



English translation of Holy Guru Granth Sahib (Part 19)

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Credits

English translation of
Holy Guru Granth Sahib (19 Raag Soohee)

by
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Raag Soohee – Part 001

728 : 1

One Universal Creator God. Truth Is The Name. Creative Being Personified. No Fear. No Hatred. Image Of The Undying. Beyond Birth. Self-Existent. By Guru's Grace:

728 : 2

Raag Soohee, First Mehl, Chau-Padas, First House:

728 : 3

Wash the vessel, sit down and anoint it with fragrance; then, go out and get the milk.

728 : 4

Add the rennet of clear consciousness to the milk of good deeds, and then, free of desire, let it curdle. ||1||

728 : 5

Chant the Name of the One Lord.

728 : 6

All other actions are fruitless. ||1||Pause||

728 : 7

Let your mind be the handles, and then churn it, without sleeping.

728 : 8

If you chant the Naam, the Name of the Lord ,with your tongue, then the curd will be churned. In this way, the Ambrosial Nectar is obtained. ||2||

728 : 9

Wash your mind in the pool of Truth, and let it be the vessel of the Lord; let this be your offering to please Him.

728 : 10

That humble servant who dedicates and offers his life, and who serves in this way, remains absorbed in his Lord and Master. ||3||

728 : 11

The speakers speak and speak and speak, and then they depart. There is no other to compare to You.

728 : 12

Servant Nanak, lacking devotion, humbly prays: may I sing the Praises of the True Lord. ||4||1||

728 : 13

Soohee, First Mehl, Second House:

728 : 14

One Universal Creator God. By The Grace Of The True Guru:

728 : 15

Deep within the self, the Lord abides; do not go outside looking for Him.

728 : 16

You have renounced the Ambrosial Nectar – why are you eating poison? ||1||

728 : 17

Meditate on such spiritual wisdom, O my mind,

728 : 18

and become the slave of the True Lord. ||1||Pause||

728 : 19

Everyone speaks of wisdom and meditation;

728 : 20

but bound in bondage, the whole world is wandering around in confusion. ||2||

728 : 21

One who serves the Lord is His servant.

728 : 22

The Lord is pervading and permeating the water, the land, and the sky. ||3||

728 : 23

I am not good; no one is bad.

728 : 24

Prays Nanak, He alone saves us! ||4||1||2||

— Raag Soohee – Part 001 —

Raag Soohee – Part 002

729 : 25

Soohee, First Mehl, Sixth House:

729 : 26

One Universal Creator God. By The Grace Of The True Guru:

729 : 27

Bronze is bright and shiny, but when it is rubbed, its blackness appears.

729 : 28

Washing it, its impurity is not removed, even if it is washed a hundred times. ||1||

729 : 29

They alone are my friends, who travel along with me;

729 : 30

and in that place, where the accounts are called for, they appear standing with me.
||1||Pause||

729 : 31

There are houses, mansions and tall buildings, painted on all sides;

729 : 32

but they are empty within, and they crumble like useless ruins. ||2||

729 : 33

The herons in their white feathers dwell in the sacred shrines of pilgrimage.

729 : 34

They tear apart and eat the living beings, and so they are not called white. ||3||

729 : 35

My body is like the simmal tree; seeing me, other people are fooled.

729 : 36

Its fruits are useless – just like the qualities of my body. ||4||

729 : 37

The blind man is carrying such a heavy load, and his journey through the mountains is so long.

729 : 38

My eyes can see, but I cannot find the Way. How can I climb up and cross over the mountain? ||5||

729 : 39

What good does it do to serve, and be good, and be clever?

729 : 40

O Nanak, contemplate the Naam, the Name of the Lord, and you shall be released from bondage. ||6||1||3||

729 : 41

Soohee, First Mehl:

729 : 42

Build the raft of meditation and self-discipline, to carry you across the river.

729 : 43

There will be no ocean, and no rising tides to stop you; this is how comfortable your path shall be. ||1||

729 : 44

Your Name alone is the color, in which the robe of my body is dyed. This color is permanent, O my Beloved. ||1||Pause||

729 : 45

My beloved friends have departed; how will they meet the Lord?

729 : 46

If they have virtue in their pack, the Lord will unite them with Himself. ||2||

729 : 47

Once united with Him, they will not be separated again, if they are truly united.

729 : 48

The True Lord brings their comings and goings to an end. ||3||

729 : 49

One who subdues and eradicates egotism, sews the robe of devotion.

729 : 50

Following the Word of the Guru's Teachings, she receives the fruits of her reward, the Ambrosial Words of the Lord. ||4||

729 : 51

Says Nanak, O soul-brides, our Husband Lord is so dear!

729 : 52

We are the servants, the hand–maidens of the Lord; He is our True Lord and Master.
||5||2||4||

729 : 53

Soohee, First Mehl:

729 : 54

Those whose minds are filled with love of the Lord, are blessed and exalted.

729 : 55

They are blessed with peace, and their pains are forgotten.

729 : 56

He will undoubtedly, certainly save them. ||1||

729 : 57

The Guru comes to meet those whose destiny is so pre–ordained.

729 : 58

He blesses them with the Teachings of the Ambrosial Name of the Lord.

729 : 59

Those who walk in the Will of the True Guru, never wander begging. ||2||

729 : 60

And one who lives in the Mansion of the Lord's Presence, why should he bow down to any other?

729 : 61

The gate–keeper at the Lord's Gate shall not stop him to ask any questions.

729 : 62

And one who is blessed with the Lord's Glance of Grace – by his words, others are emancipated as well. ||3||

729 : 63

The Lord Himself sends out, and recalls the mortal beings; no one else gives Him advice.

729 : 64

He Himself demolishes, constructs and creates; He knows everything.

729 : 65

O Nanak, the Naam, the Name of the Lord is the blessing, given to those who receive His Mercy, and His Grace. ||4||3||5||

-- Raag Soohee – Part 002 --

Raag Soohee – Part 003

730 : 66

Soohee, First Mehl:

730 : 67

That vessel alone is pure, which is pleasing to Him.

730 : 68

The filthiest vessel does not become pure, simply by being washed.

730 : 69

Through the Gurdwara, the Guru's Gate, one obtains understanding.

730 : 70

By being washed through this Gate, it becomes pure.

730 : 71

The Lord Himself sets the standards to differentiate between the dirty and the pure.

730 : 72

Do not think that you will automatically find a place of rest hereafter.

730 : 73

According to the actions one has committed, so does the mortal become.

730 : 74

He Himself bestows the Ambrosial Name of the Lord.

730 : 75

Such a mortal departs with honor and renown; his life is embellished and redeemed, and the trumpets resound with his glory.

730 : 76

Why speak of poor mortals? His glory shall echo throughout the three worlds.

730 : 77

O Nanak, he himself shall be enraptured, and he shall save his entire ancestry. ||1||4||6||

730 : 78

Soohee, First Mehl:

730 : 79

The Yogi practices yoga, and the pleasure–seeker practices eating.

730 : 80

The austere practice austerities, bathing and rubbing themselves at sacred shrines of pilgrimage. ||1||

730 : 81

Let me hear some news of You, O Beloved; if only someone would come and sit with me, and tell me. ||1||Pause||

730 : 82

As one plants, so does he harvest; whatever he earns, he eats.

730 : 83

In the world hereafter, his account is not called for, if he goes with the insignia of the Lord. ||2||

730 : 84

According to the actions the mortal commits, so is he proclaimed.

730 : 85

And that breath which is drawn without thinking of the Lord, that breath goes in vain. ||3||

730 : 86

I would sell this body, if someone would only purchase it.

730 : 87

O Nanak, that body is of no use at all, if it does not enshrine the Name of the True Lord.
||4||5||7||

730 : 88

Soohee, First Mehl, Seventh House:

730 : 89

One Universal Creator God. By The Grace Of The True Guru:

730 : 90

Yoga is not the patched coat, Yoga is not the walking stick. Yoga is not smearing the body with ashes.

730 : 91

Yoga is not the ear-rings, and not the shaven head. Yoga is not the blowing of the horn.

730 : 92

Remaining unblemished in the midst of the filth of the world – this is the way to attain Yoga.
||1||

730 : 93

By mere words, Yoga is not attained.

730 : 94

One who looks upon all with a single eye, and knows them to be one and the same – he alone is known as a Yogi. ||1||Pause||

730 : 95

Yoga is not wandering to the tombs of the dead; Yoga is not sitting in trances.

730 : 96

Yoga is not wandering through foreign lands; Yoga is not bathing at sacred shrines of pilgrimage.

730 : 97

Remaining unblemished in the midst of the filth of the world – this is the way to attain Yoga. ||2||

730 : 98

Meeting with the True Guru, doubt is dispelled, and the wandering mind is restrained.

730 : 99

Nectar rains down, celestial music resounds, and deep within, wisdom is obtained.

730 : 100

Remaining unblemished in the midst of the filth of the world – this is the way to attain Yoga. ||3||

730 : 101

O Nanak, remain dead while yet alive – practice such a Yoga.

730 : 102

When the horn is blown without being blown, then you shall attain the state of fearless dignity.

730 : 103

Remaining unblemished in the midst of the filth of the world – this is the way to attain Yoga.
||4||1||8||

730 : 104

Soohee, First Mehl:

730 : 105

What scale, what weights, and what assayer shall I call for You, Lord?

730 : 106

From what guru should I receive instruction? By whom should I have Your value appraised?
||1||

-- Raag Soohee – Part 003 --

Raag Soohee – Part 004

731 : 107

O my Dear Beloved Lord, Your limits are not known.

731 : 108

You pervade the water, the land, and the sky; You Yourself are All-pervading. ||1||Pause||

731 : 109

Mind is the scale, consciousness the weights, and the performance of Your service is the appraiser.

731 : 110

Deep within my heart, I weigh my Husband Lord; in this way I focus my consciousness. ||2||

731 : 111

You Yourself are the balance, the weights and the scale; You Yourself are the weigher.

731 : 112

You Yourself see, and You Yourself understand; You Yourself are the trader. ||3||

731 : 113

The blind, low class wandering soul, comes for a moment, and departs in an instant.

731 : 114

In its company, Nanak dwells; how can the fool attain the Lord? ||4||2||9||

731 : 115

Raag Soohee, Fourth Mehl, First House:

731 : 116

One Universal Creator God. By The Grace Of The True Guru:

731 : 117

My mind worships and adores the Lord's Name, through the Guru, and the Word of the Guru's Shabad.

731 : 118

All the desires of my mind and body have been fulfilled; all fear of death has been dispelled. ||1||

731 : 119

O my mind, sing the Glorious Praises of the Lord's Name.

731 : 120

And when the Guru is pleased and satisfied, the mind is instructed; it then joyfully drinks in the subtle essence of the Lord. ||1||Pause||

731 : 121

The Sat Sangat, the True Congregation of the True Guru, is sublime and exalted. They sing the Glorious Praises of the Lord God.

731 : 122

Bless me with Your Mercy, Lord, and unite me with the Sat Sangat; I wash the feet of Your humble servants. ||2||

731 : 123

The Lord's Name is all. The Lord's Name is the essence of the Guru's Teachings, the juice, the sweetness of it.

731 : 124

I have found the Ambrosial Nectar, the Divine Water of the Lord's Name, and all my thirst for it is quenched. ||3||

731 : 125

The Guru, the True Guru, is my social status and honor; I have sold my head to the Guru.

731 : 126

Servant Nanak is called the chaylaa, the disciple of the Guru; O Guru, save the honor of Your servant. ||4||1||

731 : 127

Soohee, Fourth Mehl:

731 : 128

I chant and vibrate the Name of the Lord God, the Supreme Being, Har, Har; my poverty and problems have all been eradicated.

731 : 129

The fear of birth and death has been erased, through the Word of the Guru's Shabad; serving the Unmoving, Unchanging Lord, I am absorbed in peace. ||1||

731 : 130

O my mind, vibrate the Name of the most Beloved, Darling Lord.

731 : 131

I have dedicated my mind and body, and placed them in offering before the Guru; I have sold my head to the Guru, for a very dear price. ||1||Pause||

731 : 132

The kings and the rulers of men enjoy pleasures and delights, but without the Name of the Lord, death seizes and dispatches them all.

731 : 133

The Righteous Judge of Dharma strikes them over the heads with his staff, and when the fruits of their actions come into their hands, then they regret and repent. ||2||

731 : 134

Save me, save me, Lord; I am Your humble servant, a mere worm. I seek the Protection of Your Sanctuary, O Primal Lord, Cherisher and Nourisher.

731 : 135

Please bless me with the Blessed Vision of the Saint's Darshan, that I may find peace. O God, please fulfill the desires of Your humble servant. ||3||

731 : 136

You are the All-powerful, Great, Primal God, my Lord and Master. O Lord, please bless me with the gift of humility.

731 : 137

Servant Nanak has found the Naam, the Name of the Lord, and is at peace; I am forever a sacrifice to the Naam. ||4||2||

731 : 138

Soohee, Fourth Mehl:

731 : 139

The Lord's Name is the Love of the Lord. The Lord's Love is the permanent color.

731 : 140

When the Guru is totally satisfied and pleased, He colors us with the Lord's Love; this color shall never fade away. ||1||

Raag Soohree – Part 005

732 : 141

O my mind, enshrine love for the Name of the Lord.

732 : 142

The Guru, satisfied and pleased, taught me about the Lord, and my Sovereign Lord King met with me at once. ||1||Pause||

732 : 143

The self-willed manmukh is like the ignorant bride, who comes and goes again and again in reincarnation.

732 : 144

The Lord God does not come into her consciousness, and her mind is stuck in the love of duality. ||2||

732 : 145

I am full of filth, and I practice evil deeds; O Lord, save me, be with me, merge me into Your Being!

732 : 146

The Guru has bathed me in the pool of Ambrosial Nectar, and all my dirty sins and mistakes have been washed away. ||3||

732 : 147

O Lord God, Merciful to the meek and the poor, please unite me with the Sat Sangat, the True Congregation.

732 : 148

Joining the Sangat, servant Nanak has obtained the Lord's Love; my mind and body are drenched in it. ||4||3||

732 : 149

Soohee, Fourth Mehl:

732 : 150

One who chants the Name of the Lord, Har, Har, while constantly practicing deception, shall never become pure of heart.

732 : 151

He may perform all sorts of rituals, night and day, but he shall not find peace, even in dreams. ||1||

732 : 152

O wise ones, without the Guru, there is no devotional worship.

732 : 153

The untreated cloth does not take up the dye, no matter how much everyone may wish it. ||1||Pause||

732 : 154

The self-willed manmukh may perform chants, meditations, austere self-discipline, fasts and devotional worship, but his sickness does not go away.

732 : 155

Deep within him is the sickness of excessive egotism; in the love of duality he is ruined. ||2||

732 : 156

Outwardly, he wears religious robes and he is very clever, but his mind wanders in the ten directions.

732 : 157

Engrossed in ego, he does not remember the Word of the Shabad; over and over again, he is reincarnated. ||3||

732 : 158

O Nanak, that mortal who is blessed with the Lord's Glance of Grace, understands Him; that humble servant meditates on the Naam, the Name of the Lord.

732 : 159

By Guru's Grace, he understands the One Lord, and is absorbed into the One Lord. ||4||4||

732 : 160

Soohee, Fourth Mehl, Second House:

732 : 161

One Universal Creator God. By The Grace Of The True Guru:

732 : 162

Following the Guru's Teachings, I searched and searched the body–village;

732 : 163

I found the wealth of the Name of the Lord, Har, Har. ||1||

732 : 164

The Lord, Har, Har, has enshrined peace within my mind.

732 : 165

The fire of desire was extinguished in an instant, when I met the Guru; all my hunger has been satisfied. ||1||Pause||

732 : 166

Singing the Glorious Praises of the Lord, I live, O my mother.

732 : 167

The Merciful True Guru implanted the Glorious Praises of the Naam within me. ||2||

732 : 168

I search for and seek out my Beloved Lord God, Har, Har.

732 : 169

Joining the Sat Sangat, the True Congregation, I have obtained the subtle essence of the Lord. ||3||

732 : 170

By the pre-ordained destiny inscribed upon my forehead, I have found the Lord.

732 : 171

Guru Nanak, pleased and satisfied, has united me with the Lord, O Siblings of Destiny. ||4||1||5||

732 : 172

Soohee, Fourth Mehl:

732 : 173

Showering His Mercy, the Lord imbues the mind with His Love.

732 : 174

The Gurmukh merges in the Name of the Lord, Har, Har. ||1||

732 : 175

Imbued with the Lord's Love, the mortal enjoys the pleasure of His Love.

732 : 176

He remains always blissful, day and night, and he merges into the Shabad, the Word of the Perfect Guru. ||1||Pause||

732 : 177

Everyone longs for the Lord's Love;

732 : 178

the Gurmukh is imbued with the deep red color of His Love. ||2||

732 : 179

The foolish, self-willed manmukh is left pale and uncolored.

-- Raag Soohee – Part 005 --

Raag Soohee – Part 006

733 : 180

Even if he wishes it a hundred times, he does not obtain the Lord's Love. ||3||

733 : 181

But if the Lord blesses him with His Glance of Grace, then he meets the True Guru.

733 : 182

Nanak is absorbed into the subtle essence of the Lord's Love. ||4||2||6||

733 : 183

Soohee, Fourth Mehl:

733 : 184

My tongue remains satisfied with the subtle essence of the Lord.

733 : 185

The Gurmukh drinks it in, and merges in celestial peace. ||1||

733 : 186

If you taste the subtle essence of the Lord, O humble Siblings of Destiny,

733 : 187

then how can you be enticed by other flavors? ||1||Pause||

733 : 188

Under Guru's Instructions, keep this subtle essence enshrined in your heart.

733 : 189

Those who are imbued with the subtle essence of the Lord, are immersed in celestial bliss. ||2||

733 : 190

The self-willed manmukh cannot even taste the subtle essence of the Lord.

733 : 191

He acts out in ego, and suffers terrible punishment. ||3||

733 : 192

But if he is blessed with the Lord's Kind Mercy, then he obtains the subtle essence of the Lord.

733 : 193

O Nanak, absorbed in this subtle essence of the Lord, sing the Glorious Praises of the Lord. ||4||3||7||

733 : 194

Soohee, Fourth Mehl, Sixth House:

733 : 195

One Universal Creator God. By The Grace Of The True Guru:

733 : 196

When someone of low social class chants the Lord's Name, he obtains the state of highest dignity.

733 : 197

Go and ask Bidar, the son of a maid; Krishna himself stayed in his house. ||1||

733 : 198

Listen, O humble Siblings of Destiny, to the Unspoken Speech of the Lord; it removes all anxiety, pain and hunger. ||1||Pause||

733 : 199

Ravi Daas, the leather-worker, praised the Lord, and sang the Kirtan of His Praises each and every instant.

733 : 200

Although he was of low social status, he was exalted and elevated, and people of all four castes came and bowed at his feet. ||2||

733 : 201

Naam Dayv loved the Lord; the people called him a fabric dyer.

733 : 202

The Lord turned His back on the high-class Kh'shaatriyas and Brahmins, and showed His face to Naam Dayv. ||3||

733 : 203

All of the devotees and servants of the Lord have the tilak, the ceremonial mark, applied to their foreheads at the sixty-eight sacred shrines of pilgrimage.

733 : 204

Servant Nanak shall touch their feet night and day, if the Lord, the King, grants His Grace. ||4||1||8||

733 : 205

Soohee, Fourth Mehl:

733 : 206

They alone worship and adore the Lord deep within, who are blessed with such pre-ordained destiny from the very beginning of time.

733 : 207

What can anyone do to undermine them? My Creator Lord is on their side. ||1||

733 : 208

So meditate on the Lord, Har, Har, O my mind. Meditate on the Lord, O mind; He is the Eliminator of all the pains of reincarnation. ||1||Pause||

733 : 209

In the very beginning, the Lord blessed His devotees with the Ambrosial Nectar, the treasure of devotion.

733 : 210

Anyone who tries to compete with them is a fool; his face shall be blackened here and hereafter. ||2||

733 : 211

They alone are devotees, and they alone are selfless servants, who love the Lord's Name.

733 : 212

By their selfless service, they find the Lord, while ashes fall on the heads of the slanderers. ||3||

733 : 213

He alone knows this, who experiences it within the home of his own self. Ask Guru Nanak, the Guru of the world, and reflect upon it.

733 : 214

Throughout the four generations of the Gurus, from the beginning of time and throughout the ages, no one has ever found the Lord by back-biting and undermining. Only by serving the Lord with love, is one emancipated. ||4||2||9||

733 : 215

Soohee, Fourth Mehl:

733 : 216

Wherever the Lord is worshipped in adoration, there the Lord becomes one's friend and helper.

-- Raag Soohee – Part 006 --

Raag Soohee – Part 007

734 : 217

By Guru's Grace, the Lord comes to dwell in the mind; He cannot be obtained in any other way. ||1||

734 : 218

So gather in the wealth of the Lord, O Siblings of Destiny,

734 : 219

so that in this world and the next, the Lord shall be your friend and companion. ||1||Pause||

734 : 220

In the company of the Sat Sangat, the True Congregation, you shall earn the wealth of the Lord; this wealth of the Lord is not obtained anywhere else, by any other means, at all.

734 : 221

The dealer in the Lord's Jewels purchases the wealth of the Lord's jewels; the dealer in cheap glass jewels cannot acquire the Lord's wealth by empty words. ||2||

734 : 222

The Lord's wealth is like jewels, gems and rubies. At the appointed time in the Amrit Vaylaa, the ambrosial hours of the morning, the Lord's devotees lovingly center their attention on the Lord, and the wealth of the Lord.

734 : 223

The devotees of the Lord plant the seed of the Lord's wealth in the ambrosial hours of the Amrit Vaylaa; they eat it, and spend it, but it is never exhausted.

734 : 224

In this world and the next, the devotees are blessed with glorious greatness, the wealth of the Lord. ||3||

734 : 225

The wealth of the Fearless Lord is permanent, forever and ever, and true. This wealth of the Lord cannot be destroyed by fire or water; neither thieves nor the Messenger of Death can take it away.

734 : 226

Thieves cannot even approach the Lord's wealth; Death, the tax collector cannot tax it. ||4||

734 : 227

The faithless cynics commit sins and gather in their poisonous wealth, but it shall not go along with them for even a single step.

734 : 228

In this world, the faithless cynics become miserable, as it slips away through their hands. In the world hereafter, the faithless cynics find no shelter in the Court of the Lord. ||5||

734 : 229

The Lord Himself is the Banker of this wealth, O Saints; when the Lord gives it, the mortal loads it and takes it away.

734 : 230

This wealth of the Lord is never exhausted; the Guru has given this understanding to servant Nanak. ||6||3||10||

734 : 231

Soohee, Fourth Mehl:

734 : 232

That mortal, with whom the Lord is pleased, repeats the Glorious Praises of the Lord; he alone is a devotee, and he alone is approved.

734 : 233

How can his glory be described? Within his heart, the Primal Lord, the Lord God, abides.
||1||

734 : 234

Sing the Glorious Praises of the Lord of the Universe; focus your meditation on the True Guru. ||1||Pause||

734 : 235

He is the True Guru – service to the True Guru is fruitful and rewarding. By this service, the greatest treasure is obtained.

734 : 236

The faithless cynics in their love of duality and sensual desires, harbor foul-smelling urges. They are totally useless and ignorant. ||2||

734 : 237

One who has faith – his singing is approved. He is honored in the Court of the Lord.

734 : 238

Those who lack faith may close their eyes, hypocritically pretending and faking devotion, but their false pretenses shall soon wear off. ||3||

734 : 239

My soul and body are totally Yours, Lord; You are the Inner-knower, the Searcher of hearts, my Primal Lord God.

734 : 240

So speaks servant Nanak, the slave of Your slaves; as You make me speak, so do I speak.
||4||4||11||

Raag Soohee – Part 008

735 : 241

Soohee, Fourth Mehl, Seventh House:

735 : 242

One Universal Creator God. By The Grace Of The True Guru:

735 : 243

Which, which of Your Glorious Virtues should I sing and recount, Lord? You are my Lord and Master, the treasure of excellence.

735 : 244

I cannot express Your Glorious Praises. You are my Lord and Master, lofty and benevolent.
||1||

735 : 245

The Name of the Lord, Har, Har, is my only support.

735 : 246

If it pleases You, please save me, O my Lord and Master; without You, I have no other at all. ||1||Pause||

735 : 247

You alone are my strength, and my Court, O my Lord and Master; unto You alone I pray.

735 : 248

There is no other place where I can offer my prayers; I can tell my pains and pleasures only to You. ||2||

735 : 249

Water is locked up in the earth, and fire is locked up in wood.

735 : 250

The sheep and the lions are kept in one place; O mortal, meditate on the Lord, and your doubts and fears shall be removed. ||3||

735 : 251

So behold the glorious greatness of the Lord, O Saints; the Lord blesses the dishonored with honor.

735 : 252

As dust rises from underfoot, O Nanak, so does the Lord make all people fall at the feet of the Holy. ||4||1||12||

735 : 253

Soohee, Fourth Mehl:

735 : 254

You Yourself, O Creator, know everything; what can I possibly tell You?

735 : 255

You know all the bad and the good; as we act, so are we rewarded. ||1||

735 : 256

O my Lord and Master, You alone know the state of my inner being.

735 : 257

You know all the bad and the good; as it pleases You, so You make us speak. ||1||Pause||

735 : 258

The Lord has infused the love of Maya into all bodies; through this human body, there comes the opportunity to worship the Lord with devotion.

735 : 259

You unite some with the True Guru, and bless them with peace; while others, the self-willed manmukhs, are engrossed in worldly affairs. ||2||

735 : 260

All belong to You, and You belong to all, O my Creator Lord; You wrote the words of destiny on the forehead of everyone.

735 : 261

As You bestow Your Glance of Grace, so are mortals made; without Your Gracious Glance, no one assumes any form. ||3||

735 : 262

You alone know Your Glorious Greatness; everyone constantly meditates on You.

735 : 263

That being, with whom You are pleased, is united with You; O servant Nanak, only such a mortal is accepted. ||4||2||13||

735 : 264

Soohee, Fourth Mehl:

735 : 265

Those beings, within whose inner selves my Lord, Har, Har, dwells – all their diseases are cured.

735 : 266

They alone become liberated, who meditate on the Name of the Lord; they obtain the supreme status. ||1||

735 : 267

O my Lord, the Lord's humble servants become healthy.

735 : 268

Those who meditate on my Lord, Har, Har, through the Word of the Guru's Teachings, are rid of the disease of ego. ||1||Pause||

735 : 269

Brahma, Vishnu and Shiva suffer from the disease of the three gunas – the three qualities; they do their deeds in egotism.

735 : 270

The poor fools do not remember the One who created them; this understanding of the Lord is only obtained by those who become Gurmukh. ||2||

735 : 271

The entire world is afflicted by the disease of egotism. They suffer the terrible pains of birth and death.

-- Raag Soohree – Part 008 --

Raag Soohee – Part 009

736 : 272

By Guru's Grace, a few rare ones are saved; I am a sacrifice to those humble beings. ||3||

736 : 273

The One who created the Universe, that Lord alone knows. His beauty is incomparable.

