 : 369

The Name of your Beloved Lover, the Fascinating Lord, is Ambrosial Nectar. Drinking it in, you shall find satisfaction.

1208 : 370

The Being of Immortal Manifestation is found in the Saadh Sangat, the Company of the Holy. Meditate on Him in that most sublime place. ||1||

1208 : 371

The Bani, the Word of the Supreme Lord God, is the greatest Mantra of all. It eradicates pride from the mind.

1208 : 372

Searching, Nanak found the home of peace and bliss in the Name of the Lord. ||2||1||20||

1208 : 373

Saarang, Fifth Mehl:

1208 : 374

O my mind, sing forever the Songs of Joy of the Lord of the Universe.

1208 : 375

All your disease, sorrow and sin will be erased, if you meditate on the Lord's Name, even for an instant. ||1||Pause||

1208 : 376

Abandon all your clever tricks; go and enter the Sanctuary of the Holy.

1208 : 377

When the Lord, the Destroyer of the pains of the poor becomes merciful, the Messenger of Death is changed into the Righteous Judge of Dharma. ||1||

1208 : 378

Without the One Lord, there is no other at all. No one else can equal Him.

1208 : 379

The Lord is Nanak's Mother, Father and Sibling, the Giver of Peace, his Breath of Life. ||2||2||21||

1208 : 380

Sarang, Fifth Mehl:

1208 : 381

The Lord's humble servant saves those who accompany him.

1208 : 382

Their minds are sanctified and rendered pure, and they are rid of the pains of countless incarnations. ||1||Pause||

1208 : 383

Those who walk on the path find peace; they are saved, along with those who speak with them.

1208 : 384

Even those who are drowning in the horrible, deep dark pit are carried across in the Saadh Sangat, the Company of the Holy. ||1||

1208 : 385

Those who have such high destiny turn their faces toward the Saadh Sangat.

1208 : 386

Nanak longs for the dust of their feet; O God, please shower Your Mercy on me! ||2||3||22||

1208 : 387

Saarang, Fifth Mehl:

1208 : 388

The humble servant of the Lord meditates on the Lord, Raam, Raam, Raam.

1208 : 389

One who enjoys peace in the Company of the Holy, even for an instant, obtains millions of heavenly paradises. ||1||Pause||

1208 : 390

This human body, so difficult to obtain, is sanctified by meditating on the Lord. It takes away the fear of death.

1208 : 391

Even the sins of terrible sinners are washed away, by cherishing the Lord's Name within the heart. ||1||

1208 : 392

Whoever listens to the Immaculate Praises of the Lord – his pains of birth and death are dispelled.

1208 : 393

Says Nanak, the Lord is found by great good fortune, and then the mind and body blossom forth. ||2||4||23||

--- Raag Saarang – Part 012 ---

Raag Saarang – Part 013

1209 : 394

Saarang, Fifth Mehl, Du–Padas, Fourth House:

1209 : 395

One Universal Creator God. By The Grace Of The True Guru:

1209 : 396

O my Fascinating Lord, I pray to You: come into my house.

1209 : 397

I act in pride, and speak in pride. I am mistaken and wrong, but I am still Your hand–maiden, O my Beloved. ||1||Pause||

1209 : 398

I hear that You are near, but I cannot see You. I wander in suffering, deluded by doubt.

1209 : 399

The Guru has become merciful to me; He has removed the veils. Meeting with my Beloved, my mind blossoms forth in abundance. ||1||

1209 : 400

If I were to forget my Lord and Master, even for an instant, it would be like millions of days, tens of thousands of years.

1209 : 401

When I joined the Saadh Sangat, the Company of the Holy, O Nanak, I met my Lord. ||2||1||24||

1209 : 402

Saarang, Fifth Mehl:

1209 : 403

Now what should I think? I have given up thinking.

1209 : 404

You do whatever You wish to do. Please bless me with Your Name – I am a sacrifice to You. ||1||Pause||

1209 : 405

The poison of corruption is flowering forth in the four directions; I have taken the GurMantra as my antidote.

1209 : 406

Giving me His Hand, He has saved me as His Own; like the lotus in the water, I remain unattached. ||1||

1209 : 407

I am nothing. What am I? You hold all in Your Power.

1209 : 408

Nanak has run to Your Sanctuary, Lord; please save him, for the sake of Your Saints. ||2||2||25||

1209 : 409

Saarang, Fifth Mehl:

1209 : 410

Now I have abandoned all efforts and devices.

1209 : 411

My Lord and Master is the All-powerful Creator, the Cause of causes, my only Saving Grace. ||1||Pause||

1209 : 412

I have seen numerous forms of incomparable beauty, but nothing is like You.

1209 : 413

You give Your Support to all, O my Lord and Master; You are the Giver of peace, of the soul and the breath of life. ||1||

1209 : 414

Wandering, wandering, I grew so tired; meeting the Guru, I fell at His Feet.

1209 : 415

Says Nanak, I have found total peace; this life-night of mine passes in peace. ||2||3||26||

1209 : 416

Saarang, Fifth Mehl:

1209 : 417

Now I have found the Support of my Lord.

1209 : 418

The Guru, the Giver of peace, has become merciful to me. I was blind – I see the jewel of the Lord. ||1||Pause||

1209 : 419

I have cut away the darkness of ignorance and become immaculate; my discrimination intellect has blossomed forth.

1209 : 420

As the waves of water and the foam become water again, the Lord and His servant become One. ||1||

1209 : 421

He is taken in again, into what from which he came; all is one in the One Lord.

1209 : 422

O Nanak, I have come to see the Master of the breath of life, all-pervading everywhere. ||2||4||27||

1209 : 423

Sarang, Fifth Mehl:

1209 : 424

My mind longs for the One Beloved Lord.

1209 : 425

I have looked everywhere in every country, but nothing equals even a hair of my Beloved. ||1||Pause||

1209 : 426

All sorts of delicacies and dainties are placed before me, but I do not even want to look at them.

1209 : 427

I long for the sublime essence of the Lord, calling, "Pri-o! Pri-o! – Beloved! Beloved!", like the Bumble bee longing for the lotus flower. ||1||

--- Raag Saarang – Part 013 ---

Raag Saarang – Part 014

1210 : 428

The Treasure of Virtue, the Enticer of the mind, my Beloved is the Giver of peace to all.

1210 : 429

Guru Nanak has led me to You, O God. Join with me, O my Best Friend, and hold me close in Your Embrace. ||2||5||28||

1210 : 430

Saarang, Fifth Mehl:

1210 : 431

Now my mind is pleased and appeased by my Lord and Master.

1210 : 432

The Holy Saint has become kind and compassionate to me, and has destroyed this demon of duality. ||1||Pause||

1210 : 433

You are so beautiful, and You are so wise; You are elegant and all-knowing.

1210 : 434

All the Yogis, spiritual teachers and meditators do not know even a bit of Your value. ||1||

1210 : 435

You are the Master, You are the Lord under the royal canopy; You are the perfectly pervading Lord God.

1210 : 436

Please bless me with the gift of service to the Saints; O Nanak, I am a sacrifice to the Lord.
||2||6||29||

1210 : 437

Saarang, Fifth Mehl:

1210 : 438

The Love of my Beloved comes into my conscious mind.

1210 : 439

I have forgotten the entangling affairs of Maya, and I spend my life–night fighting with evil.
||1||Pause||

1210 : 440

I serve the Lord; the Lord abides within my heart. I have found my Lord in the Sat Sangat,
the True Congregation.

1210 : 441

So I have met with my enticingly beautiful Beloved; I have obtained the peace which I
asked for. ||1||

1210 : 442

The Guru has brought my Beloved under my control, and I enjoy Him with unrestrained
pleasure.

1210 : 443

I have become fearless; O Nanak, my fears have been eradicated. Chanting the Word, I
have found the Lord. ||2||7||30||

1210 : 444

Saarang, Fifth Mehl:

1210 : 445

I am a sacrifice to the Blessed Vision, the Darshan of my Dear Lord.

1210 : 446

The Naad, the Sound–current of His Word fills my ears; my body has settled gently into the Lap of my Beloved. ||1||Pause||

1210 : 447

I was a discarded bride, and the Guru has made me a happy soul–bride. I have found the Elegant and All–knowing Lord.

1210 : 448

That home, in which I was not even allowed to sit – I have found that place in which I can dwell. ||1||

1210 : 449

God, the Love of His devotees, has come under the control of those who protect the honor of His Saints.

1210 : 450

Says Nanak, my mid is pleased and appeased with the Lord, and my subservience to other people has come to an end. ||2||8||31||

1210 : 451

Saarang, Fifth Mehl:

1210 : 452

Now my association with the five thieves has come to an end.

1210 : 453

Gazing upon the Blessed Vision of the Lord's Darshan, my mind is in ecstasy; by Guru's Grace, I am released. ||1||Pause||

1210 : 454

The impregnable place is guarded by countless ramparts and warriors.

1210 : 455

This impregnable fortress cannot be touched, but with the assistance of the Saints, I have entered and robbed it. ||1||

1210 : 456

I have found such a great treasure, a priceless, inexhaustible supply of jewels.

1210 : 457

O servant Nanak, when God showered His Mercy on me, my mind drank in the sublime essence of the Lord. ||2||9||32||

1210 : 458

Sarang, Fifth Mehl:

1210 : 459

Now my mind is absorbed in my Lord and Master.

1210 : 460

The Perfect Guru has blessed me with the gift of the breath of life. I am involved with the Lord, like the fish with the water. ||1||Pause||

1210 : 461

I have cast out sexual desire, anger, greed, egotism and envy; I have offered all this as a gift.

1210 : 462

The Guru has implanted the medicine of the Lord's Mantra within me, and I have met with the All-knowing Lord God. ||1||

My household belongs to You, O my Lord and Master; the Guru has blessed me with God,
and rid me of egotism.

-- Raag Saarang – Part 014 --

Raag Saarang – Part 015

1211 : 464

Says Nanak, I have found the Lord with intuitive ease, within the home of my own heart.
Devotional worship of the Lord is a treasure over-flowing. ||2||10||33||

1211 : 465

Sarang, Fifth Mehl:

1211 : 466

O my Enticing Lord, all beings are Yours – You save them.

1211 : 467

Even a tiny bit of Your Mercy ends all cruelty and tyranny. You save and redeem millions of universes. ||1||Pause||

1211 : 468

I offer countless prayers; I remember You each and every instant.

1211 : 469

Please be merciful to me, O Destroyer of the pains of the poor; please give me Your hand and save me. ||1||

1211 : 470

And what about these poor kings? Tell me, who can they kill?

1211 : 471

Save me, save me, save me, O Giver of peace; O Nanak, all the world is Yours. ||2||11||34||

1211 : 472

Saarang, Fifth Mehl:

1211 : 473

Now I have obtained the wealth of the Lord's Name.

1211 : 474

I have become carefree, and all my thirsty desires are satisfied. Such is the destiny written on my forehead. ||1||Pause||

1211 : 475

Searching and searching, I became depressed; I wandered all around, and finally came back to my body–village.

1211 : 476

The Merciful Guru made this deal, and I have obtained the priceless jewel. ||1||

1211 : 477

The other deals and trades which I did, brought only sorrow and suffering.

1211 : 478

Fearless are those traders who deal in meditation on the Lord of the Universe. O Nanak, the Lord's Name is their capital. ||2||12||35||

1211 : 479

Saarang, Fifth Mehl:

1211 : 480

The Speech of my Beloved seems so sweet to my mind.

1211 : 481

The Guru has taken hold of my arm, and linked me to God's service. My Beloved Lord is forever merciful to me. ||1||Pause||

1211 : 482

O God, You are my Lord and Master; You are the Cherisher of all. My wife and I are totally Your slaves.

1211 : 483

You are all my honor and power – You are. Your Name is my only Support. ||1||

1211 : 484

If You seat me on the throne, then I am Your slave. If You make me a grass-cutter, then what can I say?

1211 : 485

Servant Nanak's God is the Primal Lord, the Architect of Destiny, Unfathomable and Immeasurable. ||2||13||36||

1211 : 486

Sarang, Fifth Mehl:

1211 : 487

The tongue becomes beautiful, uttering the Glorious Praises of the Lord.

1211 : 488

In an instant, He creates and destroys. Gazing upon His Wondrous Plays, my mind is fascinated. ||1||Pause||

1211 : 489

Listening to His Praises, my mind is in utter ecstasy, and my heart is rid of pride and pain.

1211 : 490

I have found peace, and my pains have been taken away, since I became one with God.
||1||

1211 : 491

Sinful resides have been wiped away, and my mind is immaculate. The Guru has lifted me up and pulled me out of the deception of Maya.

1211 : 492

Says Nanak, I have found God, the All-powerful Creator, the Cause of causes. ||2||14||37||

1211 : 493

Saarang, Fifth Mehl:

1211 : 494

With my eyes, I have seen the marvellous wonders of the Lord.

1211 : 495

He is far from all, and yet near to all. He is Inaccessible and Unfathomable, and yet He dwells in the heart. ||1||Pause||

1211 : 496

The Infallible Lord never makes a mistake. He does not have to write His Orders, and He does not have to consult with anyone.

1211 : 497

In an instant, He creates, embellishes and destroys. He is the Lover of His devotees, the Treasure of Excellence. ||1||

1211 : 498

Lighting the lamp in the deep dark pit, the Guru illumines and enlightens the heart.

Raag Saarang – Part 016

1212 : 499

Says Nanak, gazing upon the Blessed Vision of His Darshan, I have found peace, and all my hopes have been fulfilled. ||2||15||38||

1212 : 500

Sarang, Fifth Mehl:

1212 : 501

The most beautiful path for the feet is to follow the Lord of the Universe.

1212 : 502

The more you walk on any other path, the more you suffer in pain. ||1||Pause||

1212 : 503

The eyes are sanctified, gazing upon the Blessed Vision of the Lord's Darshan. Serving Him, the hands are sanctified.

1212 : 504

The heart is sanctified, when the Lord abides within the heart; that forehead which touches the dust of the feet of the Saints is sanctified. ||1||

1212 : 505

All treasures are in the Name of the Lord, Har, Har; he alone obtains it, who has it written in his karma.

1212 : 506

Servant Nanak has met with the Perfect Guru; he passes his life–night in peace, poise and pleasure. ||2||16||39||

1212 : 507

Saarang, Fifth Mehl:

1212 : 508

Meditate on the Naam, the Name of the Lord; at the very last instant, it shall be your Help and Support.

1212 : 509

In that place where your mother, father, children and siblings shall be of no use to you at all, there, the Name alone shall save you. ||1||Pause||

1212 : 510

He alone meditates on the Lord in the deep dark pit of his own household, upon whose forehead such destiny is written.

1212 : 511

His bonds are loosened, and the Guru liberates him. He sees You, O Lord, everywhere. ||1||

1212 : 512

Drinking in the Ambrosial Nectar of the Naam, his mind is satisfied. Tasting it, his tongue is satiated.

1212 : 513

Says Nanak, I have obtained celestial peace and poise; the Guru has quenched all my thirst. ||2||17||40||

1212 : 514

Saarang, Fifth Mehl:

1212 : 515

Meeting the Guru, I meditate on God in such a way,

1212 : 516

that He has become kind and compassionate to me. He is the Destroyer of pain; He does not allow the hot wind to even touch me. ||1||Pause||

1212 : 517

With each and every breath I take, I sing the Glorious Praises of the Lord.

1212 : 518

He is not separated from me, even for an instant, and I never forget Him. He is always with me, wherever I go. ||1||

1212 : 519

I am a sacrifice, a sacrifice, a sacrifice, a sacrifice to His Lotus Feet. I am a sacrifice, a sacrifice to the Blessed Vision of the Guru's Darshan.

1212 : 520

Says Nanak, I do not care about anything else; I have found the Lord, the Ocean of peace. ||2||18||41||

1212 : 521

Saarang, Fifth Mehl:

1212 : 522

The Word of the Guru's Shabad seems so sweet to my mind.

1212 : 523

My karma has been activated, and the Divine Radiance of the Lord, Har, Har, is manifest in each and every heart. ||1||Pause||

1212 : 524

The Supreme Lord God, beyond birth, Self-existent, is seated within every heart everywhere.

1212 : 525

I have come to obtain the Ambrosial Nectar of the Naam, the Name of the Lord. I am a sacrifice, a sacrifice to the Lotus Feet of God. ||1||

1212 : 526

I anoint my forehead with the dust of the Society of the Saints; it is as if I have bathed at all the sacred shrines of pilgrimage.

1212 : 527

Says Nanak, I am dyed in the deep crimson color of His Love; the Love of my Lord shall never fade away. ||2||19||42||

1212 : 528

Sarang, Fifth Mehl:

1212 : 529

The Guru has given me the Name of the Lord, Har, Har, as my Companion.

1212 : 530

If the Word of God dwells within my heart for even an instant, all my hunger is relieved. ||1||Pause||

1212 : 531

O Treasure of Mercy, Master of Excellence, my Lord and Master, Ocean of peace, Lord of all.

1212 : 532

My hopes rest in You alone, O my Lord and Master; hope in anything else is useless. ||1||

1212 : 533

My eyes were satisfied and fulfilled, gazing upon the Blessed Vision of His Darshan, when the Guru placed His Hand on my forehead.

-- Raag Saarang – Part 016 --

Raag Saarang – Part 017

1213 : 534

Says Nanak, I have found immeasurable peace; my fear of birth and death is gone.

||2||20||43||

1213 : 535

Sarang, Fifth Mehl:

1213 : 536

You fool: why are you going somewhere else?

1213 : 537

The Enticing Ambrosial Amrit is with you, but you are deluded, totally deluded, and you eat poison. ||1||Pause||

1213 : 538

God is Beautiful, Wise and Incomparable; He is the Creator, the Architect of Destiny, but you have no love for Him.

1213 : 539

The mad–man's mind is enticed by Maya, the enticer; he has taken the intoxicating drug of falsehood. ||1||

1213 : 540

The Destroyer of pain has become kind and compassionate to me, and I am in tune with the Saints.

1213 : 541

I have obtained all treasures within the home of my own heart; says Nanak, my light has merged into the Light. ||2||21||44||

1213 : 542

Sarang, Fifth Mehl:

1213 : 543

My consciousness has loved my Beloved God, since the very beginning of time.

1213 : 544

When You blessed me with the Teachings, O my True Guru, I was embellished with beauty.
||1||Pause||

1213 : 545

I am mistaken; You are never mistaken. I am a sinner; You are the Saving Grace of sinners.

1213 : 546

I am a lowly thorn–tree, and You are the sandalwood tree. Please preserve my honor by staying with me; please stay with me. ||1||

1213 : 547

You are deep and profound, calm and benevolent. What am I? Just a poor helpless being.

1213 : 548

The Merciful Guru Nanak has united me with the Lord. I lay on His Bed of Peace.
||2||22||45||

1213 : 549

Sarang, Fifth Mehl:

1213 : 550

O my mind, blessed and approved is that day,

1213 : 551

and fruitful is that hour, and lucky is that moment, when the True Guru blesses me with spiritual wisdom. ||1||Pause||

1213 : 552

Blessed is my good destiny, and blessed is my Husband Lord. Blessed are those upon whom honor is bestowed.

1213 : 553

This body is Yours, all my home and wealth are Yours; I offer my heart as a sacrifice to You. ||1||

1213 : 554

I obtain tens of thousands and millions of regal pleasures, if I gaze upon Your Blessed Vision, even for an instant.

1213 : 555

When You, O God, say, "My servant, stay here with me", Nanak knows unlimited peace. ||2||23||46||

1213 : 556

Sarang, Fifth Mehl:

1213 : 557

Now I am rid of my skepticism and sorrow.

1213 : 558

I have abandoned and forsaken all other efforts, and come to the Sanctuary of the True Guru. ||1||Pause||

1213 : 559

I have attained total perfection, and all my works are perfectly completed; the illness of egotism has been totally eradicated.

1213 : 560

Millions of sins are destroyed in an instant; meeting with the Guru, I chant the Name of the Lord, Har, Har. ||1||

1213 : 561

Subduing the five thieves, he Guru has made them my slaves; my mind has become stable and steady and fearless.

1213 : 562

It does not come or go in reincarnation; it does not waver or wander anywhere. O Nanak, my empire is eternal. ||2||24||47||

1213 : 563

Saarang, Fifth Mehl:

1213 : 564

Here and hereafter, God is forever my Help and Support.

1213 : 565

He is the Enticer of my mind, the Beloved of my soul. What Glorious Praises of His can I sing and chant? ||1||Pause||

1213 : 566

He plays with me, He fondles and caresses me. Forever and ever, He blesses me with bliss.

1213 : 567

He cherishes me, like the father and the mother love their child. ||1||

I cannot survive without Him, even for an instant; I shall never forget Him.

-- Raag Saarang – Part 017 --

Raag Saarang – Part 018

1214 : 569

Says Nanak, joining the Society of the Saints, I am enraptured, lovingly attuned to my Lord.
||2||25||48||

1214 : 570

Saarang, Fifth Mehl:

1214 : 571

Sing of your Lord and Master, your Best Friend.

1214 : 572

Do not place your hopes in anyone else; meditate on God, the Giver of peace. ||1||Pause||

1214 : 573

Peace, joy and salvation are in His Home. Seek the Protection of His Sanctuary.

1214 : 574

But if you forsake Him, and serve mortal beings, your honor will dissolve like salt in water.
||1||

1214 : 575

I have grasped the Anchor and Support of my Lord and Master; meeting with the Guru, I have found wisdom and understanding.

1214 : 576

Nanak has met God, the Treasure of Excellence; all dependence on others is gone.
||2||26||49||

1214 : 577

Saarang, Fifth Mehl:

1214 : 578

I have the Almighty Support of my Dear Lord God.