736 : 274

O Nanak, the Lord Himself gazes upon it, and is pleased. The Gurmukh contemplates God.
||4||3||14||

736 : 275

Soohee, Fourth Mehl:

736 : 276

All that happens, and all that will happen, is by His Will. If we could do something by ourselves, we would.

736 : 277

By ourselves, we cannot do anything at all. As it pleases the Lord, He preserves us. ||1||

736 : 278

O my Dear Lord, everything is in Your power.

736 : 279

I have no power to do anything at all. As it pleases You, You forgive us. ||1||Pause||

736 : 280

You Yourself bless us with soul, body and everything. You Yourself cause us to act.

736 : 281

As You issue Your Commands, so do we act, according to our pre–ordained destiny. ||2||

736 : 282

You created the entire Universe out of the five elements; if anyone can create a sixth, let him.

736 : 283

You unite some with the True Guru, and cause them to understand, while others, the self–willed manmukhs, do their deeds and cry out in pain. ||3||

736 : 284

I cannot describe the glorious greatness of the Lord; I am foolish, thoughtless, idiotic and lowly.

736 : 285

Please, forgive servant Nanak, O my Lord and Master; I am ignorant, but I have entered Your Sanctuary. ||4||4||15||24||

736 : 286

Raag Soohee, Fifth Mehl, First House:

736 : 287

One Universal Creator God. By The Grace Of The True Guru:

736 : 288

The actor stages the play,

736 : 289

playing the many characters in different costumes;

736 : 290

but when the play ends, he takes off the costumes,

736 : 291

and then he is one, and only one. ||1||

736 : 292

How many forms and images appeared and disappeared?

736 : 293

Where have they gone? Where did they come from? ||1||Pause||

736 : 294

Countless waves rise up from the water.

736 : 295

Jewels and ornaments of many different forms are fashioned from gold.

736 : 296

I have seen seeds of all kinds being planted

736 : 297

– when the fruit ripens, the seeds appear in the same form as the original. ||2||

736 : 298

The one sky is reflected in thousands of water jugs,

736 : 299

but when the jugs are broken, only the sky remains.

736 : 300

Doubt comes from greed, emotional attachment and the corruption of Maya.

736 : 301

Freed from doubt, one realizes the One Lord alone. ||3||

736 : 302

He is imperishable; He will never pass away.

736 : 303

He does not come, and He does not go.

736 : 304

The Perfect Guru has washed away the filth of ego.

736 : 305

Says Nanak, I have obtained the supreme status. ||4||1||

736 : 306

Soohee, Fifth Mehl:

736 : 307

Whatever God wills, that alone happens.

736 : 308

Without You, there is no other at all.

736 : 309

The humble being serves Him, and so all his works are perfectly successful.

736 : 310

O Lord, please preserve the honor of Your slaves. ||1||

736 : 311

I seek Your Sanctuary, O Perfect, Merciful Lord.

736 : 312

Without You, who would cherish and love me? ||1||Pause||

736 : 313

He is permeating and pervading the water, the land and the sky.

736 : 314

God dwells near at hand; He is not far away.

736 : 315

By trying to please other people, nothing is accomplished.

736 : 316

When someone is attached to the True Lord, his ego is taken away. ||2||

-- Raag Soohee – Part 009 --

Raag Soohee – Part 010

737 : 317

He alone is attached, whom the Lord Himself attaches.

737 : 318

The jewel of spiritual wisdom is awakened deep within.

737 : 319

Evil-mindedness is eradicated, and the supreme status is attained.

737 : 320

By Guru's Grace, meditate on the Naam, the Name of the Lord. ||3||

737 : 321

Pressing my palms together, I offer my prayer;

737 : 322

if it pleases You, Lord, please bless me and fulfill me.

737 : 323

Grant Your Mercy, Lord, and bless me with devotion.

737 : 324

Servant Nanak meditates on God forever. ||4||2||

737 : 325

Soohee, Fifth Mehl:

737 : 326

Blessed is that soul–bride, who realizes God.

737 : 327

She obeys the Hukam of His Order, and abandons her self–conceit.

737 : 328

Imbued with her Beloved, she celebrates in delight. ||1||

737 : 329

Listen, O my companions – these are the signs on the Path to meet God.

737 : 330

Dedicate your mind and body to Him; stop living to please others. ||1||Pause||

737 : 331

One soul–bride counsels another,

737 : 332

to do only that which pleases God.

737 : 333

Such a soul–bride merges into the Being of God. ||2||

737 : 334

One who is in the grip of pride does not obtain the Mansion of the Lord's Presence.

737 : 335

She regrets and repents, when her life–night passes away.

737 : 336

The unfortunate self-willed manmukhs suffer in pain. ||3||

737 : 337

I pray to God, but I think that He is far away.

737 : 338

God is imperishable and eternal; He is pervading and permeating everywhere.

737 : 339

Servant Nanak sings of Him; I see Him Ever-present everywhere. ||4||3||

737 : 340

Soohee, Fifth Mehl:

737 : 341

The Giver has put this household of my being under my own control. I am now the mistress of the Lord's Home.

737 : 342

My Husband Lord has made the ten senses and organs of actions my slaves.

737 : 343

I have gathered together all the faculties and facilities of this house.

737 : 344

I am thirsty with desire and longing for my Husband Lord. ||1||

737 : 345

What Glorious Virtues of my Beloved Husband Lord should I describe?

737 : 346

He is All-knowing, totally beautiful and merciful; He is the Destroyer of ego. ||1||Pause||

737 : 347

I am adorned with Truth, and I have applied the mascara of the Fear of God to my eyes.

737 : 348

I have chewed the betel-leaf of the Ambrosial Naam, the Name of the Lord.

737 : 349

My bracelets, robes and ornaments beautifully adorn me.

737 : 350

The soul-bride becomes totally happy, when her Husband Lord comes to her home. ||2||

737 : 351

By the charms of virtue, I have enticed and fascinated my Husband Lord.

737 : 352

He is under my power – the Guru has dispelled my doubts.

737 : 353

My mansion is lofty and elevated.

737 : 354

Renouncing all other brides, my Beloved has become my lover. ||3||

737 : 355

The sun has risen, and its light shines brightly.

737 : 356

I have prepared my bed with infinite care and faith.

737 : 357

My Darling Beloved is new and fresh; He has come to my bed to enjoy me.

737 : 358

O Servant Nanak, my Husband Lord has come; the soul-bride has found peace. ||4||4||

737 : 359

Soohee, Fifth Mehl:

737 : 360

An intense yearning to meet God has welled up in my heart.

737 : 361

I have gone out searching to find my Beloved Husband Lord.

737 : 362

Hearing news of my Beloved, I have laid out my bed in my home.

737 : 363

Wandering, wandering all around, I came, but I did not even see Him. ||1||

737 : 364

How can this poor heart be comforted?

737 : 365

Come and meet me, O Friend; I am a sacrifice to You. ||1||Pause||

737 : 366

One bed is spread out for the bride and her Husband Lord.

737 : 367

The bride is asleep, while her Husband Lord is always awake.

737 : 368

The bride is intoxicated, as if she has drunk wine.

737 : 369

The soul-bride only awakens when her Husband Lord calls to her. ||2||

737 : 370

She has lost hope – so many days have passed.

737 : 371

I have travelled through all the lands and the countries.

— Raag Soohree – Part 010 —

Raag Soohee – Part 011

738 : 372

I cannot survive, even for an instant, without the feet of my Beloved.

738 : 373

When God becomes Merciful, I become fortunate, and then I meet Him. ||3||

738 : 374

Becoming Merciful, He has united me with the Sat Sangat, the True Congregation.

738 : 375

The fire has been quenched, and I have found my Husband Lord within my own home.

738 : 376

I am now adorned with all sorts of decorations.

738 : 377

Says Nanak, the Guru has dispelled my doubt. ||4||

738 : 378

Wherever I look, I see my Husband Lord there, O Siblings of Destiny.

738 : 379

When the door is opened, then the mind is restrained. ||1||Second Pause||5||

738 : 380

Soohee, Fifth Mehl:

738 : 381

What virtues and excellences of Yours should I cherish and contemplate? I am worthless, while You are the Great Giver.

738 : 382

I am Your slave – what clever tricks could I ever try? This soul and body are totally Yours||1||

738 : 383

O my Darling, Blissful Beloved, who fascinates my mind – I am a sacrifice to the Blessed Vision of Your Darshan. ||1||Pause||

738 : 384

O God, You are the Great Giver, and I am just a poor beggar; You are forever and ever benevolent.

738 : 385

I cannot accomplish anything by myself, O my Unapproachable and Infinite Lord and Master. ||2||

738 : 386

What service can I perform? What should I say to please You? How can I gain the Blessed Vision of Your Darshan?

738 : 387

Your extent cannot be found – Your limits cannot be found. My mind longs for Your Feet. ||3||

738 : 388

I beg with persistence to receive this gift, that the dust of the Saints might touch my face.

738 : 389

The Guru has showered His Mercy upon servant Nanak; reaching out with His Hand, God has delivered him. ||4||6||

738 : 390

Soohee, Fifth Mehl, Third House:

738 : 391

One Universal Creator God. By The Grace Of The True Guru:

738 : 392

His service is insignificant, but his demands are very great.

738 : 393

He does not obtain the Mansion of the Lord's Presence, but he says that he has arrived there||1||

738 : 394

He competes with those who have been accepted by the Beloved Lord.

738 : 395

This is how stubborn the false fool is! ||1||Pause||

738 : 396

He wears religious robes, but he does not practice Truth.

738 : 397

He says that he has found the Mansion of the Lord's Presence, but he cannot even get near it. ||2||

738 : 398

He says that he is unattached, but he is intoxicated with Maya.

738 : 399

There is no love in his mind, and yet he says that he is imbued with the Lord. ||3||

738 : 400

Says Nanak, hear my prayer, God:

738 : 401

I am silly, stubborn and filled with sexual desire – please, liberate me! ||4||

738 : 402

I gaze upon the glorious greatness of the Blessed Vision of Your Darshan.

738 : 403

You are the Giver of Peace, the Loving Primal Being. ||1||Second Pause||1||7||

738 : 404

Soohee, Fifth Mehl:

738 : 405

He gets up early, to do his evil deeds,

738 : 406

but when it is time to meditate on the Naam, the Name of the Lord, then he sleeps. ||1||

738 : 407

The ignorant person does not take advantage of the opportunity.

738 : 408

He is attached to Maya, and engrossed in worldly delights. ||1||Pause||

738 : 409

He rides the waves of greed, puffed up with joy.

738 : 410

He does not see the Blessed Vision of the Darshan of the Holy. ||2||

738 : 411

The ignorant clown will never understand.

738 : 412

Again and again, he becomes engrossed in entanglements. ||1||Pause||

738 : 413

He listens to the sounds of sin and the music of corruption, and he is pleased.

738 : 414

His mind is too lazy to listen to the Praises of the Lord. ||3||

738 : 415

You do not see with your eyes – you are so blind!

738 : 416

You shall have to leave all these false affairs. ||1||Pause||

738 : 417

Says Nanak, please forgive me, God.

-- Raag Soohee – Part 011 --

Raag Soohee – Part 012

739 : 418

Have Mercy upon me, and bless me with the Saadh Sangat, the Company of the Holy. ||4||

739 : 419

He alone obtains something, who becomes the dust under the feet of all.

739 : 420

And he alone repeats the Naam, whom God causes to understand. ||1||Pause||2||8||

739 : 421

Soohee, Fifth Mehl:

739 : 422

Within the home of his own self, he does not even come to see his Lord and Master.

739 : 423

And yet, around his neck, he hangs a stone god. ||1||

739 : 424

The faithless cynic wanders around, deluded by doubt.

739 : 425

He churns water, and after wasting his life away, he dies. ||1||Pause||

739 : 426

That stone, which he calls his god,

739 : 427

that stone pulls him down and drowns him. ||2||

739 : 428

O sinner, you are untrue to your own self;

739 : 429

a boat of stone will not carry you across. ||3||

739 : 430

Meeting the Guru, O Nanak, I know my Lord and Master.

739 : 431

The Perfect Architect of Destiny is pervading and permeating the water, the land and the sky. ||4||3||9||

739 : 432

Soohee, Fifth Mehl:

739 : 433

How have you enjoyed your Dear Beloved?

739 : 434

O sister, please teach me, please show me. ||1||

739 : 435

Crimson, crimson, crimson – this is the color of the soul-bride who is imbued with the Love of her Beloved. ||1||Pause||

739 : 436

I wash Your Feet with my eye-lashes.

739 : 437

Wherever You send me, there I will go. ||2||

739 : 438

I would trade meditation, austerity, self-discipline and celibacy,

739 : 439

if I could only meet the Lord of my life, for even an instant. ||3||

739 : 440

She who eradicates her self-conceit, power and arrogant intellect,

739 : 441

O Nanak, is the true soul-bride. ||4||4||10||

739 : 442

Soohee, Fifth Mehl:

739 : 443

You are my Life, the very Support of my breath of life.

739 : 444

Gazing upon You, beholding You, my mind is soothed and comforted. ||1||

739 : 445

You are my Friend, You are my Beloved.

739 : 446

I shall never forget You. ||1||Pause||

739 : 447

I am Your indentured servant; I am Your slave.

739 : 448

You are my Great Lord and Master, the treasure of excellence. ||2||

739 : 449

There are millions of servants in Your Court – Your Royal Darbaar.

739 : 450

Each and every instant, You dwell with them. ||3||

739 : 451

I am nothing; everything is Yours.

739 : 452

Through and through, You abide with Nanak. ||4||5||11||

739 : 453

Soohee, Fifth Mehl:

739 : 454

His Mansions are so comfortable, and His gates are so lofty.

739 : 455

Within them, His beloved devotees dwell. ||1||

739 : 456

The Natural Speech of God is so very sweet.

739 : 457

How rare is that person, who sees it with his eyes. ||1||Pause||

739 : 458

There, in the arena of the congregation, the divine music of the Naad, the sound current, is sung.

739 : 459

There, the Saints celebrate with their Lord. ||2||

739 : 460

Neither birth nor death is there, neither pain nor pleasure.

739 : 461

The Ambrosial Nectar of the True Name rains down there. ||3||

739 : 462

From the Guru, I have come to know the mystery of this speech.

739 : 463

Nanak speaks the Bani of the Lord, Har, Har. ||4||6||12||

739 : 464

Soohee, Fifth Mehl:

739 : 465

By the Blessed Vision of their Darshan, millions of sins are erased.

739 : 466

Meeting with them, this terrifying world–ocean is crossed over||1||

739 : 467

They are my companions, and they are my dear friends,

739 : 468

who inspire me to remember the Lord's Name. ||1||Pause||

739 : 469

Hearing the Word of His Shabad, I am totally at peace.

739 : 470

When I serve Him, the Messenger of Death is chased away. ||2||

739 : 471

His comfort and consolation soothes and supports my mind.

739 : 472

Remembering Him in meditation, my face is radiant and bright. ||3||

739 : 473

God embellishes and supports His servants.

739 : 474

Nanak seeks the Protection of their Sanctuary; he is forever a sacrifice to them. ||4||7||13||

Raag Soohee – Part 013

740 : 475

Soohee, Fifth Mehl:

740 : 476

The angelic beings and demi-gods are not permitted to remain here.

740 : 477

The silent sages and humble servants also must arise and depart. ||1||

740 : 478

Only those who meditate on the Lord, Har, Har, are seen to live on.

740 : 479

In the Saadh Sangat, the Company of the Holy, they obtain the Blessed Vision of the Lord's Darshan. ||1||Pause||

740 : 480

Kings, emperors and merchants must die.

740 : 481

Whoever is seen shall be consumed by death. ||2||

740 : 482

Mortal beings are entangled, clinging to false worldly attachments.

740 : 483

And when they must leave them behind, then they regret and grieve. ||3||

740 : 484

O Lord, O treasure of mercy, please bless Nanak with this gift,

740 : 485

that he may chant Your Name, day and night. ||4||8||14||

740 : 486

Soohee, Fifth Mehl:

740 : 487

You dwell deep within the heart of each and every being.

740 : 488

The entire universe is strung on Your Thread. ||1||

740 : 489

You are my Beloved, the Support of my breath of life.

740 : 490

Beholding You, gazing upon You, my mind blossoms forth. ||1||Pause||

740 : 491

Wandering, wandering, wandering through countless incarnations, I have grown so weary.

740 : 492

Now, I hold tight to the Saadh Sangat, the Company of the Holy. ||2||

740 : 493

You are inaccessible, incomprehensible, invisible and infinite.

740 : 494

Nanak remembers You in meditation, day and night. ||3||9||15||

740 : 495

Soohee, Fifth Mehl:

740 : 496

What is the use of the glory of Maya?

740 : 497

It disappears in no time at all. ||1||

740 : 498

This is a dream, but the sleeper does not know it.

740 : 499

In his unconscious state, he clings to it. ||1||Pause||

740 : 500

The poor fool is enticed by the great attachments of the world.

740 : 501

Gazing upon them, watching them, he must still arise and depart. ||2||

740 : 502

The Royal Court of His Darbaar is the highest of the high.

740 : 503

He creates and destroys countless beings. ||3||

740 : 504

There has never been any other, and there shall never be.

740 : 505

O Nanak, meditate on the One God. ||4||10||16||

740 : 506

Soohee, Fifth Mehl:

740 : 507

Meditating, meditating in remembrance on Him, I live.

740 : 508

I wash Your Lotus Feet, and drink in the wash water. ||1||

740 : 509

He is my Lord, the Inner–knower, the Searcher of hearts.

740 : 510

My Lord and Master abides with His humble devotees. ||1||Pause||

740 : 511

Hearing, hearing Your Ambrosial Naam, I meditate on it.

740 : 512

Twenty–four hours a day, I sing Your Glorious Praises. ||2||

740 : 513

Beholding, beholding Your divine play, my mind is in bliss.

740 : 514

Your Glorious Virtues are infinite, O God, O Lord of supreme bliss. ||3||

740 : 515

Meditating in remembrance on Him, fear cannot touch me.

740 : 516

Forever and ever, Nanak meditates on the Lord. ||4||11||17||

740 : 517

Soohee, Fifth Mehl:

740 : 518

Within my heart, I meditate on the Word of the Guru's Teachings.

740 : 519

With my tongue, I chant the Chant of the Lord. ||1||

740 : 520

The image of His vision is fruitful; I am a sacrifice to it.

740 : 521

His Lotus Feet are the Support of the mind, the Support of the very breath of life.
||1||Pause||

740 : 522

In the Saadh Sangat, the Company of the Holy, the cycle of birth and death is ended.

740 : 523

To hear the Ambrosial Sermon is the support of my ears. ||2||

740 : 524

I have renounced sexual desire, anger, greed and emotional attachment.

740 : 525

I have enshrined the Naam within myself, with charity, true cleansing and righteous conduct. ||3||

740 : 526

Says Nanak, I have contemplated this essence of reality;

740 : 527

chanting the Name of the Lord, I am carried across. ||4||12||18||

740 : 528

Soohee, Fifth Mehl:

740 : 529

The sinner is absorbed in greed and emotional attachment.

-- Raag Soohee – Part 013 --

Raag Soohee – Part 014

741 : 530

He has not performed any service to the Creator Lord. ||1||

741 : 531

O God, Your Name is the Purifier of sinners.

741 : 532

I am worthless – please save me! ||1||Pause||

741 : 533

O God, You are the Great Giver, the Inner–knower, the Searcher of hearts.

741 : 534

The body of the egotistical human is perishable. ||2||

741 : 535

Tastes and pleasures, conflicts and jealousy, and intoxication with Maya

741 : 536

– attached to these, the jewel of human life is wasted. ||3||

741 : 537

The Sovereign Lord King is the Destroyer of pain, the Life of the world.

741 : 538

Forsaking everything, Nanak has entered His Sanctuary. ||4||13||19||

741 : 539

Soohee, Fifth Mehl:

741 : 540

He sees with his eyes, but he is called blind; he hears, but he does not hear.

741 : 541

And the One who dwells near at hand, he thinks that He is far away; the sinner is committing sins. ||1||

741 : 542

Do only those deeds which will save you, O mortal being.

741 : 543

Chant the Name of the Lord, Har, Har, and the Ambrosial Word of His Bani. ||1||Pause||

741 : 544

You are forever imbued with the love of horses and mansions.

741 : 545

Nothing shall go along with you. ||2||

741 : 546

You may clean and decorate the vessel of clay,

741 : 547

but it is so very filthy; it shall receive its punishment from the Messenger of Death. ||3||

741 : 548

You are bound by sexual desire, anger, greed and emotional attachment.

741 : 549

You are sinking down into the great pit. ||4||

741 : 550

Hear this prayer of Nanak, O Lord;

741 : 551

I am a stone, sinking down – please, rescue me! ||5||14||20||

741 : 552

Soohee, Fifth Mehl:

741 : 553

One who remains dead while yet alive understands God.

741 : 554

He meets that humble being according to the karma of his past actions. ||1||

741 : 555

Listen, O friend – this is how to cross over the terrifying world–ocean.

741 : 556

Meet with the Holy, and chant the Lord's Name||1||Pause||

741 : 557

There is no other to know, except for the One Lord.

741 : 558

So realize that the Supreme Lord God is within each and every heart. ||2||

741 : 559

Whatever He does, accept that as good.

741 : 560

Know the value of the beginning and the end. ||3||

741 : 561

Says Nanak, I am a sacrifice to that humble being,

741 : 562

within whose heart the Lord dwells. ||4||15||21||

741 : 563

Soohee, Fifth Mehl:

741 : 564

The Guru is the Transcendent Lord, the Creator Lord.

741 : 565

He gives His Support to the entire Universe. ||1||

741 : 566

Meditate within your mind on the Lotus Feet of the Guru.

741 : 567

Pain and suffering shall leave this body. ||1||Pause||

741 : 568

The True Guru saves the drowning being from the terrifying world–ocean.

741 : 569

He reunites those who were separated for countless incarnations. ||2||

741 : 570

Serve the Guru, day and night.

741 : 571

Your mind shall come to have peace, pleasure and poise. ||3||

741 : 572

By great good fortune, one obtains the dust of the feet of the True Guru.

741 : 573

Nanak is forever a sacrifice to the True Guru. ||4||16||22||

741 : 574

Soohee, Fifth Mehl:

741 : 575

I am a sacrifice to my True Guru.

741 : 576

Twenty-four hours a day, I sing the Praises of the Lord, Har, Har. ||1||

741 : 577

Meditate in remembrance on God, your Lord and Master.

741 : 578

He is the Inner-knower, the Searcher of all hearts. ||1||Pause||

741 : 579

So love the Lord's Lotus Feet,

741 : 580

and live a lifestyle which is true, perfect and spotless. ||2||

741 : 581

By the Grace of the Saints, the Lord comes to dwell within the mind,

741 : 582

and the sins of countless incarnations are eradicated. ||3||

741 : 583

Please be Merciful, O God, O Merciful to the meek.

741 : 584

Nanak begs for the dust of the Saints. ||4||17||23||

— Raag Soohee – Part 014 —

Raag Soohee – Part 015

742 : 585

Soohee, Fifth Mehl:

742 : 586

Gazing upon the Blessed Vision of Your Darshan, I live.

742 : 587

My karma is perfect, O my God. ||1||

742 : 588

Please, listen to this prayer, O my God.

742 : 589

Please bless me with Your Name, and make me Your chaylaa, Your disciple. ||1||Pause||

742 : 590

Please keep me under Your Protection, O God, O Great Giver.

742 : 591

By Guru's Grace, a few people understand this. ||2||

742 : 592

Please hear my prayer, O God, my Friend.

742 : 593

May Your Lotus Feet abide within my consciousness. ||3||

742 : 594

Nanak makes one prayer:

742 : 595

may I never forget You, O perfect treasure of virtue. ||4||18||24||

742 : 596

Soohee, Fifth Mehl:

742 : 597

He is my friend, companion, child, relative and sibling.

742 : 598

Wherever I look, I see the Lord as my companion and helper. ||1||

742 : 599

The Lord's Name is my social status, my honor and wealth.

742 : 600

He is my pleasure, poise, bliss and peace. ||1||Pause||

742 : 601

I have strapped on the armor of meditation on the Supreme Lord God.

742 : 602

It cannot be pierced, even by millions of weapons. ||2||

742 : 603

The Sanctuary of the Lord's Feet is my fortress and battlement.

742 : 604

The Messenger of Death, the torturer, cannot demolish it. ||3||

742 : 605

Slave Nanak is forever a sacrifice

742 : 606

to the selfless servants and Saints of the Sovereign Lord, the Destroyer of ego. ||4||19||25||

742 : 607

Soohee, Fifth Mehl:

742 : 608

Where the Glorious Praises of God, the Lord of the world are continually sung,

742 : 609

there is bliss, joy, happiness and peace. ||1||

742 : 610

Come, O my companions – let us go and enjoy God.

742 : 611

Let us fall at the feet of the holy, humble beings. ||1||Pause||

742 : 612

I pray for the dust of the feet of the humble.

742 : 613

It shall wash away the sins of countless incarnations. ||2||

742 : 614

I dedicate my mind, body, breath of life and soul to God.

742 : 615

Remembering the Lord in meditation, I have eradicated pride and emotional attachment. ||3||

742 : 616

O Lord, O Merciful to the meek, please give me faith and confidence,

742 : 617

so that slave Nanak may remain absorbed in Your Sanctuary. ||4||20||26||

742 : 618

Soohee, Fifth Mehl:

742 : 619

The city of heaven is where the Saints dwell.

742 : 620

They enshrine the Lotus Feet of God within their hearts. ||1||

742 : 621

Listen, O my mind and body, and let me show you the way to find peace,

742 : 622

so that you may eat and enjoy the various delicacies of the Lord||1||Pause||

742 : 623

Taste the Ambrosial Nectar of the Naam, the Name of the Lord, within your mind.

742 : 624

Its taste is wondrous – it cannot be described. ||2||

742 : 625

Your greed shall die, and your thirst shall be quenched.

742 : 626

The humble beings seek the Sanctuary of the Supreme Lord God. ||3||

742 : 627

The Lord dispels the fears and attachments of countless incarnations.

742 : 628

God has showered His Mercy and Grace upon slave Nanak. ||4||21||27||

742 : 629

Soohee, Fifth Mehl:

742 : 630

God covers the many shortcomings of His slaves.

742 : 631

Granting His Mercy, God makes them His own. ||1||

742 : 632

You emancipate Your humble servant,

742 : 633

and rescue him from the noose of the world, which is just a dream. ||1||Pause||

742 : 634

Even huge mountains of sin and corruption

742 : 635

are removed in an instant by the Merciful Lord. ||2||

742 : 636

Sorrow, disease and the most terrible calamities

742 : 637

are removed by meditating on the Naam, the Name of the Lord. ||3||

742 : 638

Bestowing His Glance of Grace, He attaches us to the hem of His robe.

-- Raag Soohee – Part 015 --

Raag Soohee – Part 016

743 : 639

Grasping the Lord's Feet, O Nanak, we enter His Sanctuary. ||4||22||28||

743 : 640

Soohee, Fifth Mehl:

743 : 641

One who withdraws from God's Path, and attaches himself to the world,

743 : 642

is known as a sinner in both worlds. ||1||

743 : 643

He alone is approved, who pleases the Lord.

743 : 644

Only He Himself knows His creative omnipotence. ||1||Pause||

743 : 645

One who practices truth, righteous living, charity and good deeds,

743 : 646

has the supplies for God's Path. Worldly success shall not fail him. ||2||

743 : 647

Within and among all, the One Lord is awake.

743 : 648

As He attaches us, so are we attached. ||3||

743 : 649

You are inaccessible and unfathomable, O my True Lord and Master.

743 : 650

Nanak speaks as You inspire him to speak. ||4||23||29||

743 : 651

Soohee, Fifth Mehl:

743 : 652

In the early hours of the morning, I chant the Lord's Name.

743 : 653

I have fashioned a shelter for myself, hear and hereafter. ||1||

743 : 654

Forever and ever, I chant the Lord's Name,

743 : 655

and the desires of my mind are fulfilled. ||1||Pause||

743 : 656

Sing the Praises of the Eternal, Imperishable Lord God, night and day.

743 : 657

In life, and in death, you shall find your eternal, unchanging home. ||2||

743 : 658

So serve the Sovereign Lord, and you shall never lack anything.

743 : 659

While eating and consuming, you shall pass your life in peace. ||3||

743 : 660

O Life of the World, O Primal Being, I have found the Saadh Sangat, the Company of the Holy.

743 : 661

By Guru's Grace, O Nanak, I meditate on the Naam, the Name of the Lord. ||4||24||30||

743 : 662

Soohee, Fifth Mehl:

743 : 663

When the Perfect Guru becomes merciful,

743 : 664

my pains are taken away, and my works are perfectly completed. ||1||

743 : 665

Gazing upon, beholding the Blessed Vision of Your Darshan, I live;

743 : 666

I am a sacrifice to Your Lotus Feet.

743 : 667

Without You, O my Lord and Master, who belongs to me? ||1||Pause||

743 : 668

I have fallen in love with the Saadh Sangat, the Company of the Holy,

743 : 669

by the karma of my past actions and my pre-ordained destiny. ||2||

743 : 670

Chant the Name of the Lord, Har, Har; how wondrous is His glory!

743 : 671

The three types of illness cannot consume it. ||3||

743 : 672

May I never forget, even for an instant, the Lord's Feet.

743 : 673

Nanak begs for this gift, O my Beloved. ||4||25||31||

743 : 674

Soohee, Fifth Mehl:

743 : 675

May there be such an auspicious time, O my Beloved,

743 : 676

when, with my tongue, I may chant the Lord's Name||1||

743 : 677

Hear my prayer, O God, O Merciful to the meek.

743 : 678

The Holy Saints ever sing the Glorious Praises of the Lord, the Source of Nectar.
||1||Pause||

743 : 679

Your meditation and remembrance is life–giving, God.

743 : 680

You dwell near those upon whom You show mercy. ||2||

743 : 681

Your Name is the food to satisfy the hunger of Your humble servants.

743 : 682

You are the Great Giver, O Lord God. ||3||

743 : 683

The Saints take pleasure in repeating the Lord's Name.

743 : 684

O Nanak, the Lord, the Great Giver, is All–knowing. ||4||26||32||

743 : 685

Soohee, Fifth Mehl:

743 : 686

Your life is slipping away, but you never even notice.

743 : 687

You are constantly entangled in false attachments and conflicts. ||1||

743 : 688

Meditate, vibrate constantly, day and night, on the Lord.

743 : 689

You shall be victorious in this priceless human life, in the Protection of the Lord's Sanctuary. ||1||Pause||

743 : 690

You eagerly commit sins and practice corruption, but you do not enshrine the jewel of the Lord's Name within your heart, even for an instant. ||2||

743 : 691

Feeding and pampering your body, your life is passing away,

-- Raag Soohee – Part 016 --

Raag Soohee – Part 017

744 : 692

but you do not experience the state of victory of the Lord of the Universe. ||3||

744 : 693

So enter the Sanctuary of the All–powerful, Unfathomable Lord and Master.

744 : 694

O God, O Searcher of hearts, please, save Nanak! ||4||27||33||

744 : 695

Soohee, Fifth Mehl:

744 : 696

Cross over the terrifying world–ocean in the Saadh Sangat, the Company of the Holy.

744 : 697

Remember in meditation the Name of the Lord, Har, Har, the source of jewels. ||1||

744 : 698

Remembering, remembering the Lord in meditation, I live.

744 : 699

All pain, disease and suffering is dispelled, meeting the Perfect Guru; sin has been eradicated. ||1||Pause||

744 : 700

The immortal status is obtained through the Name of the Lord;

744 : 701

the mind and body become spotless and pure, which is the true purpose of life. ||2||

744 : 702

Twenty–four hours a day, meditate on the Supreme Lord God.

744 : 703

By pre–ordained destiny, the Name is obtained. ||3||

744 : 704

I have entered His Sanctuary, and I meditate on the Lord, Merciful to the meek.

744 : 705

Nanak longs for the dust of the Saints. ||4||28||34||

744 : 706

Soohee, Fifth Mehl:

744 : 707

The beautiful one does not know the work of his own home.

744 : 708

The fool is engrossed in false attachments. ||1||

744 : 709

As You attach us, so we are attached.

744 : 710

When You bless us with Your Name, we chant it. ||1||Pause||

744 : 711

The Lord's slaves are imbued with the Love of the Lord.

744 : 712

They are intoxicated with the Lord, night and day. ||2||

744 : 713

Reaching out to grasp hold of our arms, God lifts us up.

744 : 714

Separated for countless incarnations, we are united with Him again. ||3||

744 : 715

Save me, O God, O my Lord and Master – shower me with Your Mercy.

744 : 716

Slave Nanak seeks Sanctuary at Your Door, O Lord. ||4||29||35||

744 : 717

Soohee, Fifth Mehl:

744 : 718

By the Grace of the Saints, I have found my eternal home.

744 : 719

I have found total peace, and I shall not waver again. ||1||

744 : 720

I meditate on the Guru, and the Lord's Feet, within my mind.

744 : 721

In this way, the Creator Lord has made me steady and stable. ||1||Pause||

744 : 722

I sing the Glorious Praises of the unchanging, eternal Lord God,

744 : 723

and the noose of death is snapped. ||2||

744 : 724

Showering His Mercy, he has attached me to the hem of His robe.

744 : 725

In constant bliss, Nanak sings His Glorious Praises. ||3||30||36||

744 : 726

Soohee, Fifth Mehl:

744 : 727

The Words, the Teachings of the Holy Saints, are Ambrosial Nectar.

744 : 728

Whoever meditates on the Lord's Name is emancipated; he chants the Name of the Lord, Har, Har, with his tongue. ||1||Pause||

744 : 729

The pains and sufferings of the Dark Age of Kali Yuga are eradicated,

744 : 730

when the One Name abides within the mind. ||1||

744 : 731

I apply the dust of the feet of the Holy to my face and forehead.

744 : 732

Nanak has been saved, in the Sanctuary of the Guru, the Lord. ||2||31||37||

744 : 733

Soohee, Fifth Mehl: Third House:

744 : 734

I sing the Glorious Praises of the Lord of the Universe, the Merciful Lord.

744 : 735

Please, bless me with the Blessed Vision of Your Darshan, O Perfect, Compassionate Lord.
||Pause||

744 : 736

Please, grant Your Grace, and cherish me.

744 : 737

My soul and body are all Your property. ||1||

744 : 738

Only meditation on the Ambrosial Naam, the Name of the Lord, will go along with you.

744 : 739

Nanak begs for the dust of the Saints. ||2||32||38||

744 : 740

Soohee, Fifth Mehl:

744 : 741

Without Him, there is no other at all.

744 : 742

The True Lord Himself is our anchor. ||1||

744 : 743

The Name of the Lord, Har, Har, is our only support.

744 : 744

The Creator, the Cause of causes, is All-powerful and Infinite. ||1||Pause||

744 : 745

He has eradicated all illness, and healed me.

744 : 746

O Nanak, He Himself has become my Savior. ||2||33||39||

— Raag Soohee – Part 017 —

Raag Soohee – Part 018

745 : 747

Soohee, Fifth Mehl:

745 : 748

Everyone longs for the Blessed Vision of the Lord's Darshan.

745 : 749

By perfect destiny, it is obtained. ||Pause||

745 : 750

Forsaking the Beautiful Lord, how can they go to sleep?

745 : 751

The great enticer Maya has led them down the path of sin. ||1||

745 : 752

This butcher has separated them from the Beloved Lord.

745 : 753

This merciless one shows no mercy at all to the poor beings. ||2||

745 : 754

Countless lifetimes have passed away, wandering aimlessly.

745 : 755

The terrible, treacherous Maya does not even allow them to dwell in their own home. ||3||

745 : 756

Day and night, they receive the rewards of their own actions.

745 : 757

Don't blame anyone else; your own actions lead you astray. ||4||

745 : 758

Listen, O Friend, O Saint, O humble Sibling of Destiny:

745 : 759

in the Sanctuary of the Lord's Feet, Nanak has found Salvation. ||5||34||40||

745 : 760

Raag Soohee, Fifth Mehl, Fourth House:

745 : 761

One Universal Creator God. By The Grace Of The True Guru:

745 : 762

Even a crude hut is sublime and beautiful, if the Lord's Praises are sung within it.

745 : 763

Those mansions where the Lord is forgotten are useless. ||1||Pause||

745 : 764

Even poverty is bliss, if God comes to mind in the Saadh Sangat, the Company of the Holy.

745 : 765

This worldly glory might just as well burn; it only traps the mortals in Maya. ||1||

745 : 766

One may have to grind corn, and wear a coarse blanket, but still, one can find peace of mind and contentment.

745 : 767

Even empires are of no use at all, if they do not bring satisfaction. ||2||

745 : 768

Someone may wander around naked, but if he loves the One Lord, he receives honor and respect.

745 : 769

Silk and satin clothes are worthless, if they lead to greed. ||3||

745 : 770

Everything is in Your Hands, God. You Yourself are the Doer, the Cause of causes.

745 : 771

With each and every breath, may I continue to remember You. Please, bless Nanak with this gift. ||4||1||41||

745 : 772

Soohee, Fifth Mehl:

745 : 773

The Lord's Saint is my life and wealth. I am his water-carrier.

745 : 774

He is dearer to me than all my siblings, friends and children. ||1||Pause||

745 : 775

I make my hair into a fan, and wave it over the Saint.

745 : 776

I bow my head low, to touch his feet, and apply his dust to my face. ||1||

745 : 777

I offer my prayer with sweet words, in sincere humility.

745 : 778

Renouncing egotism, I enter His Sanctuary. I have found the Lord, the treasure of virtue.
||2||

745 : 779

I gaze upon the Blessed Vision of the Lord's humble servant, again and again.

745 : 780

I cherish and gather in His Ambrosial Words within my mind; time and time again, I bow to Him. ||3||

745 : 781

In my mind, I wish, hope and beg for the Society of the Lord's humble servants.

745 : 782

Be Merciful to Nanak, O God, and lead him to the feet of Your slaves. ||4||2||42||

745 : 783

Soohee, Fifth Mehl:

745 : 784

She has enticed the worlds and solar systems; I have fallen into her clutches.

745 : 785

O Lord, please save this corrupt soul of mine; please bless me with Your Name. ||1||Pause||

745 : 786

She has not brought anyone peace, but still, I chase after her.

745 : 787

She forsakes everyone, but still, I cling to her, again and again. ||1||

745 : 788

Have Mercy on me, O Lord of Compassion; please let me sing Your Glorious Praises, O Lord.

745 : 789

This is Nanak's prayer, O Lord, that he may join and merge with the Saadh Sangat, the Company of the Holy. ||2||3||43||

-- Raag Soohee – Part 018 --

Raag Soohee – Part 019

746 : 790

Raag Soohee, Fifth Mehl, Fifth House, Partaal:

746 : 791

One Universal Creator God. By The Grace Of The True Guru:

746 : 792

Love of the enticing Beloved Lord is the most glorious love.

746 : 793

Meditate, O mind, on the One Lord of the Universe – nothing else is of any account. Attach your mind to the Saints, and abandon the path of duality. ||1||Pause||

746 : 794

The Lord is absolute and unmanifest; He has assumed the most sublime manifestation. He has fashioned countless body chambers of many, varied, different, myriad forms.

746 : 795

Within them, the mind is the policeman;

746 : 796

my Beloved lives in the temple of my inner self.

746 : 797

He plays there in ecstasy.

746 : 798

He does not die, and he never grows old. ||1||

746 : 799

He is engrossed in worldly activities, wandering around in various ways. He steals the property of others,

746 : 800

and is surrounded by corruption and sin.

746 : 801

But now, he joins the Saadh Sangat, the Company of the Holy,

746 : 802

and stands before the Lord's Gate.

746 : 803

He obtains the Blessed Vision of the Lord's Darshan.

746 : 804

Nanak has met the Guru;

746 : 805

he shall not be reincarnated again. ||2||1||44||

746 : 806

Soohee, Fifth Mehl:

746 : 807

The Lord has made this world a stage;

746 : 808

He fashioned the expanse of the entire creation. ||1||Pause||

746 : 809

He fashioned it in various ways, with limitless colors and forms.

746 : 810

He watches over it with joy, and He never tires of enjoying it.

746 : 811

He enjoys all the delights, and yet He remains unattached. ||1||

746 : 812

He has no color, no sign, no mouth and no beard.

746 : 813

I cannot describe Your play.

746 : 814

Nanak is the dust of the feet of the Saints. ||2||2||45||

746 : 815

Soohee, Fifth Mehl:

746 : 816

I have come to You. I have come to Your Sanctuary.

746 : 817

I have come to place my faith in You. I have come seeking Mercy.

746 : 818

If it pleases You, save me, O my Lord and Master. The Guru has placed me upon the Path.
||1||Pause||

746 : 819

Maya is very treacherous and difficult to pass through. It is like a violent wind–storm. ||1||

746 : 820

I am so afraid to hear

746 : 821

that the Righteous Judge of Dharma is so strict and stern. ||2||

746 : 822

The world is a deep, dark pit;

746 : 823

it is all on fire. ||3||

746 : 824

I have grasped the Support of the Holy Saints.

746 : 825

Nanak meditates on the Lord.

746 : 826

Now, I have found the Perfect Lord. ||4||3||46||

746 : 827

Raag Soohree, Fifth Mehl, Sixth House:

746 : 828

One Universal Creator God. By The Grace Of The True Guru:

746 : 829

I offer this prayer to the True Guru, to bless me with the sustenance of the Naam.

746 : 830

When the True King is pleased, the world is rid of its diseases. ||1||

746 : 831

You are the Support of Your devotees, and the Shelter of the Saints, O True Creator Lord.
||1||Pause||

746 : 832

True are Your devices, and True is Your Court.

746 : 833

True are Your treasures, and True is Your expanse. ||2||

746 : 834

Your Form is inaccessible, and Your Vision is incomparably beautiful.

746 : 835

I am a sacrifice to Your servants; they love Your Name, O Lord. ||3||

-- Raag Soohee – Part 019 --

Raag Soohee – Part 020

747 : 836

All desires are fulfilled, when the Inaccessible and Infinite Lord is obtained.

747 : 837

Guru Nanak has met the Supreme Lord God; I am a sacrifice to Your Feet. ||4||1||47||

747 : 838

Raag Soohee, Fifth Mehl, Seventh House:

747 : 839

One Universal Creator God. By The Grace Of The True Guru:

747 : 840

He alone obeys Your Will, O Lord, unto whom You are Merciful.

747 : 841

That alone is devotional worship, which is pleasing to Your Will. You are the Cherisher of all beings. ||1||

747 : 842

O my Sovereign Lord, You are the Support of the Saints.

747 : 843

Whatever pleases You, they accept. You are the sustenance of their minds and bodies. ||1||Pause||

747 : 844

You are kind and compassionate, the treasure of mercy, the fulfiller of our hopes.

747 : 845

You are the Beloved Lord of life of all Your devotees; You are the Beloved of Your devotees. ||2||

747 : 846

You are unfathomable, infinite, lofty and exalted. There is no one else like You.

747 : 847

This is my prayer, O my Lord and Master; may I never forget You, O Peace-giving Lord. ||3||

747 : 848

Day and night, with each and every breath, I sing Your Glorious Praises, if it is pleasing to Your Will.

747 : 849

Nanak begs for the peace of Your Name, O Lord and Master; as it is pleasing to Your Will, I shall attain it. ||4||1||48||

747 : 850

Soohee, Fifth Mehl:

747 : 851

Where is that place, where You are never forgotten, Lord?

747 : 852

Twenty-four hours a day, they meditate on You, and their bodies become spotless and pure. ||1||

747 : 853

O my Lord, I have come searching for that place.

747 : 854

After seeking and searching, I found Sanctuary in the Saadh Sangat, the Company of the Holy. ||1||Pause||

747 : 855

Reading and reciting the Vedas, Brahma grew weary, but he did not find even a tiny bit of God's worth.

747 : 856

The seekers and Siddhas wander around bewailing; they too are enticed by Maya. ||2||

747 : 857

There were ten regal incarnations of Vishnu; and then there was Shiva, the renunciate.

747 : 858

He did not find Your limits either, although he grew weary of smearing his body with ashes. ||3||

747 : 859

Peace, poise and bliss are found in the subtle essence of the Naam. The Lord's Saints sing the songs of joy.

747 : 860

I have obtained the Fruitful Vision of Guru Nanak's Darshan, and with my mind and body I meditate on the Lord, Har, Har. ||4||2||49||

747 : 861

Soohee, Fifth Mehl:

747 : 862

The religious rites, rituals and hypocrisies which are seen, are plundered by the Messenger of Death, the ultimate tax collector.

747 : 863

In the state of Nirvaanaa, sing the Kirtan of the Creator's Praises; contemplating Him in meditation, even for an instant, one is saved. ||1||

747 : 864

O Saints, cross over the world–ocean.

747 : 865

One who practices the Teachings of the Saints, by Guru's Grace, is carried across. ||1||Pause||

747 : 866

Millions of cleansing baths at sacred shrines of pilgrimage only fill the mortal with filth in this Dark Age of Kali Yuga.

747 : 867

One who sings the Glorious Praises of the Lord in the Saadh Sangat, the Company of the Holy, becomes spotlessly pure. ||2||

747 : 868

One may read all the books of the Vedas, the Bible, the Simritees and the Shaastras, but they will not bring liberation.

747 : 869

One who, as Gurmukh, chants the One Word, acquires a spotlessly pure reputation. ||3||

747 : 870

The four castes – the Kh'shaatriyas, Brahmins, Soodras and Vaishyas – are equal in respect to the teachings.

Raag Soohree – Part 021

748 : 871

One who, as Gurmukh, chants the Naam, the Name of the Lord, is saved. In this Dark Age of Kali Yuga, O Nanak, God is permeating the hearts of each and every being. ||4||3||50||

748 : 872

Soohee, Fifth Mehl:

748 : 873

Whatever God causes to happen is accepted, by those who are attuned to the Love of the Lord's Name.

748 : 874

Those who fall at the Feet of God are respected everywhere. ||1||

748 : 875

O my Lord, no one is as great as the Lord's Saints.

748 : 876

The devotees are in harmony with their God; He is in the water, the land, and the sky.
||1||Pause||

748 : 877

Millions of sinners have been saved in the Saadh Sangat, the Company of the Holy; the Messenger of Death does not even approach them.

748 : 878

Those who have been separated from the Lord, for countless incarnations, are reunited with the Lord again. ||2||

748 : 879

Attachment to Maya, doubt and fear are eradicated, when one enters the Sanctuary of the Saints.

748 : 880

Whatever wishes one harbors, are obtained from the Saints. ||3||

748 : 881

How can I describe the glory of the Lord's humble servants? They are pleasing to their God.

748 : 882

Says Nanak, those who meet the True Guru, become independent of all obligations.
||4||4||51||

748 : 883

Soohee, Fifth Mehl:

748 : 884

Giving me Your Hand, You saved me from the terrible fire, when I sought Your Sanctuary.

748 : 885

Deep within my heart, I respect Your strength; I have abandoned all other hopes. ||1||

748 : 886

O my Sovereign Lord, when You enter my consciousness, I am saved.

748 : 887

You are my support. I count on You. Meditating on You, I am saved. ||1||Pause||

748 : 888

You pulled me up out of the deep, dark pit. You have become merciful to me.

748 : 889

You care for me, and bless me with total peace; You Yourself cherish me. ||2||

748 : 890

The Transcendent Lord has blessed me with His Glance of Grace; breaking my bonds, He has delivered me.

748 : 891

God Himself inspires me to worship Him; He Himself inspires me to serve Him. ||3||

748 : 892

My doubts have gone, my fears and infatuations have been dispelled, and all my sorrows are gone.

748 : 893

O Nanak, the Lord, the Giver of peace has been merciful to me. I have met the Perfect True Guru. ||4||5||52||

748 : 894

Soohee, Fifth Mehl:

748 : 895

When nothing existed, what deeds were being done? And what karma caused anyone to be born at all?

748 : 896

The Lord Himself set His play in motion, and He Himself beholds it. He created the Creation. ||1||

748 : 897

O my Sovereign Lord, I cannot do anything at all by myself.

748 : 898

He Himself is the Creator, He Himself is the Cause. He is pervading deep within all.
||1||Pause||

748 : 899

If my account were to be judged, I would never be saved. My body is transitory and ignorant.

748 : 900

Take pity upon me, O Creator Lord God; Your Forgiving Grace is singular and unique. ||2||

748 : 901

You created all beings and creatures. Each and every heart meditates on You.

748 : 902

Your condition and expanse are known only to You; the value of Your creative omnipotence cannot be estimated. ||3||

748 : 903

I am worthless, foolish, thoughtless and ignorant. I know nothing about good actions and righteous living.

748 : 904

Take pity on Nanak, that he may sing Your Glorious Praises; and that Your Will may seem sweet to him. ||4||6||53||

748 : 905

Soohee, Fifth Mehl:

Raag Soohree – Part 022

749 : 906

Your Saints are very fortunate; their homes are filled with the wealth of the Lord's Name.

749 : 907

Their birth is approved, and their actions are fruitful. ||1||

749 : 908

O my Lord, I am a sacrifice to the humble servants of the Lord.

749 : 909

I make my hair into a fan, and wave it over them; I apply the dust of their feet to my face.
||1||Pause||

749 : 910

Those generous, humble beings are above both birth and death.

749 : 911

They give the gift of the soul, and practice devotional worship; they inspire others to meet the Lord. ||2||

749 : 912

True are their commands, and true are their empires; they are attuned to the Truth.

749 : 913

True is their happiness, and true is their greatness. They know the Lord, to whom they belong. ||3||

749 : 914

I wave the fan over them, carry water for them, and grind corn for the humble servants of the Lord.

749 : 915

Nanak offers this prayer to God – please, grant me the sight of Your humble servants. ||4||7||54||

749 : 916

Soohee, Fifth Mehl:

749 : 917

The True Guru is the Transcendent Lord, the Supreme Lord God; He Himself is the Creator Lord.

749 : 918

Your servant begs for the dust of Your feet. I am a sacrifice to the Blessed Vision of Your Darshan. ||1||

749 : 919

O my Sovereign Lord, as You keep me, so do I remain.

749 : 920

When it pleases You, I chant Your Name. You alone can grant me peace. ||1||Pause||

749 : 921

Liberation, comfort and proper lifestyle come from serving You; You alone cause us to serve You.

749 : 922

That place is heaven, where the Kirtan of the Lord's Praises are sung. You Yourself instill faith into us. ||2||

749 : 923

Meditating, meditating, meditating in remembrance on the Naam, I live; my mind and body are enraptured.

749 : 924

I wash Your Lotus Feet, and drink in this water, O my True Guru, O Merciful to the meek.
||3||

749 : 925

I am a sacrifice to that most wonderful time when I came to Your Door.

749 : 926

God has become compassionate to Nanak; I have found the Perfect True Guru. ||4||8||55||

749 : 927

Soohee, Fifth Mehl:

749 : 928

When You come to mind, I am totally in bliss. One who forgets You might just as well be dead.

749 : 929

That being, whom You bless with Your Mercy, O Creator Lord, constantly meditates on You. ||1||

749 : 930

O my Lord and Master, You are the honor of the dishonored such as me.

749 : 931

I offer my prayer to You, God; listening, listening to the Word of Your Bani, I live.
||1||Pause||

749 : 932

May I become the dust of the feet of Your humble servants. I am a sacrifice to the Blessed Vision of Your Darshan.

749 : 933

I enshrine Your Ambrosial Word within my heart. By Your Grace, I have found the Company of the Holy. ||2||

749 : 934

I place the state of my inner being before You; there is no other as great as You.

749 : 935

He alone is attached, whom You attach; he alone is Your devotee. ||3||

749 : 936

With my palms pressed together, I beg for this one gift; O my Lord and Master, if it pleases You, I shall obtain it.

749 : 937

With each and every breath, Nanak adores You; twenty–four hours a day, I sing Your Glorious Praises. ||4||9||56||

749 : 938

Soohee, Fifth Mehl:

749 : 939

When You stand over our heads, O Lord and Master, how can we suffer in pain?

749 : 940

The mortal being does not know how to chant Your Name – he is intoxicated with the wine of Maya, and the thought of death does not even enter his mind. ||1||

O my Sovereign Lord, You belong to the Saints, and the Saints belong to You.

-- Raag Soohee – Part 022 --

Raag Soohee – Part 023

750 : 942

Your servant is not afraid of anything; the Messenger of Death cannot even approach him.
||1||Pause||

750 : 943

Those who are attuned to Your Love, O my Lord and Master, are released from the pains of birth and death.

750 : 944

No one can erase Your Blessings; the True Guru has given me this assurance. ||2||

750 : 945

Those who meditate on the Naam, the Name of the Lord, obtain the fruits of peace.
Twenty-four hours a day, they worship and adore You.

750 : 946

In Your Sanctuary, with Your Support, they subdue the five villains. ||3||

750 : 947

I know nothing about wisdom, meditation and good deeds; I know nothing about Your excellence.

750 : 948

Guru Nanak is the greatest of all; He saved my honor in this Dark Age of Kali Yuga.
||4||10||57||

750 : 949

Soohee, Fifth Mehl:

750 : 950

Renouncing everything, I have come to the Guru's Sanctuary; save me, O my Savior Lord!

750 : 951

Whatever You link me to, to that I am linked; what can this poor creature do? ||1||

750 : 952

O my Dear Lord God, You are the Inner-knower, the Searcher of hearts.

750 : 953

Be Merciful to me, O Divine, Compassionate Guru, that I may constantly sing the Glorious Praises of my Lord and Master. ||1||Pause||

750 : 954

Twenty-four hours a day, I meditate on my God; by Guru's Grace, I cross over the terrifying world-ocean.

750 : 955

Renouncing self-conceit, I have become the dust of all men's feet; in this way, I die, while I am still alive. ||2||

750 : 956

How fruitful is the life of that being in this world, who chants the Name in the Saadh Sangat, the Company of the Holy.

750 : 957

All desires are fulfilled, for the one who is blessed with God's Kindness and Mercy. ||3||

750 : 958

O Merciful to the meek, Kind and Compassionate Lord God, I seek Your Sanctuary.