1214 : 579

I do not look up to anyone else. My honor and glory are Yours, O God. ||1||Pause||

1214 : 580

God has taken my side; He has lifted me up and pulled me out of the whirlpool of corruption.

1214 : 581

He has poured the medicine of the Naam, the Ambrosial Name of the Lord, into my mouth; I have fallen at the Guru's Feet. ||1||

1214 : 582

How can I praise You with only one mouth? You are generous, even to the unworthy.

1214 : 583

You cut away the noose, and now You own me; Nanak is blessed with myriad joys. ||2||27||50||

1214 : 584

Saarang, Fifth Mehl:

1214 : 585

Remembering God in meditation, pains are dispelled.

1214 : 586

When the Giver of peace to the soul becomes merciful, the mortal is totally redeemed.

||1||Pause||

1214 : 587

I know of none other than God; tell me, who else should I approach?

1214 : 588

As You know me, so do You keep me, O my Lord and Master. I have surrendered everything to You. ||1||

1214 : 589

God gave me His Hand and saved me; He has blessed me with eternal life.

1214 : 590

Says Nanak, my mind is in ecstasy; the noose of death has been cut away from my neck. ||2||28||51||

1214 : 591

Sarang, Fifth Mehl:

1214 : 592

My mind contemplates You, O Lord, all the time.

1214 : 593

I am Your meek and helpless child; You are God my Father. As You know me, You save me. ||1||Pause||

1214 : 594

When I am hungry, I ask for food; when I am full, I am totally at peace.

1214 : 595

When I dwell with You, I am free of disease; if I become separated from You, I turn to dust.
||1||

1214 : 596

What power does the slave of Your slave have, O Establisher and Disestablisher?

1214 : 597

If I do not forget the Naam, the Name of the Lord, then I die. Nanak offers this prayer.
||2||29||52||

1214 : 598

Sarang, Fifth Mehl:

1214 : 599

I have shaken off fear and dread from my mind.

1214 : 600

With intuitive ease, peace and poise, I sing the Glorious Praises of my Kind, Sweet, Darling Beloved. ||1||Pause||

1214 : 601

Practicing the Guru's Word, by His Grace, I do not wander anywhere anymore.

1214 : 602

The illusion has been dispelled; I am in Samaadhi, Sukh–aasan, the position of peace. I have found the Lord, the Lover of His devotees, within the home of my own heart. ||1||

1214 : 603

| The Sound–current of the Naad, playful joys and pleasures – I am intuitively, easily absorbed into the Celestial Lord.

1214 : 604

He Himself is the Creator, the Cause of causes. Says Nanak, He Himself is All-in-all.
||2||30||53||

-- Raag Saarang – Part 018 --

Raag Saarang – Part 019

1215 : 605

Saarang, Fifth Mehl:

1215 : 606

The Ambrosial Nectar of the Naam, the Name of the Lord, is the Support of the mind.

1215 : 607

I am a sacrifice to the One who gave it to me; I humbly bow to the Perfect Guru. ||1||Pause||

1215 : 608

My thirst is quenched, and I have been intuitively embellished. The poisons of sexual desire and anger have been burnt away.

1215 : 609

This mind does not come and go; it abides in that place, where the Formless Lord sits. ||1||

1215 : 610

The One Lord is manifest and radiant; the One Lord is hidden and mysterious. The One Lord is abysmal darkness.

1215 : 611

From the beginning, throughout the middle and until the end, is God. Says Nanak, reflect on the Truth. ||2||31||54||

1215 : 612

Saarang, Fifth Mehl:

1215 : 613

Without God, I cannot survive, even for an instant.

1215 : 614

One who finds joy in the Lord finds total peace and perfection. ||1||Pause||

1215 : 615

God is the Embodiment of bliss, the Breath of Life and Wealth; remembering Him in meditation, I am blessed with absolute bliss.

1215 : 616

He is utterly All-powerful, with me forever and ever; what tongue can utter His Glorious Praises? ||1||

1215 : 617

His Place is sacred, and His Glory is sacred; sacred are those who listen and speak of Him.

1215 : 618

Says Nanak, that dwelling is sacred, in which Your Saints live. ||2||32||55||

1215 : 619

Sarang, Fifth Mehl:

1215 : 620

My tongue chants Your Name, Your Name.

1215 : 621

In the mother's womb, You sustained me, and in this mortal world, You alone help me. ||1||Pause||

1215 : 622

You are my Father, and You are my Mother; You are my Loving Friend and Sibling.

1215 : 623

You are my Family, and You are my Support. You are the Giver of the Breath of Life. ||1||

1215 : 624

You are my Treasure, and You are my Wealth. You are my Gems and Jewels.

1215 : 625

You are the wish-fulfilling Elysian Tree. Nanak has found You through the Guru, and now he is enraptured. ||2||33||56||

1215 : 626

Sarang, Fifth Mehl:

1215 : 627

Wherever he goes, his consciousness turns to his own.

1215 : 628

Whoever is a chaylaa (a servant) goes only to his Lord and Master. ||1||Pause||

1215 : 629

He shares his sorrows, his joys and his condition only with his own.

1215 : 630

He obtains honor from his own, and strength from his own; he gets an advantage from his own. ||1||

1215 : 631

Some have regal power, youth, wealth and property; some have a father and a mother.

1215 : 632

I have obtained all things, O Nanak, from the Guru. My hopes have been fulfilled.
||2||34||57||

1215 : 633

Saarang, Fifth Mehl:

1215 : 634

False is intoxication and pride in Maya.

1215 : 635

Get rid of your fraud and attachment, O wretched mortal, and remember that the Lord of the World is with you. ||1||Pause||

1215 : 636

False are royal powers, youth, nobility, kings, rulers and aristocrats.

1215 : 637

False are the fine clothes, perfumes and clever tricks; false are the foods and drinks. ||1||

1215 : 638

O Patron of the meek and the poor, I am the slave of Your slaves; I seek the Sanctuary of Your Saints.

1215 : 639

I humbly ask, I beg of You, please relieve my anxiety; O Lord of Life, please unite Nanak with Yourself. ||2||35||58||

1215 : 640

Saarang, Fifth Mehl:

1215 : 641

By himself, the mortal cannot accomplish anything.

1215 : 642

He runs around chasing all sorts of projects, engrossed in other entanglements. ||1||Pause||

1215 : 643

His companions of these few days will not be there when he is in trouble.

-- Raag Saarang – Part 019 --

Raag Saarang – Part 020

1216 : 644

He is hand and glove with those who are of no use to him; the poor wretch is affectionately involved with them. ||1||

1216 : 645

I am nothing; nothing belongs to me. I have no power or control.

1216 : 646

O Creator, Cause of causes, Lord God of Nanak, I am saved and redeemed in the Society of the Saints. ||2||36||59||

1216 : 647

Saarang, Fifth Mehl:

1216 : 648

The Great Enticer Maya keeps enticing, and cannot be stopped.

1216 : 649

She is the Beloved of all the Siddhas and seekers; no one can fend her off. ||1||Pause||

1216 : 650

Reciting the six Shaastras and visiting sacred shrines of pilgrimage do not decrease her power.

1216 : 651

Devotional worship, ceremonial religious marks, fasting, vows and penance – none of these will make her release her hold. ||1||

1216 : 652

The world has fallen into the deep dark pit. O Saints, please bless me with the supreme status of salvation.

1216 : 653

In the Saadh Sangat, the Company of the Holy, Nanak has been liberated, gazing upon the Blessed Vision of their Darshan, even for an instant. ||2||37||60||

1216 : 654

Saarang, Fifth Mehl:

1216 : 655

Why are you working so hard to earn profits?

1216 : 656

You are puffed up like a bag of air, and your skin is very brittle. Your body has grown old and dusty. ||1||Pause||

1216 : 657

You move things from here to there, like the hawk swooping down on the flesh of its prey.

1216 : 658

You are blind – you have forgotten the Great Giver. You fill your belly like a traveller at an inn. ||1||

1216 : 659

You are entangled in the taste of false pleasures and corrupt sins; the path which you have to take is very narrow.

1216 : 660

Says Nanak: figure it out, you ignorant fool! Today or tomorrow, the knot will be untied!
||2||38||61||

1216 : 661

Saarang, Fifth Mehl:

1216 : 662

O Dear Guru, by associating with You, I have come to know the Lord.

1216 : 663

There are millions of heroes, and no one pays any attention to them, but in the Court of the Lord, I am honored and respected. ||1||Pause||

1216 : 664

What is the origin of the human beings? How beautiful they are!

1216 : 665

When God infuses His Light into clay, the human body is judged to be precious. ||1||

1216 : 666

From You, I have learned to serve; from You, I have learned to chant and meditate; from You, I have realized the essence of reality.

1216 : 667

Placing His Hand on my forehead, He has cut away the bonds which held me; O Nanak, I am the slave of His slaves. ||2||39||62||

1216 : 668

Saarang, Fifth Mehl:

1216 : 669

The Lord has blessed His servant with His Name.

1216 : 670

What can any poor mortal do to someone who has the Lord as his Savior and Protector?

||1||Pause||

1216 : 671

He Himself is the Great Being; He Himself is the Leader. He Himself accomplishes the tasks of His servant.

1216 : 672

Our Lord and Master destroys all demons; He is the Inner-knower, the Searcher of hearts.

||1||

1216 : 673

He Himself saves the honor of His servants; He Himself blesses them with stability.

1216 : 674

From the very beginning of time, and throughout the ages, He saves His servants. O Nanak, how rare is the person who knows God. ||2||40||63||

1216 : 675

Sarang, Fifth Mehl:

1216 : 676

O Lord, You are my Best Friend, my Companion, my Breath of Life.

1216 : 677

My mind, wealth, body and soul are all Yours; this body is sewn together by Your Blessing.

||1||Pause||

1216 : 678

You have blessed me with all sorts of gifts; you have blessed me with honor and respect.

1216 : 679

Forever and ever, You preserve my honor, O Inner-knower, O Searcher of hearts. ||1||

-- Raag Saarang – Part 020 --

Raag Saarang – Part 021

1217 : 680

Those Saints who know You, O Lord and Master – blessed and approved is their coming into the world.

1217 : 681

The Congregation of those humble beings is obtained by great good fortune; Nanak is a sacrifice to the Saints. ||2||41||64||

1217 : 682

Sarang, Fifth Mehl:

1217 : 683

Save me, O Merciful Saint!

1217 : 684

You are the All-powerful Cause of causes. You have ended my separation, and joined me with God. ||1||Pause||

1217 : 685

You save us from the corruption and sins of countless incarnations; associating with You, we obtain sublime understanding.

1217 : 686

Forgetting God, we wandered through countless incarnations; with each and every breath, we sing the Lord's Praises. ||1||

1217 : 687

Whoever meets with the Holy Saints – those sinners are sanctified.

1217 : 688

Says Nanak, those who have such high destiny, win this invaluable human life. ||2||42||65||

1217 : 689

Saarang, Fifth Mehl:

1217 : 690

O my Lord and Master, Your humble servant has come to offer this prayer.

1217 : 691

Hearing Your Name, I am blessed with total peace, bliss, poise and pleasure. ||1||Pause||

1217 : 692

The Treasure of Mercy, the Ocean of Peace – His Praises are diffused everywhere.

1217 : 693

O Lord, You celebrate in the Society of the Saints; You reveal Yourself to them. ||1||

1217 : 694

With my eyes I see the Saints, and dedicate myself to serving them; I wash their feet with my hair.

1217 : 695

Twenty–four hours a day, I gaze upon the Blessed Vision, the Darshan of the Saints; this is the peace and comfort which Nanak has received. ||2||43||66||

1217 : 696

Saarang, Fifth Mehl:

1217 : 697

One who is lovingly absorbed in the Lord's Name

1217 : 698

is a good–hearted friend, intuitively embellished with happiness. He is said to be blessed and fortunate. ||1||Pause||

1217 : 699

He is rid of sin and corruption, and detached from Maya; he has renounced the poison of egotistical intellect.

1217 : 700

He thirsts for the Blessed Vision of the Lord's Darshan, and he places his hopes in the One Lord alone. The Feet of his Beloved are the Support of his heart. ||1||

1217 : 701

He sleeps, wakes, rises up and sits down without anxiety; he laughs and cries without anxiety.

1217 : 702

Says Nanak, she who has cheated the world – that Maya is cheated by the humble servant of the Lord. ||2||44||67||

1217 : 703

Saarang, Fifth Mehl:

1217 : 704

Now, no one complains about the Lord's humble servant.

1217 : 705

Whoever tries to complain is destroyed by the Guru, the Transcendent Lord God. ||1||Pause||

1217 : 706

Whoever harbors vengeance against the One who is beyond all vengeance, shall lose in the Court of the Lord.

1217 : 707

From the very beginning of time, and throughout the ages, it is the glorious greatness of God, that He preserves the honor of His humble servants. ||1||

1217 : 708

The mortal becomes fearless, and all his fears are taken away, when he leans on the Support of the Lord's Lotus Feet.

1217 : 709

Chanting the Name, through the Guru's Word, Nanak has become famous throughout the world. ||2||45||68||

1217 : 710

Sarang, Fifth Mehl:

1217 : 711

The Lord's humble servant has discarded all self-conceit.

1217 : 712

As You see fit, You save us, O Lord of the World. Beholding Your Glorious Grandeur, I live. ||1||Pause||

1217 : 713

Through the Guru's Instruction, and the Saadh Sangat, the Company of the Holy, all sorrow and suffering is taken away.

1217 : 714

I look upon friend and enemy alike; all that I speak is the Lord's meditation. ||1||

1217 : 715

The fire within me is quenched; I am cool, calm and tranquil. Hearing the unstruck celestial melody, I am wonder–struck and amazed.

1217 : 716

I am in ecstasy, O Nanak, and my mind is filled with Truth, through the perfect perfection of the Sound–current of the Naad. ||2||46||69||

-- Raag Saarang – Part 021 --

Raag Saarang – Part 022

1218 : 717

Saarang, Fifth Mehl:

1218 : 718

My Guru has rid me of my cynicism.

1218 : 719

I am a sacrifice to that Guru; I am devoted to Him, forever and ever. ||1||Pause||

1218 : 720

I chant the Guru's Name day and night; I enshrine the Guru's Feet within my mind.

1218 : 721

I bathe continually in the dust of the Guru's Feet, washing off my dirty sins. ||1||

1218 : 722

I continually serve the Perfect Guru; I humbly bow to my Guru.

1218 : 723

The Perfect Guru has blessed me with all fruitful rewards; O Nanak, the Guru has emancipated me. ||2||47||70||

1218 : 724

Saarang, Fifth Mehl:

1218 : 725

Meditating in remembrance on the Naam, the Name of the Lord, the mortal attains salvation.

1218 : 726

His sorrows are dispelled, and his fears are all erased; he is in love with the Saadh Sangat, the Company of the Holy. ||1||Pause||

1218 : 727

His mind worships and adores the Lord, Har, Har, Har, Har; his tongue sings the Praises of the Lord.

1218 : 728

Abandoning egotistical pride, sexual desire, anger and slander, he embraces love for the Lord. ||1||

1218 : 729

Worship and adore the Merciful Lord God; chanting the Name of the Lord of the Universe, you shall be embellished and exalted.

1218 : 730

Says Nanak, whoever becomes the dust of all, merges in the Blessed Vision of the Lord, Har, Har. ||2||48||71||

1218 : 731

Sarang, Fifth Mehl:

1218 : 732

I am a sacrifice to my Perfect Guru.

1218 : 733

My Savior Lord has saved me; He has revealed the Glory of His Name. ||1||Pause||

1218 : 734

He makes His servants and slaves fearless, and takes away all their pain.

1218 : 735

So renounce all other efforts, and enshrine the Lord's Lotus Feet within your mind. ||1||

1218 : 736

God is the Support of the breath of life, my Best Friend and Companion, the One and Only Creator of the Universe.

1218 : 737

Nanak's Lord and Master is the Highest of all; again and again, I humbly bow to Him.
||2||49||72||

1218 : 738

Saarang, Fifth Mehl:

1218 : 739

Tell me: other than the Lord, who exists?

1218 : 740

The Creator, the Embodiment of Mercy, bestows all comforts; meditate forever on that God.
||1||Pause||

1218 : 741

All creatures are strung on His Thread; sing the Praises of that God.

1218 : 742

Meditate in remembrance on that Lord and Master who gives you everything. Why would you go to anyone else? ||1||

1218 : 743

Service to my Lord and Master is fruitful and rewarding; from Him, you shall obtain the fruits of your mind's desires.

1218 : 744

Says Nanak, take your profits and leave; you shall go to your true home in peace.
||2||50||73||

1218 : 745

Saarang, Fifth Mehl:

1218 : 746

O my Lord and Master, I have come to Your Sanctuary.

1218 : 747

The anxiety of my mind departed, when I gazed upon the Blessed Vision of Your Darshan.
||1||Pause||

1218 : 748

You know my condition, without my speaking. You inspire me to chant Your Name.

1218 : 749

My pains are gone, and I am absorbed in peace, poise and bliss, singing Your Glorious Praises. ||1||

1218 : 750

Taking me by the arm, You lifted me up, out of the deep dark pit of household and Maya.

1218 : 751

Says Nanak, the Guru has broken my bonds, and ended my separaation; He has united me with God. ||2||51||74||

--- Raag Saarang – Part 022 ---

Raag Saarang – Part 023

1219 : 752

Saarang, Fifth Mehl:

1219 : 753

The Name of the Lord is cooling and soothing.

1219 : 754

Searching, searching the Vedas, the Puraanas and the Simritees, the Holy Saints have realized this. ||1||Pause||

1219 : 755

In the worlds of Shiva, Brahma and Indra, I wandered around, burning up with envy.

1219 : 756

Meditating, meditating in remembrance on my Lord and Master, I became cool and calm; my pains, sorrows and doubts are gone. ||1||

1219 : 757

Whoever has been saved in the past or the present, was saved through loving devotional worship of the Divine Lord.

1219 : 758

This is Nanak's prayer: O Dear God, please let me serve the humble Saints. ||2||52||75||

1219 : 759

Saarang, Fifth Mehl;

1219 : 760

O my tongue, sing the Ambrosial Praises of the Lord.

1219 : 761

Chant the Name of the Lord, Har, Har, listen to the Lord's Sermon, and chant God's Name.
||1||Pause||

1219 : 762

So gather in the jewel, the wealth of the Lord's Name; love God with your mind and body.

1219 : 763

You must realize that all other wealth is false; this alone is the true purpose of life. ||1||

1219 : 764

He is the Giver of the soul, the breath of life and liberation; lovingly tune in to the One and Only Lord.

1219 : 765

Says Nanak, I have entered His Sanctuary; He gives sustenance to all. ||2||53||76||

1219 : 766

Saarang, Fifth Mehl:

1219 : 767

I cannot do anything else.

1219 : 768

I have taken this Support, meeting the Saints; I have entered the Sanctuary of the One Lord of the World. ||1||Pause||

1219 : 769

The five wicked enemies are within this body; they lead the mortal to practice evil and corruption.

1219 : 770

He has infinite hope, but his days are numbered, and old age is sapping his strength. ||1||

1219 : 771

He is the Help of the helpless, the Merciful Lord, the Ocean of Peace, the Destroyer of all pains and fears.

1219 : 772

Slave Nanak longs for this blessing, that he may live, gazing upon the Feet of God.
||2||54||77||

1219 : 773

Saarang, Fifth Mehl:

1219 : 774

Without the Lord's Name, flavors are tasteless and insipid.

1219 : 775

Sing the Sweet Ambrosial Praises of the Lord's Kirtan; day and night, the Sound–current of the Naad will resonate and resound. ||1||Pause||

1219 : 776

Meditating in remembrance on the Lord, total peace and bliss are obtained, and all sorrows are taken away.

1219 : 777

The profit of the Lord, Har, Har, is found in the Saadh Sangat, the Company of the Holy; so load it and bring it on home. ||1||

1219 : 778

He is the Highest of all, the Highest of the high; His celestial economy has no limit.

1219 : 779

Nanak cannot even express His Glorious Grandeur; gazing upon Him, he is wonder-struck.
||2||55||78||

1219 : 780

Saarang, Fifth Mehl:

1219 : 781

The mortal came to hear and chant the Word of the Guru's Bani.

1219 : 782

But he has forgotten the Naam, the Name of the Lord, and he has become attached to other temptations. His life is totally worthless! ||1||Pause||

1219 : 783

O my unconscious mind, become conscious and figure it out; the Saints speak the Unspoken Speech of the Lord.

1219 : 784

So gather in your profits – worship and adore the Lord within your heart; your coming and going in reincarnation shall end. ||1||

1219 : 785

Efforts, powers and clever tricks are Yours; if You bless me with them, I repeat Your Name.

1219 : 786

They alone are devotees, and they alone are attached to devotional worship, O Nanak, who are pleasing to God. ||2||56||79||

1219 : 787

Saarang, Fifth Mehl:

1219 : 788

Those who deal in the Naam, the Name of the Lord, are wealthy.

1219 : 789

So become a partner with them, and earn the wealth of the Naam. Contemplate the Word of the Guru's Shabad. ||1||Pause||

-- Raag Saarang – Part 023 --

Raag Saarang – Part 024

1220 : 790

Abandon your deception, and go beyond vengeance; see God who is always with you.

1220 : 791

Deal only in this true wealth and gather in this true wealth, and you shall never suffer loss.
||1||

1220 : 792

Eating and consuming it, it is never exhausted; God's treasures are overflowing.

1220 : 793

Says Nanak, you shall go home to the Court of the Supreme Lord God with honor and respect. ||2||57||80||

1220 : 794

Saarang, Fifth Mehl:

1220 : 795

O Dear God, I am wretched and helpless!

1220 : 796

From what source did you create humans? This is Your Glorious Grandeur. ||1||Pause||

1220 : 797

You are the Giver of the soul and the breath of life to all; Your Infinite Glories cannot be spoken.