750 : 959

Take pity upon me, and bless me with Your Name. Nanak is the dust of the feet of the Holy.
||4||11||58||

750 : 960

Raag Soohee, Ashtapadee, First Mehl, First House:

750 : 961

One Universal Creator God. By The Grace Of The True Guru:

750 : 962

I am totally without virtue; I have no virtue at all.

750 : 963

How can I meet my Husband Lord? ||1||

750 : 964

I have no beauty, no enticing eyes.

750 : 965

I do not have a noble family, good manners or a sweet voice. ||1||Pause||

750 : 966

The soul–bride adorns herself with peace and poise.

750 : 967

But she is a happy soul–bride, only if her Husband Lord is pleased with her. ||2||

750 : 968

He has no form or feature;

750 : 969

at the very last instant, he cannot suddenly be contemplated. ||3||

750 : 970

I have no understanding, intellect or cleverness.

750 : 971

Have Mercy upon me, God, and attach me to Your Feet. ||4||

750 : 972

She may be very clever, but this does not please her Husband Lord.

750 : 973

Attached to Maya, she is deluded by doubt. ||5||

750 : 974

But if she gets rid of her ego, then she merges in her Husband Lord.

750 : 975

Only then can the soul-bride obtain the nine treasures of her Beloved. ||6||

750 : 976

Separated from You for countless incarnations, I have suffered in pain.

750 : 977

Please take my hand, O my Beloved Sovereign Lord God. ||7||

750 : 978

Prays Nanak, the Lord is, and shall always be.

She alone is ravished and enjoyed, with whom the Beloved Lord is pleased. ||8||1||

-- Raag Soohee – Part 023 --

Raag Soohee – Part 024

751 : 980

Soohee, First Mehl, Ninth House:

751 : 981

One Universal Creator God. By The Grace Of The True Guru:

751 : 982

The color of safflower is transitory; it lasts for only a few days.

751 : 983

Without the Name, the false woman is deluded by doubt and plundered by thieves.

751 : 984

But those who are attuned to the True Lord, are not reincarnated again. ||1||

751 : 985

How can one who is already dyed in the color of the Lord's Love, be colored any other color?

751 : 986

So serve God the Dyer, and focus your consciousness on the True Lord. ||1||Pause||

751 : 987

You wander around in the four directions, but without the good fortune of destiny, you shall never obtain wealth.

751 : 988

If you are plundered by corruption and vice, you shall wander around, but like a fugitive, you

shall find no place of rest.

751 : 989

Only those who are protected by the Guru are saved; their minds are attuned to the Word of the Shabad. ||2||

751 : 990

Those who wear white clothes, but have filthy and stone–hearted minds,

751 : 991

may chant the Lord's Name with their mouths, but they are engrossed in duality; they are thieves.

751 : 992

They do not understand their own roots; they are beasts. They are just animals! ||3||

751 : 993

Constantly, continually, the mortal seeks pleasures. Constantly, continually, he begs for peace.

751 : 994

But he does not think of the Creator Lord, and so he is overtaken by pain, again and again.

751 : 995

But one, within whose mind the Giver of pleasure and pain dwells – how can his body feel any need? ||4||

751 : 996

One who has a karmic debt to pay off is summoned, and the Messenger of Death smashes his head.

751 : 997

When his account is called for, it has to be given. After it is reviewed, payment is demanded.

751 : 998

Only love for the True One will save you; the Forgiver forgives. ||5||

751 : 999

If you make any friend other than God, you shall die and mingle with the dust.

751 : 1000

Gazing upon the many games of love, you are beguiled and bewildered; you come and go in reincarnation.

751 : 1001

Only by God's Grace can you be saved. By His Grace, He unites in His Union. ||6||

751 : 1002

O careless one, you are totally lacking any wisdom; do not seek wisdom without the Guru.

751 : 1003

By indecision and inner conflict, you shall come to ruin. Good and bad both pull at you.

751 : 1004

Without being attuned to the Word of the Shabad and the Fear of God, all come under the gaze of the Messenger of Death. ||7||

751 : 1005

He who created the creation and sustains it, gives sustenance to all.

751 : 1006

How can you forget Him from your mind? He is the Great Giver, forever and ever.

751 : 1007

Nanak shall never forget the Naam, the Name of the Lord, the Support of the unsupported.
||8||1||2||

751 : 1008

Soohee, First Mehl, Kaafee, Tenth House:

751 : 1009

One Universal Creator God. By The Grace Of The True Guru:

751 : 1010

This human birth is so difficult to obtain; the Gurmukh obtains it.

751 : 1011

The mind and body are dyed in the deep red color of devotional love, if it pleases the True Guru. ||1||

751 : 1012

He departs with his life embellished and successful, taking the merchandise of the True Name.

751 : 1013

He is honored in the Darbaar, the Royal Court, of the Lord, through the Shabad, the Word of the True Guru, and the Fear of God. ||1||Pause||

751 : 1014

One who praises the True Lord with his mind and body, pleases the Mind of the True Lord.

-- Raag Soohee – Part 024 --

Raag Soohee – Part 025

752 : 1015

Attuned to the Beloved Lord, the mind is appeased, and finds the Perfect Guru. ||2||

752 : 1016

I live, by cherishing Your Glorious Virtues; You dwell deep within me.

752 : 1017

You dwell within my mind, and so it naturally celebrates in joyful delight. ||3||

752 : 1018

O my foolish mind, how can I teach and instruct you?

752 : 1019

As Gurmukh, sing the Glorious Praises of the Lord, and so become attuned to His Love. ||4||

752 : 1020

Continually, continuously, remember and cherish your Beloved Lord in your heart.

752 : 1021

For if you depart with virtue, then pain shall never afflict you. ||5||

752 : 1022

The self-willed manmukh wanders around, deluded by doubt; he does not enshrine love for the Lord.

752 : 1023

He dies as a stranger to his own self, and his mind and body are spoiled. ||6||

752 : 1024

Performing service to the Guru, you shall go home with the profit.

752 : 1025

Through the Word of the Guru's Bani, and the Shabad, the Word of God, the state of Nirvaanaa is attained. ||7||

752 : 1026

Nanak makes this one prayer: if it pleases Your Will,

752 : 1027

bless me with a home in Your Name, Lord, that I may sing Your Glorious Praises. ||8||1||3||

752 : 1028

Soohee, First Mehl:

752 : 1029

As iron is melted in the forge and re-shaped,

752 : 1030

so is the godless materialist reincarnated, and forced to wander aimlessly. ||1||

752 : 1031

Without understanding, everything is suffering, earning only more suffering.

752 : 1032

In his ego, he comes and goes, wandering in confusion, deluded by doubt. ||1||Pause||

752 : 1033

You save those who are Gurmukh, O Lord, through meditation on Your Naam.

752 : 1034

You blend with Yourself, by Your Will, those who practice the Word of the Shabad. ||2||

752 : 1035

You created the Creation, and You Yourself gaze upon it; whatever You give, is received.

752 : 1036

You watch, establish and disestablish; You keep all in Your vision at Your Door. ||3||

752 : 1037

The body shall turn to dust, and the soul shall fly away.

752 : 1038

So where are their homes and resting places now? They do not find the Mansion of the Lord's Presence, either. ||4||

752 : 1039

In the pitch darkness of broad daylight, their wealth is being plundered.

752 : 1040

Pride is looting their homes like a thief; where can they file their complaint? ||5||

752 : 1041

The thief does not break into the home of the Gurmukh; he is awake in the Name of the Lord.

752 : 1042

The Word of the Shabad puts out the fire of desire; God's Light illuminates and enlightens. ||6||

752 : 1043

The Naam, the Name of the Lord, is a jewel, a ruby; the Guru has taught me the Word of the Shabad.

752 : 1044

One who follows the Guru's Teachings remains forever free of desire. ||7||

752 : 1045

Night and day, enshrine the Lord's Name within your mind.

752 : 1046

Please unite Nanak in Union, O Lord, if it is pleasing to Your Will. ||8||2||4||

752 : 1047

Soohee, First Mehl:

752 : 1048

Never forget the Naam, the Name of the Lord, from your mind; night and day, meditate on it.

752 : 1049

As You keep me, in Your Merciful Grace, so do I find peace. ||1||

752 : 1050

I am blind, and the Lord's Name is my cane.

752 : 1051

I remain under the Sheltering Support of my Lord and Master; I am not enticed by Maya the enticer. ||1||Pause||

752 : 1052

Wherever I look, there the Guru has shown me that God is always with me.

752 : 1053

Searching inwardly and outwardly as well, I came to see Him, through the Word of the Shabad. ||2||

752 : 1054

So serve the True Guru with love, through the Immaculate Naam, the Name of the Lord.

752 : 1055

As it pleases You, so by Your Will, You destroy my doubts and fears. ||3||

752 : 1056

At the very moment of birth, he is afflicted with pain, and in the end, he comes only to die.

752 : 1057

Birth and death are validated and approved, singing the Glorious Praises of the Lord. ||4||

752 : 1058

When there is no ego, there You are; You fashioned all of this.

-- Raag Soohee – Part 025 --

Raag Soohee – Part 026

753 : 1059

You Yourself establish and disestablish; through the Word of Your Shabad, You elevate and exalt. ||5||

753 : 1060

When the body rolls in the dust, it is not known where the soul has gone.

753 : 1061

He Himself is permeating and pervading; this is wonderful and amazing! ||6||

753 : 1062

You are not far away, God; You know everything.

753 : 1063

The Gurmukh sees You ever-present; You are deep within the nucleus of our inner self. ||7||

753 : 1064

Please, bless me with a home in Your Name; may my inner self be at peace.

753 : 1065

May slave Nanak sing Your Glorious Praises; O True Guru, please share the Teachings with me. ||8||3||5||

753 : 1066

Raag Soohee, Third Mehl, First House, Ashtapadees:

753 : 1067

One Universal Creator God. By The Grace Of The True Guru:

753 : 1068

Everything comes from the Naam, the Name of the Lord; without the True Guru, the Naam is not experienced.

753 : 1069

The Word of the Guru's Shabad is the sweetest and most sublime essence, but without tasting it, its flavor cannot be experienced.

753 : 1070

He wastes this human life in exchange for a mere shell; he does not understand his own self.

753 : 1071

But, if he becomes Gurmukh, then he comes to know the One Lord, and the disease of egotism does not afflict him. ||1||

753 : 1072

I am a sacrifice to my Guru, who has lovingly attached me to the True Lord.

753 : 1073

Concentrating on the Word of the Shabad, the soul is illumined and enlightened. I remain absorbed in celestial ecstasy. ||1||Pause||

753 : 1074

The Gurmukh sings the Praises of the Lord; the Gurmukh understands. The Gurmukh contemplates the Word of the Shabad.

753 : 1075

Body and soul are totally rejuvenated through the Guru; the Gurmukh's affairs are resolved in his favor.

753 : 1076

The blind self-willed manmukh acts blindly, and earns only poison in this world.

753 : 1077

Enticed by Maya, he suffers in constant pain, without the most Beloved Guru. ||2||

753 : 1078

He alone is a selfless servant, who serves the True Guru, and walks in harmony with the True Guru's Will.

753 : 1079

The True Shabad, the Word of God, is the True Praise of God; enshrine the True Lord within your mind.

753 : 1080

The Gurmukh speaks the True Word of Gurbani, and egotism departs from within.

753 : 1081

He Himself is the Giver, and True are His actions. He proclaims the True Word of the Shabad. ||3||

753 : 1082

The Gurmukh works, and the Gurmukh earns; the Gurmukh inspires others to chant the Naam.

753 : 1083

He is forever unattached, imbued with the Love of the True Lord, intuitively in harmony with the Guru.

753 : 1084

The self-willed manmukh always tells lies; he plants the seeds of poison, and eats only poison.

753 : 1085

He is bound and gagged by the Messenger of Death, and burnt in the fire of desire; who can save him, except the Guru? ||4||

753 : 1086

True is that place of pilgrimage, where one bathes in the pool of Truth, and achieves self-realization as Gurmukh. The Gurmukh understands his own self.

753 : 1087

The Lord has shown that the Word of the Guru's Shabad is the sixty-eight sacred shrines of pilgrimage; bathing in it, filth is washed away.

753 : 1088

True and Immaculate is the True Word of His Shabad; no filth touches or clings to Him.

753 : 1089

True Praise, True Devotional Praise, is obtained from the Perfect Guru. ||5||

753 : 1090

Body, mind, everything belongs to the Lord; but the evil-minded ones cannot even say this.

753 : 1091

If such is the Hukam of the Lord's Command, then one becomes pure and spotless, and the ego is taken away from within.

753 : 1092

I have intuitively tasted the Guru's Teachings, and the fire of my desire has been quenched.

753 : 1093

Attuned to the Word of the Guru's Shabad, one is naturally intoxicated, merging imperceptibly into the Lord. ||6||

-- Raag Soohee – Part 026 --

Raag Soohee – Part 027

754 : 1094

The Name of the Lord is known as True, through the Love of the Beloved Guru.

754 : 1095

True Glorious Greatness is obtained from the Guru, through the Beloved True Name.

754 : 1096

The One True Lord is permeating and pervading among all; how rare is the one who contemplates this.

754 : 1097

The Lord Himself unites us in Union, and forgives us; He embellishes us with true devotional worship. ||7||

754 : 1098

All is Truth; Truth, and Truth alone is pervading; how rare is the Gurmukh who knows this.

754 : 1099

Birth and death occur by the Hukam of His Command; the Gurmukh understands his own self.

754 : 1100

He meditates on the Naam, the Name of the Lord, and so pleases the True Guru. He receives whatever rewards he desires.

754 : 1101

O Nanak, one who eradicates self-conceit from within, has everything. ||8||1||

754 : 1102

Soohee, Third Mehl:

754 : 1103

The body–bride is very beautiful; she dwells with her Husband Lord.

754 : 1104

She becomes the happy soul–bride of her True Husband Lord, contemplating the Word of the Guru's Shabad.

754 : 1105

The Lord's devotee is forever attuned to the Lord's Love; her ego is burnt away from within. ||1||

754 : 1106

Waaho! Waaho! Blessed, blessed is the Word of the Perfect Guru's Bani.

754 : 1107

It wells up and springs forth from the Perfect Guru, and merges into Truth. ||1||Pause||

754 : 1108

Everything is within the Lord – the continents, worlds and nether regions.

754 : 1109

The Life of the World, the Great Giver, dwells within the body; He is the Cherisher of all.

754 : 1110

The body–bride is eternally beautiful; the Gurmukh contemplates the Naam. ||2||

754 : 1111

The Lord Himself dwells within the body; He is invisible and cannot be seen.

754 : 1112

The foolish self-willed manmukh does not understand; he goes out searching for the Lord externally.

754 : 1113

One who serves the True Guru is always at peace; the True Guru has shown me the Invisible Lord. ||3||

754 : 1114

Within the body there are jewels and precious treasures, the over-flowing treasure of devotion.

754 : 1115

Within this body are the nine continents of the earth, its markets, cities and streets.

754 : 1116

Within this body are the nine treasures of the Naam; contemplating the Word of the Guru's Shabad, it is obtained. ||4||

754 : 1117

Within the body, the Lord estimates the weight; He Himself is the weigher.

754 : 1118

This mind is the jewel, the gem, the diamond; it is absolutely priceless.

754 : 1119

The Naam, the Name of the Lord, cannot be purchased at any price; the Naam is obtained by contemplating the Guru. ||5||

754 : 1120

One who becomes Gurmukh searches this body; all others just wander around in confusion.

754 : 1121

That humble being alone obtains it, unto whom the Lord bestows it. What other clever tricks can anyone try?

754 : 1122

Within the body, the Fear of God and Love for Him abides; by Guru's Grace, they are obtained. ||6||

754 : 1123

Within the body, are Brahma, Vishnu and Shiva, from whom the whole world emanated.

754 : 1124

The True Lord has staged and contrived His own play; the expanse of the Universe comes and goes.

754 : 1125

The Perfect True Guru Himself has made it clear, that emancipation comes through the True Name. ||7||

754 : 1126

That body, which serves the True Guru, is embellished by the True Lord Himself.

754 : 1127

Without the Name, the mortal finds no place of rest in the Court of the Lord; he shall be tortured by the Messenger of Death.

754 : 1128

O Nanak, true glory is bestowed, when the Lord showers His Mercy. ||8||2||

Raag Soohee – Part 028

755 : 1129

Raag Soohee, Third Mehl, Tenth House:

755 : 1130

One Universal Creator God. By The Grace Of The True Guru:

755 : 1131

Do not praise the world; it shall simply pass away.

755 : 1132

Do not praise other people; they shall die and turn to dust. ||1||

755 : 1133

Waaho! Waaho! Hail, hail to my Lord and Master.

755 : 1134

As Gurmukh, forever praise the One who is forever True, Independent and Carefree.
||1||Pause||

755 : 1135

Making worldly friendships, the self-willed manmukhs burn and die.

755 : 1136

In the City of Death, they are bound and gagged and beaten; this opportunity shall never come again. ||2||

755 : 1137

The lives of the Gurmukhs are fruitful and blessed; they are committed to the True Word of

the Shabad.

755 : 1138

Their souls are illuminated by the Lord, and they dwell in peace and pleasure. ||3||

755 : 1139

Those who forget the Word of the Guru's Shabad are engrossed in the love of duality.

755 : 1140

Their hunger and thirst never leave them, and night and day, they wander around burning. ||4||

755 : 1141

Those who make friendships with the wicked, and harbor animosity to the Saints,

755 : 1142

shall drown with their families, and their entire lineage shall be obliterated. ||5||

755 : 1143

It is not good to slander anyone, but the foolish, self-willed manmukhs still do it.

755 : 1144

The faces of the slanderers turn black, and they fall into the most horrible hell. ||6||

755 : 1145

O mind, as you serve, so do you become, and so are the deeds that you do.

755 : 1146

Whatever you yourself plant, that is what you shall have to eat; nothing else can be said about this. ||7||

755 : 1147

The speech of the great spiritual beings has a higher purpose.

755 : 1148

They are filled to over-flowing with Ambrosial Nectar, and they have absolutely no greed at all. ||8||

755 : 1149

The virtuous accumulate virtue, and teach others.

755 : 1150

Those who meet with them are so very fortunate; night and day, they chant the Naam, the Name of the Lord. ||9||

755 : 1151

He who created the Universe, gives sustenance to it.

755 : 1152

The One Lord alone is the Great Giver. He Himself is the True Master. ||10||

755 : 1153

That True Lord is always with you; the Gurmukh is blessed with His Glance of Grace.

755 : 1154

He Himself shall forgive you, and merge you into Himself; forever cherish and contemplate God. ||11||

755 : 1155

The mind is impure; only the True Lord is pure. So how can it merge into Him?

755 : 1156

God merges it into Himself, and then it remains merged; through the Word of His Shabad, the ego is burnt away. ||12||

755 : 1157

Cursed is the life in this world, of one who forgets her True Husband Lord.

755 : 1158

The Lord grants His Mercy, and she does not forget Him, if she contemplates the Guru's Teachings. ||13||

755 : 1159

The True Guru unites her, and so she remains united with Him, with the True Lord enshrined within her heart.

755 : 1160

And so united, she will not be separated again; she remains in the love and affection of the Guru. ||14||

755 : 1161

I praise my Husband Lord, contemplating the Word of the Guru's Shabad.

755 : 1162

Meeting with my Beloved, I have found peace; I am His most beautiful and happy soul-bride. ||15||

755 : 1163

The mind of the self-willed manmukh is not softened; his consciousness is totally polluted and stone-hearted.

755 : 1164

Even if the venomous snake is fed on milk, it shall still be filled with poison. ||16||

755 : 1165

He Himself does – who else should I ask? He Himself is the Forgiving Lord.

755 : 1166

Through the Guru's Teachings, filth is washed away, and then, one is embellished with the ornament of Truth. ||17||

-- Raag Soohee – Part 028 --

Raag Soohee – Part 029

756 : 1167

True is the Banker, and True are His traders. The false ones cannot remain there.

756 : 1168

They do not love the Truth – they are consumed by their pain. ||18||

756 : 1169

The world wanders around in the filth of egotism; it dies, and is re-born, over and again.

756 : 1170

He acts in accordance with the karma of his past actions, which no one can erase. ||19||

756 : 1171

But if he joins the Society of the Saints, then he comes to embrace love for the Truth.

756 : 1172

Praising the True Lord with a truthful mind, he becomes true in the Court of the True Lord.
||20||

756 : 1173

The Teachings of the Perfect Guru are perfect; meditate on the Naam, the Name of the Lord, day and night.

756 : 1174

Egotism and self-conceit are terrible diseases; tranquility and stillness come from within.
||21||

756 : 1175

I praise my Guru; bowing down to Him again and again, I fall at His Feet.

756 : 1176

I place my body and mind in offering unto Him, eradicating self–conceit from within. ||22||

756 : 1177

Indecision leads to ruin; focus your attention on the One Lord.

756 : 1178

Renounce egotism and self–conceit, and remain merged in Truth. ||23||

756 : 1179

Those who meet with the True Guru are my Siblings of Destiny; they are committed to the True Word of the Shabad.

756 : 1180

Those who merge with the True Lord shall not be separated again; they are judged to be True in the Court of the Lord. ||24||

756 : 1181

They are my Siblings of Destiny, and they are my friends, who serve the True Lord.

756 : 1182

They sell off their sins and demerits like straw, and enter into the partnership of virtue. ||25||

756 : 1183

In the partnership of virtue, peace wells up, and they perform true devotional worship service.

756 : 1184

They deal in Truth, through the Word of the Guru's Shabad, and they earn the profit of the Naam. ||26||

756 : 1185

Gold and silver may be earned by committing sins, but they will not go with you when you die.

756 : 1186

Nothing will go with you in the end, except the Name; all are plundered by the Messenger of Death. ||27||

756 : 1187

The Lord's Name is the nourishment of the mind; cherish it, and preserve it carefully within your heart.

756 : 1188

This nourishment is inexhaustible; it is always with the Gurmukhs. ||28||

756 : 1189

O mind, if you forget the Primal Lord, you shall depart, having lost your honor.

756 : 1190

This world is engrossed in the love of duality; follow the Guru's Teachings, and meditate on the True Lord. ||29||

756 : 1191

The Lord's value cannot be estimated; the Lord's Praises cannot be written down.

756 : 1192

When one's mind and body are attuned to the Word of the Guru's Shabad, one remains merged in the Lord. ||30||

756 : 1193

My Husband Lord is playful; He has imbued me with His Love, with natural ease.

756 : 1194

The soul-bride is imbued with His Love, when her Husband Lord merges her into His Being. ||31||

756 : 1195

Even those who have been separated for so very long, are reunited with Him, when they serve the True Guru.

756 : 1196

The nine treasures of the Naam, the Name of the Lord, are deep within the nucleus of the self; consuming them, they are still never exhausted. Chant the Glorious Praises of the Lord, with natural ease. ||32||

756 : 1197

They are not born, and they do not die; they do not suffer in pain.

756 : 1198

Those who are protected by the Guru are saved. They celebrate with the Lord. ||33||

756 : 1199

Those who are united with the Lord, the True Friend, are not separated again; night and day, they remain blended with Him.

756 : 1200

In this world, only a rare few are known, O Nanak, to have obtained the True Lord. ||34||1||3||

756 : 1201

Soohee, Third Mehl:

756 : 1202

The Dear Lord is subtle and inaccessible; how can we ever meet Him?

756 : 1203

Through the Word of the Guru's Shabad, doubt is dispelled, and the Carefree Lord comes to abide in the mind. ||1||

756 : 1204

The Gurmukhs chant the Name of the Lord, Har, Har.

-- Raag Soohee – Part 029 --

Raag Soohee – Part 030

757 : 1205

I am a sacrifice to those who chant the Glorious Praises of the Lord in their minds forever.
||1||Pause||

757 : 1206

The Guru is like the Mansarovar Lake; only the very fortunate beings find Him.

757 : 1207

The Gurmukhs, the selfless servants, seek out the Guru; the swan–souls feed there on the Naam, the Name of the Lord. ||2||

757 : 1208

The Gurmukhs meditate on the Naam, and remain linked to the Naam.

757 : 1209

Whatever is pre–ordained, accept it as the Will of the Guru. ||3||

757 : 1210

By great good fortune, I searched my home, and found the treasure of the Naam.

757 : 1211

The Perfect Guru has shown God to me; I have realized the Lord, the Supreme Soul. ||4||

757 : 1212

There is One God of all; there is no other at all.

757 : 1213

By Guru's Grace, the Lord comes to abide in the mind; in the heart of such a one, He is

revealed. ||5||

757 : 1214

God is the Inner–knower of all hearts; God dwells in every place.

757 : 1215

So who should we call evil? Behold the Word of the Shabad, and lovingly dwell upon it. ||6||

757 : 1216

He calls others bad and good, as long as he is in duality.

757 : 1217

The Gurmukh understands the One and Only Lord; He is absorbed in the One Lord. ||7||

757 : 1218

That is selfless service, which pleases God, and which is approved by God.

757 : 1219

Servant Nanak worships the Lord in adoration; he focuses his consciousness on the Guru's Feet. ||8||2||4||9||

757 : 1220

Raag Soohree, Ashtapadees, Fourth Mehl, Second House:

757 : 1221

One Universal Creator God. By The Grace Of The True Guru:

757 : 1222

If only someone would come, and lead me to meet my Darling Beloved; I would sell myself to him. ||1||

757 : 1223

I long for the Blessed Vision of the Lord's Darshan.