1220 : 798

You are the Beloved Lord of all, the Cherisher of all, the Support of all hearts. ||1||

1220 : 799

No one knows Your state and extent. You alone created the expanse of the Universe.

1220 : 800

Please, give me a seat in the boat of the Holy; O Nanak, thus I shall cross over this terrifying world–ocean, and reach the other shore. ||2||58||81||

1220 : 801

Saarang, Fifth Mehl:

1220 : 802

One who comes to the Lord's Sanctuary is very fortunate.

1220 : 803

He knows of no other than the One Lord. He has renounced all other efforts. ||1||Pause||

1220 : 804

He worships and adores the Lord, Har, Har, in thought, word and deed; in the Saadh Sangat, the Company of the Holy, he finds peace.

1220 : 805

He enjoys bliss and pleasure, and savors the Unspoken Speech of the Lord; he merges intuitively into the True Lord. ||1||

1220 : 806

Sublime and exalted is the speech of one whom the Lord, in His Mercy makes His Own.

1220 : 807

Those who are imbued with God in the state of Nirvaanaa, O Nanak, are emancipated in the Saadh Sangat. ||2||59||82||

1220 : 808

Saarang, Fifth Mehl:

1220 : 809

Since I grasped hold of the Sanctuary of the Holy,

1220 : 810

my mind is illuminated with tranquility, peace and poise, and I am rid of all my pain.
||1||Pause||

1220 : 811

Please be merciful to me, O Lord, and bless me with Your Name; this is the prayer I offer to You.

1220 : 812

I have forgotten my other occupations; remembering God in meditation, I have obtained the true profit. ||1||

1220 : 813

We shall merge again into the One from whom we came; He is the Essence of Being.

1220 : 814

Says Nanak, the Guru has eradicated my doubt; my light has merged into the Light.
||2||60||83||

1220 : 815

Saarang, Fifth Mehl:

1220 : 816

O my tongue, sing the Praises of the Lord.

1220 : 817

Abandon all other tastes and flavors; the taste of the Naam, the Name of the Lord, is so sublime. ||1||Pause||

1220 : 818

Enshrine the Lord's Lotus Feet within your heart; let yourself be lovingly attuned to the One Lord.

1220 : 819

In the Saadh Sangat, the Company of the Holy, you shall become immaculate and pure; you shall not come to be reincarnated again. ||1||

1220 : 820

You are the Support of the soul and the breath of life; You are the Home of the homeless.

1220 : 821

With each and every breath, I dwell on the Lord, Har, Har; O Nanak, I am forever a sacrifice to Him. ||2||61||84||

1220 : 822

Saarang, Fifth Mehl:

1220 : 823

To meditate on the Lotus Feet of the Lord of the Universe is heaven for me.

1220 : 824

In the Saadh Sangat, the Company of the Holy, is the treasure of liberation and the Lord's Ambrosial Name. ||1||Pause||

1220 : 825

O Lord God, please be kind to me, that I may hear with my ears Your Sublime and Exalted Sermon.

1220 : 826

My cycle of coming and going is finally completed, and I have attained peace and tranquility. ||1||

-- Raag Saarang – Part 024 --

Raag Saarang – Part 025

1221 : 827

Searching and searching, I have realized the essence of reality: devotional worship is the most sublime fulfillment.

1221 : 828

Says Nanak, without the Name of the One Lord, all other ways are imperfect. ||2||62||85||

1221 : 829

Saarang, Fifth Mehl:

1221 : 830

The True Guru is the True Giver.

1221 : 831

Gazing upon the Blessed Vision of His Darshan, all my pains are dispelled. I am a sacrifice to His Lotus Feet. ||1||Pause||

1221 : 832

The Supreme Lord God is True, and True are the Holy Saints; the Name of the Lord is steady and stable.

1221 : 833

So worship the Imperishable, Supreme Lord God with love, and sing His Glorious Praises. ||1||

1221 : 834

The limits of the Inaccessible, Unfathomable Lord cannot be found; He is the Support of all hearts.

1221 : 835

O Nanak, chant, "Waaho! Waaho!" to Him, who has no end or limitation. ||2||63||86||

1221 : 836

Saarang, Fifth Mehl:

1221 : 837

The Feet of the Guru abide within my mind.

1221 : 838

My Lord and Master is permeating and pervading all places; He dwells nearby, close to all.
||1||Pause||

1221 : 839

Breaking my bonds, I have lovingly tuned in to the Lord, and now the Saints are pleased with me.

1221 : 840

This precious human life has been sanctified, and all my desires have been fulfilled. ||1||

1221 : 841

O my God, whoever You bless with Your Mercy – he alone sings Your Glorious Praises.

1221 : 842

Servant Nanak is a sacrifice to that person who sings the Glorious Praises of the Lord of the Universe, twenty–four hours a day. ||2||64||87||

1221 : 843

Saarang, Fifth Mehl:

1221 : 844

A person is judged to be alive, only if he sees the Lord.

1221 : 845

Please be merciful to me, O my Enticing Beloved Lord, and erase the record of my doubts.
||1||Pause||

1221 : 846

By speaking and listening, tranquility and peace are not found at all. What can anyone learn without faith?

1221 : 847

One who renounces God and longs for another – his face is blackened with filth. ||1||

1221 : 848

One who is blessed with the wealth of our Lord and Master, the Embodiment of Peace, does not believe in any other religious doctrine.

1221 : 849

O Nanak, one whose mind is fascinated and intoxicated with the Blessed Vision of the Lord's Darshan – his tasks are perfectly accomplished. ||2||65||88||

1221 : 850

Sarang, Fifth Mehl:

1221 : 851

Meditate in remembrance on the Naam, the Name of the One Lord.

1221 : 852

In this way, the sins of your past mistakes shall be burnt off in an instant. It is like giving millions in charity, and bathing at sacred shrines of pilgrimage. ||1||Pause||

1221 : 853

Entangled in other affairs, the mortal suffers uselessly in sorrow. Without the Lord, wisdom is useless.

1221 : 854

The mortal is freed of the anguish of death and birth, meditating and vibrating on the Blissful Lord of the Universe. ||1||

1221 : 855

I seek Your Sanctuary, O Perfect Lord, Ocean of Peace. Please be merciful, and bless me with this gift.

1221 : 856

Meditating, meditating in remembrance on God, Nanak lives; his egotistical pride has been eradicated. ||2||66||89||

1221 : 857

Saarang, Fifth Mehl:

1221 : 858

He alone is a Dhoorat, who is attached to the Primal Lord God.

1221 : 859

He alone is a Dhurandhar, and he alone is a Basundhar, who is absorbed in the sublime essence of Love of the One Lord. ||1||Pause||

1221 : 860

One who practices deception and does not know where true profit lies is not a Dhoorat – he is a fool.

1221 : 861

He abandons profitable enterprises and is involved in unprofitable ones. He does not meditate on the Beauteous Lord God. ||1||

1221 : 862

He alone is clever and wise and a religious scholar, he alone is a brave warrior, and he alone is intelligent,

1221 : 863

who chants the Name of the Lord, Har, Har, in the Saadh Sangat, the Company of the Holy.
O Nanak, he alone is approved. ||2||67||90||

-- Raag Saarang – Part 025 --

Raag Saarang – Part 026

1222 : 864

Saarang, Fifth Mehl:

1222 : 865

The Lord, Har, Har, is the life of the humble Saints.

1222 : 866

Instead of enjoying corrupt pleasures, they drink in the Ambrosial Essence of the Name of the Lord, the Ocean of Peace. ||1||Pause||

1222 : 867

They gather up the priceless wealth of the Lord's Name, and weave it into the fabric of their mind and body.

1222 : 868

Imbued with the Lord's Love, their minds are dyed in the deep crimson color of devotional love; they are intoxicated with the sublime essence of the Lord's Name. ||1||

1222 : 869

As the fish is immersed in water, they are absorbed in the Lord's Name.

1222 : 870

O Nanak, the Saints are like the rainbirds; they are comforted, drinking in the drops of the Lord's Name. ||2||68||91||

1222 : 871

Saarang, Fifth Mehl:

1222 : 872

Without the Name of the Lord, the mortal is a ghost.

1222 : 873

All the actions he commits are just shackles and bonds. ||1||Pause||

1222 : 874

Without serving God, one who serves another wastes his time uselessly.

1222 : 875

When the Messenger of Death comes to kill you, O mortal, what will your condition be then? ||1||

1222 : 876

Please protect Your slave, O Eternally Merciful Lord.

1222 : 877

O Nanak, my God is the Treasure of Peace; He is the wealth and property of the Saadh Sangat, the Company of the Holy. ||2||69||92||

1222 : 878

Sarang, Fifth Mehl:

1222 : 879

My mind and body deal only in the Lord.

1222 : 880

Imbued with loving devotional worship, I sing His Glorious Praises; I am not affected by worldly affairs. ||1||Pause||

1222 : 881

This is the way of life of the Holy Saint: he listens to the Kirtan, the Praises of his Lord and Master, and meditates in remembrance on Him.

1222 : 882

He implants the Lord's Lotus Feet deep within his heart; worship of the Lord is the support of his breath of life. ||1||

1222 : 883

O God, Merciful to the meek, please hear my prayer, and shower Your Blessings upon me.

1222 : 884

I continually chant the treasure of the Naam with my tongue; Nanak is forever a sacrifice. ||2||70||93||

1222 : 885

Sarang, Fifth Mehl:

1222 : 886

Without the Name of the Lord, his intellect is shallow.

1222 : 887

He does not meditate in remembrance on the Lord, his Lord and Master; the blind fool suffers in terrible agony. ||1||Pause||

1222 : 888

He does not embrace love for the Name of the Lord; he is totally attached to various religious robes.

1222 : 889

His attachments are shattered in an instant; when the pitcher is broken, the water runs out. ||1||

1222 : 890

Please bless me, that I may worship You in loving devotion. My mind is absorbed and intoxicated with Your Delicious Love.

1222 : 891

Nanak, Your slave, has entered Your Sanctuary; without God, there is no other at all. ||2||71||94||

1222 : 892

Saarang, Fifth Mehl:

1222 : 893

In my mind, I think about that moment,

1222 : 894

when I join the Gathering of the Friendly Saints, constantly singing the Glorious Praises of the Lord of the Universe. ||1||Pause||

1222 : 895

Without vibrating and meditating on the Lord, whatever deeds you do will be useless.

1222 : 896

The Perfect Embodiment of Supreme Bliss is so sweet to my mind. Without Him, there is no other at all. ||1||

1222 : 897

Chanting, deep meditation, austere self-discipline, good deeds and other techniques to being peace – they are not equal to even a tiny bit of the Lord's Name.

1222 : 898

Nanak's mind is pierced through by the Lotus Feet of the Lord; it is absorbed in His Lotus Feet. ||2||72||95||

1222 : 899

Saarang, Fifth Mehl:

1222 : 900

My God is always with me; He is the Inner-knower, the Searcher of hearts.

1222 : 901

I find happiness in the world hereafter, and peace and pleasure in this world, meditating in remembrance on the Name of my Lord and Master. ||1||Pause||

-- Raag Saarang – Part 026 --

Raag Saarang – Part 027

1223 : 902

The Lord is my Best Friend, my Buddy, my Companion. I sing the Glorious Praises of my Sovereign Lord King.

1223 : 903

I shall not forget Him in my heart, even for an instant; I have met with the Perfect Guru. ||1||

1223 : 904

In His Mercy, He protects His slave; all beings and creatures are in His Power.

1223 : 905

One who is lovingly attuned to the One, the Perfect Transcendent Lord God, O Nanak, is rid of all fear. ||2||73||96||

1223 : 906

Sarang, Fifth Mehl:

1223 : 907

One who has the Lord's Power on his side

1223 : 908

– all his desires are fulfilled, and no pain afflicts him. ||1||Pause||

1223 : 909

That humble devotee is a slave of his God, who listens to Him, and so lives.

1223 : 910

I have made the effort to gaze upon the Blessed Vision of His Darshan; it is obtained only

by good karma. ||1||

1223 : 911

It is only by Guru's Grace that I see His Vision with my eyes which none can equal.

1223 : 912

Please bless Nanak with this Gift, that he may wash the Feet of the Saints, and so live.
||2||74||97||

1223 : 913

Sarang, Fifth Mehl:

1223 : 914

I live by singing the Glorious Praises of the Lord.

1223 : 915

Please be Merciful to me, O my Loving Lord of the Universe, that I may never forget You.
||1||Pause||

1223 : 916

My mind, body, wealth and all are Yours, O my Lord and Master; there is nowhere else for me at all.

1223 : 917

As You keep me, so do I survive; I eat and I wear whatever You give me. ||1||

1223 : 918

I am a sacrifice, a sacrifice to the Saadh Sangat, the Company of the Holy; I shall never again fall into reincarnation.

1223 : 919

Slave Nanak seeks Your Sancuary, Lord; as it pleases Your Will, so do You guide him.
||2||75||98||

1223 : 920

Saarang, Fifth Mehl:

1223 : 921

O my mind, the Naam is the most sublime peace.

1223 : 922

Other affairs of Maya are corrupt. They are nothing more than dust. ||1||Pause||

1223 : 923

The mortal has fallen into the deep dark pit of household attachment; it is a horrible, dark hell.

1223 : 924

He wanders in various incarnations, growing weary; he wanders through them again and again. ||1||

1223 : 925

O Purifier of sinners, O Lover of Your devotees, please shower Your Mercy on Your meek servant.

1223 : 926

With palms pressed together, Nanak begs for this blessing: O Lord, please save me in the Saadh Sangat, the Company of the Holy. ||2||76||99||

1223 : 927

Saarang, Fifth Mehl:

1223 : 928

The Glorious Radiance of the Lord has spread out everywhere.

1223 : 929

The doubts of my mind and body are all erased, and I am rid of the three diseases. ||1||Pause||

1223 : 930

My thirst is quenched, and my hopes have all been fulfilled; my sorrows and sufferings are over.

1223 : 931

Singing the Glorious Praises of the Unmoving, Eternal, Unchanging Lord God, my mind, body and soul are comforted and encouraged. ||1||

1223 : 932

Sexual desire, anger, greed, pride and envy are destroyed in the Saadh Sangat, the Company of the Holy.

1223 : 933

He is the Lover of His devotees, the Destroyer of fear; O Nanak, He is our Mother and Father. ||2||77||100||

1223 : 934

Sarang, Fifth Mehl:

1223 : 935

Without the Naam, the Name of the Lord, the world is miserable.

1223 : 936

Like a dog, its desires are never satisfied; it clings to the ashes of corruption. ||1||Pause||

1223 : 937

Administering the intoxicating drug, God Himself leads the mortals astray; they are reincarnated again and again.

1223 : 938

He does not meditate in remembrance on the Lord, even for an instant, and so the Messenger of Death makes him suffer. ||1||

1223 : 939

Please be merciful to me, O Destroyer of the pains of the meek and the poor; let me be the dust of the feet of the Saints.

-- Raag Saarang – Part 027 --

Raag Saarang – Part 028

1224 : 940

Slave Nanak asks for the Blessed Vision of God. It is the Support of his mind and body.
||2||78||101||

1224 : 941

Sarang, Fifth Mehl:

1224 : 942

Without the Name of the Lord, the soul is polluted.

1224 : 943

The True Lord God has Himself administered the intoxicating drug of corruption, and led the mortal astray. ||1||Pause||

1224 : 944

Wandering through millions of incarnations in countless ways, he does not find stability anywhere.

1224 : 945

The faithless cynic does not intuitively meet with the Perfect True Guru; he continues coming and going in reincarnation. ||1||

1224 : 946

Please save me, O All-powerful Lord God, O Great Giver; O God, You are Inaccessible and Infinite.

1224 : 947

Slave Nanak seeks Your Sanctuary, to cross over the terrible world-ocean, and reach the other shore. ||2||79||102||

1224 : 948

Sarang, Fifth Mehl:

1224 : 949

To chant the Glorious Praises of the Lord is Sublime.

1224 : 950

In the Saadh Sangat, the Company of the Holy, meditate on the Transcendent Lord God;
The taste of His essence is Ambrosial Nectar. ||1||Pause||

1224 : 951

Meditating in remembrance on the One Unmoving, Eternal, Unchanging Lord God, the
intoxication of Maya wears off.

1224 : 952

One who is blessed with intuitive peace and poise, and the vibrations of the Unstruck
Celestial Bani, never suffers again. ||1||

1224 : 953

Even Brahma and his sons sing God's Praises; Sukdayv and Prahlad sing His Praises as
well.

1224 : 954

Drinking in the fascinating Ambrosial Nectar of the Lord's sublime essence, Nanak
meditates on the Amazing Lord. ||2||80||103||

1224 : 955

Sarang, Fifth Mehl:

1224 : 956

He commits many millions of sins.

1224 : 957

Day and night, he does not get tired of them, and he never finds release. ||1||Pause||

1224 : 958

He carries on his head a terrible, heavy load of sin and corruption.

1224 : 959

In an instant, he is exposed. The Messenger of Death seizes him by his hair. ||1||

1224 : 960

He is consigned to countless forms of reincarnation, into beasts, ghosts, camels and donkeys.

1224 : 961

Vibrating and meditating on the Lord of the Universe in the Saadh Sangat, the Company of the Holy, O Nanak, you shall never be struck or harmed at all. ||2||81||104||

1224 : 962

Saarang, Fifth Mehl:

1224 : 963

He is so blind! He is eating loads of poison.

1224 : 964

His eyes, ears and body are totally exhausted; he shall lose his breath in an instant. ||1||Pause||

1224 : 965

Making the poor suffer, he fills his belly, but the wealth of Maya shall not go with him.

1224 : 966

Committing sinful mistakes again and again, he regrets and repents, but he can never give them up. ||1||

1224 : 967

The Messenger of Death comes to slaughter the slanderer; he beats him on his head.

1224 : 968

O Nanak, he cuts himself with his own dagger, and damages his own mind. ||2||82||105||

1224 : 969

Sarang, Fifth Mehl:

1224 : 970

The slanderer is destroyed in mid-stream.

1224 : 971

Our Lord and Master is the Saving Grace, the Protector of His humble servants; those who have turned their backs on the Guru are overtaken by death. ||1||Pause||

1224 : 972

No one listens to what he says; he is not allowed to sit anywhere.

1224 : 973

He suffers in pain here, and falls into hell hereafter. He wanders in endless reincarnations. ||1||

1224 : 974

He has become infamous across worlds and galaxies; he receives according to what he has done.

1224 : 975

Nanak seeks the Sanctuary of the Fearless Creator Lord; he sings His Glorious Praises in ecstasy and bliss. ||2||83||106||

1224 : 976

Saarang, Fifth Mehl:

1224 : 977

Desire plays itself out in so many ways.

-- Raag Saarang – Part 028 --

Raag Saarang – Part 029

1225 : 978

But it is not fulfilled at all, and in the end, it dies, exhausted. ||1||Pause||

1225 : 979

It does not produce tranquility, peace and poise; this is the way it works.

1225 : 980

He does not know what belongs to him, and to others. He burns in sexual desire and anger.
||1||

1225 : 981

The world is enveloped by an ocean of pain; O Lord, please save Your slave!

1225 : 982

Nanak seeks the Sanctuary of Your Lotus Feet; Nanak is forever and ever a sacrifice.
||2||84||107||

1225 : 983

Sarang, Fifth Mehl:

1225 : 984

O sinner, who taught you to sin?

1225 : 985

You do not contemplate your Lord and Master, even for an instant; it was He who gave you your body and soul. ||1||Pause||

1225 : 986

Eating, drinking and sleeping, you are happy, but contemplating the Naam, the Name of the Lord, you are miserable.

1225 : 987

In the womb of your mother, you cried and whined like a wretch. ||1||

1225 : 988

And now, bound by great pride and corruption, you shall wander in endless incarnations.

1225 : 989

You have forgotten the Lord of the Universe; what misery will be your lot now? O Nanak, peace is found by realizing the sublime state of the Lord. ||2||85||108||

1225 : 990

Sarang, Fifth Mehl:

1225 : 991

O mother, I have grasped the Protection, the Sanctuary of the Lord's Feet.

1225 : 992

Gazing upon the Blessed Vision of His Darshan, my mind is fascinated, and evil-mindedness is taken away. ||1||Pause||

1225 : 993

He is Unfathomable, Incomprehensible, Exalted and High, Eternal and Imperishable; His worth cannot be appraised.

1225 : 994

Gazing upon Him, gazing upon Him in the water and on the land, my mind has blossomed forth in ecstasy. He is totally pervading and permeating all. ||1||

1225 : 995

Merciful to the meek, my Beloved, Enticer of my mind; meeting with the Holy, He is known.

1225 : 996

Meditating, meditating in remembrance on the Lord, Nanak lives; the Messenger of Death cannot catch or torment him. ||2||86||109||

1225 : 997

Sarang, Fifth Mehl:

1225 : 998

O mother, my mind is intoxicated.

1225 : 999

Gazing upon the Merciful Lord, I am filled with bliss and peace; imbued with the sublime essence of the Lord, I am intoxicated. ||1||Pause||

1225 : 1000

I have become spotless and pure, singing the Sacred Praises of the Lord; I shall never again be dirtied.

1225 : 1001

My awareness is focused on the Lotus Feet of God; I have met the Infinite, Supreme Being. ||1||

1225 : 1002

Taking me by the hand, He has given me everything; He has lit up my lamp.

1225 : 1003

O Nanak, savoring the Naam, the Name of the Lord, I have become detached; my generations have been carried across as well. ||2||87||110||

1225 : 1004

Saarang, Fifth Mehl:

1225 : 1005

O mother, by meditating in remembrance on some other, the mortal dies.

1225 : 1006

Forsaking the Lord of the Universe, the Giver of souls, the mortal is engrossed and entangled in Maya. ||1||Pause||

1225 : 1007

Forgetting the Naam, the Name of the Lord, he walks on some other path, and falls into the most horrible hell.