757 : 1224

When the Lord shows Mercy unto me, then I meet the True Guru; I meditate on the Name of the Lord, Har, Har. ||1||Pause||

757 : 1225

If You will bless me with happiness, then I will worship and adore You. Even in pain, I will meditate on You. ||2||

757 : 1226

Even if You give me hunger, I will still feel satisfied; I am joyful, even in the midst of sorrow. ||3||

757 : 1227

I would cut my mind and body apart into pieces, and offer them all to You; I would burn myself in fire. ||4||

757 : 1228

I wave the fan over You, and carry water for You; whatever You give me, I take. ||5||

757 : 1229

Poor Nanak has fallen at the Lord's Door; please, O Lord, unite me with Yourself, by Your Glorious Greatness. ||6||

757 : 1230

Taking out my eyes, I place them at Your Feet; after travelling over the entire earth, I have come to understand this. ||7||

757 : 1231

If You seat me near You, then I worship and adore You. Even if You beat me and drive me out, I will still meditate on You. ||8||

757 : 1232

If people praise me, the praise is Yours. Even if they slander me, I will not leave You. ||9||

757 : 1233

If You are on my side, then anyone can say anything. But if I were to forget You, then I would die. ||10||

757 : 1234

I am a sacrifice, a sacrifice to my Guru; falling at His Feet, I surrender to the Saintly Guru. ||11||

757 : 1235

Poor Nanak has gone insane, longing for the Blessed Vision of the Lord's Darshan. ||12||

757 : 1236

Even in violent storms and torrential rain, I go out to catch a glimpse of my Guru. ||13||

757 : 1237

Even though the oceans and the salty seas are very vast, the GurSikh will cross over it to get to his Guru. ||14||

757 : 1238

Just as the mortal dies without water, so does the Sikh die without the Guru. ||15||

-- Raag Soohree – Part 030 --

Raag Soohee – Part 031

758 : 1239

Just as the earth looks beautiful when the rain falls, so does the Sikh blossom forth meeting the Guru. ||16||

758 : 1240

I long to be the servant of Your servants; I call upon You reverently in prayer. ||17||

758 : 1241

Nanak offers this prayer to the Lord, that he may meet the Guru, and find peace. ||18||

758 : 1242

You Yourself are the Guru, and You Yourself are the chaylaa, the disciple; through the Guru, I meditate on You. ||19||

758 : 1243

Those who serve You, become You. You preserve the honor of Your servants. ||20||

758 : 1244

O Lord, Your devotional worship is a treasure over-flowing. One who loves You, is blessed with it. ||21||

758 : 1245

That humble being alone receives it, unto whom You bestow it. All other clever tricks are fruitless. ||22||

758 : 1246

Remembering, remembering, remembering my Guru in meditation, my sleeping mind is awakened. ||23||

758 : 1247

Poor Nanak begs for this one blessing, that he may become the slave of the slaves of the Lord. ||24||

758 : 1248

Even if the Guru rebukes me, He still seems very sweet to me. And if He actually forgives me, that is the Guru's greatness. ||25||

758 : 1249

That which Gurmukh speaks is certified and approved. Whatever the self-willed manmukh says is not accepted. ||26||

758 : 1250

Even in the cold, the frost and the snow, the GurSikh still goes out to see his Guru. ||27||

758 : 1251

All day and night, I gaze upon my Guru; I install the Guru's Feet in my eyes. ||28||

758 : 1252

I make so many efforts for the sake of the Guru; only that which pleases the Guru is accepted and approved. ||29||

758 : 1253

Night and day, I worship the Guru's Feet in adoration; have Mercy upon me, O my Lord and Master. ||30||

758 : 1254

The Guru is Nanak's body and soul; meeting the Guru, he is satisfied and satiated. ||31||

758 : 1255

Nanak's God is perfectly permeating and all-pervading. Here and there and everywhere, the Lord of the Universe. ||32||1||

758 : 1256

Raag Soohee, Fourth Mehl, Ashtapadees, Tenth House:

758 : 1257

One Universal Creator God. By The Grace Of The True Guru:

758 : 1258

Deep within myself, I have enshrined true love for my Beloved.

758 : 1259

My body and soul are in ecstasy; I see my Guru before me. ||1||

758 : 1260

I have purchased the Name of the Lord, Har, Har.

758 : 1261

I have obtained the Inaccessible and Unfathomable Ambrosial Nectar from the Perfect Guru. ||1||Pause||

758 : 1262

Gazing upon the True Guru, I blossom forth in ecstasy; I am in love with the Name of the Lord.

758 : 1263

Through His Mercy, the Lord has united me with Himself, and I have found the Door of Salvation. ||2||

758 : 1264

The True Guru is the Lover of the Naam, the Name of the Lord. Meeting Him, I dedicate my body and mind to Him.

758 : 1265

And if it is so pre-ordained, then I shall automatically drink in the Ambrosial Nectar. ||3||

758 : 1266

Praise the Guru while you are asleep, and call on the Guru while you are up.

758 : 1267

If only I could meet such a Gurmukh; I would wash His Feet. ||4||

758 : 1268

I long for such a Friend, to unite me with my Beloved.

758 : 1269

Meeting the True Guru, I have found the Lord. He has met me, easily and effortlessly. ||5||

-- Raag Soohee – Part 031 --

Raag Soohee – Part 032

759 : 1270

The True Guru is the Ocean of Virtue of the Naam, the Name of the Lord. I have such a yearning to see Him!

759 : 1271

Without Him, I cannot live, even for an instant. If I do not see Him, I die. ||6||

759 : 1272

As the fish cannot survive at all without water,

759 : 1273

the Saint cannot live without the Lord. Without the Lord's Name, he dies. ||7||

759 : 1274

I am so much in love with my True Guru! How could I even live without the Guru, O my mother?

759 : 1275

I have the Support of the Word of the Guru's Bani. Attached to Gurbani, I survive. ||8||

759 : 1276

The Name of the Lord, Har, Har, is a jewel; by the Pleasure of His Will, the Guru has given it, O my mother.

759 : 1277

The True Name is my only Support. I remain lovingly absorbed in the Lord's Name. ||9||

759 : 1278

The wisdom of the Guru is the treasure of the Naam. The Guru implants and enshrines the Lord's Name.

759 : 1279

He alone receives it, he alone gets it, who comes and falls at the Guru's Feet. ||10||

759 : 1280

If only someone would come and tell me the Unspoken Speech of the Love of my Beloved.

759 : 1281

I would dedicate my mind to him; I would bow down in humble respect, and fall at his feet. ||11||

759 : 1282

You are my only Friend, O my All-knowing, All-powerful Creator Lord.

759 : 1283

You have brought me to meet with my True Guru. Forever and ever, You are my only strength. ||12||

759 : 1284

My True Guru, forever and ever, does not come and go.

759 : 1285

He is the Imperishable Creator Lord; He is permeating and pervading among all. ||13||

759 : 1286

I have gathered in the wealth of the Lord's Name. My facilities and faculties are intact, safe and sound.

759 : 1287

O Nanak, I am approved and respected in the Court of the Lord; the Perfect Guru has blessed me! ||14||1||2||11||

759 : 1288

Raag Soohee, Ashtapadees, Fifth Mehl, First House:

759 : 1289

One Universal Creator God. By The Grace Of The True Guru:

759 : 1290

He is entangled in sinful associations;

759 : 1291

his mind is troubled by so very many waves. ||1||

759 : 1292

O my mind, how can the Unapproachable and Incomprehensible Lord be found? He is the Perfect Transcendent Lord. ||1||Pause||

759 : 1293

He remains entangled in the intoxication of worldly love.

759 : 1294

His excessive thirst is never quenched. ||2||

759 : 1295

Anger is the outcaste which hides within his body;

759 : 1296

he is in the utter darkness of ignorance, and he does not understand. ||3||

759 : 1297

Afflicted by doubt, the shutters are shut tight;

759 : 1298

he cannot go to God's Court. ||4||

759 : 1299

The mortal is bound and gagged by hope and fear;

759 : 1300

he cannot find the Mansion of the Lord's Presence, and so he wanders around like a stranger. ||5||

759 : 1301

He falls under the power of all negative influences;

759 : 1302

he wanders around thirsty like a fish out of water. ||6||

759 : 1303

I have no clever tricks or techniques;

759 : 1304

You are my only hope, O my Lord God Master. ||7||

759 : 1305

Nanak offers this prayer to the Saints

759 : 1306

– please let me merge and blend with You. ||8||

759 : 1307

God has shown Mercy, and I have found the Saadh Sangat, the Company of the Holy.

759 : 1308

Nanak is satisfied, finding the Perfect Lord. ||1||Second Pause||1||

-- Raag Soohee – Part 032 --

Raag Soohee – Part 033

760 : 1309

Raag Soohee, Fifth Mehl, Third House:

760 : 1310

One Universal Creator God. By The Grace Of The True Guru:

760 : 1311

Attachment to sex is an ocean of fire and pain.

760 : 1312

By Your Grace, O Sublime Lord, please save me from it. ||1||

760 : 1313

I seek the Sanctuary of the Lotus Feet of the Lord.

760 : 1314

He is the Master of the meek, the Support of His devotees. ||1||Pause||

760 : 1315

Master of the masterless, Patron of the forlorn, Eradicator of fear of His devotees.

760 : 1316

In the Saadh Sangat, the Company of the Holy, the Messenger of Death cannot even touch them. ||2||

760 : 1317

The Merciful, Incomparably Beautiful, Embodiment of Life.

760 : 1318

Vibrating the Glorious Virtues of the Lord, the noose of the Messenger of Death is cut away. ||3||

760 : 1319

One who constantly chants the Ambrosial Nectar of the Naam with his tongue,

760 : 1320

is not touched or affected by Maya, the embodiment of disease. ||4||

760 : 1321

Chant and meditate on God, the Lord of the Universe, and all of your companions shall be carried across;

760 : 1322

the five thieves will not even approach. ||5||

760 : 1323

One who meditates on the One God in thought, word and deed

760 : 1324

– that humble being receives the fruits of all rewards. ||6||

760 : 1325

Showering His Mercy, God has made me His own;

760 : 1326

He has blessed me with the unique and singular Naam, and the sublime essence of devotion. ||7||

760 : 1327

In the beginning, in the middle, and in the end, He is God.

760 : 1328

O Nanak, without Him, there is no other at all. ||8||1||2||

760 : 1329

Raag Soohee, Fifth Mehl, Ashtapadees, Ninth House:

760 : 1330

One Universal Creator God. By The Grace Of The True Guru:

760 : 1331

Gazing upon them, my mind is enraptured. How can I join them and be with them?

760 : 1332

They are Saints and friends, good friends of my mind, who inspire me and help me tune in to God's Love.

760 : 1333

My love for them shall never die; it shall never, ever be broken. ||1||

760 : 1334

O Supreme Lord God, please grant me Your Grace, that I might constantly sing Your Glorious Praises.

760 : 1335

Come, and meet with me, O Saints, and good friends; let us chant and meditate on the Naam, the Name of the Lord, the Best Friend of my mind. ||1||Pause||

760 : 1336

He does not see, he does not hear, and he does not understand; he is blind, enticed and bewitched by Maya.

760 : 1337

His body is false and transitory; it shall perish. And still, he entangles himself in false pursuits.

760 : 1338

They alone depart victorious, who have meditated on the Naam; they stick with the Perfect Guru. ||2||

760 : 1339

By the Hukam of God's Will, they come into this world, and they leave upon receipt of His Hukam.

760 : 1340

By His Hukam, the Expanse of the Universe is expanded. By His Hukam, they enjoy pleasures.

760 : 1341

One who forgets the Creator Lord, suffers sorrow and separation. ||3||

760 : 1342

One who is pleasing to his God, goes to His Court dressed in robes of honor.

760 : 1343

One who meditates on the Naam, the One Name, finds peace in this world; his face is radiant and bright.

760 : 1344

The Supreme Lord confers honor and respect on those who serve the Guru with true love. ||4||

760 : 1345

He is pervading and permeating the spaces and interspaces; He loves and cherishes all beings.

760 : 1346

I have accumulated the true treasure, the wealth and riches of the One Name.

760 : 1347

I shall never forget Him from my mind, since He has been so merciful to me. ||5||

-- Raag Soohee – Part 033 --

Raag Soohee – Part 034

761 : 1348

My comings and goings have ended; the Formless Lord now dwells within my mind.

761 : 1349

His limits cannot be found; He is lofty and exalted, inaccessible and infinite.

761 : 1350

One who forgets His God, shall die and be reincarnated, hundreds of thousands of times.
||6||

761 : 1351

They alone bear true love for their God, within whose minds He Himself dwells.

761 : 1352

So dwell only with those who share their virtues; chant and meditate on God, twenty–four hours a day.

761 : 1353

They are attuned to the Love of the Transcendent Lord; all their sorrows and afflictions are dispelled. ||7||

761 : 1354

You are the Creator, You are the Cause of causes; You are the One and the many.

761 : 1355

You are All–powerful, You are present everywhere; You are the subtle intellect, the clear wisdom.

761 : 1356

Nanak chants and meditates forever on the Naam, the Support of the humble devotees.

||8||1||3||

761 : 1357

Raag Soohee, Fifth Mehl, Ashtapadees, Tenth House, Kaafee:

761 : 1358

One Universal Creator God. By The Grace Of The True Guru:

761 : 1359

Even though I have made mistakes, and even though I have been wrong, I am still called Yours, O my Lord and Master.

761 : 1360

Those who enshrine love for another, die regretting and repenting. ||1||

761 : 1361

I shall never leave my Husband Lord's side.

761 : 1362

My Beloved Lover is always and forever beautiful. He is my hope and inspiration.

||1||Pause||

761 : 1363

You are my Best Friend; You are my relative. I am so proud of You.

761 : 1364

And when You dwell within me, I am at peace. I am without honor – You are my honor. ||2||

761 : 1365

And when You are pleased with me, O treasure of mercy, then I do not see any other.

761 : 1366

Please grant me this blessing, that that I may forever dwell upon You and cherish You within my heart. ||3||

761 : 1367

Let my feet walk on Your Path, and let my eyes behold the Blessed Vision of Your Darshan.

761 : 1368

With my ears, I will listen to Your Sermon, if the Guru becomes merciful to me. ||4||

761 : 1369

Hundreds of thousands and millions do not equal even one hair of Yours, O my Beloved.

761 : 1370

You are the King of kings; I cannot even describe Your Glorious Praises. ||5||

761 : 1371

Your brides are countless; they are all greater than I am.

761 : 1372

Please bless me with Your Glance of Grace, even for an instant; please bless me with Your Darshan, that I may revel in Your Love. ||6||

761 : 1373

Seeing Him, my mind is comforted and consoled, and my sins and mistakes are far removed.

761 : 1374

How could I ever forget Him, O my mother? He is permeating and pervading everywhere. ||7||

761 : 1375

In humility, I bowed down in surrender to Him, and He naturally met me.

761 : 1376

I have received what was pre-ordained for me, O Nanak, with the help and assistance of the Saints. ||8||1||4||

761 : 1377

Soohee, Fifth Mehl:

761 : 1378

The Simritees, the Vedas, the Puraanas and the other holy scriptures proclaim

761 : 1379

that without the Naam, everything is false and worthless. ||1||

761 : 1380

The infinite treasure of the Naam abides within the minds of the devotees.

761 : 1381

Birth and death, attachment and suffering, are erased in the Saadh Sangat, the Company of the Holy. ||1||Pause||

761 : 1382

Those who indulge in attachment, conflict and egotism shall surely weep and cry.

761 : 1383

Those who are separated from the Naam shall never find any peace. ||2||

761 : 1384

Crying out, "Mine! Mine!", he is bound in bondage.

761 : 1385

Entangled in Maya, he is reincarnated in heaven and hell. ||3||

761 : 1386

Searching, searching, searching, I have come to understand the essence of reality.

761 : 1387

Without the Naam, there is no peace at all, and the mortal will surely fail. ||4||

-- Raag Soohee – Part 034 --

Raag Soohee – Part 035

762 : 1388

Many come and go; they die, and die again, and are reincarnated.

762 : 1389

Without understanding, they are totally useless, and they wander in reincarnation. ||5||

762 : 1390

They alone join the Saadh Sangat, unto whom the Lord becomes Merciful.

762 : 1391

They chant and meditate on the Ambrosial Name of the Lord. ||6||

762 : 1392

Uncounted millions, so many they are endless, search for Him.

762 : 1393

But only that one, who understands his own self, sees God near at hand. ||7||

762 : 1394

Never forget me, O Great Giver – please bless me with Your Naam.

762 : 1395

To sing Your Glorious Praises day and night – O Nanak, this is my heart–felt desire.
||8||2||5||16||

762 : 1396

Raag Soohee, First Mehl, Kuchajee ~ The Ungraceful Bride:

762 : 1397

One Universal Creator God. By The Grace Of The True Guru:

762 : 1398

I am ungraceful and ill-mannered, full of endless faults. How can I go to enjoy my Husband Lord?

762 : 1399

Each of His soul-brides is better than the rest – who even knows my name?

762 : 1400

Those brides who enjoy their Husband Lord are very blessed, resting in the shade of the mango tree.

762 : 1401

I do not have their virtue – who can I blame for this?

762 : 1402

Which of Your Virtues, O Lord, should I speak of? Which of Your Names should I chant?

762 : 1403

I cannot even reach one of Your Virtues. I am forever a sacrifice to You.

762 : 1404

Gold, silver, pearls and rubies are pleasing.

762 : 1405

My Husband Lord has blessed me with these things, and I have focused my thoughts on them.

762 : 1406

Palaces of brick and mud are built and decorated with stones;

762 : 1407

I have been fooled by these decorations, and I do not sit near my Husband Lord.

762 : 1408

The cranes shriek overhead in the sky, and the herons have come to rest.

762 : 1409

The bride has gone to her father-in-law's house; in the world hereafter, what face will she show?

762 : 1410

She kept sleeping as the day dawned; she forgot all about her journey.

762 : 1411

She separated herself from her Husband Lord, and now she suffers in pain.

762 : 1412

Virtue is in You, O Lord; I am totally without virtue. This is Nanak's only prayer:

762 : 1413

You give all Your nights to the virtuous soul-brides. I know I am unworthy, but isn't there a night for me as well? ||1||

762 : 1414

Soohee, First Mehl, Suchajee ~ The Noble And Graceful Bride:

762 : 1415

When I have You, then I have everything. O my Lord and Master, You are my wealth and capital.

762 : 1416

Within You, I abide in peace; within You, I am congratulated.

762 : 1417

By the Pleasure of Your Will, You bestow thrones and greatness. And by the Pleasure of Your Will, You make us beggars and wanderers.

762 : 1418

By the Pleasure of Your Will, the ocean flows in the desert, and the lotus blossoms in the sky.

762 : 1419

By the Pleasure of Your Will, one crosses over the terrifying world–ocean; by the Pleasure of Your Will, he sinks down into it.

762 : 1420

By the Pleasure of His Will, that Lord becomes my Husband, and I am imbued with the Praises of the Lord, the treasure of virtue.

762 : 1421

By the Pleasure of Your Will, O my Husband Lord, I am afraid of You, and I come and go, and die.

762 : 1422

You, O my Husband Lord, are inaccessible and immeasurable; talking and speaking of You, I have fallen at Your Feet.

762 : 1423

What should I beg for? What should I say and hear? I am hungry and thirsty for the Blessed Vision of Your Darshan.

762 : 1424

Through the Word of the Guru's Teachings, I have found my Husband Lord. This is Nanak's true prayer. ||2||

-- Raag Soohee – Part 035 --

Raag Soohee – Part 036

763 : 1425

Soohee, Fifth Mehl, Gunvantee ~ The Worthy And Virtuous Bride:

763 : 1426

When I see a Sikh of the Guru, I humbly bow and fall at his feet.

763 : 1427

I tell to him the pain of my soul, and beg him to unite me with the Guru, my Best Friend.

763 : 1428

I ask that he impart to me such an understanding, that my mind will not go out wandering anywhere else.

763 : 1429

I dedicate this mind to you. Please, show me the Path to God.

763 : 1430

I have come so far, seeking the Protection of Your Sanctuary.

763 : 1431

Within my mind, I place my hopes in You; please, take my pain and suffering away!

763 : 1432

So walk on this Path, O sister soul-brides; do that work which the Guru tells you to do.

763 : 1433

Abandon the intellectual pursuits of the mind, and forget the love of duality.

763 : 1434

In this way, you shall obtain the Blessed Vision of the Lord's Darshan; the hot winds shall not even touch you.

763 : 1435

By myself, I do not even know how to speak; I speak all that the Lord commands.

763 : 1436

I am blessed with the treasure of the Lord's devotional worship; Guru Nanak has been kind and compassionate to me.

763 : 1437

I shall never again feel hunger or thirst; I am satisfied, satiated and fulfilled.

763 : 1438

When I see a Sikh of the Guru, I humbly bow and fall at his feet. ||3||

763 : 1439

Raag Soohee, Chhant, First Mehl, First House:

763 : 1440

One Universal Creator God. By The Grace Of The True Guru:

763 : 1441

Intoxicated with the wine of youth, I did not realize that I was only a guest at my parents' home (in this world).

763 : 1442

My consciousness is polluted with faults and mistakes; without the Guru, virtue does not even enter into me.

763 : 1443

I have not known the value of virtue; I have been deluded by doubt. I have wasted away my youth in vain.

763 : 1444

I have not known my Husband Lord, His celestial home and gate, or the Blessed Vision of His Darshan. I have not had the pleasure of my Husband Lord's celestial peace.

763 : 1445

After consulting the True Guru, I have not walked on the Path; the night of my life is passing away in sleep.

763 : 1446

O Nanak, in the prime of my youth, I am a widow; without my Husband Lord, the soul-bride is wasting away. ||1||

763 : 1447

O father, give me in marriage to the Lord; I am pleased with Him as my Husband. I belong to Him.

763 : 1448

He is pervading throughout the four ages, and the Word of His Bani permeates the three worlds.

763 : 1449

The Husband Lord of the three worlds ravishes and enjoys His virtuous brides, but He keeps the ungraceful and unvirtuous ones far away.

763 : 1450

As are our hopes, so are our minds' desires, which the All-pervading Lord brings to fulfillment.

763 : 1451

The bride of the Lord is forever happy and virtuous; she shall never be a widow, and she shall never have to wear dirty clothes.

763 : 1452

O Nanak, I love my True Husband Lord; my Beloved is the same, age after age. ||2||

763 : 1453

O Baba, calculate that auspicious moment, when I too shall be going to my in-laws' house.

763 : 1454

The moment of that marriage will be set by the Hukam of God's Command; His Will cannot be changed.

763 : 1455

The karmic record of past deeds, written by the Creator Lord, cannot be erased by anyone.

763 : 1456

The most respected member of the marriage party, my Husband, is the independent Lord of all beings, pervading and permeating the three worlds.

763 : 1457

Maya, crying out in pain, leaves, seeing that the bride and the groom are in love.

763 : 1458

O Nanak, the peace of the Mansion of God's Presence comes through the True Word of the Shabad; the bride keeps the Guru's Feet enshrined in her mind. ||3||

-- Raag Soohee – Part 036 --

Raag Soohee – Part 037

764 : 1459

My father has given me in marriage far away, and I shall not return to my parents' home.

764 : 1460

I am delighted to see my Husband Lord near at hand; in His Home, I am so beautiful.

764 : 1461

My True Beloved Husband Lord desires me; He has joined me to Himself, and made my intellect pure and sublime.

764 : 1462

By good destiny I met Him, and was given a place of rest; through the Guru's Wisdom, I have become virtuous.

764 : 1463

I gather lasting Truth and contentment in my lap, and my Beloved is pleased with my truthful speech.

764 : 1464

O Nanak, I shall not suffer the pain of separation; through the Guru's Teachings, I merge into the loving embrace of the Lord's Being. ||4||1||

764 : 1465

Raag Soohee, First Mehl, Chhant, Second House:

764 : 1466

One Universal Creator God. By The Grace Of The True Guru:

764 : 1467

My friends have come into my home.

764 : 1468

The True Lord has united me with them.

764 : 1469

The Lord automatically united me with them when it pleased Him; uniting with the chosen ones, I have found peace.

764 : 1470

I have obtained that thing, which my mind desired.

764 : 1471

Meeting with them, night and day, my mind is pleased; my home and mansion are beautified.

764 : 1472

The unstruck sound current of the Panch Shabad, the Five Primal Sounds, vibrates and resounds; my friends have come into my home. ||1||

764 : 1473

So come, my beloved friends, and sing the songs of joy, O sisters.

764 : 1474

Sing the true songs of joy and God will be pleased. You shall be celebrated throughout the four ages.

764 : 1475

My Husband Lord has come into my home, and my place is adorned and decorated. Through the Shabad, my affairs have been resolved.

764 : 1476

Applying the ointment, the supreme essence, of divine wisdom to my eyes, I see the Lord's form throughout the three worlds.

764 : 1477

So join with me, my sisters, and sing the songs of joy and delight; my friends have come into my home. ||2||

764 : 1478

My mind and body are drenched with Ambrosial Nectar;

764 : 1479

deep within the nucleus of my self, is the jewel of the Lord's Love.

764 : 1480

This invaluable jewel is deep within me; I contemplate the supreme essence of reality.

764 : 1481

Living beings are mere beggars; You are the Giver of rewards; You are the Giver to each and every being.

764 : 1482

You are Wise and All-knowing, the Inner-knower; You Yourself created the creation.

764 : 1483

So listen, O my sisters – the Enticer has enticed my mind. My body and mind are drenched with Nectar. ||3||

764 : 1484

O Supreme Soul of the World,

764 : 1485

Your play is true.

764 : 1486

Your play is true, O Inaccessible and Infinite Lord; without You, who can make me understand?

764 : 1487

There are millions of Siddhas and enlightened seekers, but without You, who can call himself one?

764 : 1488

Death and rebirth drive the mind insane; only the Guru can hold it in its place.

764 : 1489

O Nanak, one who burns away his demerits and faults with the Shabad, accumulates virtue, and finds God. ||4||1||2||

764 : 1490

Raag Soohee, First Mehl, Third House:

764 : 1491

One Universal Creator God. By The Grace Of The True Guru:

764 : 1492

Come, my friend, so that I may behold the blessed Vision of Your Darshan.

764 : 1493

I stand in my doorway, watching for You; my mind is filled with such a great yearning.

764 : 1494

My mind is filled with such a great yearning; hear me, O God – I place my faith in You.

Gazing upon the Blessed Vision of Your Darshan, I have become free of desire; the pains of birth and death are taken away.

-- Raag Soohee – Part 037 --

Raag Soohee – Part 038

765 : 1496

Your Light is in everyone; through it, You are known. Through love, You are easily met.

765 : 1497

O Nanak, I am a sacrifice to my Friend; He has come home to meet with those who are true. ||1||

765 : 1498

When her Friend comes to her home, the bride is very pleased.

765 : 1499

She is fascinated with the True Word of the Lord's Shabad; gazing upon her Lord and Master, she is filled with joy.

765 : 1500

She is filled with virtuous joy, and is totally pleased, when she is ravished and enjoyed by her Lord, and imbued with His Love.

765 : 1501

Her faults and demerits are eradicated, and she roofs her home with virtue, through the Perfect Lord, the Architect of Destiny.

765 : 1502

Conquering the thieves, she dwells as the mistress of her home, and administers justice wisely.

765 : 1503

O Nanak, through the Lord's Name, she is emancipated; through the Guru's Teachings, she meets her Beloved. ||2||

765 : 1504

The young bride has found her Husband Lord; her hopes and desires are fulfilled.

765 : 1505

She enjoys and ravishes her Husband Lord, and blends into the Word of the Shabad, pervading and permeating everywhere; the Lord is not far away.

765 : 1506

God is not far away; He is in each and every heart. All are His brides.

765 : 1507

He Himself is the Enjoyer, He Himself ravishes and enjoys; this is His glorious greatness.

765 : 1508

He is imperishable, immovable, invaluable and infinite. The True Lord is obtained through the Perfect Guru.

765 : 1509

O Nanak, He Himself unites in Union; by His Glance of Grace, He lovingly attunes them to Himself. ||3||

765 : 1510

My Husband Lord dwells in the loftiest balcony; He is the Supreme Lord of the three worlds.

765 : 1511

I am amazed, gazing upon His glorious excellence; the unstruck sound current of the Shabad vibrates and resonates.

765 : 1512

I contemplate the Shabad, and perform sublime deeds; I am blessed with the insignia, the banner of the Lord's Name.

765 : 1513

Without the Naam, the Name of the Lord, the false find no place of rest; only the jewel of the Naam brings acceptance and renown.

765 : 1514

Perfect is my honor, perfect is my intellect and password. I shall not have to come or go.

765 : 1515

O Nanak, the Gurmukh understands her own self; she becomes like her Imperishable Lord God. ||4||1||3||

765 : 1516

One Universal Creator God. By The Grace Of The True Guru:

765 : 1517

Raag Soohee, Chhant, First Mehl, Fourth House:

765 : 1518

The One who created the world, watches over it; He enjoins the people of the world to their tasks.

765 : 1519

Your gifts, O Lord, illuminate the heart, and the moon casts its light on the body.

765 : 1520

The moon glows, by the Lord's gift, and the darkness of suffering is taken away.

765 : 1521

The marriage party of virtue looks beautiful with the Groom; He chooses His enticing bride with care.

765 : 1522

The wedding is performed with glorious splendor; He has arrived, accompanied by the vibrations of the Panch Shabad, the Five Primal Sounds.

765 : 1523

The One who created the world, watches over it; He enjoins the people of the world to their tasks. ||1||

765 : 1524

I am a sacrifice to my pure friends, the immaculate Saints.

765 : 1525

This body is attached to them, and we have shared our minds.

765 : 1526

We have shared our minds – how could I forget those friends?

765 : 1527

Seeing them brings joy to my heart; I keep them clasped to my soul.

765 : 1528

They have all virtues and merits, forever and ever; they have no demerits or faults at all.

765 : 1529

I am a sacrifice to my pure friends, the immaculate Saints. ||2||

765 : 1530

One who has a basket of fragrant virtues, should enjoy its fragrance.

765 : 1531

If my friends have virtues, I will share in them.

-- Raag Soohee – Part 038 --

Raag Soohee – Part 039

766 : 1532

Let us form a partnership, and share our virtues; let us abandon our faults, and walk on the Path.

766 : 1533

Let us wear our virtues like silk clothes; let us decorate ourselves, and enter the arena.

766 : 1534

Let us speak of goodness, wherever we go and sit; let us skim off the Ambrosial Nectar, and drink it in.

766 : 1535

One who has a basket of fragrant virtues, should enjoy its fragrance. ||3||

766 : 1536

He Himself acts; unto whom should we complain? No one else does anything.

766 : 1537

Go ahead and complain to Him, if He makes a mistake.

766 : 1538

If He makes a mistake, go ahead and complain to Him; but how can the Creator Himself make a mistake?

766 : 1539

He sees, He hears, and without our asking, without our begging, He gives His gifts.

766 : 1540

The Great Giver, the Architect of the Universe, gives His gifts. O Nanak, He is the True Lord.

766 : 1541

He Himself acts; unto whom should we complain? No one else does anything. ||4||1||4||

766 : 1542

Soohee, First Mehl:

766 : 1543

My mind is imbued with His Glorious Praises; I chant them, and He is pleasing to my mind.

766 : 1544

Truth is the ladder to the Guru; climbing up to the True Lord, peace is obtained.

766 : 1545

Celestial peace comes; the Truth pleases me. How could these True Teachings ever be erased?

766 : 1546

He Himself is Undeceivable; how could He ever be deceived by cleansing baths, charity, spiritual wisdom or ritual bathings?

766 : 1547

Fraud, attachment and corruption are taken away, as are falsehood, hypocrisy and duality.

766 : 1548

My mind is imbued with His Glorious Praises; I chant them, and He is pleasing to my mind.
||1||

766 : 1549

So praise your Lord and Master, who created the creation.

766 : 1550

Filth sticks to the polluted mind; how rare are those who drink in the Ambrosial Nectar.

766 : 1551

Churn this Ambrosial Nectar, and drink it in; dedicate this mind to the Guru, and He will value it highly.

766 : 1552

I intuitively realized my God, when I linked my mind to the True Lord.

766 : 1553

I will sing the Lord's Glorious Praises with Him, if it pleases Him; how could I meet Him by being a stranger to Him?

766 : 1554

So praise your Lord and Master, who created the creation. ||2||

766 : 1555

When He comes, what else remains behind? How can there be any coming or going then?

766 : 1556

When the mind is reconciled with its Beloved Lord, it is blended with Him.

766 : 1557

True is the speech of one who is imbued with the Love of his Lord and Master, who fashioned the body fortress from a mere bubble.

766 : 1558

He is the Master of the five elements; He Himself is the Creator Lord. He embellished the body with Truth.

766 : 1559

I am worthless; please hear me, O my Beloved! Whatever pleases You is True.

766 : 1560

One who is blessed with true understanding, does not come and go. ||3||

766 : 1561

Apply such an ointment to your eyes, which is pleasing to your Beloved.

766 : 1562

I realize, understand and know Him, only if He Himself causes me to know Him.

766 : 1563

He Himself shows me the Way, and He Himself leads me to it, attracting my mind.

766 : 1564

He Himself causes us to do good and bad deeds; who can know the value of the Mysterious Lord?

766 : 1565

I know nothing of Tantric spells, magical mantras and hypocritical rituals; enshrining the Lord within my heart, my mind is satisfied.

766 : 1566

The ointment of the Naam, the Name of the Lord, is only understood by one who realizes the Lord, through the Word of the Guru's Shabad. ||4||

766 : 1567

I have my own friends; why should I go to the home of a stranger?

766 : 1568

My friends are imbued with the True Lord; He is with them, in their minds.

766 : 1569

In their minds, these friends celebrate in happiness; all good karma, righteousness and Dharma, the sixty-eight holy places of pilgrimage, charity and worship, are found in the love of the True Name.

-- Raag Soohee – Part 039 --

Raag Soohee – Part 040

767 : 1570

He Himself creates, establishes and beholds all, by the Pleasure of His Will.

767 : 1571

My friends are happy in the Love of the Lord; they nurture love for their Beloved. ||5||

767 : 1572

If a blind man is made the leader, how will he know the way?

767 : 1573

He is impaired, and his understanding is inadequate; how will he know the way?

767 : 1574

How can he follow the path and reach the Mansion of the Lord's Presence? Blind is the understanding of the blind.

767 : 1575

Without the Lord's Name, they cannot see anything; the blind are drowned in worldly entanglements.

767 : 1576

Day and night, the Divine Light shines forth and joy wells up, when the Word of the Guru's Shabad abides in the mind.

767 : 1577

With your palms pressed together, pray to the Guru to show you the way. ||6||

767 : 1578

If the man becomes a stranger to God, then all the world becomes a stranger to him.

767 : 1579

Unto whom should I tie up and give the bundle of my pains?

767 : 1580

The whole world is overflowing with pain and suffering; who can know the state of my inner self?

767 : 1581

Comings and goings are terrible and dreadful; there is no end to the rounds of reincarnation.

767 : 1582

Without the Naam, he is vacant and sad; he does not listen to the Word of the Guru's Shabad.

767 : 1583

If the mind becomes a stranger to God, then all the world becomes a stranger to him. ||7||

767 : 1584

One who finds the Guru's Mansion within the home of his own being, merges in the All-pervading Lord.

767 : 1585

The sevadar performs selfless service when he is pleased, and confirmed in the True Word of the Shabad.

767 : 1586

Confirmed in the Shabad, with her being softened by devotion, the bride dwells in the Mansion of the Lord's Presence, deep within her being.

767 : 1587

The Creator Himself creates; God Himself, in the end, is endless.

767 : 1588

Through the Word of the Guru's Shabad, the mortal is united, and then embellished; the unstruck melody of the sound current resounds.

767 : 1589

One who finds the Guru's Mansion within the home of his own being, merges in the All-pervading Lord. ||8||

767 : 1590

Why praise that which is created? Praise instead the One who created it and watches over it.

767 : 1591

His value cannot be estimated, no matter how much one may wish.

767 : 1592

He alone can estimate the Lord's value, whom the Lord Himself causes to know. He is not mistaken; He does not make mistakes.

767 : 1593

He alone celebrates victory, who is pleasing to You, through the Invaluable Word of the Guru's Shabad.

767 : 1594

I am lowly and abject – I offer my prayer; may I never forsake the True Name, O Sibling of Destiny.

767 : 1595

O Nanak, the One who created the creation, watches over it; He alone bestows understanding. ||9||2||5||

767 : 1596

Raag Soohee, Chhant, Third Mehl, Second House:

767 : 1597

One Universal Creator God. By The Grace Of The True Guru:

767 : 1598

Meditate on the Lord, and find peace and pleasure.

767 : 1599

As Gurmukh, obtain the Lord's fruitful rewards.

767 : 1600

As Gurmukh, obtain the fruit of the Lord, and meditate on the Lord's Name; the pains of countless lifetimes shall be erased.

767 : 1601

I am a sacrifice to my Guru, who has arranged and resolved all my affairs.

767 : 1602

The Lord God will bestow His Grace, if you meditate on the Lord; O humble servant of the Lord, you shall obtain the fruit of peace.

767 : 1603

Says Nanak, listen O humble Sibling of Destiny: meditate on the Lord, and find peace and pleasure. ||1||

767 : 1604

Hearing the Glorious Praises of the Lord, I am intuitively drenched with His Love.

767 : 1605

Under Guru's Instruction, I meditate intuitively on the Naam.

767 : 1606

Those who have such pre-ordained destiny, meet the Guru, and their fears of birth and death leave them.

-- Raag Soohee – Part 040 --

Raag Soohee – Part 041

768 : 1607

One who eliminates evil-mindedness and duality from within himself, that humble being lovingly focuses his mind on the Lord.

768 : 1608

Those, upon whom my Lord and Master bestows His Grace, sing the Glorious Praises of the Lord, night and day.

768 : 1609

Hearing the Glorious Praises of the Lord, I am intuitively drenched with His Love. ||2||

768 : 1610

In this age, emancipation comes only from the Lord's Name.

768 : 1611

Contemplative meditation on the Word of the Shabad emanates from the Guru.

768 : 1612

Contemplating the Guru's Shabad, one comes to love the Lord's Name; he alone obtains it, unto whom the Lord shows Mercy.

768 : 1613

In peace and poise, he sings the Lord's Praises day and night, and all sins are eradicated.

768 : 1614

All are Yours, and You belong to all. I am Yours, and You are mine.

768 : 1615

In this age, emancipation comes only from the Lord's Name. ||3||

768 : 1616

The Lord, my Friend has come to dwell within the home of my heart;

768 : 1617

singing the Glorious Praises of the Lord, one is satisfied and fulfilled.

768 : 1618

Singing the Glorious Praises of the Lord, one is satisfied forever, never to feel hunger again.

768 : 1619

That humble servant of the Lord, who meditates on the Name of the Lord, Har, Har, is worshipped in the ten directions.

768 : 1620

O Nanak, He Himself joins and separates; there is no other than the Lord.

768 : 1621

The Lord, my Friend has come to dwell within the home of my heart. ||4||1||

768 : 1622

One Universal Creator God. By The Grace Of The True Guru:

768 : 1623

Raag Soohee, Third Mehl, Third House:

768 : 1624

The Dear Lord protects His humble devotees; throughout the ages, He has protected them.

768 : 1625

Those devotees who become Gurmukh burn away their ego, through the Word of the Shabad.

768 : 1626

Those who burn away their ego through the Shabad, become pleasing to my Lord; their speech becomes True.

768 : 1627

They perform the Lord's true devotional service, day and night, as the Guru has instructed them.

768 : 1628

The devotees' lifestyle is true, and absolutely pure; the True Name is pleasing to their minds.

768 : 1629

O Nanak, the those devotees, who practice Truth, and only Truth, look beautiful in the Court of the True Lord. ||1||

768 : 1630

The Lord is the social class and honor of His devotees; the Lord's devotees merge in the Naam, the Name of the Lord.

768 : 1631

They worship the Lord in devotion, and eradicate self-conceit from within themselves; they understand merits and demerits.

768 : 1632

They understand merits and demerits, and chant the Lord's Name; devotional worship is sweet to them.

768 : 1633

Night and day, they perform devotional worship, day and night, and in the home of the self, they remain detached.

768 : 1634

Imbued with devotion, their minds remain forever immaculate and pure; they see their Dear Lord always with them.

768 : 1635

O Nanak, those devotees are True in the Court of the Lord; night and day, they dwell upon the Naam. ||2||

768 : 1636

The self-willed manmukhs practice devotional rituals without the True Guru, but without the True Guru, there is no devotion.

768 : 1637

They are afflicted with the diseases of egotism and Maya, and they suffer the pains of death and rebirth.

768 : 1638

The world suffers the pains of death and rebirth, and through the love of duality, it is ruined; without the Guru, the essence of reality is not known.

768 : 1639

Without devotional worship, everyone in the world is deluded and confused, and in the end, they depart with regrets.

-- Raag Soohree – Part 041 --

Raag Soohee – Part 042

769 : 1640

Among millions, there is scarcely one who realizes the Name of the True Lord.

769 : 1641

O Nanak, through the Naam, greatness is obtained; in the love of duality, all honor is lost.
||3||

769 : 1642

In the home of the devotees, is the joy of true marriage; they chant the Glorious Praises of the Lord forever.

769 : 1643

He Himself blesses them with the treasure of devotion; conquering the thorny pain of death, they merge in the Lord.

769 : 1644

Conquering the thorny pain of death, they merge in the Lord; they are pleasing to the Lord's Mind, and they obtain the true treasure of the Naam.

769 : 1645

This treasure is inexhaustible; it will never be exhausted. The Lord automatically blesses them with it.

769 : 1646

The humble servants of the Lord are exalted and elevated, forever on high; they are adorned with the Word of the Guru's Shabad.

769 : 1647

O Nanak, He Himself forgives them, and merges them with Himself; throughout the ages, they are glorified. ||4||1||2||

769 : 1648

Soohee, Third Mehl:

769 : 1649

Through the True Word of the Shabad, true happiness prevails, there where the True Lord is contemplated.

769 : 1650

Egotism and all sins are eradicated, when one keeps the True Lord enshrined in the heart.

769 : 1651

One who keeps the True Lord enshrined in the heart, crosses over the terrible and dreadful world–ocean; he shall not have to cross over it again.

769 : 1652

True is the True Guru, and True is the Word of His Bani; through it, the True Lord is seen.

769 : 1653

One who sings the Glorious Praises of the True Lord merges in Truth; he beholds the True Lord everywhere.

769 : 1654

O Nanak, True is the Lord and Master, and True is His Name; through Truth, comes emancipation. ||1||

769 : 1655

The True Guru reveals the True Lord; the True Lord preserves our honor.

769 : 1656

The true food is love for the True Lord; through the True Name, peace is obtained.

769 : 1657

Through the True Name, the mortal finds peace; he shall never die, and never again enter the womb of reincarnation.

769 : 1658

His light blends with the Light, and he merges into the True Lord; he is illuminated and enlightened with the True Name.

769 : 1659

Those who know the Truth are True; night and day, they meditate on Truth.

769 : 1660

O Nanak, those whose hearts are filled with the True Name, never suffer the pains of separation. ||2||

769 : 1661

In that home, and in that heart, where the True Bani of the Lord's True Praises are sung, the songs of joy resound.

769 : 1662

Through the immaculate virtues of the True Lord, the body and mind are rendered True, and God, the True Primal Being, dwells within.

769 : 1663

Such a person practices only Truth, and speaks only Truth; whatever the True Lord does, that alone comes to pass.

769 : 1664

Wherever I look, there I see the True Lord pervading; there is no other at all.

769 : 1665

From the True Lord, we emanate, and into the True Lord, we shall merge; death and birth come from duality.

769 : 1666

O Nanak, He Himself does everything; He Himself is the Cause. ||3||

769 : 1667

The true devotees look beautiful in the Darbaar of the Lord's Court. They speak Truth, and only Truth.

769 : 1668

Deep within the nucleus of their heart, is the True Word of the Lord's Bani. Through the Truth, they understand themselves.

769 : 1669

They understand themselves, and so know the True Lord, through their true intuition.

769 : 1670

True is the Shabad, and True is its Glory; peace comes only from Truth.

769 : 1671

Imbued with Truth, the devotees love the One Lord; they do not love any other.

769 : 1672

O Nanak, he alone obtains the True Lord, who has such pre-ordained destiny written upon his forehead. ||4||2||3||

769 : 1673

Soohee, Third Mehl:

769 : 1674

The soul-bride may wander throughout the four ages, but still, without the True Guru, she will not find her True Husband Lord.

-- Raag Soohee – Part 042 --

Raag Soohee – Part 043

770 : 1675

The Kingdom of the Lord is permanent, and forever unchanging; there is no other than Him.

770 : 1676

There is no other than Him – He is True forever; the Gurmukh knows the One Lord.

770 : 1677

That soul-bride, whose mind accepts the Guru's Teachings, meets her Husband Lord.

770 : 1678

Meeting the True Guru, she finds the Lord; without the Lord's Name, there is no liberation.

770 : 1679

O Nanak, the soul-bride ravishes and enjoys her Husband Lord; her mind accepts Him, and she finds peace. ||1||

770 : 1680

Serve the True Guru, O young and innocent bride; thus you shall obtain the Lord as your Husband.

770 : 1681

You shall be the virtuous and happy bride of the True Lord forever; and you shall never again wear soiled clothes.

770 : 1682

Your clothes shall never again be soiled; how rare are those few, who, as Gurmukh, recognize this, and conquer their ego.

770 : 1683

So make your practice the practice of good deeds; merge into the Word of the Shabad, and deep within, come to know the One Lord.

770 : 1684

The Gurmukh enjoys God, day and night, and so obtains true glory.

770 : 1685

O Nanak, the soul-bride enjoys and ravishes her Beloved; God is pervading and permeating everywhere. ||2||

770 : 1686

Serve the Guru, O young and innocent soul-bride, and he will lead to you meet your Husband Lord.

770 : 1687

The bride is imbued with the Love of her Lord; meeting with her Beloved, she finds peace.

770 : 1688

Meeting her Beloved, she finds peace, and merges in the True Lord; the True Lord is pervading everywhere.

770 : 1689

The bride makes Truth her decorations, day and night, and remains absorbed in the True Lord.

770 : 1690

The Lord, the Giver of peace, is realized through His Shabad; He hugs His bride close in His embrace.

770 : 1691

O Nanak, the bride obtains the Mansion of His Presence; through the Guru's Teachings, she finds her Lord. ||3||

770 : 1692

The Primal Lord, my God, has united His young and innocent bride with Himself.

770 : 1693

Through the Guru's Teachings, her heart is illumined and enlightened; God is permeating and pervading everywhere.

770 : 1694

God is permeating and pervading everywhere; He dwells in her mind, and she realizes her pre-ordained destiny.

770 : 1695

On his cozy bed, she is pleasing to my God; she fashions her decorations of Truth.

770 : 1696

The bride is immaculate and pure; she washes away the filth of egotism, and through the Guru's Teachings, she merges in the True Lord.

770 : 1697

O Nanak, the Creator Lord blends her into Himself, and she obtains the nine treasure of the Naam. ||4||3||4||

770 : 1698

Soohee, Third Mehl:

770 : 1699

Sing the Glorious Praises of the Lord, Har, Har, Har; the Gurmukh obtains the Lord.

770 : 1700

Night and day, chant the Word of the Shabad; night and day, the Shabad shall vibrate and resound.

770 : 1701

The unstruck melody of the Shabad vibrates, and the Dear Lord comes into the home of my heart; O ladies, sing the Glorious Praises of the Lord.

770 : 1702

That soul-bride, who performs devotional worship service to the Guru night and day, becomes the Beloved bride of her Lord.

770 : 1703

Those humble beings, whose hearts are filled with the Word of the Guru's Shabad, are adorned with the Shabad.

770 : 1704

O Nanak, their hearts are forever filled with happiness; the Lord, in His Mercy, enters into their hearts. ||1||

770 : 1705

The minds of the devotees are filled with bliss; they remain lovingly absorbed in the Lord's Name.

770 : 1706

The mind of the Gurmukh is immaculate and pure; she sings the Immaculate Praises of the Lord.

770 : 1707

Singing His Immaculate Praises, she enshrines in her mind the Naam, the Name of the Lord, and the Ambrosial Word of His Bani.

770 : 1708

Those humble beings, within whose minds it abides, are emancipated; the Shabad permeates each and every heart.

Raag Soohree – Part 044

771 : 1709

Singing Your Glorious Praises, they merge naturally into You, O Lord; through the Shabad, they are united in Union with You.

771 : 1710

O Nanak, their lives are fruitful; the True Guru places them on the Lord's Path. ||2||

771 : 1711

Those who join the Society of the Saints are absorbed in the Name of the Lord, Har, Har.

771 : 1712

Through the Word of the Guru's Shabad, they are forever 'jivan mukta' – liberated while yet alive; they are lovingly absorbed in the Name of the Lord.

771 : 1713

They center their consciousness on the Lord's Name; through the Guru, they are united in His Union. Their minds are imbued with the Lord's Love.

771 : 1714

They find the Lord, the Giver of peace, and they eradicate attachments; night and day, they contemplate the Naam.

771 : 1715

They are imbued with the Word of the Guru's Shabad, and intoxicated with celestial peace; the Naam abides in their minds.

771 : 1716

O Nanak, the homes of their hearts are filled with happiness, forever and always; they are absorbed in serving the True Guru. ||3||

771 : 1717

Without the True Guru, the world is deluded by doubt; it does not obtain the Mansion of the Lord's Presence.

771 : 1718

As Gurmukh, some are united in the Lord's Union, and their pains are dispelled.

771 : 1719

Their pains are dispelled, when it is pleasing to the Lord's Mind; imbued with His Love, they sing His Praises forever.

771 : 1720

The Lord's devotees are pure and humble forever; throughout the ages, they are forever respected.

771 : 1721

They perform true devotional worship service, and are honored in the Lord's Court; the True Lord is their hearth and home.

771 : 1722

O Nanak, true are their songs of joy, and true is their word; through the Word of the Shabad, they find peace. ||4||4||5||

771 : 1723

Shalok, Third Mehl:

771 : 1724

If you long for your Husband Lord, O young and innocent bride, then focus your consciousness on the Guru's feet.

771 : 1725

You shall be a happy soul bride of your Dear Lord forever; He does not die or leave.

771 : 1726

The Dear Lord does not die, and He does not leave; through the peaceful poise of the Guru, the soul bride becomes the lover of her Husband Lord.

771 : 1727

Through truth and self-control, she is forever immaculate and pure; she is embellished with the Word of the Guru's Shabad.

771 : 1728

My God is True, forever and ever; He Himself created Himself.

771 : 1729

O Nanak, she who focuses her consciousness on the Guru's feet, enjoys her Husband Lord. ||1||

771 : 1730

When the young, innocent bride finds her Husband Lord, she is automatically intoxicated with Him, night and day.

771 : 1731

Through the Word of the Guru's Teachings, her mind becomes blissful, and her body is not tinged with filth at all.

771 : 1732

Her body is not tinged with filth at all, and she is imbued with her Lord God; my God unites her in Union.

771 : 1733

Night and day, she enjoys her Lord God; her egotism is banished from within.

771 : 1734

Through the Guru's Teachings, she easily finds and meets Him. She is imbued with her Beloved.

771 : 1735

O Nanak, through the Naam, the Name of the Lord, she obtains glorious greatness. She ravishes and enjoys her God; she is imbued with His Love. ||2||

771 : 1736

Ravishing her Husband Lord, she is imbued with His Love; she obtains the Mansion of His Presence.

771 : 1737

She is utterly immaculate and pure; the Great Giver banishes self-conceit from within her.

771 : 1738

The Lord drives out attachment from within her, when it pleases Him. The soul bride becomes pleasing to the Lord's Mind.

771 : 1739

Night and day, she continually sings the Glorious Praises of the True Lord; she speaks the Unspoken Speech.

771 : 1740

Throughout the four ages, the One True Lord is permeating and pervading; without the Guru, no one finds Him.

-- Raag Soohee – Part 044 --

Raag Soohee – Part 045

772 : 1741

O Nanak, she revels in joy, imbued with His Love; she focuses her consciousness on the Lord. ||3||

772 : 1742

The mind of the soul bride is very happy, when she meets her Friend, her Beloved Lord.

772 : 1743

Through the Guru's Teachings, her mind becomes immaculate; she enshrines the Lord within her heart.

772 : 1744

Keeping the Lord enshrined within her heart, her affairs are arranged and resolved; through the Guru's Teachings, she knows her Lord.

772 : 1745

My Beloved has enticed my mind; I have obtained the Lord, the Architect of Destiny.

772 : 1746

Serving the True Guru, she finds lasting peace; the Lord, the Destroyer of pride, dwells in her mind.

772 : 1747

O Nanak, she merges with her Guru, embellished and adorned with the Word of the Guru's Shabad. ||4||5||6||

772 : 1748

Shalok, Third Mehl:

772 : 1749

The song of joy is the Naam, the Name of the Lord; contemplate it, through the Word of the Guru's Shabad.

772 : 1750

The mind and body of the Gurmukh is drenched with the Lord, the Beloved Lord.

772 : 1751

Through the Name of the Beloved Lord, all one's ancestors and generations are redeemed; chant the Lord's Name with your mouth.

772 : 1752

Comings and goings cease, peace is obtained, and in the home of the heart, one's awareness is absorbed in the unstruck melody of the sound current.

772 : 1753

I have found the One and only Lord, Har, Har. The Lord God has showered His Mercy upon Nanak.

772 : 1754

The song of joy is the Naam, the Name of the Lord; through the Word of the Guru's Shabad, contemplate it. ||1||

772 : 1755

I am lowly, and God is lofty and exalted. How will I ever meet Him?

772 : 1756

The Guru has very mercifully blessed me and united me with the Lord; through the Shabad, the Word of the Lord, I am lovingly embellished.

772 : 1757

Merging in the Word of the Shabad, I am lovingly embellished; my ego is eradicated, and I revel in joyous love.

772 : 1758

My bed is so comfortable, since I became pleasing to God; I am absorbed in the Name of the Lord, Har, Har.

772 : 1759

O Nanak, that soul bride is so very blessed, who walks in harmony with the True Guru's Will.

772 : 1760

I am lowly, and God is lofty and exalted. How will I ever meet Him? ||2||

772 : 1761

In each and every heart, and deep within all, is the One Lord, the Husband Lord of all.

772 : 1762

God dwells far away from some, while for others, He is the Support of the mind.

772 : 1763

For some, the Creator Lord is the Support of the mind; He is obtained by great good fortune, through the Guru.

772 : 1764

The One Lord God, the Master, is in each and every heart; the Gurmukh sees the unseen.

772 : 1765

The mind is satisfied, in natural ecstasy, O Nanak, contemplating God.

772 : 1766

In each and every heart, and deep within all, is the One Lord, the Husband Lord of all. ||3||

772 : 1767

Those who serve the Guru, the True Guru, the Giver, merge in the Name of the Lord, Har, Har.

772 : 1768

O Lord, please bless me with the dust of the feet of the Perfect Guru, so that I, a sinner, may be liberated.

772 : 1769

Even sinners are liberated, by eradicating their egotism; they obtain a home within their own heart.

772 : 1770

With clear understanding, the night of their lives passes peacefully; through the Guru's Teachings, the Naam is revealed to them.

772 : 1771

Through the Lord, Har, Har, I am in ecstasy, day and night. O Nanak, the Lord seems sweet.