1225 : 1008

He suffers uncounted punishments, and wanders from womb to womb in reincarnation. ||1||

1225 : 1009

They alone are wealthy, and they alone are honorable, who are absorbed in the Sanctuary of the Lord.

1225 : 1010

By Guru's Grace, O Nanak, they conquer the world; they do not come and go in reincarnation ever again. ||2||88||111||

1225 : 1011

Saarang, Fifth Mehl:

1225 : 1012

The Lord has cut down the crooked tree of my deceit.

1225 : 1013

The forest of doubt is burnt away in an instant, by the fire of the Lord's Name. ||1||Pause||

1225 : 1014

Sexual desire, anger and slander are gone; in the Saadh Sangat, the Company of the Holy, I have beaten them and driven them out.

-- Raag Saarang – Part 029 --

Raag Saarang – Part 030

1226 : 1015

The Gurmukh is successful in this priceless human life; he shall not lose it in the gamble ever again. ||1||

1226 : 1016

Twenty–four hours a day, I sing the Glorious Praises of the Lord, and contemplate the Perfect Word of the Shabad.

1226 : 1017

Servant Nanak is the slave of Your slaves; over and over again, he bows in humble reverence to You. ||2||89||112||

1226 : 1018

Saarang, Fifth Mehl:

1226 : 1019

This Holy Book is the home of the Transcendent Lord God.

1226 : 1020

Whoever sings the Glorious Praises of the Lord of the Universe in the Saadh Sangat, the Company of the Holy, has the perfect knowledge of God. ||1||Pause||

1226 : 1021

The Siddhas and seekers and all the silent sages long for the Lord, but those who meditate on Him are rare.

1226 : 1022

That person, unto whom my Lord and Master is merciful – all his tasks are perfectly accomplished. ||1||

1226 : 1023

One whose heart is filled with the Lord, the Destroyer of fear, knows the whole world.

1226 : 1024

May I never forget You, even for an instant, O my Creator Lord; Nanak begs for this blessing. ||2||90||113||

1226 : 1025

Saarang, Fifth Mehl:

1226 : 1026

The rain has fallen everywhere.

1226 : 1027

Singing the Lord's Praises with ecstasy and bliss, the Perfect Lord is revealed. ||1||Pause||

1226 : 1028

On all four sides and in the ten directions, the Lord is an ocean. There is no place where He does not exist.

1226 : 1029

O Perfect Lord God, Ocean of Mercy, You bless all with the gift of the soul. ||1||

1226 : 1030

True, True, True is my Lord and Master; True is the Saadh Sangat, the Company of the Holy.

1226 : 1031

True are those humble beings, within whom faith wells up; O Nanak, they are not deluded by doubt. ||2||91||114||

1226 : 1032

Saarang, Fifth Mehl:

1226 : 1033

O Dear Lord of the Universe, You are the Support of my breath of life.

1226 : 1034

You are my Best Friend and Companion, my Help and Support; You are my family.

||1||Pause||

1226 : 1035

You placed Your Hand on my forehead; in the Saadh Sangat, the Company of the Holy, I sing Your Glorious Praises.

1226 : 1036

By Your Grace, I have obtained all fruits and rewards; I meditate on the Lord's Name with delight. ||1||

1226 : 1037

The True Guru has laid the eternal foundation; it shall never be shaken.

1226 : 1038

Guru Nanak has become merciful to me, and I have been blessed with the treasure of absolute peace. ||2||92||115||

1226 : 1039

Saarang, Fifth Mehl:

1226 : 1040

Only the true merchandise of the Naam, the Name of the Lord, stays with you.

1226 : 1041

Sing the Glorious Praises of the Lord, the treasure of wealth, and earn your profit; in the midst of corruption, remain untouched. ||1||Pause||

1226 : 1042

All beings and creatures find contentment, meditating on their God.

1226 : 1043

The priceless jewel of infinite worth, this human life, is won, and they are not consigned to reincarnation ever again. ||1||

1226 : 1044

When the Lord of the Universe shows His kindness and compassion, the mortal finds the Saadh Sangat, the Company of the Holy,

1226 : 1045

Nanak has found the wealth of the Lotus Feet of the Lord; he is imbued with the Love of God. ||2||93||116||

1226 : 1046

Saarang, Fifth Mehl:

1226 : 1047

O mother, I am wonder–struck, gazing upon the Lord.

1226 : 1048

My mind is enticed by the unstruck celestial melody; its flavor is amazing! ||1||Pause||

1226 : 1049

He is my Mother, Father and Relative. My mind delights in the Lord.

1226 : 1050

Singing the Glorious Praises of the Lord of the Universe in the Saadh Sangat, the Company of the Holy, all my illusions are dispelled. ||1||

1226 : 1051

I am lovingly attached to His Lotus Feet; my doubt and fear are totally consumed.

1226 : 1052

Servant Nanak has taken the Support of the One Lord. He shall not wander in reincarnation ever again. ||2||94||117||

-- Raag Saarang – Part 030 --

Raag Saarang – Part 031

1227 : 1053

Saarang, Fifth Mehl:

1227 : 1054

O mother, I am totally intoxicated with the Lord's Feet.

1227 : 1055

I know of none other than the Lord. I have totally burnt off my sense of duality. ||1||Pause||

1227 : 1056

To abandon the Lord of the World, and become involved with anything else, is to fall into the pit of corruption.

1227 : 1057

My mind is enticed, thirsty for the Blessed Vision of His Darshan. He has lifted me up and out of hell. ||1||

1227 : 1058

By the Grace of the Saints, I have met the Lord, the Giver of peace; the noise of egotism has been stilled.

1227 : 1059

Slave Nanak is imbued with the Love of the Lord; the forests of his mind and body have blossomed forth. ||2||95||118||

1227 : 1060

Saarang, Fifth Mehl:

1227 : 1061

The false dealings are finished.

1227 : 1062

Join the Saadh Sangat, the Company of the Holy, and meditate, vibrate on the Lord. This is the most excellent thing in the world. ||1||Pause||

1227 : 1063

Here and hereafter, you shall never waver; enshrine the Naam, the Name of the Lord, within your heart.

1227 : 1064

The boat of the Guru's Feet is found by great good fortune; it shall carry you across the world–ocean. ||1||

1227 : 1065

The Infinite Lord is totally permeating and pervading the water, the land and the sky.

1227 : 1066

Drink in the Ambrosial Nectar of the Lord's Name; O Nanak, all other tastes are bitter. ||2||96||119||

1227 : 1067

Sarang, Fifth Mehl:

1227 : 1068

You whine and cry

1227 : 1069

– you are intoxicated with the great corruption of attachment and pride, but you do not remember the Lord in meditation. ||1||Pause||

1227 : 1070

Those who meditate on the Lord in the Saadh Sangat, the Company of the Holy – the guilt of their minstakes is burnt away.

1227 : 1071

Fruitful is the body, and blessed is the birth of those who merge with God. ||1||

1227 : 1072

The four great blessings, and the eighteen supernatural spiritual powers – above all these are the Holy Saints.

1227 : 1073

Slave Nanak longs for the dust of the feet of the humble; attached to the hem of His robe, he is saved. ||2||97||120||

1227 : 1074

Saarang, Fifth Mehl:

1227 : 1075

The Lord's humble servants yearn for the Lord's Name.

1227 : 1076

In thought, word and deed, they long for this peace, to gaze with their eyes upon the Blessed Vision of God's Darshan. ||1||Pause||

1227 : 1077

You are Endless, O God, my Supreme Lord and Master; Your state cannot be known.

1227 : 1078

My mind is pierced through by the Love of Your Lotus Feet; this is everything to me – I enshrine it deep within my being. ||1||

1227 : 1079

In the Vedas, the Puraanas and the Simritees, the humble and the Holy chant this Bani with their tongues.

1227 : 1080

Chanting the Lord's Name, O Nanak, I am emancipated; other teachings of duality are useless. ||2||98||121||

1227 : 1081

Saarang, Fifth Mehl:

1227 : 1082

A fly! You are just a fly, created by the Lord.

1227 : 1083

Wherever it stinks, you land there; you suck in the most toxic stench. ||1||Pause||

1227 : 1084

You don't stay put anywhere; I have seen this with my eyes.

1227 : 1085

You have not spared anyone, except the Saints – the Saints are on the side of the Lord of the Universe. ||1||

1227 : 1086

You have enticed all beings and creatures; no one knows You, except the Saints.

1227 : 1087

Slave Nanak is imbued with the Kirtan of the Lord's Praises. Focusing his consciousness on the Word of the Shabad, he realizes the Presence of the True Lord. ||2||99||122||

1227 : 1088

Saarang, Fifth Mehl:

1227 : 1089

O mother, the noose of Death has been cut away.

1227 : 1090

Chanting the Name of the Lord, Har, Har, I have found total peace. I remain unattached in the midst of my household. ||1||Pause||

-- Raag Saarang – Part 031 --

Raag Saarang – Part 032

1228 : 1091

Granting His Grace, He has made me His Own. The thirst for the Blessed Vision of His Darshan wells up within me.

1228 : 1092

Joining the Society of the Saints, I sing the Glorious Praises of the Lord; I have given up other hopes. ||1||

1228 : 1093

The Saint has pulled me out of the utterly desolate wilderness, and shown me the path.

1228 : 1094

Gazing upon His Darshan, all sins are taken away; Nanak is blessed with the jewel of the Lord. ||2||100||123||

1228 : 1095

Sarang, Fifth Mehl:

1228 : 1096

O mother, I am involved with the Love of the Lord;

1228 : 1097

I am intoxicated with it. My mind has such a longing and thirst for the Blessed Vision, the Darshan of my Beauteous Lord. No one can break this. ||1||Pause||

1228 : 1098

The Lord is my breath of life, honor, spouse, parent, child, relative, wealth – everything.

1228 : 1099

Cursed is this body of bones, this pile of maggots and manure, if it knows any other than the Lord. ||1||

1228 : 1100

The Destroyer of the pains of the poor has become merciful to me, by the power of the karma of my past actions.

1228 : 1101

Nanak seeks the Sanctuary of God, the Treasure, the Ocean of Mercy; my subservience to others is past. ||2||101||124||

1228 : 1102

Saarang, Fifth Mehl:

1228 : 1103

The Lord's melody is noble and sublime.

1228 : 1104

The Lotus Feet of my Lord and Master are incomparably beautiful. Meditating on them, one becomes Holy. ||1||Pause||

1228 : 1105

Just by thinking of the Darshan, the Blessed Vision of the Lord of the World, the dirty sins are washed away.

1228 : 1106

The Lord cuts down and weeds out the corruption of the cycle of birth and death. ||1||

1228 : 1107

How rare is that person who has such pre-ordained destiny, to find the Lord.

1228 : 1108

Chanting the Glorious Praises of the Creator, the Lord of the Universe – O Nanak, this is Truth. ||2||102||125||

1228 : 1109

Saarang, Fifth Mehl:

1228 : 1110

The intellect of one who dwells on the Name of the Lord is excellent.

1228 : 1111

One who forgets the Lord and becomes involved with some other – all his showy pretensions are false. ||1||Pause||

1228 : 1112

Meditate, vibrate on our Lord and Master in the Company of the Holy, and your sins shall be eradicated.

1228 : 1113

When the Lord's Lotus Feet abide within the heart, the mortal is never again caught in the cycle of death and birth. ||1||

1228 : 1114

He showers us with His kindness and compassion; He saves and protects those who take the Support of the Naam, the Name of the One Lord.

1228 : 1115

Meditating in remembrance on Him, day and night, O Nanak, your face shall be radiant in the Court of the Lord. ||2||103||126||

1228 : 1116

Saarang, Fifth Mehl:

1228 : 1117

Honored – you shall be honored in the Court of the Lord.

1228 : 1118

Join the Saadh Sangat, the Company of the Holy, and sing the Glorious Praises of the Lord; your egotistical pride will be totally dispelled. ||1||Pause||

1228 : 1119

Showering His kindness and compassion, He shall make you His Own. As Gurmukh, your spiritual wisdom shall be perfect.

1228 : 1120

All peace and all sorts of ecstasy are obtained, by meditating on the Darshan, the Blessed Vision of my Lord and Master. ||1||

1228 : 1121

She who dwells close to her Lord is always the pure, happy soul–bride; she is famous in the ten directions.

1228 : 1122

She is imbued with the Love of her Loving Beloved Lord; Nanak is a sacrifice to her. ||2||104||127||

1228 : 1123

Saarang, Fifth Mehl:

1228 : 1124

O Lord, I take the Support of Your Lotus Feet.

1228 : 1125

You are my Best Friend and Companion; I am with You. You are our Protector, O Lord of the Universe. ||1||Pause||

1228 : 1126

You are mine, and I am Yours; here and hereafter, You are my Saving Grace.

1228 : 1127

You are Endess and Infinite, O my Lord and Master; by Guru's Grace, a few understand.
||1||

1228 : 1128

Without being spoken, without being told, You know all, O Searcher of hearts.

1228 : 1129

One whom God unites with Himself, O Nanak, that humble being is honored in the Court of the Lord. ||2||105||128||

-- Raag Saarang – Part 032 --

Raag Saarang – Part 033

1229 : 1130

Saarang, Fifth Mehl, Chau–Padas, Fifth House:

1229 : 1131

One Universal Creator God. By The Grace Of The True Guru:

1229 : 1132

Meditate, vibrate on the Lord; other actions are corrupt.

1229 : 1133

Pride, attachment and desire are not quenched; the world is in the grip of death. ||1||Pause||

1229 : 1134

Eating, drinking, laughing and sleeping, life passes uselessly.

1229 : 1135

The mortal wanders in reincarnation, burning in the hellish environment of the womb; in the end, he is destroyed by death. ||1||

1229 : 1136

He practices fraud, cruelty and slander against others; he sins, and washes his hands.

1229 : 1137

Without the True Guru, he has no understanding; he is lost in the utter darkness of anger and attachment. ||2||

1229 : 1138

He takes the intoxicating drugs of cruelty and corruption, and is plundered. He is not

conscious of the Creator Lord God.

1229 : 1139

The Lord of the Universe is hidden and unattached. The mortal is like a wild elephant, intoxicated with the wine of egotism. ||3||

1229 : 1140

In His Mercy, God saves His Saints; they have the Support of His Lotus Feet.

1229 : 1141

With his palms pressed together, Nanak has come to the Sanctuary of the Primal Being, the Infinite Lord God. ||4||1||129||

1229 : 1142

Sarang, Fifth Mehl, Sixth House, Partaal:

1229 : 1143

One Universal Creator God. By The Grace Of The True Guru:

1229 : 1144

Chant His Sublime Word and His Priceless Glories.

1229 : 1145

Why are you indulging in corrupt actions?

1229 : 1146

Look at this, see and understand!

1229 : 1147

Meditate on the Word of the Guru's Shabad, and attain the Mansion of the Lord's Presence.

1229 : 1148

Imbued with the Love of the Lord, you shall totally play with Him. ||1||Pause||

1229 : 1149

The world is a dream.

1229 : 1150

Its expanse is false.

1229 : 1151

O my companion, why are you so enticed by the Enticer? Enshrine the Love of Your Beloved within your heart. ||1||

1229 : 1152

He is total love and affection.

1229 : 1153

God is always merciful.

1229 : 1154

Others – why are you involved with others?

1229 : 1155

Remain involved with the Lord.

1229 : 1156

When you join the Saadh Sangat, the Company of the Holy,

1229 : 1157

says Nanak, meditate on the Lord.

1229 : 1158

Now, your association with death is ended. ||2||1||130||

1229 : 1159

Saarang, Fifth Mehl:

1229 : 1160

You may make donations of gold,

1229 : 1161

and give away land in charity

1229 : 1162

and purify your mind in various ways,

1229 : 1163

but none of this is equal to the Lord's Name. Remain attached to the Lord's Lotus Feet.
||1||Pause||

1229 : 1164

You may recite the four Vedas with your tongue,

1229 : 1165

and listen to the eighteen Puraanas and the six Shaastras with your ears,

1229 : 1166

but these are not equal to the celestial melody of the Naam, the Name of the Lord of the Universe.

1229 : 1167

Remain attached to the Lord's Lotus Feet. ||1||

1229 : 1168

You may observe fasts, and say your prayers, purify yourself

1229 : 1169

and do good deeds; you may go on pilgrimages everywhere and eat nothing at all.

1229 : 1170

You may cook your food without touching anyone;

1229 : 1171

you may make a great show of cleansing techniques,

1229 : 1172

and burn incense and devotional lamps, but none of these are equal to the Lord's Name.

1229 : 1173

O Merciful Lord, please hear the prayer of the meek and the poor.

1229 : 1174

Please grant me the Blessed Vision of Your Darshan, that I may see You with my eyes. The Naam is so sweet to servant Nanak. ||2||2||131||

1229 : 1175

Saarang, Fifth Mehl:

1229 : 1176

Meditate on the Lord, Raam, Raam, Raam. The Lord is your Help and Support. ||1||Pause||

Raag Saarang – Part 034

1230 : 1177

Grasping hold of the Feet of the Saints, I have abandoned sexual desire, anger and greed. The Guru, the Lord of the World, has been kind to me, and I have realized my destiny. ||1||

1230 : 1178

My doubts and attachments have been dispelled, and the blinding bonds of Maya have been broken. My Lord and Master is pervading and permeating everywhere; no one is an enemy.

1230 : 1179

My Lord and Master is totally satisfied with me; He has rid me of the pains of death and birth. Grasping hold of the Feet of the Saints, Nanak sings the Glorious Praises of the Lord. ||2||3||132||

1230 : 1180

Sarang, Fifth Mehl:

1230 : 1181

Chant the Name of the Lord, Har, Har, Har; enshrine the Lord, Har, Har, within your mind. ||1||Pause||

1230 : 1182

Hear Him with your ears, and practice devotional worship – these are good deeds, which make up for past evils.

1230 : 1183

So seek the Sanctuary of the Holy, and forget all your other habits. ||1||.

1230 : 1184

Love the Lord's Feet, continually and continuously – the most sacred and sanctified.

1230 : 1185

Fear is taken away from the servant of the Lord, and the dirty sins and mistakes of the past are burnt away.

1230 : 1186

Those who speak are liberated, and those who listen are liberated; those who keep the Rehit, the Code of Conduct, are not reincarnated again.

1230 : 1187

The Lord's Name is the most sublime essence; Nanak contemplates the nature of reality.
||2||4||133||

1230 : 1188

Saarang, Fifth Mehl:

1230 : 1189

I beg for devotion to the Naam, the Name of the Lord; I have forsaken all other activities.
||1||Pause||

1230 : 1190

Meditate lovingly on the Lord, and sing forever the Glorious Praises of the Lord of the Universe.

1230 : 1191

I long for the dust of the feet of the Lord's humble servant, O Great Giver, my Lord and Master. ||1||

1230 : 1192

The Naam, the Name of the Lord, is the ultimate ecstasy, bliss, happiness, peace and tranquility. The fear of death is dispelled by meditating in remembrance on the Inner-knower, the Searcher of hearts.

1230 : 1193

Only the Sanctuary of the Feet of the Lord of the Universe can destroy all the suffering of the world.

1230 : 1194

The Saadh Sangat, the Company of the Holy, is the boat, O Nanak, to carry us across to the other side. ||2||5||134||

1230 : 1195

Saarang, Fifth Mehl:

1230 : 1196

Gazing upon my Guru, I sing the Praises of my Beloved Lord.

1230 : 1197

I escape from the five thieves, and I find the One, when I join the Saadh Sangat, the Company of the Holy. ||1||Pause||

1230 : 1198

Nothing of the visible world shall go along with you; abandon your pride and attachment.

1230 : 1199

Love the One Lord, and join the Saadh Sangat, and you shall be embellished and exalted. ||1||

1230 : 1200

I have found the Lord, the Treasure of Excellence; all my hopes have been fulfilled.

1230 : 1201

Nanak's mind is in ecstasy; the Guru has shattered the impregnable fortress. ||2||6||135||

1230 : 1202

Saarang, Fifth Mehl:

1230 : 1203

My mind is neutral and detached; I seek only the Blessed Vision of His Darshan.
||1||Pause||

1230 : 1204

Serving the Holy Saints, I meditate on my Beloved within my heart.

1230 : 1205

Gazing upon the Embodiment of Ecstasy, I rise to the Mansion of His Presence. ||1||

1230 : 1206

I work for Him; I have forsaken everything else. I seek only His Sanctuary.

1230 : 1207

O Nanak, my Lord and Master hugs me close in His Embrace; the Guru is pleased and satisfied with me. ||2||7||136||

1230 : 1208

Saarang, Fifth Mehl:

1230 : 1209

This is my condition.

1230 : 1210

Only my Merciful Lord knows it. ||1||Pause||

1230 : 1211

I have abandoned my mother and father, and sold my mind to the Saints.

1230 : 1212

I have lost my social status, birth–right and ancestry; I sing the Glorious Praises of the Lord,
Har, Har. ||1||

1230 : 1213

I have broken away from other people and family; I work only for God.

1230 : 1214

The Guru has taught me, O Nanak, to serve only the One Lord. ||2||8||137||

-- Raag Saarang – Part 034 --

Raag Saarang – Part 035

1231 : 1215

Saarang, Fifth Mehl:

1231 : 1216

You are my Loving Beloved Enticing Lord of the World.

1231 : 1217

You are in worms, elephants, stones and all beings and creatures; You nourish and cherish them all. ||1||Pause||

1231 : 1218

You are not far away; You are totally present with all.

1231 : 1219

You are Beautiful, the Source of Nectar. ||1||

1231 : 1220

You have no caste or social class, no ancestry or family.