772 : 1772

Those who serve the Guru, the True Guru, the Giver, merge in the Name of the Lord, Har, Har. ||4||6||7||5||7||12||

-- Raag Soohee – Part 045 --

Raag Soohee – Part 046

773 : 1773

Raag Soohee, Fourth Mehl, Chhant, First House:

773 : 1774

One Universal Creator God. By The Grace Of The True Guru:

773 : 1775

If only I could meet the True Guru, the Primal Being. Discarding my faults and sins, I would chant the Lord's Glorious Praises.

773 : 1776

I meditate on the Naam, the Name of the Lord, Har, Har. Continuously, continually, I chant the Word of the Guru's Bani.

773 : 1777

Gurbani always seems so sweet; I have eradicated the sins from within.

773 : 1778

The disease of egotism is gone, fear has left, and I am absorbed in celestial peace.

773 : 1779

Through the Word of the Guru's Shabad, the bed of my body has become cozy and beautiful, and I enjoy the essence of spiritual wisdom.

773 : 1780

Night and day, I continually enjoy peace and pleasure. O Nanak, this is my pre-ordained destiny. ||1||

773 : 1781

The soul-bride is lovingly embellished with truth and contentment; her Father, the Guru, has come to engage her in marriage to her Husband Lord.

773 : 1782

Joining with the humble Saints, I sing Gurbani.

773 : 1783

Singing the Guru's Bani, I have obtained the supreme status; meeting with the Saints, the self-elect, I am blessed and adorned.

773 : 1784

Anger and attachment have left my body and run away; I have eradicated hypocrisy and doubt.

773 : 1785

The pain of egotism is gone, and I have found peace; my body has become healthy and free of disease.

773 : 1786

By Guru's Grace, O Nanak, I have realized God, the ocean of virtue. ||2||

773 : 1787

The self-willed manmukh is separated, far away from God; she does not obtain the Mansion of His Presence, and she burns.

773 : 1788

Egotism and falsehood are deep within her; deluded by falsehood, she deals only in falsehood.

773 : 1789

Practicing fraud and falsehood, she suffers terrible pain; without the True Guru, she does not find the way.

773 : 1790

The foolish soul–bride wanders along dismal pathways; each and every moment, she is bumped and pushed.

773 : 1791

God, the Great Giver, shows His Mercy, and leads her to meet the True Guru, the Primal Being.

773 : 1792

Those beings who have been separated for countless incarnations, O Nanak, are reunited with the Lord, with intuitive ease. ||3||

773 : 1793

Calculating the most auspicious moment, the Lord comes into the bride's home; her heart is filled with ecstasy.

773 : 1794

The Pandits and astrologers have come, to sit and consult the almanacs.

773 : 1795

They have consulted the almanacs, and the bride's mind vibrates with bliss, when she hears that her Friend is coming into the home of her heart.

773 : 1796

The virtuous and wise men sat down and decided to perform the marriage immediately.

773 : 1797

She has found her Husband, the Inaccessible, Unfathomable Primal Lord, who is forever young; He is her Best Friend from her earliest childhood.

773 : 1798

O Nanak, he has mercifully united the bride with Himself. She shall never be separated again. ||4||1||

773 : 1799

Soohee, Fourth Mehl:

773 : 1800

In the first round of the marriage ceremony, the Lord sets out His Instructions for performing the daily duties of married life.

773 : 1801

Instead of the hymns of the Vedas to Brahma, embrace the righteous conduct of Dharma, and renounce sinful actions.

773 : 1802

Meditate on the Lord's Name; embrace and enshrine the contemplative remembrance of the Naam.

773 : 1803

Worship and adore the Guru, the Perfect True Guru, and all your sins shall be dispelled.

773 : 1804

By great good fortune, celestial bliss is attained, and the Lord, Har, Har, seems sweet to the mind.

— Raag Soohee – Part 046 —

Raag Soohee – Part 047

774 : 1805

Servant Nanak proclaims that, in this, the first round of the marriage ceremony, the marriage ceremony has begun. ||1||

774 : 1806

In the second round of the marriage ceremony, the Lord leads you to meet the True Guru, the Primal Being.

774 : 1807

With the Fear of God, the Fearless Lord in the mind, the filth of egotism is eradicated.

774 : 1808

In the Fear of God, the Immaculate Lord, sing the Glorious Praises of the Lord, and behold the Lord's Presence before you.

774 : 1809

The Lord, the Supreme Soul, is the Lord and Master of the Universe; He is pervading and permeating everywhere, fully filling all spaces.

774 : 1810

Deep within, and outside as well, there is only the One Lord God. Meeting together, the humble servants of the Lord sing the songs of joy.

774 : 1811

Servant Nanak proclaims that, in this, the second round of the marriage ceremony, the unstruck sound current of the Shabad resounds. ||2||

774 : 1812

In the third round of the marriage ceremony, the mind is filled with Divine Love.

774 : 1813

Meeting with the humble Saints of the Lord, I have found the Lord, by great good fortune.

774 : 1814

I have found the Immaculate Lord, and I sing the Glorious Praises of the Lord. I speak the Word of the Lord's Bani.

774 : 1815

By great good fortune, I have found the humble Saints, and I speak the Unspoken Speech of the Lord.

774 : 1816

The Name of the Lord, Har, Har, Har, vibrates and resounds within my heart; meditating on the Lord, I have realized the destiny inscribed upon my forehead.

774 : 1817

Servant Nanak proclaims that, in this, the third round of the marriage ceremony, the mind is filled with Divine Love for the Lord. ||3||

774 : 1818

In the fourth round of the marriage ceremony, my mind has become peaceful; I have found the Lord.

774 : 1819

As Gurmukh, I have met Him, with intuitive ease; the Lord seems so sweet to my mind and body.

774 : 1820

The Lord seems so sweet; I am pleasing to my God. Night and day, I lovingly focus my consciousness on the Lord.

774 : 1821

I have obtained my Lord and Master, the fruit of my mind's desires. The Lord's Name resounds and resonates.

774 : 1822

The Lord God, my Lord and Master, blends with His bride, and her heart blossoms forth in the Naam.

774 : 1823

Servant Nanak proclaims that, in this, the fourth round of the marriage ceremony, we have found the Eternal Lord God. ||4||2||

774 : 1824

One Universal Creator God. By The Grace Of The True Guru:

774 : 1825

Raag Soohee, Chhant, Fourth Mehl, Second House:

774 : 1826

The Gurmukhs sing the Glorious Praises of the Lord;

774 : 1827

in their hearts, and on their tongues, they enjoy and savor His taste.

774 : 1828

They enjoy and savor His taste, and are pleasing to my God, who meets them with natural ease.

774 : 1829

Night and day, they enjoy enjoyments, and they sleep in peace; they remain lovingly absorbed in the Word of the Shabad.

774 : 1830

By great good fortune, one obtains the Perfect Guru; night and day, meditate on the Naam, the Name of the Lord.

774 : 1831

In absolute ease and poise, one meets the Life of the World. O Nanak, one is absorbed in the state of absolute absorption. ||1||

774 : 1832

Joining the Society of the Saints, I bathe in the Immaculate Pool of the Lord.

774 : 1833

Bathing in these Immaculate Waters, my filth is removed, and my body is purified and sanctified.

774 : 1834

The filth of intellectual evil-mindedness is removed, doubt is gone, and the pain of egotism is dispelled.

774 : 1835

By God's Grace, I found the Sat Sangat, the True Congregation. I dwell in the home of my own inner being.

-- Raag Soohee – Part 047 --

Raag Soohee – Part 048

775 : 1836

My tongue tastes the taste of the Lord's joyous song; O Nanak, the Naam shines forth brightly. ||2||

775 : 1837

The Gurmukh loves the Name of the Lord; deep within, she contemplates the jewel of the Naam.

775 : 1838

Those who love the Lord's Name are emancipated through the Word of the Shabad. The darkness of ignorance is dispelled.

775 : 1839

Spiritual wisdom burns brilliantly, illuminating the heart; their homes and temples are embellished and blessed.

775 : 1840

I have made my body and mind into adornments, and dedicated them to the True Lord God, pleasing Him.

775 : 1841

Whatever God says, I gladly do. O Nanak, I have merged into the fiber of His Being. ||3||

775 : 1842

The Lord God has arranged the marriage ceremony;

775 : 1843

He has come to marry the Gurmukh.

775 : 1844

He has come to marry the Gurmukh, who has found the Lord. That bride is very dear to her Lord.

775 : 1845

The humble Saints join together and sing the songs of joy; the Dear Lord Himself has adorned the soul-bride.

775 : 1846

The angels and mortal beings, the heavenly heralds and celestial singers, have come together and formed a wondrous wedding party.

775 : 1847

O Nanak, I have found my True Lord God, who never dies, and is not born. ||4||1||3||

775 : 1848

Raag Soohee, Chhant, Fourth Mehl, Third House:

775 : 1849

One Universal Creator God. By The Grace Of The True Guru:

775 : 1850

Come, humble Saints, and sing the Glorious Praises of the Lord of the Universe.

775 : 1851

Let us gather together as Gurmukh; within the home of our own heart, the Shabad vibrates and resonates.

775 : 1852

The many melodies of the Shabad are Yours, O Lord God; O Creator Lord, You are everywhere.

775 : 1853

Day and night, I chant His Praises forever, lovingly focusing on the True Word of the Shabad.

775 : 1854

Night and day, I remain intuitively attuned to the Lord's Love; in my heart, I worship the Lord's Name.

775 : 1855

O Nanak, as Gurmukh, I have realized the One Lord; I do not know any other. ||1||

775 : 1856

He is contained amongst all; He is God, the Inner-knower, the Searcher of hearts.

775 : 1857

One who meditates and dwells upon God, through the Word of the Guru's Shabad, knows that God, my Lord and Master, is pervading everywhere.

775 : 1858

God, my Lord and Master, is the Inner-knower, the Searcher of hearts; He pervades and permeates each and every heart.

775 : 1859

Through the Guru's Teachings, Truth is obtained, and then, one merges in celestial bliss. There is no other than Him.

775 : 1860

I sing His Praises with intuitive ease. If it pleases God, He shall unite me with Himself.

775 : 1861

O Nanak, through the Shabad, God is known; meditate on the Naam, day and night. ||2||

775 : 1862

This world is treacherous and impassable; the self-willed manmukh cannot cross over.

775 : 1863

Within him is egotism, self-conceit, sexual desire, anger and cleverness.

775 : 1864

Within him is cleverness; he is not approved, and his life is uselessly wasted and lost.

775 : 1865

On the Path of Death, he suffers in pain, and must endure abuse; in the end, he departs regretfully.

775 : 1866

Without the Name, he has no friends, no children, family or relatives.

775 : 1867

O Nanak, the wealth of Maya, attachment and ostentatious shows – none of them shall go along with him to the world hereafter. ||3||

775 : 1868

I ask my True Guru, the Giver, how to cross over the treacherous and difficult world-ocean.

775 : 1869

Walk in harmony with the True Guru's Will, and remain dead while yet alive.

775 : 1870

Remaining dead while yet alive, cross over the terrifying world-ocean; as Gurmukh, merge in the Naam.

Raag Soohee – Part 049

776 : 1871

One obtains the Perfect Primal Lord, by great good fortune, lovingly focusing on the True Name.

776 : 1872

The intellect is enlightened, and the mind is satisfied, through the glory of the Lord's Name.

776 : 1873

O Nanak, God is found, merging in the Shabad, and one's light blends into the Light.
||4||1||4||

776 : 1874

Soohee, Fourth Mehl, Fifth House:

776 : 1875

One Universal Creator God. By The Grace Of The True Guru:

776 : 1876

O humble Saints, I have met my Beloved Guru; the fire of my desire is quenched, and my yearning is gone.

776 : 1877

I dedicate my mind and body to the True Guru; I pray that may He unite me with God, the treasure of virtue.

776 : 1878

Blessed, blessed is the Guru, the Supreme Being, who tells me of the most blessed Lord.

776 : 1879

By great good fortune, servant Nanak has found the Lord; he blossoms forth in the Naam.
||1||

776 : 1880

I have met my Beloved Friend, the Guru, who has shown me the Path to the Lord.

776 : 1881

Come home – I have been separated from You for so long! Please, let me merge with You, through the Word of the Guru's Shabad, O my Lord God.

776 : 1882

Without You, I am so sad; like a fish out of water, I shall die.

776 : 1883

The very fortunate ones meditate on the Lord; servant Nanak merges into the Naam. ||2||

776 : 1884

The mind runs around in the ten directions; the self-willed manmukh wanders around, deluded by doubt.

776 : 1885

In his mind, he continually conjures up hopes; his mind is gripped by hunger and thirst.

776 : 1886

There is an infinite treasure buried within the mind, but still, he goes out, searching for poison.

776 : 1887

O servant Nanak, praise the Naam, the Name of the Lord; without the Name, he rots away, and wastes away to death. ||3||

776 : 1888

Finding the beautiful and fascinating Guru, I have conquered my mind, through the Bani, the Word of my Beloved Lord.

776 : 1889

My heart has forgotten its common sense and wisdom; my mind has forgotten its hopes and cares.

776 : 1890

Deep within my self, I feel the pains of divine love. Beholding the Guru, my mind is comforted and consoled.

776 : 1891

Awaken my good destiny, O God – please, come and meet me! Each and every instant, servant Nanak is a sacrifice to You. ||4||1||5||

776 : 1892

Soohee, Chhant, Fourth Mehl:

776 : 1893

Eradicate the poison of egotism, O human being; it is holding you back from meeting your Lord God.

776 : 1894

This golden-colored body has been disfigured and ruined by egotism.

776 : 1895

Attachment to Maya is total darkness; this foolish, self-willed manmukh is attached to it.

776 : 1896

O servant Nanak, the Gurmukh is saved; through the Word of the Guru's Shabad, he is released from egotism. ||1||

776 : 1897

Overcome and subdue this mind; your mind wanders around continually, like a falcon.

776 : 1898

The mortal's life–night passes painfully, in constant hope and desire.

776 : 1899

I have found the Guru, O humble Saints; my mind's hopes are fulfilled, chanting the Lord's Name.

776 : 1900

Please bless servant Nanak, O God, with such understanding, that abandoning false hopes, he may always sleep in peace. ||2||

776 : 1901

The bride hopes in her mind, that her Sovereign Lord God will come to her bed.

776 : 1902

My Lord and Master is infinitely compassionate; O Sovereign Lord, be merciful, and merge me into Yourself.

— Raag Soohee – Part 049 —

Raag Soohee – Part 050

777 : 1903

My mind and body long to behold the Guru's face. O Sovereign Lord, I have spread out my bed of loving faith.

777 : 1904

O servant Nanak, when the bride pleases her Lord God, her Sovereign Lord meets her with natural ease. ||3||

777 : 1905

My Lord God, my Sovereign Lord, is on the one bed. The Guru has shown me how to meet my Lord.

777 : 1906

My mind and body are filled with love and affection for my Sovereign Lord. In His Mercy, the Guru has united me with Him.

777 : 1907

I am a sacrifice to my Guru, O my Sovereign Lord; I surrender my soul to the True Guru.

777 : 1908

When the Guru is totally pleased, O servant Nanak, he unites the soul with the Lord, the Sovereign Lord. ||4||2||6||5||7||6||18||

777 : 1909

Raag Soohee, Chhant, Fifth Mehl, First House:

777 : 1910

One Universal Creator God. By The Grace Of The True Guru:

777 : 1911

Listen, madman: gazing upon the world, why have you gone crazy?

777 : 1912

Listen, madman: you have been trapped by false love, which is transitory, like the fading color of the safflower.

777 : 1913

Gazing upon the false world, you are fooled. It is not worth even half a shell. Only the Name of the Lord of the Universe is permanent.

777 : 1914

You shall take on the deep and lasting red color of the poppy, contemplating the sweet Word of the Guru's Shabad.

777 : 1915

You remain intoxicated with false emotional attachment; you are attached to falsehood.

777 : 1916

Nanak, meek and humble, seeks the Sanctuary of the Lord, the treasure of mercy. He preserves the honor of His devotees. ||1||

777 : 1917

Listen, madman: serve your Lord, the Master of the breath of life.

777 : 1918

Listen, madman: whoever comes, shall go.

777 : 1919

Listen, O wandering stranger: that which you believe to be permanent, shall all pass away; so remain in the Saints' Congregation.

777 : 1920

Listen, renunciate: by your good destiny, obtain the Lord, and remain attached to God's Feet.

777 : 1921

Dedicate and surrender this mind to the Lord, and have no doubts; as Gurmukh, renounce your great pride.

777 : 1922

O Nanak, the Lord carries the meek and humble devotees across the terrifying world–ocean. What Glorious Virtues of Your should I chant and recite? ||2||

777 : 1923

Listen, madman: why do you harbor false pride?

777 : 1924

Listen, madman: all your egotism and pride shall be overcome.

777 : 1925

What you think is permanent, shall all pass away. Pride is false, so become the slave of God's Saints.

777 : 1926

Remain dead while still alive, and you shall cross over the terrifying world–ocean, if it is your pre–ordained destiny.

777 : 1927

One whom the Lord causes to meditate intuitively, serves the Guru, and drinks in the Ambrosial Nectar.

777 : 1928

Nanak seeks the Sanctuary of the Lord's Door; I am a sacrifice, a sacrifice, a sacrifice, forever a sacrifice to Him. ||3||

777 : 1929

Listen, madman: do not think that you have found God.

777 : 1930

Listen, madman: be the dust under the feet of those who meditate on God.

777 : 1931

Those who meditate on God find peace. By great good fortune, the Blessed Vision of their Darshan is obtained.

777 : 1932

Be humble, and be forever a sacrifice, and your self-conceit shall be totally eradicated.

777 : 1933

One who has found God is pure, with blessed destiny. I would sell myself to him.

777 : 1934

Nanak, the meek and humble, seeks the Sanctuary of the Lord, the ocean of peace. Make him Your own, and preserve his honor. ||4||1||

777 : 1935

Soohee, Fifth Mehl:

777 : 1936

The True Guru was satisfied with me, and blessed me with the Support of the Lord's Lotus Feet. I am a sacrifice to the Lord.

Raag Soohee – Part 051

778 : 1937

The Lord's Ambrosial Nectar is an overflowing treasure; everything is in His Home. I am a sacrifice to the Lord.

778 : 1938

My Father is absolutely all-powerful. God is the Doer, the Cause of causes.

778 : 1939

Remembering Him in meditation, pain does not touch me; thus I cross over the terrifying world-ocean.

778 : 1940

In the beginning, and throughout the ages, He is the Protector of His devotees. Praising Him continually, I live.

778 : 1941

O Nanak, the Naam, the Name of the Lord, is the sweetest and most sublime essence. Night and day, I drink it in with my mind and body. ||1||

778 : 1942

The Lord unites me with Himself; how could I feel any separation? I am a sacrifice to the Lord.

778 : 1943

One who has Your Support lives forever and ever. I am a sacrifice to the Lord.

778 : 1944

I take my support from You alone, O True Creator Lord.

778 : 1945

No one lacks this Support; such is my God.

778 : 1946

Meeting with the humble Saints, I sing the songs of joy; day and night, I place my hopes in You.

778 : 1947

I have obtained the Blessed Vision, the Darshan of the Perfect Guru. Nanak is forever a sacrifice. ||2||

778 : 1948

Contemplating, dwelling upon the Lord's true home, I receive honor, greatness and truth. I am a sacrifice to the Lord.

778 : 1949

Meeting the Merciful True Guru, I sing the Praises of the Imperishable Lord. I am a sacrifice to the Lord.

778 : 1950

Sing the Glorious Praises of the Lord of the Universe, continually, continuously; He is the Beloved Master of the breath of life.

778 : 1951

Good times have come; the Inner-knower, the Searcher of hearts, has met me, and hugged me close in His Embrace.

778 : 1952

The musical instruments of truth and contentment vibrate, and the unstruck melody of the sound current resounds.

778 : 1953

Hearing this, all my fears have been dispelled; O Nanak, God is the Primal Being, the Creator Lord. ||3||

778 : 1954

The essence of spiritual wisdom has welled up; in this world, and the next, the One Lord is pervading. I am a sacrifice to the Lord.

778 : 1955

When God meets the God within the self, no one can separate them. I am a sacrifice to the Lord.

778 : 1956

I gaze upon the Wondrous Lord, and listen to the Wondrous Lord; the Wondrous Lord has come into my vision.

778 : 1957

The Perfect Lord and Master is pervading the water, the land and the sky, in each and every heart.

778 : 1958

I have merged again into the One from whom I originated. The value of this cannot be described.

778 : 1959

Nanak meditates on Him. ||4||2||

778 : 1960

Raag Soohee, Chhant, Fifth Mehl, Second House:

778 : 1961

One Universal Creator God. By The Grace Of The True Guru:

778 : 1962

I sing the Glorious Praises of the Lord of the Universe.

778 : 1963

I am awake, night and day, in the Lord's Love.

778 : 1964

Awake to the Lord's Love, my sins have left me. I meet with the Beloved Saints.

778 : 1965

Attached to the Guru's Feet, my doubts are dispelled, and all my affairs are resolved.

778 : 1966

Listening to the Word of the Guru's Bani with my ears, I know celestial peace. By great good fortune, I meditate on the Lord's Name.

778 : 1967

Prays Nanak, I have entered my Lord and Master's Sanctuary. I dedicate my body and soul to God. ||1||

778 : 1968

The unstruck melody of the Shabad, the Word of God is so very beautiful.

778 : 1969

True joy comes from singing the Lord's Praises.

778 : 1970

Singing the Glorious Praises of the Lord, Har, Har, pain is dispelled, and my mind is filled with tremendous joy.

778 : 1971

My mind and body have become immaculate and pure, gazing upon the Blessed Vision of the Lord's Darshan; I chant the Name of God.

-- Raag Soohee – Part 051 --

Raag Soohee – Part 052

779 : 1972

I am the dust of the feet of the Holy. Worshipping God in adoration, my God is pleased with me.

779 : 1973

Prays Nanak, please bless me with Your Mercy, that I may sing Your Glorious Praises forever. ||2||

779 : 1974

Meeting with the Guru, I cross over the world–ocean.

779 : 1975

Meditating on the Lord's Feet, I am emancipated.

779 : 1976

Meditating on the Lord's Feet, I have obtained the fruits of all rewards, and my comings and goings have ceased.

779 : 1977

With loving devotional worship, I meditate intuitively on the Lord, and my God is pleased.

779 : 1978

Meditate on the One, Unseen, Infinite, Perfect Lord; there is no other than Him.

779 : 1979

Prays Nanak, the Guru has erased my doubts; wherever I look, there I see Him. ||3||

779 : 1980

The Lord's Name is the Purifier of sinners.

779 : 1981

It resolves the affairs of the humble Saints.

779 : 1982

I have found the Saintly Guru, meditating on God. All my desires have been fulfilled.

779 : 1983

The fever of egotism has been dispelled, and I am always happy. I have met God, from whom I was separated for so long.

779 : 1984

My mind has found peace and tranquility; congratulations are pouring in. I shall never forget Him from my mind.

779 : 1985

Prays Nanak, the True Guru has taught me this, to vibrate and meditate forever on the Lord of the Universe. ||4||1||3||

779 : 1986

Raag Soohree, Chhant, Fifth Mehl, Third House:

779 : 1987

One Universal Creator God. By The Grace Of The True Guru:

779 : 1988

O my Lord and Master, You are unattached; You have so many hand-maidens like me, Lord.

779 : 1989

You are the ocean, the source of jewels; I do not know Your value, Lord.

779 : 1990

I do not know Your value; You are the wisest of all; please show Mercy unto me, O Lord.

779 : 1991

Show Your Mercy, and bless me with such understanding, that I may meditate on You, twenty–four hours a day.

779 : 1992

O soul, don't be so arrogant – become the dust of all, and you shall be saved.

779 : 1993

Nanak's Lord is the Master of all; He has so many hand–maidens like me. ||1||

779 : 1994

Your depth is profound and utterly unfathomable; You are my Husband Lord, and I am Your bride.

779 : 1995

You are the greatest of the great, exalted and lofty on high; I am infinitesimally small.

779 : 1996

I am nothing; You are the One and only. You Yourself are All–knowing.

779 : 1997

With just a momentary Glance of Your Grace, God, I live; I enjoy all pleasures and delights.

779 : 1998

I seek the Sanctuary of Your Feet; I am the slave of Your slaves. My mind has blossomed forth, and my body is rejuvenated.

779 : 1999

O Nanak, the Lord and Master is contained amongst all; He does just as He pleases. ||2||

779 : 2000

I take pride in You; You are my only Strength, Lord.

779 : 2001

You are my understanding, intellect and knowledge. I know only what You cause me to know, Lord.

779 : 2002

He alone knows, and he alone understands, upon whom the Creator Lord bestows His Grace.

779 : 2003

The self-willed manmukh wanders along many paths, and is trapped in the net of Maya.

779 : 2004

She alone is virtuous, who is pleasing to her Lord and Master. She alone enjoys all the pleasures.

779 : 2005

You, O Lord, are Nanak's only support. You are Nanak's only pride. ||3||

779 : 2006

I am a sacrifice, devoted and dedicated to You; You are my sheltering mountain, Lord.

779 : 2007

I am a sacrifice, thousands, hundreds of thousands of times, to the Lord. He has torn away the veil of doubt;

Raag Soohee – Part 053

780 : 2008

darkness has been eliminated, and I have renounced corruption and sin. My mind is reconciled with my Lord and Master.

780 : 2009

I have become pleasing to my Dear God, and I have become carefree. My life is fulfilled and approved.

780 : 2010

I have become invaluable, of tremendous weight and value. The Door, and the Path of liberation are open to me now.

780 : 2011

Says Nanak, I am fearless; God has become my Shelter and Shield. ||4||1||4||

780 : 2012

Soohee, Fifth Mehl:

780 : 2013

My Perfect True Guru is my Best Friend, the Primal Being. I do not know any other than Him, Lord.

780 : 2014

He is my mother, father, sibling, child, relative, soul and breath of life. He is so pleasing to my mind, O Lord.

780 : 2015

My body and soul are all His blessings. He is overflowing with every quality of virtue.

780 : 2016

My God is the Inner-knower, the Searcher of hearts. He is totally permeating and pervading everywhere.

780 : 2017

In His Sanctuary, I receive every comfort and pleasure. I am totally, completely happy.

780 : 2018

Forever and ever, Nanak is a sacrifice to God, forever, a devoted sacrifice. ||1||

780 : 2019

By great good fortune, one finds such a Guru, meeting whom, the Lord God is known.

780 : 2020

The sins of countless lifetimes are erased, bathing continually in the dust of the feet of God's Saints.

780 : 2021

Bathing in the dust of the feet of the Lord, and meditating on God, you shall not have to enter into the womb of reincarnation again.

780 : 2022

Grasping hold of the Guru's Feet, doubt and fear are dispelled, and you receive the fruits of your mind's desires.

780 : 2023

Continually singing the Glorious Praises of the Lord, and meditating on the Naam, the Name of the Lord, you shall no longer suffer in pain and sorrow.

780 : 2024

O Nanak, God is the Giver of all souls; His radiant glory is perfect! ||2||

780 : 2025

The Lord, Har, Har, is the treasure of virtue; the Lord is under the power of His Saints.

780 : 2026

Those who are dedicated to the feet of the Saints, and to serving the Guru, obtain the supreme status, O Lord.