1231 : 1221

Nanak: God, You are Merciful. ||2||9||138||

1231 : 1222

Saarang, Fifth Mehl:

1231 : 1223

Acting and play-acting, the mortal sinks into corruption. Even the moon and the sun are enticed and bewitched.

1231 : 1224

The disturbing noise of corruption wells up, in the tinkling ankle bells of Maya the beautiful. With her beguiling gestures of love, she seduces everyone except the Lord. ||Pause||

1231 : 1225

Maya clings to the three worlds; those who are stuck in wrong actions cannot escape her. Drunk and engrossed in blind worldly affairs, they are tossed about on the mighty ocean. ||1||

1231 : 1226

The Saint, the slave of the Lord is saved; the noose of the Messenger of Death is snapped.

1231 : 1227

The Naam, the Name of the Lord, is the Purifier of sinners; O Nanak, remember Him in meditation. ||2||10||139||3||13||155||

1231 : 1228

One Universal Creator God. By The Grace Of The True Guru:

1231 : 1229

Raag Saarang, Ninth Mehl:

1231 : 1230

No one will be your help and support, except the Lord.

1231 : 1231

Who has any mother, father, child or spouse? Who is anyone's brother or sister? ||1||Pause||

1231 : 1232

All the wealth, land and property which you consider your own

1231 : 1233

– when you leave your body, none of it shall go along with you. Why do you cling to them?
||1||

1231 : 1234

God is Merciful to the meek, forever the Destroyer of fear, and yet you do not develop any loving relationship with Him.

1231 : 1235

Says Nanak, the whole world is totally false; it is like a dream in the night. ||2||1||

1231 : 1236

Saarang, Ninth Mehl:

1231 : 1237

O mortal, why are you engrossed in corruption?

1231 : 1238

No one is allowed to remain in this world; one comes, and another departs. ||1||Pause||

1231 : 1239

Who has a body? Who has wealth and property? With whom should we fall in love?

1231 : 1240

Whatever is seen, shall all disappear, like the shade of a passing cloud. ||1||

1231 : 1241

Abandon egotism, and grasp the Sanctuary of the Saints; you shall be liberated in an instant.

1231 : 1242

O servant Nanak, without meditating and vibrating on the Lord God, there is no peace, even in dreams. ||2||2||

1231 : 1243

Saarang, Ninth Mehl:

1231 : 1244

O mortal, why have you wasted your life?

1231 : 1245

Intoxicated with Maya and its riches, involved in corrupt pleasures, you have not sought the Sanctuary of the Lord. ||1||Pause||

1231 : 1246

This whole world is just a dream; why does seeing it fill you with greed?

1231 : 1247

Everything that has been created will be destroyed; nothing will remain. ||1||

1231 : 1248

You see this false body as true; in this way, you have placed yourself in bondage.

1231 : 1249

O servant Nanak, he is a liberated being, whose consciousness lovingly vibrates, and meditates on the Lord. ||2||3||

1231 : 1250

Saarang, Fifth Mehl:

1231 : 1251

In my mind, I never sang the Glorious Praises of the Lord.

--- Raag Saarang – Part 035 ---

Raag Saarang – Part 036

1232 : 1252

I remained under the influence of corruption, night and day; I did whatever I pleased.
||1||Pause||

1232 : 1253

I never listened to the Guru's Teachings; I was entangled with others' spouses.

1232 : 1254

I ran all around slandering others; I was taught, but I never learned. ||1||

1232 : 1255

How can I even describe my actions? This is how I wasted my life.

1232 : 1256

Says Nanak, I am totally filled with faults. I have come to Your Sanctuary – please save me,
O Lord! ||2||4||3||13||139||4||159||

1232 : 1257

Raag Saarang, Ashtapadees, First Mehl, First House:

1232 : 1258

One Universal Creator God. By The Grace Of The True Guru:

1232 : 1259

How can I live, O my mother?

1232 : 1260

Hail to the Lord of the Universe. I ask to sing Your Praises; without You, O Lord, I cannot

even survive. ||1||Pause||

1232 : 1261

I am thirsty, thirsty for the Lord; the soul–bride gazes upon Him all through the night.

1232 : 1262

My mind is absorbed into the Lord, my Lord and Master. Only God knows the pain of another. ||1||

1232 : 1263

My body suffers in pain, without the Lord; through the Word of the Guru's Shabad, I find the Lord.

1232 : 1264

O Dear Lord, please be kind and compassionate to me, that I might remain merged in You, O Lord. ||2||

1232 : 1265

Follow such a path, O my conscious mind, that you may remain focused on the Feet of the Lord.

1232 : 1266

I am wonder–struck, singing the Glorious Praises of my Fascinating Lord; I am intuitively absorbed in the Fearless Lord. ||3||

1232 : 1267

That heart, in which the Eternal, Unchanging Naam vibrates and resounds, does not diminish, and cannot be evaluated.

1232 : 1268

Without the Name, everyone is poor; the True Guru has imparted this understanding. ||4||

1232 : 1269

My Beloved is my breath of life – listen, O my companion. The demons have taken poison and died.

1232 : 1270

As love for Him welled up, so it remains. My mind is imbued with His Love. ||5||

1232 : 1271

I am absorbed in celestial samaadhi, lovingly attached to the Lord forever. I live by singing the Glorious Praises of the Lord.

1232 : 1272

Imbued with the Word of the Guru's Shabad, I have become detached from the world. In the profound primal trance, I dwell within the home of my own inner being. ||6||

1232 : 1273

The Naam, the Name of the Lord, is sublimely sweet and supremely delicious; within the home of my own self, I understand the essence of the Lord.

1232 : 1274

Wherever You keep my mind, there it is. This is what the Guru has taught me. ||7||

1232 : 1275

Sanak and Sanandan, Brahma and Indra, were imbued with devotional worship, and came to be in harmony with Him.

1232 : 1276

O Nanak, without the Lord, I cannot live, even for an instant. The Name of the Lord is glorious and great. ||8||1||

1232 : 1277

Saarang, First Mehl:

1232 : 1278

Without the Lord, how can my mind be comforted?

1232 : 1279

The guilt and sin of millions of ages is erased, and one is released from the cycle of reincarnation, when the Truth is implanted within. ||1||Pause||

1232 : 1280

Anger is gone, egotism and attachment have been burnt away; I am imbued with His ever-fresh Love.

1232 : 1281

Other fears are forgotten, begging at God's Door. The Immaculate Lord is my Companion. ||1||

1232 : 1282

Forsaking my fickle intellect, I have found God, the Destroyer of fear; I am lovingly attuned to the One Word, the Shabad.

1232 : 1283

Tasting the sublime essence of the Lord, my thirst is quenched; by great good fortune, the Lord has united me with Himself. ||2||

1232 : 1284

The empty tank has been filled to overflowing. Following the Guru's Teachings, I am enraptured with the True Lord.

-- Raag Saarang – Part 036 --

Raag Saarang – Part 037

1233 : 1285

My mind is imbued with love for the Naam. The Immaculate Lord is merciful, from the beginning of time, and throughout the ages. ||3||

1233 : 1286

My mind is fascinated with the Fascinating Lord. By great good fortune, I am lovingly attuned to Him.

1233 : 1287

Contemplating the True Lord, all the residues of sins and mistakes are wiped away. My mind is pure and immaculate in His Love. ||4||

1233 : 1288

God is the Deep and Unfathomable Ocean, the Source of all jewels; no other is worthy of worship.

1233 : 1289

I contemplate the Shabad, the Destroyer of doubt and fear; I do not know any other at all. ||5||

1233 : 1290

Subduing my mind, I have realized the pure status; I am totally imbued with the sublime essence of the Lord.

1233 : 1291

I do not know any other except the Lord. The True Guru has imparted this understanding. ||6||

1233 : 1292

God is Inaccessible and Unfathomable, Unmastered and Unborn; through the Guru's Teachings, I know the One Lord.

1233 : 1293

Filled to overflowing, my consciousness does not waver; through the Mind, my mind is pleased and appeased. ||7||

1233 : 1294

By Guru's Grace, I speak the Unspoken; I speak what He makes me speak.

1233 : 1295

O Nanak, my Lord is Merciful to the meek; I do not know any other at all. ||8||2||

1233 : 1296

Sarang, Third Mehl, Ashtapadees, First House:

1233 : 1297

One Universal Creator God. By The Grace Of The True Guru:

1233 : 1298

O my mind, the Name of the Lord is glorious and great.

1233 : 1299

I know of none, other than the Lord; through the Lord's Name, I have attained liberation and emancipation. ||1||Pause||

1233 : 1300

Through the Word of the Shabad, I am lovingly attuned to the Lord, the Destroyer of fear, the Destroyer of the Messenger of Death.

1233 : 1301

As Gurmukh, I have realized the Lord, the Giver of peace; I remain intuitively absorbed in Him. ||1||

1233 : 1302

The Immaculate Name of the Lord is the food of His devotees; they wear the glory of devotional worship.

1233 : 1303

They abide in the home of their inner beings, and they serve the Lord forever; they are honored in the Court of the Lord. ||2||

1233 : 1304

The intellect of the self-willed manmukh is false; his mind wavers and wobbles, and he cannot speak the Unspoken Speech.

1233 : 1305

Following the Guru's Teachings, the Eternal Unchanging Lord abides within the mind; the True Word of His Bani is Ambrosial Nectar. ||3||

1233 : 1306

The Shabad calms the turbulent waves of the mind; the tongue is intuitively imbued with peace.

1233 : 1307

So remain united forever with your True Guru, who is lovingly attuned to the Lord. ||4||

1233 : 1308

If the mortal dies in the Shabad, then he is liberated; he focuses his consciousness on the Lord's Feet.

1233 : 1309

The Lord is an Ocean; His Water is Forever Pure. Whoever bathes in it is intuitively imbued with peace. ||5||

1233 : 1310

Those who contemplate the Shabad are forever imbued with His Love; their egotism and desires are subdued.

1233 : 1311

The Pure, Unattached Lord permeates their inner beings; the Lord, the Supreme Soul, is pervading all. ||6||

1233 : 1312

Your humble servants serve You, O Lord; those who are imbued with the Truth are pleasing to Your Mind.

1233 : 1313

Those who are involved in duality do not find the Mansion of the Lord's Presence; caught in the false nature of the world, they do not discriminate between merits and demerits. ||7||

1233 : 1314

When the Lord merges us into Himself, we speak the Unspoken Speech; True is the Shabad, and True is the Word of His Bani.

1233 : 1315

O Nanak, the true people are absorbed in the Truth; they chant the Name of the Lord. ||8||1||

1233 : 1316

Saarang, Third Mehl:

1233 : 1317

O my mind, the Name of the Lord is supremely sweet.

-- Raag Saarang – Part 037 --

Raag Saarang – Part 038

1234 : 1318

It is the Destroyer of the sins, the guilt and fears of countless incarnations; the Gurmukh sees the One Lord. ||1||Pause||

1234 : 1319

Millions upon millions of sins are erased, when the mind comes to love the True Lord.

1234 : 1320

I do not know any other, except the Lord; the True Guru has revealed the One Lord to me. ||1||

1234 : 1321

Those whose hearts are filled with the wealth of the Lord's Love, remain intuitively absorbed in Him.

1234 : 1322

Imbued with the Shabad, they are dyed in the deep crimson color of His Love. They are imbued with the Lord's celestial peace and poise. ||2||

1234 : 1323

Contemplating the Shabad, the tongue is imbued with joy; embracing His Love, it is dyed a deep crimson.

1234 : 1324

I have come to know the Name of the Pure Detached Lord; my mind is satisfied and comforted. ||3||

1234 : 1325

The Pandits, the religious scholars, read and study, and all the silent sages have grown weary; they have grown weary of wearing their religious robes and wandering all around.

1234 : 1326

By Guru's Grace, I have found the Immaculate Lord; I contemplate the True Word of the Shabad. ||4||

1234 : 1327

My coming and going in reincarnation is ended, and I am imbued with Truth; the True Word of the Shabad is pleasing to my mind.

1234 : 1328

Serving the True Guru, eternal peace is found, and self-conceit is eliminated from within. ||5||

1234 : 1329

Through the True Word of the Shabad, the celestial melody wells up, and the mind is lovingly focused on the True Lord.

1234 : 1330

The Immaculate Naam, the Name of the Inaccessible and Unfathomable Lord, abides in the mind of the Gurmukh. ||6||

1234 : 1331

The whole world is contained in the One Lord. How rare are those who understand the One Lord.

1234 : 1332

One who dies in the Shabad comes to know everything; night and day, he realizes the One Lord. ||7||

1234 : 1333

That humble being, upon whom the Lord casts His Glance of Grace, understands. Nothing else can be said.

1234 : 1334

O Nanak, those who are imbued with the Naam are forever detached from the world; they are lovingly attuned to the One Word of the Shabad. ||8||2||

1234 : 1335

Saarang, Third Mehl:

1234 : 1336

O my mind, the Speech of the Lord is unspoken.

1234 : 1337

That humble being who is blessed by the Lord's Glance of Grace, obtains it. How rare is that Gurmukh who understands. ||1||Pause||

1234 : 1338

The Lord is Deep, Profound and Unfathomable, the Ocean of Excellence; He is realized through the Word of the Guru's Shabad.

1234 : 1339

Mortals do their deeds in all sorts of ways, in the love of duality; but without the Shabad, they are insane. ||1||

1234 : 1340

That humble being who bathes in the Lord's Name becomes immaculate; he never becomes polluted again.

1234 : 1341

Without the Name, the whole world is polluted; wandering in duality, it loses its honor. ||2||

1234 : 1342

What should I grasp? What should I gather up or leave behind? I do not know.

1234 : 1343

O Dear Lord, Your Name is the Help and Support of those whom You bless with Your kindness and compassion. ||3||

1234 : 1344

The True Lord is the True Giver, the Architect of Destiny; as He pleases, He links mortals to the Name.

1234 : 1345

He alone comes to understand, who enters the Guru's Gate, whom the Lord Himself instructs. ||4||

1234 : 1346

Even gazing upon the wonders of the Lord, this mind does not think of Him. The world comes and goes in reincarnation.

1234 : 1347

Serving the True Guru, the mortal comes to understand, and finds the Door of Salvation. ||5||

1234 : 1348

Those who understand the Lord's Court, never suffer separation from him. The True Guru has imparted this understanding.

1234 : 1349

They practice truth, self-restraint and good deeds; their comings and goings are ended. ||6||

1234 : 1350

In the Court of the True Lord, they practice Truth. The Gurmukhs take the Support of the True Lord.

Raag Saarang – Part 039

1235 : 1351

The self-willed manmukhs wander, lost in doubt and duality. They do not know how to contemplate the Lord. ||7||

1235 : 1352

He Himself is the Gurmukh, and He Himself gives; He Himself creates and beholds.

1235 : 1353

O Nanak, those humble beings are approved, whose honor the Lord Himself accepts. ||8||3||

1235 : 1354

Sarang, Fifth Mehl, Ashtapadees, First House:

1235 : 1355

One Universal Creator God. By The Grace Of The True Guru:

1235 : 1356

O Lord of the World, I gaze upon Your wondrous glory.

1235 : 1357

You are the Doer, the Cause of causes, the Creator and Destroyer. You are the Sovereign Lord of all. ||1||Pause||

1235 : 1358

The rulers and nobles and kings shall become beggars. Their ostentatious shows are false

1235 : 1359

. My Sovereign Lord King is eternally stable. His Praises are sung in every heart. ||1||

1235 : 1360

Listen to the Praises of my Lord King, O Saints. I chant them as best I can.

1235 : 1361

My Lord King, the Great Giver, is Immeasurable. He is the Highest of the high. ||2||

1235 : 1362

He has strung His Breath throughout the creation; He locked the fire in the wood.

1235 : 1363

He placed the water and the land together, but neither blends with the other. ||3||

1235 : 1364

In each and every heart, the Story of our Sovereign Lord is told; in each and every home, they yearn for Him.

1235 : 1365

Afterwards, He created all beings and creatures; but first, He provided them with sustenance. ||4||

1235 : 1366

Whatever He does, He does by Himself. Who has ever given Him advice?

1235 : 1367

The mortals make all sorts of efforts and showy displays, but He is realized only through the Teachings of Truth. ||5||

1235 : 1368

The Lord protects and saves His devotees; He blesses them with the glory of His Name.

1235 : 1369

Whoever is disrespectful to the humble servant of the Lord, shall be swept away and destroyed. ||6||

1235 : 1370

Those who join the Saadh Sangat, the Company of the Holy, are liberated; all their demerits are taken away.

1235 : 1371

Seeing them, God becomes merciful; they are carried across the terrifying world-ocean. ||7||

1235 : 1372

I am lowly, I am nothing at all; You are my Great Lord and Master – how can I even contemplate Your creative potency?

1235 : 1373

My mind and body are cooled and soothed, gazing upon the Blessed Vision of the Guru's Darshan. Nanak takes the Support of the Naam, the Name of the Lord. ||8||1||

1235 : 1374

Sarang, Fifth Mehl, Ashtapadees, Sixth House:

1235 : 1375

One Universal Creator God. By The Grace Of The True Guru:

1235 : 1376

Listen to the Story of the Inaccessible and Unfathomable.

1235 : 1377

The glory of the Supreme Lord God is wondrous and amazing! ||1||Pause||

1235 : 1378

Forever and ever, humbly bow to the True Guru.

1235 : 1379

By Guru's Grace, sing the Glorious Praises of the Infinite Lord.

1235 : 1380

His Light shall radiate deep within your mind.

1235 : 1381

With the healing ointment of spiritual wisdom, ignorance is dispelled. ||1||

1235 : 1382

There is no limit to His Expanse.

1235 : 1383

His Glory is Infinite and Endless.

1235 : 1384

His many plays cannot be counted.

1235 : 1385

He is not subject to pleasure or pain. ||2||

1235 : 1386

Many Brahmas vibrate Him in the Vedas.

1235 : 1387

Many Shivas sit in deep meditation.

--- Raag Saarang – Part 039 ---

Raag Saarang – Part 040

1236 : 1388

Many beings take incarnation.

1236 : 1389

Many Indras stand at the Lord's Door. ||3||

1236 : 1390

Many winds, fires and waters.

1236 : 1391

Many jewels, and oceans of butter and milk.

1236 : 1392

Many suns, moons and stars.

1236 : 1393

Many gods and goddesses of so many kinds. ||4||

1236 : 1394

Many earths, many wish-fulfilling cows.

1236 : 1395

Many miraculous Elysian trees, many Krishnas playing the flute.

1236 : 1396

Many Akaashic ethers, many nether regions of the underworld.

1236 : 1397

Many mouths chant and meditate on the Lord. ||5||

1236 : 1398

Many Shaastras, Simritees and Puraanas.

1236 : 1399

Many ways in which we speak.

1236 : 1400

Many listeners listen to the Lord of Treasure.

1236 : 1401

The Lord God totally permeates all beings. ||6||

1236 : 1402

Many righteous judges of Dharma, many gods of wealth.

1236 : 1403

Many gods of water, many mountains of gold.

1236 : 1404

Many thousand-headed snakes, chanting ever-new Names of God.

1236 : 1405

They do not know the limits of the Supreme Lord God. ||7||

1236 : 1406

Many solar systems, many galaxies.

1236 : 1407

Many forms, colors and celestial realms.

1236 : 1408

Many gardens, many fruits and roots.

1236 : 1409

He Himself is mind, and He Himself is matter. ||8||

1236 : 1410

Many ages, days and nights.

1236 : 1411

Many apocalypses, many creations.

1236 : 1412

Many beings are in His home.

1236 : 1413

The Lord is perfectly pervading all places. ||9||

1236 : 1414

Many Mayas, which cannot be known.

1236 : 1415

Many are the ways in which our Sovereign Lord plays.

1236 : 1416

Many exquisite melodies sing of the Lord.

1236 : 1417

Many recording scribes of the conscious and subconscious are revealed there. ||10||

1236 : 1418

He is above all, and yet He dwells with His devotees.

1236 : 1419

Twenty–four hours a day, they sing His Praises with love.

1236 : 1420

Many unstruck melodies resound and resonate with bliss.

1236 : 1421

There is no end or limit of that sublime essence. ||11||

1236 : 1422

True is the Primal Being, and True is His dwelling.

1236 : 1423

He is the Highest of the high, Immaculate and Detached, in Nirvaanaa.

1236 : 1424

He alone knows His handiwork.

1236 : 1425

He Himself pervades each and every heart.

1236 : 1426

The Merciful Lord is the Treasure of Compassion, O Nanak.

1236 : 1427

Those who chant and meditate on Him, O Nanak, are exalted and enraptured.

||12||1||2||2||3||7||

1236 : 1428

Sarang, Chhant, Fifth Mehl:

1236 : 1429

One Universal Creator God. By The Grace Of The True Guru:

1236 : 1430

See the Giver of fearlessness in all.

1236 : 1431

The Detached Lord is totally permeating each and every heart.

1236 : 1432

Like waves in the water, He created the creation.

1236 : 1433

He enjoys all tastes, and takes pleasure in all hearts. There is no other like Him at all.

1236 : 1434

The color of the Lord's Love is the one color of our Lord and Master; in the Saadh Sangat, the Company of the Holy, God is realized.

1236 : 1435

O Nanak, I am drenched with the Blessed Vision of the Lord, like the fish in the water. I see the Giver of fearlessness in all. ||1||

1236 : 1436

What praises should I give, and what approval should I offer to Him?

1236 : 1437

The Perfect Lord is totally pervading and permeating all places.

1236 : 1438

The Perfect Enticing Lord adorns each and every heart. When He withdraws, the mortal turns to dust.

— Raag Saarang – Part 040 —

Raag Saarang – Part 041

1237 : 1439

Why do you not worship and adore Him? Join together with the Holy Saints; any instant, your time shall come.

1237 : 1440

All your property and wealth, and all that you see – none of it will go along with you.

1237 : 1441

Says Nanak, worship and adore the Lord, Har, Har. What praise, and what approval, can I offer to Him? ||2||

1237 : 1442

I ask the Saints, what is my Lord and Master like?

1237 : 1443

I offer my heart, to one who brings me news of Him.

1237 : 1444

Give me news of my Dear God; where does the Enticer live?

1237 : 1445

He is the Giver of peace to life and limb; God is totally permeating all places, interspaces and countries.

1237 : 1446

He is liberated from bondage, joined to each and every heart. I cannot say what the Lord is like.

1237 : 1447

Gazing upon His wondrous play, O Nanak, my mind is fascinated. I humbly ask, what is my Lord and Master like? ||3||

1237 : 1448

In His Kindness, He has come to His humble servant.

1237 : 1449

Blessed is that heart, in which the Lord's Feet are enshrined.

1237 : 1450

His Feet are enshrined within, in the Society of the Saints; the darkness of ignorance is dispelled.

1237 : 1451

The heart is enlightened and illumined and enraptured; God has been found.

1237 : 1452

Pain is gone, and peace has come to my house. The ultimate intuitive peace prevails.

1237 : 1453

Says Nanak, I have found the Perfect Lord; in His Kindness, He has come to His humble servant. ||4||1||

1237 : 1454

Vaar Of Saarang, Fourth Mehl, To Be Sung To The Tune Of Mehma–Hasna:

1237 : 1455

One Universal Creator God. By The Grace Of The True Guru:

1237 : 1456

Shalok, Second Mehl:

1237 : 1457

The key of the Guru opens the lock of attachment, in the house of the mind, under the roof of the body.

1237 : 1458

O Nanak, without the Guru, the door of the mind cannot be opened. No one else holds the key in hand. ||1||

1237 : 1459

First Mehl:

1237 : 1460

He is not won over by music, songs or the Vedas.

1237 : 1461

He is not won over by intuitive wisdom, meditation or Yoga.

1237 : 1462

He is not won over by feeling sad and depressed forever.

1237 : 1463

He is not won over by beauty, wealth and pleasures.

1237 : 1464

He is not won over by wandering naked at sacred shrines.

1237 : 1465

He is not won over by giving donations in charity.

1237 : 1466

He is not won over by living alone in the wilderness.

1237 : 1467

He is not won over by fighting and dying as a warrior in battle.

1237 : 1468

He is not won over by becoming the dust of the masses.

1237 : 1469

The account is written of the loves of the mind.

1237 : 1470

O Nanak, the Lord is won over only by His Name. ||2||

1237 : 1471

First Mehl:

1237 : 1472

You may study the nine grammars, the six Shaastras and the six divisions of the Vedas.

1237 : 1473

You may recite the Mahaabhaarata.

1237 : 1474

Even these cannot find the limits of the Lord.

1237 : 1475

Without the Naam, the Name of the Lord, how can anyone be liberated?

1237 : 1476

Brahma, in the lotus of the navel, does not know the limits of God.

1237 : 1477

The Gurmukh, O Nanak, realizes the Naam. ||3||

1237 : 1478

Pauree:

1237 : 1479

The Immaculate Lord Himself, by Himself, created Himself.

1237 : 1480

He Himself created the whole drama of all the world's play.

1237 : 1481

He Himself formed the three gunas, the three qualities; He increased the attachment to Maya.

1237 : 1482

By Guru's Grace, they are saved – those who love the Will of God.

1237 : 1483

O Nanak, the True Lord is pervading everywhere; all are contained within the True Lord.
||1||

-- Raag Saarang – Part 041 --

Raag Saarang – Part 042

1238 : 1484

Shalok, Second Mehl:

1238 : 1485

He Himself creates, O Nanak; He establishes the various creatures.

1238 : 1486

How can anyone be called bad? We have only One Lord and Master.

1238 : 1487

There is One Lord and Master of all; He watches over all, and assigns all to their tasks.

1238 : 1488

Some have less, and some have more; no one is allowed to leave empty.

1238 : 1489

Naked we come, and naked we go; in between, we put on a show.

1238 : 1490

O Nanak, one who does not understand the Hukam of God's Command – what will he have to do in the world hereafter? ||1||

1238 : 1491

First Mehl:

1238 : 1492

He sends out the various created beings, and he calls back the various created beings again.

1238 : 1493

He himself establishes, and He Himself disestablishes. He fashions them in various forms.

1238 : 1494

And all the human beings who wander around as beggars, He Himself gives in charity to them.

1238 : 1495

As it is recorded, the mortals speak, and as it is recorded, they walk. So why put on all this show?

1238 : 1496

This is the basis of intelligence; this is certified and approved. Nanak speaks and proclaims it.

1238 : 1497

By past actions, each being is judged; what else can anyone say? ||2||

1238 : 1498

Pauree:

1238 : 1499

The Guru's Word makes the drama play itself out. Through virtue, this becomes evident.

1238 : 1500

Whoever utters the Word of the Guru's Bani – the Lord is enshrined in his mind.

1238 : 1501

Maya's power is gone, and doubt is eradicated; awaken to the Light of the Lord.

1238 : 1502

Those who hold onto goodness as their treasure meet the Guru, the Primal Being.

1238 : 1503

O Nanak, they are intuitively absorbed and blended into the Name of the Lord. ||2||

1238 : 1504

Shalok, Second Mehl:

1238 : 1505

The merchants come from the Banker; He sends the account of their destiny with them.

1238 : 1506

On the basis of their accounts, He issues the Hukam of His Command, and they are left to take care of their merchandise.

1238 : 1507

The merchants have purchased their merchandise and packed up their cargo.

1238 : 1508

Some depart after having earned a good profit, while others leave, having lost their investment altogether.

1238 : 1509

No one asks to have less; who should be celebrated?

1238 : 1510

The Lord casts His Glance of Grace, O Nanak, upon those who have preserved their capital investment. ||1||

1238 : 1511

First Mehl:

1238 : 1512

United, the united separate, and separated, they unite again.

1238 : 1513

Living, the living die, and dying, they live again.

1238 : 1514

They become the fathers of many, and the sons of many; they become the gurus of many, and the disciples.

1238 : 1515

No account can be made of the future or the past; who knows what shall be, or what was?

1238 : 1516

All the actions and events of the past are recorded; the Doer did, He does, and He will do.

1238 : 1517

The self-willed manmukh dies, while the Gurmukh is saved; O Nanak, the Gracious Lord bestows His Glance of Grace. ||2||

1238 : 1518

Pauree:

1238 : 1519

The self-willed manmukh wanders in duality, lured and enticed by duality.

1238 : 1520

He practices falsehood and deception, telling lies.

1238 : 1521

Love and attachment to children and spouse is total misery and pain.

1238 : 1522

He is gagged and bound at the door of the Messenger of Death; he dies, and wanders lost in reincarnation.

1238 : 1523

The self-willed manmukh wastes his life; Nanak loves the Lord. ||3||

1238 : 1524

Shalok, Second Mehl:

1238 : 1525

Those who are blessed with the glorious greatness of Your Name – their minds are imbued with Your Love.

1238 : 1526

O Nanak, there is only One Ambrosial Nectar; there is no other nectar at all.

1238 : 1527

O Nanak, the Ambrosial Nectar is obtained within the mind, by Guru's Grace.

1238 : 1528

They alone drink it in with love, who have such pre-ordained destiny. ||1||

-- Raag Saarang – Part 042 --

Raag Saarang – Part 043

1239 : 1529

Second Mehl:

1239 : 1530

Why praise the created being? Praise the One who created all.

1239 : 1531

O Nanak, there is no other Giver, except the One Lord.

1239 : 1532

Praise the Creator Lord, who created the creation.

1239 : 1533

Praise the Great Giver, who gives sustenance to all.

1239 : 1534

O Nanak, the treasure of the Eternal Lord is over-flowing.

1239 : 1535

Praise and honor the One, who has no end or limitation. ||2||

1239 : 1536

Pauree:

1239 : 1537

The Name of the Lord is a treasure. Serving it, peace is obtained.

1239 : 1538

I chant the Name of the Immaculate Lord, so that I may go home with honor.

1239 : 1539

The Word of the Gurmukh is the Naam; I enshrine the Naam within my heart.

1239 : 1540

The bird of the intellect comes under one's control, by meditating on the True Guru.

1239 : 1541

O Nanak, if the Lord becomes merciful, the mortal lovingly tunes in to the Naam. ||4||

1239 : 1542

Shalok, Second Mehl:

1239 : 1543

How can we speak of Him? Only He knows Himself.

1239 : 1544

His decree cannot be challenged; He is our Supreme Lord and Master.

1239 : 1545

By His Decree, even kings, nobles and commanders must step down.

1239 : 1546

Whatever is pleasing to His Will, O Nanak, is a good deed.

1239 : 1547

By His Decree, we walk; nothing rests in our hands.

1239 : 1548

When the Order comes from our Lord and Master, all must rise up and take to the road.

1239 : 1549

As His Decree is issued, so is His Command obeyed.

1239 : 1550

Those who are sent, come, O Nanak; when they are called back, they depart and go. ||1||

1239 : 1551

Second Mehl:

1239 : 1552

Those whom the Lord blesses with His Praises, are the true keepers of the treasure.

1239 : 1553

Those who are blessed with the key – they alone receive the treasure.

1239 : 1554

That treasure, from which virtue wells up – that treasure is approved.

1239 : 1555

Those who are blessed by His Glance of Grace, O Nanak, bear the Insignia of the Naam.
||2||

1239 : 1556

Pauree:

1239 : 1557

The Naam, the Name of the Lord, is immaculate and pure; hearing it, peace is obtained.

1239 : 1558

Listening and hearing, It is enshrined in the mind; how rare is that humble being who realizes it.

1239 : 1559

Sitting down and standing up, I shall never forget Him, the Truest of the true.

1239 : 1560

His devotees have the Support of His Name; in His Name, they find peace.

1239 : 1561

O Nanak, He permeates and pervades mind and body; He is the Lord, the Guru's Word.
||5||

1239 : 1562

Shalok, First Mehl:

1239 : 1563

O Nanak, the weight is weighed out, when the soul is placed on the scale.

1239 : 1564

Nothing is equal to speaking of the One, who perfectly unites us with the Perfect Lord.

1239 : 1565

To call Him glorious and great carries such a heavy weight.

1239 : 1566

Other intellectualisms are lightweight; other words are lightweight as well.

1239 : 1567

The weight of the earth, water and mountains

1239 : 1568

– how can the goldsmith weigh it on the scale?

1239 : 1569

What weights can balance the scale?

1239 : 1570

O Nanak, when questioned, the answer is given.

1239 : 1571

The blind fool is running around, leading the blind.

1239 : 1572

The more they say, the more they expose themselves. ||1||

1239 : 1573

First Mehl:

1239 : 1574

It is difficult to chant it; it is difficult to listen to it. It cannot be chanted with the mouth.

1239 : 1575

Some speak with their mouths and chant the Word of the Shabad – the low and the high, day and night.

1239 : 1576

If He were something, then He would be visible. His form and state cannot be seen.

The Creator Lord does all deeds; He is established in the hearts of the high and the low.

-- Raag Saarang – Part 043 --

Raag Saarang – Part 044

1240 : 1578

It is so difficult to chant it, O Nanak; it cannot be chanted with the mouth. ||2||

1240 : 1579

Pauree:

1240 : 1580

Hearing the Name, the mind is delighted. The Name brings peace and tranquility.

1240 : 1581

Hearing the Name, the mind is satisfied, and all pains are taken away.

1240 : 1582

Hearing the Name, one becomes famous; the Name brings glorious greatness.

1240 : 1583

The Name brings all honor and status; through the Name, salvation is obtained.

1240 : 1584

The Gurmukh meditates on the Name; Nanak is lovingly attuned to the Name. ||6||

1240 : 1585

Shalok, First Mehl:

1240 : 1586

Impurity does not come from music; impurity does not come from the Vedas.

1240 : 1587

Impurity does not come from the phases of the sun and the moon.

1240 : 1588

Impurity does not come from food; impurity does not come from ritual cleansing baths.

1240 : 1589

Impurity does not come from the rain, which falls everywhere.

1240 : 1590

Impurity does not come from the earth; impurity does not come from the water.

1240 : 1591

Impurity does not come from the air which is diffused everywhere.

1240 : 1592

O Nanak, the one who has no Guru, has no redeeming virtues at all.

1240 : 1593

Impurity comes from turning one's face away from God. ||1||

1240 : 1594

First Mehl:

1240 : 1595

O Nanak, the mouth is truly cleansed by ritual cleansing, if you really know how to do it.

1240 : 1596

For the intuitively aware, cleansing is spiritual wisdom. For the Yogi, it is self-control.

1240 : 1597

For the Brahmin, cleansing is contentment; for the householder, it is truth and charity.

1240 : 1598

For the king, cleansing is justice; for the scholar, it is true meditation.

1240 : 1599

The consciousness is not washed with water; you drink it to quench your thirst.

1240 : 1600

Water is the father of the world; in the end, water destroys it all. ||2||

1240 : 1601

Pauree:

1240 : 1602

Hearing the Name, all supernatural spiritual powers are obtained, and wealth follows along.

1240 : 1603

Hearing the Name, the nine treasures are received, and the mind's desires are obtained.

1240 : 1604

Hearing the Name, contentment comes, and Maya meditates at one's feet.

1240 : 1605

Hearing the Name, intuitive peace and poise wells up.

1240 : 1606

Through the Guru's Teachings, the Name is obtained; O Nanak, sing His Glorious Praises.
||7||

1240 : 1607

Shalok, First Mehl:

1240 : 1608

In pain, we are born; in pain, we die. In pain, we deal with the world.

1240 : 1609

Hereafter, there is said to be pain, only pain; the more the mortals read, the more they cry out.

1240 : 1610

The packages of pain are untied, but peace does not emerge.

1240 : 1611

In pain, the soul burns; in pain, it departs weeping and wailing.

1240 : 1612

O Nanak, imbued with the Lord's Praise, the mind and body blossom forth, rejuvenated.

1240 : 1613

In the fire of pain, the mortals die; but pain is also the cure. ||1||

1240 : 1614

First Mehl:

1240 : 1615

O Nanak, worldly pleasures are nothing more than dust. They are the dust of the dust of ashes.

1240 : 1616

The mortal earns only the dust of the dust; his body is covered with dust.

1240 : 1617

When the soul is taken out of the body, it too is covered with dust.

1240 : 1618

And when one's account is called for in the world hereafter, he receives only ten times more dust. ||2||

1240 : 1619

Pauree:

1240 : 1620

Hearing the Name, one is blessed with purity and self-control, and the Messenger of Death will not draw near.

1240 : 1621

Hearing the Name, the heart is illumined, and darkness is dispelled.

1240 : 1622

Hearing the Name, one comes to understand his own self, and the profit of the Name is obtained.

1240 : 1623

Hearing the Name, sins are eradicated, and one meets the Immaculate True Lord.

1240 : 1624

O Nanak, hearing the Name, one's face becomes radiant. As Gurmukh, meditate on the Name. ||8||

1240 : 1625

Shalok, First Mehl:

1240 : 1626

In your home, is the Lord God, along with all your other gods.

-- Raag Saarang – Part 044 --

Raag Saarang – Part 045

1241 : 1627

You wash your stone gods and worship them.

1241 : 1628

You offer saffron, sandalwood and flowers.

1241 : 1629

Falling at their feet, you try so hard to appease them.

1241 : 1630

Begging, begging from other people, you get things to wear and eat.

1241 : 1631

For your blind deeds, you will be blindly punished.

1241 : 1632

Your idol does not feed the hungry, or save the dying.

1241 : 1633

The blind assembly argues in blindness. ||1||

1241 : 1634

First Mehl:

1241 : 1635

All intuitive understanding, all Yoga, all the Vedas and Puraanas.

1241 : 1636

All actions, all penances, all songs and spiritual wisdom.

1241 : 1637

All intellect, all enlightenment, all sacred shrines of pilgrimage.

1241 : 1638

All kingdoms, all royal commands, all joys and all delicacies.

1241 : 1639

All mankind, all divinites, all Yoga and meditation.

1241 : 1640

All worlds, all celestial realms; all the beings of the universe.

1241 : 1641

According to His Hukam, He commands them. His Pen writes out the account of their actions.

1241 : 1642

O Nanak, True is the Lord, and True is His Name. True is His Congregation and His Court.
||2||

1241 : 1643

Pauree:

1241 : 1644

With faith in the Name, peace wells up; the Name brings emancipation.

1241 : 1645

With faith in the Name, honor is obtained. The Lord is enshrined in the heart.

1241 : 1646

With faith in the Name, one crosses over the terrifying world–ocean, and no obstructions are ever again encountered.

1241 : 1647

With faith in the Name, the Path is revealed; through the Name, one is totally enlightened.

1241 : 1648

O Nanak, meeting with the True Guru, one comes to have faith in the Name; he alone has faith, who is blessed with it. ||9||

1241 : 1649

Shalok, First Mehl:

1241 : 1650

The mortal walks on his head through the worlds and realms; he meditates, balanced on one foot.

1241 : 1651

Controlling the wind of the breath, he meditates within his mind, tucking his chin down into his chest.

1241 : 1652

What does he lean on? Where does he get his power?

1241 : 1653

What can be said, O Nanak? Who is blessed by the Creator?

1241 : 1654

God keeps all under His Command, but the fool shows off himself. ||1||

1241 : 1655

First Mehl:

1241 : 1656

He is, He is – I say it millions upon millions, millions upon millions of times.

1241 : 1657

With my mouth I say it, forever and ever; there is no end to this speech.

1241 : 1658

I do not get tired, and I will not be stopped; this is how great my determination is.

1241 : 1659

O Nanak, this is tiny and insignificant. To say that it is more, is wrong. ||2||

1241 : 1660

Pauree:

1241 : 1661

With faith in the Name, all one's ancestors and family are saved.

1241 : 1662

With faith in the Name, one's associates are saved; enshrine it within your heart.

1241 : 1663

With faith in the Name, those who hear it are saved; let your tongue delight in it.

1241 : 1664

With faith in the Name, pain and hunger are dispelled; let your consciousness be attached to the Name.

1241 : 1665

O Nanak, they alone Praise the Name, who meet with the Guru. ||10||

1241 : 1666

Shalok, First Mehl:

1241 : 1667

All nights, all days, all dates, all days of the week;

1241 : 1668

All seasons, all months, all the earth and everything on it.

1241 : 1669

All waters, all winds, all fires and underworlds.

1241 : 1670

All solar systems and galaxies, all worlds, people and forms.

1241 : 1671

No one knows how great the Hukam of His Command is; no one can describe His actions.

1241 : 1672

Mortals may utter, chant, recite and contemplate His Praises until they grow weary.

1241 : 1673

The poor fools, O Nanak, cannot find even a tiny bit of the Lord. ||1||

1241 : 1674

First Mehl:

1241 : 1675

If I were to walk around with my eyes wide open, gazing at all the created forms;

1241 : 1676

I could ask the spiritual teachers and religious scholars, and those who contemplate the Vedas;

-- Raag Saarang – Part 045 --

Raag Saarang – Part 046

1242 : 1677

I could ask the gods, mortal men, warriors and divine incarnations;

1242 : 1678

I could consult all the Siddhas in Samaadhi, and go to see the Lord's Court.

1242 : 1679

Hereafter, Truth is the Name of all; the Fearless Lord has no fear at all.

1242 : 1680

False are other intellectualisms, false and shallow; blind are the contemplations of the blind.

1242 : 1681

O Nanak, by the karma of good actions, the mortal comes to meditate on the Lord; by His Grace, we are carried across. ||2||

1242 : 1682

Pauree:

1242 : 1683

With faith in the Name, evil-mindedness is eradicated, and the intellect is enlightened.

1242 : 1684

With faith in the Name, egotism is eradicated, and all sickness is cured.

1242 : 1685

Believing in the Name, The Name wells up, and intuitive peace and poise are obtained.

1242 : 1686

Believing in the Name, tranquility and peace well up, and the Lord is enshrined in the mind.

1242 : 1687

O Nanak, the Name is a jewel; the Gurmukh meditates on the Lord. ||11||

1242 : 1688

Shalok, First Mehl:

1242 : 1689

If there were any other equal to You, O Lord, I would speak to them of You.

1242 : 1690

You, I praise You; I am blind, but through the Name, I am all-seeing.

1242 : 1691

Whatever is spoken, is the Word of the Shabad. Chanting it with love, we are embellished.

1242 : 1692

Nanak, this is the greatest thing to say: all glorious greatness is Yours. ||1||

1242 : 1693

First Mehl:

1242 : 1694

When there was nothing, what happened? What happens when one is born?

1242 : 1695

The Creator, the Doer, does all; He watches over all, again and again

1242 : 1696

. Whether we keep silent or beg out loud, the Great Giver blesses us with His gifts.

1242 : 1697

The One Lord is the Giver; we are all beggars. I have seen this throughout the Universe.

1242 : 1698

Nanak knows this: the Great Giver lives forever. ||2||

1242 : 1699

Pauree:

1242 : 1700

With faith in the Name, intuitive awareness wells up; through the Name, intelligence comes.

1242 : 1701

With faith in the Name, chant the Glories of God; through the Name, peace is obtained.

1242 : 1702

With faith in the Name, doubt is eradicated, and the mortal never suffers again.

1242 : 1703

With faith in the Name, sing His Praises, and your sinful intellect shall be washed clean.

1242 : 1704

O Nanak, through the Perfect Guru, one comes to have faith in the Name; they alone receive it, unto whom He gives it. ||12||

1242 : 1705

Shalok, First Mehl:

1242 : 1706

Some read the Shaastras, the Vedas and the Puraanas.

1242 : 1707

They recite them, out of ignorance.

1242 : 1708

If they really understood them, they would realize the Lord.

1242 : 1709

Nanak says, there is no need to shout so loud. ||1||

1242 : 1710

First Mehl:

1242 : 1711

When I am Yours, then everything is mine. When I am not, You are.

1242 : 1712

You Yourself are All-powerful, and You Yourself are the Intuitive Knower. The whole world is strung on the Power of Your Shakti.

1242 : 1713

You Yourself send out the mortal beings, and You Yourself call them back home. Having created the creation, You behold it.

1242 : 1714

O Nanak, True is the Name of the True Lord; through Truth, one is accepted by the Primal Lord God. ||2||

1242 : 1715

Pauree:

1242 : 1716

The Name of the Immaculate Lord is unknowable. How can it be known?

1242 : 1717

The Name of the Immaculate Lord is with the mortal being. How can it be obtained, O Siblings of Destiny?

1242 : 1718

The Name of the Immaculate Lord is all-pervading and permeating everywhere.

1242 : 1719

Through the Perfect Guru, it is obtained. It is revealed within the heart.

1242 : 1720

O Nanak, when the Merciful Lord grants His Grace, the mortal meets with the Guru, O Siblings of Desitny. ||13||

1242 : 1721

Shalok, First Mehl:

1242 : 1722

In this Dark Age of Kali Yuga, people have faces like dogs; they eat rotting carcasses for food.

1242 : 1723

They bark and speak, telling only lies; all thought of righteousness has left them.

1242 : 1724

Those who have no honor while alive, will have an evil reputation after they die.

--- Raag Saarang – Part 046 ---

Raag Saarang – Part 047

1243 : 1725

Whatever is predestined, happens, O Nanak; whatever the Creator does, comes to pass.
||1||

1243 : 1726

First Mehl:

1243 : 1727

Women have become advisors, and men have become hunters.

1243 : 1728

Humility, self-control and purity have run away; people eat the uneatable, forbidden food.

1243 : 1729

Modesty has left her home, and honor has gone away with her.

1243 : 1730

O Nanak, there is only One True Lord; do not bother to search for any other as true. ||2||

1243 : 1731

Pauree:

1243 : 1732

You smear your outer body with ashes, but within, you are filled with darkness.

1243 : 1733

You wear the patched coat and all the right clothes and robes, but you are still egotistical and proud.

1243 : 1734

You do not chant the Shabad, the Word of Your Lord and Master; you are attached to the expanse of Maya.

1243 : 1735

Within, you are filled with greed and doubt; you wander around like a fool.

1243 : 1736

Says Nanak, you never even think of the Naam; you have lost the game of life in the gamble. ||14||

1243 : 1737

Shalok, First Mehl:

1243 : 1738

You may be in love with tens of thousands, and live for thousands of years; but what good are these pleasures and occupations?

1243 : 1739

And when you must separate from them, that separation is like poison, but they will be gone in an instant.

1243 : 1740

You may eat sweets for a hundred years, but eventually, you will have to eat the bitter as well.

1243 : 1741

Then, you will not remember eating the sweets; bitterness will permeate you.

1243 : 1742

The sweet and the bitter are both diseases.

1243 : 1743

O Nanak, eating them, you will come to ruin in the end.

1243 : 1744

It is useless to worry and struggle to death.

1243 : 1745

Entangled in worries and struggles, people exhaust themselves. ||1||

1243 : 1746

First Mehl:

1243 : 1747

They have fine clothes and furniture of various colors.

1243 : 1748

Their houses are painted beautifully white.

1243 : 1749

In pleasure and poise, they play their mind games.

1243 : 1750

When they approach You, O Lord, they shall be spoken to.

1243 : 1751

They think it is sweet, so they eat the bitter.

1243 : 1752

The bitter disease grows in the body.

1243 : 1753

If, later on, they receive the sweet,

1243 : 1754

then their bitterness shall be gone, O mother.

1243 : 1755

O Nanak, the Gurmukh is blessed to receive

1243 : 1756

what he is predestined to receive. ||2||

1243 : 1757

Pauree:

1243 : 1758

Those whose hearts are filled with the filth of deception, may wash themselves on the outside.

1243 : 1759

They practice falsehood and deception, and their falsehood is revealed.

1243 : 1760

That which is within them, comes out; it cannot be concealed by concealment.

1243 : 1761

Attached to falsehood and greed, the mortal is consigned to reincarnation over and over again.

1243 : 1762

O Nanak, whatever the mortal plants, he must eat. The Creator Lord has written our destiny. ||15||

1243 : 1763

Shalok, Second Mehl:

1243 : 1764

The Vedas bring forth stories and legends, and thoughts of vice and virtue.

1243 : 1765

What is given, they receive, and what is received, they give. They are reincarnated in heaven and hell.

1243 : 1766

High and low, social class and status – the world wanders lost in superstition.

1243 : 1767

The Ambrosial Word of Gurbani proclaims the essence of reality. Spiritual wisdom and meditation are contained within it.

1243 : 1768

The Gurmukhs chant it, and the Gurmukhs realize it. Intuitively aware, they meditate on it.

1243 : 1769

By the Hukam of His Command, He formed the Universe, and in His Hukam, He keeps it. By His Hukam, He keeps it under His Gaze.

1243 : 1770

O Nanak, if the mortal shatters his ego before he departs, as it is pre-ordained, then he is approved. ||1||

1243 : 1771

First Mehl:

1243 : 1772

The Vedas proclaim that vice and virtue are the seeds of heaven and hell.

1243 : 1773

Whatever is planted, shall grow. The soul eats the fruits of its actions, and understands.

1243 : 1774

Whoever praises spiritual wisdom as great, becomes truthful in the True Name.

1243 : 1775

When Truth is planted, Truth grows. In the Court of the Lord, you shall find your place of honor.

-- Raag Saarang – Part 047 --

Raag Saarang – Part 048

1244 : 1776

The Vedas are only merchants; spiritual wisdom is the capital; by His Grace, it is received.

1244 : 1777

O Nanak, without capital, no one has ever departed with profit. ||2||

1244 : 1778

Pauree:

1244 : 1779

You can water a bitter neem tree with ambrosial nectar.

1244 : 1780

You can feed a venomous snake lots of milk.

1244 : 1781

The self-willed manmukh is resistant; he cannot be softened. You might as well water a stone.

1244 : 1782

Irrigating a poisonous plant with ambrosial nectar, only poisonous fruit is obtained.

1244 : 1783

O Lord, please unite Nanak with the Sangat, the Holy Congregation, so that he may be rid of all poison. ||16||

1244 : 1784

Shalok, First Mehl:

1244 : 1785

Death does not ask the time; it does not ask the date or the day of the week.

1244 : 1786

Some have packed up, and some who have packed up have gone.

1244 : 1787

Some are severely punished, and some are taken care of.

1244 : 1788

They must leave their armies and drums, and their beautiful mansions.

1244 : 1789

O Nanak, the pile of dust is once again reduced to dust. ||1||

1244 : 1790

First Mehl:

1244 : 1791

O Nanak, the pile shall fall apart; the fortress of the body is made of dust.

1244 : 1792

The thief has settled within you; O soul, your life is false. ||2||

1244 : 1793

Pauree:

1244 : 1794

Those who are filled with vicious slander, shall have their noses cut, and be shamed.

1244 : 1795

They are totally ugly, and always in pain. Their faces are blackened by Maya.

1244 : 1796

They rise early in the morning, to cheat and steal from others; they hide from the Lord's Name.

1244 : 1797

O Dear Lord, let me not even associate with them; save me from them, O my Sovereign Lord King.

1244 : 1798

O Nanak, the self-willed manmukhs act according to their past deeds, producing nothing but pain. ||17||

1244 : 1799

Shalok, Fourth Mehl:

1244 : 1800

Everyone belongs to our Lord and Master. Everyone came from Him.

1244 : 1801

Only by realizing the Hukam of His Command, is Truth obtained.

1244 : 1802

The Gurmukh realizes his own self; no one appears evil to him.

1244 : 1803

O Nanak, the Gurmukh meditates on the Naam, the Name of the Lord. Fruitful is his coming into the world. ||1||

1244 : 1804

Fourth Mehl:

1244 : 1805

He Himself is the Giver of all; He unites all with Himself.

1244 : 1806

O Nanak, they are united with the Word of the Shabad; serving the Lord, the Great Giver, they shall never be separated from Him again. ||2||

1244 : 1807

Pauree:

1244 : 1808

Peace and tranquility fill the heart of the Gurmukh; the Name wells up within them.

1244 : 1809

Chanting and meditation, penance and self-discipline, and bathing at sacred shrines of pilgrimage – the merits of these come by pleasing my God.

1244 : 1810

So serve the Lord with a pure heart; singing His Glorious Praises, you shall be embellished and exalted.

1244 : 1811

My Dear Lord is pleased by this; he carries the Gurmukh across.

1244 : 1812

O Nanak, the Gurmukh is merged with the Lord; he is embellished in His Court. ||18||

1244 : 1813

Shalok, First Mehl:

1244 : 1814

Thus speaks the wealthy man: I should go and get more wealth.

1244 : 1815

Nanak becomes poor on that day when he forgets the Lord's Name. ||1||

1244 : 1816

First Mehl:

1244 : 1817

The sun rises and sets, and the lives of all run out.

1244 : 1818

The mind and body experience pleasures; one loses, and another wins.

1244 : 1819

Everyone is puffed up with pride; even after they are spoken to, they do not stop.

1244 : 1820

O Nanak, the Lord Himself sees all; when He takes the air out of the balloon, the body falls.
||2||

1244 : 1821

Pauree:

1244 : 1822

The treasure of the Name is in the Sat Sangat, the True Congregation. There, the Lord is found.

--- Raag Saarang – Part 048 ---

Raag Saarang – Part 049

1245 : 1823

By Guru's Grace, the heart is illumined, and darkness is dispelled.

1245 : 1824

Iron is transformed into gold, when it touches the Philosopher's Stone.

1245 : 1825

O Nanak, meeting with the True Guru, the Name is obtained. Meeting Him, the mortal meditates on the Name.

1245 : 1826

Those who have virtue as their treasure, obtain the Blessed Vision of His Darshan. ||19||

1245 : 1827

Shalok, First Mehl:

1245 : 1828

Cursed are the lives of those who read and write the Lord's Name to sell it.

1245 : 1829

Their crop is devastated – what harvest will they have?

1245 : 1830

Lacking truth and humility, they shall not be appreciated in the world hereafter.

1245 : 1831

Wisdom which leads to arguments is not called wisdom.

1245 : 1832

Wisdom leads us to serve our Lord and Master; through wisdom, honor is obtained.

1245 : 1833

Wisdom does not come by reading textbooks; wisdom inspires us to give in charity.

1245 : 1834

Says Nanak, this is the Path; other things lead to Satan. ||1||

1245 : 1835

Second Mehl:

1245 : 1836

Mortals are known by their actions; this is the way it has to be.

1245 : 1837

They should show goodness, and not be deformed by their actions; this is how they are called beautiful.

1245 : 1838

Whatever they desire, they shall receive; O Nanak, they become the very image of God. ||2||

1245 : 1839

Pauree:

1245 : 1840

The True Guru is the tree of ambrosia. it bears the fruit of sweet nectar.

1245 : 1841

He alone receives it, who is so pre–destined, through the Word of the Guru's Shabad.

1245 : 1842

One who walks in harmony with the Will of the True Guru, is blended with the Lord.

1245 : 1843

The Messenger of Death cannot even see him; his heart is illumined with God's Light.

1245 : 1844

O Nanak, God forgives him, and blends him with Himself; he does not rot away in the womb of reincarnation ever again. ||20||

1245 : 1845

Shalok, First Mehl:

1245 : 1846

Those who have truth as their fast, contentment as their sacred shrine of pilgrimage, spiritual wisdom and meditation as their cleansing bath,

1245 : 1847

kindness as their deity, and forgiveness as their chanting beads – they are the most excellent people.

1245 : 1848

Those who take the Way as their loincloth, and intuitive awareness their ritualistically purified enclosure, with good deeds their ceremonial forehead mark,

1245 : 1849

and love their food – O Nanak, they are very rare. ||1||

1245 : 1850

Third Mehl:

1245 : 1851

On the ninth day of the month, make a vow to speak the Truth,

1245 : 1852

and your sexual desire, anger and desire shall be eaten up.

1245 : 1853

On the tenth day, regulate your ten doors; on the eleventh day, know that the Lord is One.

1245 : 1854

On the twelfth day, the five thieves are subdued, and then, O Nanak, the mind is pleased and appeased.

1245 : 1855

Observe such a fast as this, O Pandit, O religious scholar; of what use are all the other teachings? ||2||

1245 : 1856

Pauree:

1245 : 1857

Kings, rulers and monarchs enjoy pleasures and gather the poison of Maya.

1245 : 1858

In love with it, they collect more and more, stealing the wealth of others.

1245 : 1859

They do not trust their own children or spouses; they are totally attached to the love of Maya.

1245 : 1860

But even as they look on, Maya cheats them, and they come to regret and repent.

1245 : 1861

Bound and gagged at Death's door, they are beaten and punished; O Nanak, it pleases the Will of the Lord. ||21||

1245 : 1862

Shalok, First Mehl:

1245 : 1863

The one who lacks spiritual wisdom sings religious songs.

1245 : 1864

The hungry Mullah turns his home into a mosque.

1245 : 1865

The lazy unemployed has his ears pierced to look like a Yogi.

1245 : 1866

Someone else becomes a pan–handler, and loses his social status.

1245 : 1867

One who calls himself a guru or a spiritual teacher, while he goes around begging

1245 : 1868

– don't ever touch his feet.

1245 : 1869

One who works for what he eats, and gives some of what he has

1245 : 1870

– O Nanak, he knows the Path. ||1||

-- Raag Saarang – Part 049 --

Raag Saarang – Part 050

1246 : 1871

First Mehl:

1246 : 1872

Those mortals whose minds are like deep dark pits do not understand the purpose of life, even when it is explained to them.

1246 : 1873

Their minds are blind, and their heart–lotuses are upside–down; they look totally ugly.

1246 : 1874

Some know how to speak, and understand what they are told. They are wise and beautiful.

1246 : 1875

Some do not understand about the Sound–current of the Naad or the Vedas, music, virtue or vice.

1246 : 1876

Some are not blessed with understanding, intelligence, or sublime intellect; they do not grasp the mystery of God's Word.

1246 : 1877

O Nanak, they are donkeys; they are very proud of themselves, but they have no virtues at all. ||2||

1246 : 1878

Pauree:

1246 : 1879

To the Gurmukh, everything is sacred: wealth, property, Maya.

1246 : 1880

Those who spend the wealth of the Lord find peace through giving.

1246 : 1881

Those who meditate on the Lord's Name shall never be deprived.

1246 : 1882

The Gurmukhs come to see the Lord, and leave behind the things of Maya.

1246 : 1883

O Nanak, the devotees do not think of anything else; they are absorbed in the Name of the Lord. ||22||

1246 : 1884

Shalok, Fourth Mehl:

1246 : 1885

Those who serve the True Guru are very fortunate.

1246 : 1886

They are lovingly attuned to the True Shabad, the Word of the One God.

1246 : 1887

In their own household and family, they are in natural Samaadhi.

1246 : 1888

O Nanak, those who are attuned to the Naam are truly detached from the world. ||1||

1246 : 1889

Fourth Mehl:

1246 : 1890

Calculated service is not service at all, and what is done is not approved.

1246 : 1891

The flavor of the Shabad, the Word of God, is not tasted if the mortal is not in love with the True Lord God.

1246 : 1892

The stubborn-minded person does not even like the True Guru; he comes and goes in reincarnation.

1246 : 1893

He takes one step forward, and ten steps back.

1246 : 1894

The mortal works to serve the True Guru, if he walks in harmony with the True Guru's Will.

1246 : 1895

He loses his self-conceit, and meets the True Guru; he remains intuitively absorbed in the Lord.

1246 : 1896

O Nanak, they never forget the Naam, the Name of the Lord; they are united in Union with the True Lord. ||2||

1246 : 1897

Pauree:

1246 : 1898

They call themselves emperors and rulers, but none of them will be allowed to stay.

1246 : 1899

Their sturdy forts and mansions – none of them will go along with them.

1246 : 1900

Their gold and horses, fast as the wind, are cursed, and cursed are their clever tricks.

1246 : 1901

Eating the thirty–six delicacies, they become bloated with pollution.

1246 : 1902

O Nanak, the self–willed manmukh does not know the One who gives, and so he suffers in pain. ||23||

1246 : 1903

Shalok, Third Mehl:

1246 : 1904

The Pandits, the religious scholars and the silent sages read and recite until they get tired. They wander through foreign lands in their religious robes, until they are exhausted.

1246 : 1905

In love with duality, they never receive the Name. Held in the grasp of pain, they suffer terribly.

1246 : 1906

The blind fools serve the three gunas, the three dispositions; they deal only with Maya.

1246 : 1907

With deception in their hearts, the fools read sacred texts to fill their bellies.

1246 : 1908

One who serves the True Guru finds peace; he eradicates egotism from within.

1246 : 1909

O Nanak, there is One Name to chant and dwell on; how rare are those who reflect on this and understand. ||1||

1246 : 1910

Third Mehl:

1246 : 1911

Naked we come, and naked we go. This is by the Lord's Command; what else can we do?

1246 : 1912

The object belongs to Him; He shall take it away; with whom should one be angry.

1246 : 1913

One who becomes Gurmukh accepts God's Will; he intuitively drinks in the Lord's sublime essence.

1246 : 1914

O Nanak, praise the Giver of peace forever; with your tongue, savor the Lord. ||2||

-- Raag Saarang – Part 050 --

Raag Saarang – Part 051

1247 : 1915

Pauree:

1247 : 1916

The fortress of the body has been decorated and adorned in so many ways.

1247 : 1917

The wealthy wear beautiful silk robes of various colors.

1247 : 1918

They hold elegant and beautiful courts, on red and white carpets.

1247 : 1919

But they eat in pain, and in pain they seek pleasure; they are very proud of their pride.

1247 : 1920

O Nanak, the mortal does not even think of the Name, which shall deliver him in the end.
||24||

1247 : 1921

Shalok, Third Mehl:

1247 : 1922

She sleeps in intuitive peace and poise, absorbed in the Word of the Shabad.

1247 : 1923

God hugs her close in His Embrace, and merges her into Himself.

1247 : 1924

Duality is eradicated with intuitive ease.

1247 : 1925

The Naam comes to abide in her mind.

1247 : 1926

He hugs close in His Embrace those who shatter and reform their beings.

1247 : 1927

O Nanak, those who are predestined to meet Him, come and meet Him now. ||1||

1247 : 1928

Third Mehl:

1247 : 1929

Those who forget the Naam, the Name of the Lord – so what if they chant other chants?

1247 : 1930

They are maggots in manure, plundered by the thief of worldly entanglements.

1247 : 1931

O Nanak, never forget the Naam; greed for anything else is false. ||2||

1247 : 1932

Pauree:

1247 : 1933

Those who praise the Naam, and believe in the Naam, are eternally stable in this world.

1247 : 1934

Within their hearts, they dwell on the Lord, and nothing else at all.

1247 : 1935

With each and every hair, they chant the Lord's Name, each and every instant, the Lord.

1247 : 1936

The birth of the Gurmukh is fruitful and certified; pure and unstained, his filth is washed away.

1247 : 1937

O Nanak, meditating on the Lord of eternal life, the status of immortality is obtained. ||25||

1247 : 1938

Shalok, Third Mehl:

1247 : 1939

Those who forget the Naam and do other things,

1247 : 1940

O Nanak, will be bound and gagged and beaten in the City of Death, like the thief caught red-handed. ||1||

1247 : 1941

Fifth Mehl:

1247 : 1942

The earth is beautiful, and the sky is lovely, chanting the Name of the Lord.

1247 : 1943

O Nanak, those who lack the Naam – their carcasses are eaten by the crows. ||2||

1247 : 1944

Pauree:

1247 : 1945

Those who lovingly praise the Naam, and dwell in the mansion of the self deep within,

1247 : 1946

do not enter into reincarnation ever again; they shall never be destroyed.

1247 : 1947

They remain immersed and absorbed in the love of the Lord, with every breath and morsel of food.

1247 : 1948

The color of the Lord's Love never fades away; the Gurmukhs are enlightened.

1247 : 1949

Granting His Grace, He unites them with Himself; O Nanak, the Lord keeps them by His side. ||26||

1247 : 1950

Shalok, Third Mehl:

1247 : 1951

As long as his mind is disturbed by waves, he is caught in ego and egotistical pride.

1247 : 1952

He does not find the taste of the Shabad, and he does not embrace love for the Name.

1247 : 1953

His service is not accepted; worrying and worrying, he wastes away in misery.

1247 : 1954

O Nanak, he alone is called a selfless servant, who cuts off his head, and offers it to the Lord.

1247 : 1955

He accepts the Will of the True Guru, and enshrines the Shabad within his heart. ||1||

1247 : 1956

Third Mehl:

1247 : 1957

That is chanting and meditation, work and selfless service, which is pleasing to our Lord and Master.

1247 : 1958

The Lord Himself forgives, and takes away self-conceit, and unites the mortals with Himself.

1247 : 1959

United with the Lord, the mortal is never separated again; his light merges into the Light.

1247 : 1960

O Nanak, by Guru's Grace, the mortal understands, when the Lord allows him to understand. ||2||

1247 : 1961

Pauree:

1247 : 1962

All are held accountable, even the egotistical self-willed manmukhs.

1247 : 1963

They never even think of the Name of the Lord; the Messenger of Death shall hit them on their heads.

-- Raag Saarang – Part 051 --

Raag Saarang – Part 052

1248 : 1964

Their sin and corruption are like rusty slag; they carry such a heavy load.

1248 : 1965

The path is treacherous and terrifying; how can they cross over to the other side?

1248 : 1966

O Nanak, those whom the Guru protects are saved. They are saved in the Name of the Lord. ||27||

1248 : 1967

Shalok, Third Mehl:

1248 : 1968

Without serving the True Guru, no one finds peace; mortals die and are reborn, over and over again.

1248 : 1969

They have been given the drug of emotional attachment; in love with duality, they are totally corrupt.

1248 : 1970

Some are saved, by Guru's Grace. Everyone humbly bows before such humble beings.

1248 : 1971

O Nanak, meditate on the Naam, deep within yourself, day and night. You shall find the Door of Salvation. ||1||

1248 : 1972

Third Mehl:

1248 : 1973

Emotionally attached to Maya, the mortal forgets truth, death and the Name of the Lord.

1248 : 1974

Engaged in worldly affairs, his life wastes away; deep within himself, he suffers in pain.

1248 : 1975

O Nanak, those who have the karma of such pre-ordained destiny, serve the True Guru and find peace. ||2||

1248 : 1976

Pauree:

1248 : 1977

Read the account of the Name of the Lord, and you shall never again be called to account.

1248 : 1978

No one will question you, and you will always be safe in the Court of the Lord.

1248 : 1979

The Messenger of Death will meet you, and be your constant servant.

1248 : 1980

Through the Perfect Guru, you shall find the Mansion of the Lord's Presence. You shall be famous throughout the world.

1248 : 1981

O Nanak, the unstruck celestial melody vibrates at your door; come and merge with the Lord. ||28||

1248 : 1982

Shalok, Third Mehl:

1248 : 1983

Whoever follows the Guru's Teachings, attains the most sublime peace of all peace.

1248 : 1984

Acting in accordance with the Guru, his fear is cut away; O Nanak, he is carried across. ||1||

1248 : 1985

Third Mehl:

1248 : 1986

The True Lord does not grow old; His Naam is never dirtied.

1248 : 1987

Whoever walks in harmony with the Guru's Will, shall not be reborn again.

1248 : 1988

O Nanak, those who forget the Naam, come and go in reincarnation. ||2||

1248 : 1989

Pauree:

1248 : 1990

I am a beggar; I ask this blessing of You: O Lord, please embellish me with Your Love.

1248 : 1991

I am so thirsty for the Blessed Vision of the Lord's Darshan; His Darshan brings me satisfaction.

1248 : 1992

I cannot live for a moment, for even an instant, without seeing Him, O my mother.

1248 : 1993

The Guru has shown me that the Lord is always with me; He is permeating and pervading all places.

1248 : 1994

He Himself wakes the sleepers, O Nanak, and lovingly attunes them to Himself. ||29||

1248 : 1995

Shalok, Third Mehl:

1248 : 1996

The self-willed manmukhs do not even know how to speak. They are filled with sexual desire, anger and egotism.

1248 : 1997

They do not know the difference between good and bad; they constantly think of corruption.

1248 : 1998

In the Lord's Court, they are called to account, and they are judged to be false.

1248 : 1999

He Himself creates the Universe. He Himself contemplates it.

1248 : 2000

O Nanak, whom should we tell? The True Lord is permeating and pervading all. ||1||

1248 : 2001

Third Mehl:

1248 : 2002

The Gurmukhs worship and adore the Lord; they receive the good karma of their actions.

1248 : 2003

O Nanak, I am a sacrifice to those whose minds are filled with the Lord. ||2||

1248 : 2004

Pauree:

1248 : 2005

All people cherish hope, that they will live long lives.

1248 : 2006

They wish to live forever; they adorn and embellish their forts and mansions.

1248 : 2007

By various frauds and deceptions, they steal the wealth of others.

1248 : 2008

But the Messenger of Death keeps his gaze on their breath, and the life of those goblins decreases day by day.

— Raag Saarang – Part 052 —

Raag Saarang – Part 053

1249 : 2009

Nanak has come to the Sanctuary of the Guru, and is saved. The Guru, the Lord, is his Protector. ||30||

1249 : 2010

Shalok, Third Mehl:

1249 : 2011

Reading and writing, the Pandits engage in debates and disputes; they are attached to the flavors of Maya.

1249 : 2012

In the love of duality, they forget the Naam. Those foolish mortals shall receive their punishment.

1249 : 2013

They do not serve the One who created them, who gives sustenance to all.

1249 : 2014

The noose of Death around their necks is not cut off; they come and go in reincarnation, over and over again.

1249 : 2015

The True Guru comes and meets those who have such pre-ordained destiny.

1249 : 2016

Night and day, they meditate on the Naam, the Name of the Lord; O Nanak, they merge into the True Lord. ||1||

1249 : 2017

Third Mehl:

1249 : 2018

Those Gurmukhs who fall at His Feet deal with the True Lord and serve the True Lord.

1249 : 2019

O Nanak, those who walk in harmony with the Guru's Will are intuitively absorbed in the True Lord. ||2||

1249 : 2020

Pauree:

1249 : 2021

In hope, there is very great pain; the self-willed manmukh focuses his consciousness on it.

1249 : 2022

The Gurmukhs become desireless, and attain supreme peace.

1249 : 2023

In the midst of their household, they remain detached; they are lovingly attuned to the Detached Lord.

1249 : 2024

Sorrow and separation do not cling to them at all. They are pleased with the Lord's Will.

1249 : 2025

O Nanak, they remain forever immersed in the Primal Lord, who blends them with Himself. ||31||

1249 : 2026

Shalok, Third Mehl:

1249 : 2027

Why keep what is held in trust for another? Giving it back, peace is found.

1249 : 2028

The Word of the Guru's Shabad rests in the Guru; it does not appear through anyone else.

1249 : 2029

The blind man finds a jewel, and goes from house to house selling it.

1249 : 2030

But they cannot appraise it, and they do not offer him even half a shell for it.

1249 : 2031

If he cannot appraise it himself, then he should have it appraised by an appraiser.

1249 : 2032

If he focuses his consciousness, then he obtains the true object, and he is blessed with the nine treasures.

1249 : 2033

The wealth is within the house, while the world is dying of hunger. Without the True Guru, no one has a clue.

1249 : 2034

When the cooling and soothing Shabad comes to dwell in the mind and body, there is no sorrow or separation there.

1249 : 2035

The object belongs to someone else, but the fool is proud of it, and shows his shallow nature.

1249 : 2036

O Nanak, without understanding, no one obtains it; they come and go in reincarnation, over and over again. ||1||

1249 : 2037

Third Mehl:

1249 : 2038

My mind is in ecstasy; I have met my Beloved Lord. My beloved friends, the Saints, are delighted.

1249 : 2039

Those who are united with the Primal Lord shall never be separated again. The Creator has united them with Himself.

1249 : 2040

The Shabad permeates my inner being, and I have found the Guru; all my sorrows are dispelled.

1249 : 2041

I praise forever the Lord, the Giver of peace; I keep Him enshrined deep within my heart.

1249 : 2042

How can the self-willed manmukh gossip about those who are embellished and exalted in the True Word of the Shabad?

1249 : 2043

My Beloved Himself preserves the honor of those who have come to the Guru's Door seeking Sanctuary.

1249 : 2044

O Nanak, the Gurmukhs are filled with joy; their faces are radiant in the Court of the Lord.
||2||

1249 : 2045

Pauree:

1249 : 2046

The husband and wife are very much in love; joining together, their love increases.

1249 : 2047

Gazing on his children and his wife, the man is pleased and attached to Maya.

1249 : 2048

Stealing the wealth of his own country and other lands, he brings it home and feeds them.

--- Raag Saarang – Part 053 ---

Raag Saarang – Part 054

1250 : 2049

In the end, hatred and conflict well up, and no one can save him.

1250 : 2050

O Nanak, without the Name, those loving attachments are cursed; engrossed in them, he suffers in pain. ||32||

1250 : 2051

Shalok, Third Mehl:

1250 : 2052

The Guru's Word is the Ambrosial Nectar of the Naam. Eating it, all hunger departs.

1250 : 2053

There is no thirst or desire at all, when the Naam comes to dwell in the mind.

1250 : 2054

Eating anything other than the Name, disease runs to afflict the body.

1250 : 2055

O Nanak, whoever takes the Praise of the Shabad as his spices and flavors – the Lord unites him in His Union. ||1||

1250 : 2056

Third Mehl:

1250 : 2057

The life within all living beings is the Word of the Shabad. Through it, we meet our Husband

Lord.

1250 : 2058

Without the Shabad, the world is in darkness. Through the Shabad, it is enlightened.

1250 : 2059

The Pandits, the religious scholars, and the silent sages read and write until they are weary. The religious fanatics are tired of washing their bodies.

1250 : 2060

Without the Shabad, no one attains the Lord; the miserable depart weeping and wailing.

1250 : 2061

O Nanak, by His Glance of Grace, the Merciful Lord is attained. ||2||

1250 : 2062

Pauree:

1250 : 2063

The husband and wife are very much in love; sitting together, they make evil plans.

1250 : 2064

All that is seen shall pass away. This is the Will of my God.

1250 : 2065

How can anyone remain in this world forever? Some may try to devise a plan.

1250 : 2066

Working for the Perfect Guru, the wall becomes permanent and stable.

1250 : 2067

O Nanak, the Lord forgives them, and merges them into Himself; they are absorbed in the Lord's Name. ||33||

1250 : 2068

Shalok, Third Mehl:

1250 : 2069

Attached to Maya, the mortal forgets the Fear of God and Guru, and love for the Infinite Lord.

1250 : 2070

The waves of greed take away his wisdom and understanding, and he does not embrace love for the True Lord.

1250 : 2071

The Word of the Shabad abides in the mind of the Gurmukhs, who find the Gate of Salvation.

1250 : 2072

O Nanak, the Lord Himself forgives them, and unites them in Union with Himself. ||1||

1250 : 2073

Fourth Mehl:

1250 : 2074

O Nanak, without Him, we could not live for a moment. Forgetting Him, we could not succeed for an instant.

1250 : 2075

O mortal, how can you be angry with the One who cares for you? ||2||

1250 : 2076

Fourth Mehl:

1250 : 2077

The rainy season of Saawan has come. The Gurmukh meditates on the Lord's Name.

1250 : 2078

All pain, hunger and misfortune end, when the rain falls in torrents.

1250 : 2079

The entire earth is rejuvenated, and the grain grows in abundance.

1250 : 2080

The Carefree Lord, by His Grace, summons that mortal whom the Lord Himself approves.

1250 : 2081

So meditate on the Lord, O Saints; He shall save you in the end.

1250 : 2082

The Kirtan of the Lord's Praises and devotion to Him is bliss; peace shall come to dwell in the mind.

1250 : 2083

Those Gurmukhs who worship the Naam, the Name of the Lord – their pain and hunger departs.

1250 : 2084

Servant Nanak is satisfied, singing the Glorious Praises of the Lord. Please embellish him with the Blessed Vision of Your Darshan. ||3||

1250 : 2085

Pauree:

1250 : 2086

The Perfect Guru bestows His gifts, which increase day by day.

1250 : 2087

The Merciful Lord Himself bestows them; they cannot be concealed by concealment.

1250 : 2088

The heart–lotus blossoms forth, and the mortal is lovingly absorbed in the state of supreme bliss.

1250 : 2089

If anyone tries to challenge him, the Lord throws dust on his head.

1250 : 2090

O Nanak, no one can equal the glory of the Perfect True Guru. ||34||

-- Raag Saarang – Part 054 --

Raag Saarang – Part 055

1251 : 2091

Shalok, Third Mehl:

1251 : 2092

The Order of the Lord is beyond challenge. Clever tricks and arguments will not work against it.

1251 : 2093

So abandon your self-conceit, and take to His Sanctuary; accept the Order of His Will.

1251 : 2094

The Gurmukh eliminates self-conceit from within himself; he shall not be punished by the Messenger of Death.

1251 : 2095

O Nanak, he alone is called a selfless servant, who remains lovingly attuned to the True Lord. ||1||

1251 : 2096

Third Mehl:

1251 : 2097

All gifts, light and beauty are Yours.

1251 : 2098

Excessive cleverness and egotism are mine.

1251 : 2099

The mortal performs all sorts of rituals in greed and attachment; engrossed in egotism, he shall never escape the cycle of reincarnation.

1251 : 2100

O Nanak, the Creator Himself inspires all to act. Whatever pleases Him is good. ||2||

1251 : 2101

Pauree, Fifth Mehl:

1251 : 2102

Let Truth be your food, and Truth your clothes, and take the Support of the True Name.

1251 : 2103

The True Guru shall lead you to meet God, the Great Giver.

1251 : 2104

When perfect destiny is activated, the mortal meditates on the Formless Lord.

1251 : 2105

Joining the Saadh Sangat, the Company of the Holy, you shall cross over the world-ocean.

1251 : 2106

O Nanak, chant God's Praises, and celebrate His Victory. ||35||

1251 : 2107

Shalok, Fifth Mehl:

1251 : 2108

In Your Mercy, You care for all beings and creatures.

1251 : 2109

You produce corn and water in abundance; You eliminate pain and poverty, and carry all beings across.

1251 : 2110

The Great Giver listened to my prayer, and the world has been cooled and comforted.

1251 : 2111

Take me into Your Embrace, and take away all my pain.

1251 : 2112

Nanak meditates on the Naam, the Name of the Lord; the House of God is fruitful and prosperous. ||1||

1251 : 2113

Fifth Mehl:

1251 : 2114

Rain is falling from the clouds – it is so beautiful! The Creator Lord issued His Order.

1251 : 2115

Grain has been produced in abundance; the world is cooled and comforted.

1251 : 2116

The mind and body are rejuvenated, meditating in remembrance on the Inaccessible and Infinite Lord.

1251 : 2117

O my True Creator Lord God, please shower Your Mercy on me.

1251 : 2118

He does whatever He pleases; Nanak is forever a sacrifice to Him. ||2||

1251 : 2119

Pauree:

1251 : 2120

The Great Lord is Inaccessible; His glorious greatness is glorious!

1251 : 2121

Gazing upon Him through the Word of the Guru's Shabad, I blossom forth in ecstasy; tranquility comes to my inner being.

1251 : 2122

All by Himself, He Himself is pervading everywhere, O Siblings of Destiny.

1251 : 2123

He Himself is the Lord and Master of all. He has subdued all, and all are under the Hukam of His Command.

1251 : 2124

O Nanak, the Lord does whatever He pleases. Everyone walks in harmony with His Will.
||36||1||

1251 : 2125

SUDH||

1251 : 2126

Raag Saarang, The Word Of The Devotees.

1251 : 2127

Kabeer Jee:

1251 : 2128

One Universal Creator God. By The Grace Of The True Guru:

1251 : 2129

O mortal, why are you so proud of small things?

1251 : 2130

With a few pounds of grain and a few coins in your pocket, you are totally puffed up with pride. ||1||Pause||

1251 : 2131

With great pomp and ceremony, you control a hundred villages, with an income of hundreds of thousands of dollars.

1251 : 2132

The power you exert will last for only a few days, like the green leaves of the forest. ||1||

1251 : 2133

No one has brought this wealth with him, and no one will take it with him when he goes.

1251 : 2134

Emperors, even greater than Raawan, passed away in an instant. ||2||

-- Raag Saarang – Part 055 --

Raag Saarang – Part 056

1252 : 2135

The Lord's Saints are steady and stable forever; they worship and adore Him, and chant the Lord's Name.

1252 : 2136

Those who are mercifully blessed by the Lord of the Universe, join the Sat Sangat, the True Congregation. ||3||

1252 : 2137

Mother, father, spouse, children and wealth will not go along with you in the end.

1252 : 2138

Says Kabeer, meditate and vibrate on the Lord, O madman. Your life is uselessly wasting away. ||4||1||

1252 : 2139

I do not know the limits of Your Royal Ashram.

1252 : 2140

I am the humble slave of Your Saints. ||1||Pause||

1252 : 2141

The one who goes laughing returns crying, and the one who goes crying returns laughing.

1252 : 2142

What is inhabited becomes deserted, and what is deserted becomes inhabited. ||1||

1252 : 2143

The water turns into a desert, the desert turns into a well, and the well turns into a mountain.

1252 : 2144

From the earth, the mortal is exalted to the Akaashic ethers; and from the ethers on high, he is thrown down again. ||2||

1252 : 2145

The beggar is transformed into a king, and the king into a beggar.

1252 : 2146

The idiotic fool is transformed into a Pandit, a religious scholar, and the Pandit into a fool. ||3||

1252 : 2147

The woman is transformed into a man, and the men into women.

1252 : 2148

Says Kabeer, God is the Beloved of the Holy Saints. I am a sacrifice to His image. ||4||2||

1252 : 2149

Saarang, The Word Of Naam Dayv Jee:

1252 : 2150

One Universal Creator God. By The Grace Of The True Guru:

1252 : 2151

O mortal, why are you going into the forest of corruption?

1252 : 2152

You have been misled into eating the toxic drug. ||1||Pause||

1252 : 2153

You are like a fish living in the water;

1252 : 2154

you do not see the net of death.

1252 : 2155

Trying to taste the flavor, you swallow the hook.

1252 : 2156

You are bound by attachment to wealth and woman. ||1||

1252 : 2157

The bee stores up loads of honey;

1252 : 2158

then someone comes and takes the honey, and throws dust in its mouth.

1252 : 2159

The cow stores up loads of milk;

1252 : 2160

then the milkman comes and ties it by its neck and milks it. ||2||

1252 : 2161

For the sake of Maya, the mortal works very hard.

1252 : 2162

He takes the wealth of Maya, and buries it in the ground.

1252 : 2163

He acquires so much, but the fool does not appreciate it.

1252 : 2164

His wealth remains buried in the ground, while his body turns to dust. ||3||

1252 : 2165

He burns in tremendous sexual desire, unresolved anger and desire.

1252 : 2166

He never joins the Saadh Sangat, the Company of the Holy.

1252 : 2167

Says Naam Dayv, seek God's Shelter;

1252 : 2168

be fearless, and vibrate on the Lord God. ||4||1||

1252 : 2169

Why not make a bet with me, O Lord of Wealth?

1252 : 2170

From the master comes the servant, and from the servant, comes the master. This is the game I play with You. ||1||Pause||

1252 : 2171

You Yourself are the deity, and You are the temple of worship. You are the devoted worshipper.

1252 : 2172

From the water, the waves rise up, and from the waves, the water. They are only different by figures of speech. ||1||

1252 : 2173

You Yourself sing, and You Yourself dance. You Yourself blow the bugle.

1252 : 2174

Says Naam Dayv, You are my Lord and Master. Your humble servant is imperfect; You are perfect. ||2||2||

1252 : 2175

Says God: my slave is devoted only to me; he is in my very image.

1252 : 2176

The sight of him, even for an instant, cures the three fevers; his touch brings liberation from the deep dark pit of household affairs. ||1||Pause||

1252 : 2177

The devotee can release anyone from my bondage, but I cannot release anyone from his.

--- Raag Saarang – Part 056 ---

Raag Saarang – Part 057

1253 : 2178

If, at any time, he grabs and binds me, even then, I cannot protest. ||1||

1253 : 2179

I am bound by virtue; I am the Life of all. My slaves are my very life.

1253 : 2180

Says Naam Dayv, as is the quality of his soul, so is my love which illuminates him. ||2||3||

1253 : 2181

Saarang:

1253 : 2182

One Universal Creator God. By The Grace Of The True Guru:

1253 : 2183

So what have you accomplished by listening to the Puraanas?

1253 : 2184

Faithful devotion has not welled up within you, and you have not been inspired to give to the hungry. ||1||Pause||

1253 : 2185

You have not forgotten sexual desire, and you have not forgotten anger; greed has not left you either.

1253 : 2186

Your mouth has not stopped slandering and gossiping about others. Your service is useless

and fruitless. ||1||

1253 : 2187

By breaking into the houses of others and robbing them, you fill your belly, you sinner.

1253 : 2188

But when you go to the world beyond, your guilt will be well known, by the acts of ignorance which you committed. ||2||

1253 : 2189

Cruelty has not left your mind; you have not cherished kindness for other living beings.

1253 : 2190

Parmaanand has joined the Saadh Sangat, the Company of the Holy. Why have you not followed the sacred teachings? ||3||1||6||

1253 : 2191

O mind, do not even associate with those who have turned their backs on the Lord.

1253 : 2192

Saarang, Fifth Mehl, Sur Daas:

1253 : 2193

One Universal Creator God. By The Grace Of The True Guru:

1253 : 2194

The people of the Lord dwell with the Lord.

1253 : 2195

They dedicate their minds and bodies to Him; they dedicate everything to Him. They are intoxicated with the celestial melody of intuitive ecstasy. ||1||Pause||

1253 : 2196

Gazing upon the Blessed Vision of the Lord's Darshan, they are cleansed of corruption.
They obtain absolutely everything.

1253 : 2197

They have nothing to do with anything else; they gaze on the beautiful Face of God. ||1||

1253 : 2198

But one who forsakes the elegantly beautiful Lord, and harbors desire for anything else, is
like a leech on the body of a leper.

1253 : 2199

Says Sur Daas, God has taken my mind in His Hands. He has blessed me with the world
beyond. ||2||1||8||

1253 : 2200

Sarang, Kabeer Jee:

1253 : 2201

One Universal Creator God. By The Grace Of The True Guru:

1253 : 2202

Other than the Lord, who is the Help and Support of the mind?

1253 : 2203

Love and attachment to mother, father, sibling, child and spouse, is all just an illusion.
||1||Pause||

1253 : 2204

So build a raft to the world hereafter; what faith do you place in wealth?

1253 : 2205

What confidence do you place in this fragile vessel; it breaks with the slightest stroke. ||1||

1253 : 2206

You shall obtain the rewards of all righteousness and goodness, if you desire to be the dust of all.

1253 : 2207

Says Kabeer, listen, O Saints: this mind is like the bird, flying above the forest. ||2||1||9||

-- Raag Saarang --