780 : 2027

They obtain the supreme status, and eradicate self-conceit; the Perfect Lord showers His Grace upon them.

780 : 2028

Their lives are fruitful, their fears are dispelled, and they meet the One Lord, the Destroyer of ego.

780 : 2029

He blends into the One, to whom he belongs; his light merges into the Light.

780 : 2030

O Nanak, chant the Naam, the Name of the Immaculate Lord; meeting the True Guru, peace is obtained. ||3||

780 : 2031

Sing continually the songs of joy, O humble beings of the Lord; all your desires shall be fulfilled.

780 : 2032

Those who are imbued with the Love of their Lord and Master do not die, or come or go in reincarnation.

780 : 2033

The Imperishable Lord is obtained, meditating on the Naam, and all one's wishes are fulfilled.

780 : 2034

Peace, poise, and all ecstasy are obtained, attaching one's mind to the Guru's feet.

780 : 2035

The Imperishable Lord is permeating and pervading each and every heart; He is in all places and interspaces.

780 : 2036

Says Nanak, all affairs are perfectly resolved, focusing one's mind on the Guru's Feet.

||4||2||5||

780 : 2037

Soohee, Fifth Mehl:

780 : 2038

Be Merciful, O my Beloved Lord and Master, that I may behold the Blessed Vision of Your Darshan with my eyes.

780 : 2039

Please bless me, O my Beloved, with thousands of tongues, to worship and adore You with my mouth, O Lord.

780 : 2040

Worshipping the Lord in adoration, the Path of Death is overcome, and no pain or suffering will afflict you.

780 : 2041

The Lord and Master is pervading and permeating the water, the land and the sky; wherever I look, there He is.

Doubt, attachment and corruption are gone. God is the nearest of the near.

-- Raag Soohee – Part 053 --

Raag Soohee – Part 054

781 : 2043

Please bless Nanak with Your Merciful Grace, O God, that his eyes may behold the Blessed Vision of Your Darshan. ||1||

781 : 2044

Please bless me, O Beloved God, with millions of ears, with which I may hear the Glorious Praises of the Imperishable Lord.

781 : 2045

Listening, listening to these, this mind becomes spotless and pure, and the noose of Death is cut.

781 : 2046

The noose of Death is cut, meditating on the Imperishable Lord, and all happiness and wisdom are obtained.

781 : 2047

Chant, and meditate, day and night, on the Lord, Har, Har. Focus your meditation on the Celestial Lord.

781 : 2048

The painful sins are burnt away, by keeping God in one's thoughts; evil-mindedness is erased.

781 : 2049

Says Nanak, O God, please be Merciful to me, that I may listen to Your Glorious Praises, O Imperishable Lord. ||2||

781 : 2050

Please give me millions of hands to serve You, God, and let my feet walk on Your Path.

781 : 2051

Service to the Lord is the boat to carry us across the terrifying world–ocean.

781 : 2052

So cross over the terrifying world–ocean, meditating in remembrance on the Lord, Har, Har; all wishes shall be fulfilled.

781 : 2053

Even the worst corruption is taken away; peace wells up, and the unstruck celestial harmony vibrates and resounds.

781 : 2054

All the fruits of the mind's desires are obtained; His creative power is infinitely valuable.

781 : 2055

Says Nanak, please be Merciful to me, God, that my mind may follow Your Path forever.
||3||

781 : 2056

This opportunity, this glorious greatness, this blessing and wealth, come by great good fortune.

781 : 2057

These pleasures, these delightful enjoyments, come when my mind is attached to the Lord's Feet.

781 : 2058

My mind is attached to God's Feet; I seek His Sanctuary. He is the Creator, the Cause of causes, the Cherisher of the world.

781 : 2059

Everything is Yours; You are my God, O my Lord and Master, Merciful to the meek.

781 : 2060

I am worthless, O my Beloved, ocean of peace. In the Saints' Congregation, my mind is awakened.

781 : 2061

Says Nanak, God has been Merciful to me; my mind is attached to His Lotus Feet. ||4||3||6||

781 : 2062

Soohee, Fifth Mehl:

781 : 2063

Meditating on the Lord, the Lord's Temple has been built; the Saints and devotees sing the Lord's Glorious Praises.

781 : 2064

Meditating, meditating in remembrance of God, their Lord and Master, they discard and renounce all their sins.

781 : 2065

Singing the Glorious Praises of the Lord, the supreme status is obtained. The Word of God's Bani is sublime and exalted.

781 : 2066

God's Sermon is so very sweet. It brings celestial peace. It is to speak the Unspoken Speech.

781 : 2067

The time and the moment were auspicious, blessed and true, when the eternal foundation of this Temple was placed.

781 : 2068

O servant Nanak, God has been kind and compassionate; with all His powers, He has blessed me. ||1||

781 : 2069

The sounds of ecstasy vibrate through me continuously. I have enshrined the Supreme Lord within my mind.

781 : 2070

As Gurmukh, my lifestyle is excellent and true; my false hopes and doubts are dispelled.

781 : 2071

The Gurmukh chants the Bani of the unstruck melody; hearing it, listening to it, my mind and body are rejuvenated.

781 : 2072

All pleasures are obtained, by that one whom God makes His Own.

781 : 2073

Within the home of the heart are the nine treasures, filled to overflowing. He has fallen in love with the Lord's Name.

781 : 2074

Servant Nanak shall never forget God; his destiny is perfectly fulfilled. ||2||

781 : 2075

God, the King, has given me shade under His canopy, and the fire of desire has been totally extinguished.

781 : 2076

The home of sorrow and sin has been demolished, and all affairs have been resolved.

781 : 2077

When the Lord God so commands, misfortune is averted; true righteousness, Dharma and charity flourish.

-- Raag Soohee – Part 054 --

Raag Soohee – Part 055

782 : 2078

Meditate forever on your God, when you sleep and sit and stand.

782 : 2079

The Lord and Master is the treasure of virtue, the ocean of peace; He pervades the water, the land and the sky.

782 : 2080

Servant Nanak has entered God's Sanctuary; there is no other than Him. ||3||

782 : 2081

My home is made, the garden and pool are made, and my Sovereign Lord God has met me.

782 : 2082

My mind is adorned, and my friends rejoice; I sing the songs of joy, and the Glorious Praises of the Lord.

782 : 2083

Singing the Glorious Praises of the True Lord God, all desires are fulfilled.

782 : 2084

Those who are attached to the Guru's Feet are always awake and aware; His Praises resound and resonate through their minds.

782 : 2085

My Lord and Master, the bringer of peace, has blessed me with His Grace; He has arranged this world, and the world hereafter for me.

782 : 2086

Prays Nanak, chant the Naam, the Name of the Lord forever; He is the Support of the body and soul. ||4||4||7||

782 : 2087

Soohee, Fifth Mehl:

782 : 2088

The terrifying world–ocean, the terrifying world–ocean – I have crossed over it, meditating on the Naam, the Name of the Lord, Har, Har.

782 : 2089

I worship and adore the Lord's Feet, the boat to carry me across. Meeting the True Guru, I am carried over.

782 : 2090

Through the Word of the Guru's Shabad, I cross over, and I shall not die again; my comings and goings are ended.

782 : 2091

Whatever He does, I accept as good, and my mind merges in celestial peace.

782 : 2092

Neither pain, nor hunger, nor disease afflicts me. I have found the Sanctuary of the Lord, the ocean of peace.

782 : 2093

Meditating, meditating in remembrance on the Lord, Nanak is imbued with His Love; his mind's anxieties are dispelled. ||1||

782 : 2094

The humble Saints have implanted the Lord's Mantra within me, and the Lord, my Best Friend, has come under my power.

782 : 2095

I have dedicated my mind to my Lord and Master, and offered it to Him, and He has blessed me with everything.

782 : 2096

He has made me His hand–maiden and slave; my sadness is dispelled, and in the Lord's Temple, I have found stability.

782 : 2097

My joy and bliss are in meditating on my True God; I shall never be separated from Him again.

782 : 2098

She alone is very fortunate, and a true soul–bride, who contemplates the Glorious Vision of the Lord's Name.

782 : 2099

Says Nanak, I am imbued with His Love, drenched in the supreme, sublime essence of His Love. ||2||

782 : 2100

I am in continual bliss and ecstasy, O my companions; I sing the songs of joy forever.

782 : 2101

God Himself has embellished her, and she has become His virtuous soul–bride.

782 : 2102

With natural ease, He has become Merciful to her. He does not consider her merits or demerits.

782 : 2103

He hugs His humble servants close in His Loving Embrace; they enshrine the Lord's Name in their hearts.

782 : 2104

Everyone is engrossed in arrogant pride, attachment and intoxication; in His Mercy, He has freed me of them.

782 : 2105

Says Nanak, I have crossed over the terrifying world–ocean, and all my affairs are perfectly resolved. ||3||

782 : 2106

Continually sing the Glorious Praises of the World–Lord, O my companions; all your wishes shall be granted.

782 : 2107

Life becomes fruitful, meeting with the Holy Saints, and meditating on the One God, the Creator of the Universe.

782 : 2108

Chant, and meditate on the One God, who permeates and pervades the many beings of the whole Universe.

782 : 2109

God created it, and God spreads through it everywhere. Everywhere I look, I see God.

782 : 2110

The Perfect Lord is perfectly pervading and permeating the water, the land and the sky; there is no place without Him.

— Raag Soohee – Part 055 —

Raag Soohee – Part 056

783 : 2111

Beholding the Blessed Vision of His Darshan, Nanak has blossomed forth; the Lord has united him in Union. ||4||5||8||

783 : 2112

Soohee, Fifth Mehl:

783 : 2113

Eternal and immovable is the City of God and Guru; chanting His Name, I have found peace.

783 : 2114

I have obtained the fruits of my mind's desires; the Creator Himself established it.

783 : 2115

The Creator Himself established it. I have found total peace; my children, siblings and Sikhs have all blossomed forth in bliss.

783 : 2116

Singing the Glorious Praises of the Perfect Transcendent Lord, my affairs have come to be resolved.

783 : 2117

God Himself is my Lord and Master. He Himself is my Saving Grace; He Himself is my father and mother.

783 : 2118

Says Nanak, I am a sacrifice to the True Guru, who has embellished and adorned this place. ||1||

783 : 2119

Homes, mansions, stores and markets are beautiful, when the Lord's Name abides within.

783 : 2120

The Saints and devotees worship the Lord's Name in adoration, and the noose of Death is cut away.

783 : 2121

The noose of Death is cut away, meditating on the Name of the Eternal, Unchanging Lord, Har, Har.

783 : 2122

Everything is perfect for them, and they obtain the fruits of their mind's desires.

783 : 2123

The Saints and friends enjoy peace and pleasure; their pain, suffering and doubts are dispelled.

783 : 2124

The Perfect True Guru has embellished them with the Word of the Shabad; Nanak is forever a sacrifice to them. ||2||

783 : 2125

The gift of our Lord and Master is perfect; it increases day by day.

783 : 2126

The Supreme Lord God has made me His own; His Glorious Greatness is so great!

783 : 2127

From the very beginning, and throughout the ages, He is the Protector of His devotees; God has become merciful to me.

783 : 2128

All beings and creatures now dwell in peace; God Himself cherishes and cares for them.

783 : 2129

The Praises of the Lord and Master are totally pervading in the ten directions; I cannot express His worth.

783 : 2130

Says Nanak, I am a sacrifice to the True Guru, who has laid this eternal foundation. ||3||

783 : 2131

The spiritual wisdom and meditation of the Perfect Transcendent Lord, and the Sermon of the Lord, Har, Har, are continually heard there.

783 : 2132

The devotees of the Lord, the Destroyer of fear, play endlessly there, and the unstruck melody resounds and vibrates there.

783 : 2133

The unstruck melody resounds and resonates, and the Saints contemplate the essence of reality; this discourse is their daily routine.

783 : 2134

They worship the Lord's Name, and all their filth is washed away; they rid themselves of all sins.

783 : 2135

There is no birth or death there, no coming or going, and no entering into the womb of reincarnation again.

783 : 2136

Nanak has found the Guru, the Transcendent Lord; by His Grace, desires are fulfilled.
||4||6||9||

783 : 2137

Soohee, Fifth Mehl:

783 : 2138

The Lord Himself has stood up to resolve the affairs of the Saints; He has come to complete their tasks.

783 : 2139

The land is beautiful, and the pool is beautiful; within it is contained the Ambrosial Water.

783 : 2140

The Ambrosial Water is filling it, and my job is perfectly complete; all my desires are fulfilled.

783 : 2141

Congratulations are pouring in from all over the world; all my sorrows are eliminated.

783 : 2142

The Vedas and the Puraanas sing the Praises of the Perfect, Unchanging, Imperishable Primal Lord.

783 : 2143

The Transcendent Lord has kept His promise, and confirmed His nature; Nanak meditates on the Naam, the Name of the Lord. ||1||

783 : 2144

The Creator has given me the nine treasures, wealth and spiritual powers, and I do not lack anything.

Raag Soohee – Part 057

784 : 2145

Eating, spending and enjoying, I have found peace; the gifts of the Creator Lord continually increase.

784 : 2146

His gifts increase and shall never be exhausted; I have found the Inner-knower, the Searcher of hearts.

784 : 2147

Millions of obstacles have all been removed, and pain does not even approach me.

784 : 2148

Tranquility, peace, poise and bliss in abundance prevail, and all my hunger is satisfied.

784 : 2149

Nanak sings the Glorious Praises of his Lord and Master, whose Glorious Greatness is wonderful and amazing. ||2||

784 : 2150

It was His job, and He has done it; what can the mere mortal being do?

784 : 2151

The devotees are adorned, singing the Glorious Praises of the Lord; they proclaim His eternal victory.

784 : 2152

Singing the Glorious Praises of the Lord of the Universe, bliss wells up, and we are friends with the Saadh Sangat, the Company of the Holy.

784 : 2153

He who made the effort to construct this sacred pool – how can his praises be recounted?

784 : 2154

The merits of the sixty–eight sacred shrines of pilgrimage, charity, good deeds and immaculate lifestyle, are found in this sacred pool.

784 : 2155

It is the natural way of the Lord and Master to purify sinners; Nanak takes the Support of the Word of the Shabad. ||3||

784 : 2156

The treasure of virtue is my God, the Creator Lord; what Praises of Yours should I sing, O Lord?

784 : 2157

The prayer of the Saints is, "O Lord and Master, please bless us with the supreme, sublime essence of Your Name."

784 : 2158

Please, grant us Your Name, grant us this blessing, and do not forget us, even for an instant.

784 : 2159

Chant the Glorious Praises of the World–Lord, O my tongue; sing them forever, night and day.

784 : 2160

One who enshrines love for the Naam, the Name of the Lord, his mind and body are drenched with Ambrosial Nectar.

784 : 2161

Prays Nanak, my desires have been fulfilled; gazing upon the Blessed Vision of the Lord, I live. ||4||7||10||

784 : 2162

Raag Soohee, Fifth Mehl, Chhant:

784 : 2163

One Universal Creator God. By The Grace Of The True Guru:

784 : 2164

My Dear Lord and Master, my Friend, speaks so sweetly.

784 : 2165

I have grown weary of testing Him, but still, He never speaks harshly to me.

784 : 2166

He does not know any bitter words; the Perfect Lord God does not even consider my faults and demerits.

784 : 2167

It is the Lord's natural way to purify sinners; He does not overlook even an iota of service.

784 : 2168

He dwells in each and every heart, pervading everywhere; He is the nearest of the near.

784 : 2169

Slave Nanak seeks His Sanctuary forever; the Lord is my Ambrosial Friend. ||1||

784 : 2170

I am wonder–struck, gazing upon the incomparable Blessed Vision of the Lord's Darshan.

784 : 2171

My Dear Lord and Master is so beautiful; I am the dust of His Lotus Feet.

784 : 2172

Gazing upon God, I live, and I am at peace; no one else is as great as He is.

784 : 2173

Present at the beginning, end and middle of time, He pervades the sea, the land and the sky.

784 : 2174

Meditating on His Lotus Feet, I have crossed over the sea, the terrifying world–ocean.

784 : 2175

Nanak seeks the Sanctuary of the Perfect Transcendent Lord; You have no end or limitation, Lord. ||2||

784 : 2176

I shall not forsake, even for an instant, my Dear Beloved Lord, the Support of the breath of life.

784 : 2177

The Guru, the True Guru, has instructed me in the contemplation of the True, Inaccessible Lord.

784 : 2178

Meeting with the humble, Holy Saint, I obtained the Naam, the Name of the Lord, and the pains of birth and death left me.

784 : 2179

I have been blessed with peace, poise and abundant bliss, and the knot of egotism has been untied.

-- Raag Soohree – Part 057 --

Raag Soohee – Part 058

785 : 2180

He is inside all, and outside of all; He is untouched by love or hate.

785 : 2181

Slave Nanak has entered the Sanctuary of the Lord of the Universe; the Beloved Lord is the Support of the mind. ||3||

785 : 2182

I searched and searched, and found the immovable, unchanging home of the Lord.

785 : 2183

I have seen that everything is transitory and perishable, and so I have linked my consciousness to the Lotus Feet of the Lord.

785 : 2184

God is eternal and unchanging, and I am just His hand–maiden; He does not die, or come and go in reincarnation.

785 : 2185

He is overflowing with Dharmic faith, wealth and success; He fulfills the desires of the mind.

785 : 2186

The Vedas and the Simritees sing the Praises of the Creator, while the Siddhas, seekers and silent sages meditate on Him.

785 : 2187

Nanak has entered the Sanctuary of his Lord and Master, the treasure of mercy; by great good fortune, he sings the Praises of the Lord, Har, Har. ||4||1||11||

785 : 2188

One Universal Creator God. By The Grace Of The True Guru:

785 : 2189

Vaar Of Soohee, With Shaloks Of The Third Mehl:

785 : 2190

Shalok, Third Mehl:

785 : 2191

In her red robes, the discarded bride goes out, seeking enjoyment with another's husband.

785 : 2192

She leaves the husband of her own home, enticed by her love of duality.

785 : 2193

She finds it sweet, and eats it up; her excessive sensuality only makes her disease worse.

785 : 2194

She forsakes the Lord, her sublime Husband, and then later, she suffers the pain of separation from Him.

785 : 2195

But she who becomes Gurmukh, turns away from corruption and adorns herself, attuned to the Love of the Lord.

785 : 2196

She enjoys her celestial Husband Lord, and enshrines the Lord's Name within her heart.

785 : 2197

She is humble and obedient; she is His virtuous bride forever; the Creator unites her with Himself.

785 : 2198

O Nanak, she who has obtained the True Lord as her husband, is a happy soul-bride forever. ||1||

785 : 2199

Third Mehl:

785 : 2200

O meek, red-robed bride, keep your Husband Lord always in your thoughts.

785 : 2201

O Nanak, your life shall be embellished, and your generations shall be saved along with you. ||2||

785 : 2202

Pauree:

785 : 2203

He Himself established His throne, in the Akaashic ethers and the nether worlds.

785 : 2204

By the Hukam of His Command, He created the earth, the true home of Dharma.

785 : 2205

He Himself created and destroys; He is the True Lord, merciful to the meek.

785 : 2206

You give sustenance to all; how wonderful and unique is the Hukam of Your Command!

785 : 2207

You Yourself are permeating and pervading; You Yourself are the Cherisher. ||1||

785 : 2208

Shalok, Third Mehl:

785 : 2209

The red-robed woman becomes a happy soul-bride, only when she accepts the True Name.

785 : 2210

Become pleasing to your True Guru, and you shall be totally beautified; otherwise, there is no place of rest.

785 : 2211

So decorate yourself with the decorations that will never stain, and love the Lord day and night.

785 : 2212

O Nanak, what is the character of the happy soul-bride? Within her, is Truth; her face is bright and radiant, and she is absorbed in her Lord and Master. ||1||

785 : 2213

Third Mehl:

785 : 2214

O people: I am in red, dressed in a red robe.

785 : 2215

But my Husband Lord is not obtained by any robes; I have tried and tried, and given up wearing robes.

785 : 2216

O Nanak, they alone obtain their Husband Lord, who listen to the Guru's Teachings.

785 : 2217

Whatever pleases Him, happens. In this way, the Husband Lord is met. ||2||

-- Raag Soohee – Part 058 --

Raag Soohee – Part 059

786 : 2218

Pauree:

786 : 2219

By His Command, He created the creation, the world with its many species of beings.

786 : 2220

I do not know how great Your Command is, O Unseen and Infinite True Lord.

786 : 2221

You join some with Yourself; they reflect on the Word of the Guru's Shabad.

786 : 2222

Those who are imbued with the True Lord are immaculate and pure; they conquer egotism and corruption.

786 : 2223

He alone is united with You, whom You unite with Yourself; he alone is true. ||2||

786 : 2224

Shalok, Third Mehl:

786 : 2225

O red-robed woman, the whole world is red, engrossed in evil-mindedness and the love of duality.

786 : 2226

In an instant, this falsehood totally vanishes; like the shade of a tree, it is gone.

786 : 2227

The Gurmukh is the deepest crimson of crimson, dyed in the permanent color of the Lord's Love.

786 : 2228

She turns away from Maya, and enters the celestial home of the Lord; the Ambrosial Name of the Lord dwells within her mind.

786 : 2229

O Nanak, I am a sacrifice to my Guru; meeting Him, I sing the Glorious Praises of the Lord.
||1||

786 : 2230

Third Mehl:

786 : 2231

The red color is vain and useless; it cannot help you obtain your Husband Lord.

786 : 2232

This color does not take long to fade; she who loves duality, ends up a widow.

786 : 2233

She who loves to wear her red dress is foolish and double-minded.

786 : 2234

So make the True Word of the Shabad your red dress, and let the Fear of God, and the Love of God, be your ornaments and decorations.

786 : 2235

O Nanak, she is a happy soul-bride forever, who walks in harmony with the Will of the True Guru. ||2||

786 : 2236

Pauree:

786 : 2237

He Himself created Himself, and He Himself evaluates Himself.

786 : 2238

His limits cannot be known; through the Word of the Guru's Shabad, He is understood.

786 : 2239

In the darkness of attachment to Maya, the world wanders in duality.

786 : 2240

The self-willed manmukhs find no place of rest; they continue coming and going.

786 : 2241

Whatever pleases Him, that alone happens. All walk according to His Will. ||3||

786 : 2242

Shalok, Third Mehl:

786 : 2243

The red-robed bride is vicious; she forsakes God, and cultivates love for another man.

786 : 2244

She has neither modesty or self-discipline; the self-willed manmukh constantly tells lies, and is ruined by the bad karma of evil deeds.

786 : 2245

She who has such pre-ordained destiny, obtains the True Guru has her Husband.

786 : 2246

She discards all her red dresses, and wears the ornaments of mercy and forgiveness around her neck.

786 : 2247

In this world and the next, she receives great honor, and the whole world worships her.

786 : 2248

She who is enjoyed by her Creator Lord stands out, and does not blend in with the crowd.

786 : 2249

O Nanak, the Gurmukh is the happy soul–bride forever; she has the Imperishable Lord God as her Husband. ||1||

786 : 2250

First Mehl:

786 : 2251

The red color is like a dream in the night; it is like a necklace without a string.

786 : 2252

The Gurmukhs take on the permanent color, contemplating the Lord God.

786 : 2253

O Nanak, with the supreme sublime essence of the Lord's Love, all sins and evil deeds are turned to ashes. ||2||

786 : 2254

Pauree:

786 : 2255

He Himself created this world, and staged this wondrous play.

786 : 2256

Into the body of the five elements, He infused attachment, falsehood and self-conceit.

786 : 2257

The ignorant, self-willed manmukh comes and goes, wandering in reincarnation.

786 : 2258

He Himself teaches some to become Gurmukh, through the spiritual wisdom of the Lord.

786 : 2259

He blesses them with the treasure of devotional worship, and the wealth of the Lord's Name. ||4||

786 : 2260

Shalok, Third Mehl:

786 : 2261

O red-robed woman, discard your red dress, and then, you shall come to love your Husband Lord.

— Raag Soohee – Part 059 —

Raag Soohree – Part 060

787 : 2262

By wearing her red dress, no one has found her Husband Lord; the self-willed manmukh is burnt to death.

787 : 2263

Meeting the True Guru, she discards her red dress, and eradicates egotism from within.

787 : 2264

Her mind and body are imbued with the deep red color of His Love, and her tongue is imbued, singing His Praises and excellences.

787 : 2265

She becomes His soul-bride forever, with the Word of the Shabad in her mind; she makes the Fear of God and the Love of God her ornaments and decorations.

787 : 2266

O Nanak, by His Merciful Grace, she obtains the Mansion of the Lord's Presence, and keeps Him enshrined in her heart. ||1||

787 : 2267

Third Mehl:

787 : 2268

O bride, forsake your red dress, and decorate yourself with the crimson color of His Love.

787 : 2269

Your comings and goings shall be forgotten, contemplating the Word of the Guru's Shabad.

787 : 2270

The soul-bride is adorned and beautiful; the Celestial Lord, her Husband, abides in her home.

787 : 2271

O Nanak, the bride ravishes and enjoys Him; and He, the Ravisher, ravishes and enjoys her. ||2||

787 : 2272

Pauree:

787 : 2273

The foolish, self-willed manmukh is engrossed in false attachment to family.

787 : 2274

Practicing egotism and self-conceit, he dies and departs, taking nothing along with him.

787 : 2275

He does not understand that the Messenger of Death is hovering over his head; he is deluded by duality.

787 : 2276

This opportunity will not come into his hands again; the Messenger of Death will seize him.

787 : 2277

He acts according to his pre-ordained destiny. ||5||

787 : 2278

Shalok, Third Mehl:

787 : 2279

Do not call them 'satee', who burn themselves along with their husbands' corpses.

787 : 2280

O Nanak, they alone are known as 'satee', who die from the shock of separation. ||1||

787 : 2281

Third Mehl:

787 : 2282

They are also known as 'satee', who abide in modesty and contentment.

787 : 2283

They serve their Lord, and rise in the early hours to contemplate Him. ||2||

787 : 2284

Third Mehl:

787 : 2285

The widows burn themselves in the fire, along with their husbands' corpses.

787 : 2286

If they truly knew their husbands, then they suffer terrible bodily pain.

787 : 2287

O Nanak, if they did not truly know their husbands, why should they burn themselves in the fire?

787 : 2288

Whether their husbands are alive or dead, those wives remain far away from them. ||3||

787 : 2289

Pauree:

787 : 2290

You created pain along with pleasure; O Creator, such is the writ You have written.

787 : 2291

There is no other gift as great as the Name; it has no form or sign.

787 : 2292

The Naam, the Name of the Lord, is an inexhaustible treasure; it abides in the mind of the Gurmukh.

787 : 2293

In His Mercy, He blesses us with the Naam, and then, the writ of pain and pleasure is not written.

787 : 2294

Those humble servants who serve with love, meet the Lord, chanting the Chant of the Lord.
||6||

787 : 2295

Shalok, Second Mehl:

787 : 2296

They know that they will have to depart, so why do they make such ostentatious displays?

787 : 2297

Those who do not know that they will have to depart, continue to arrange their affairs. ||1||

787 : 2298

Second Mehl:

787 : 2299

He accumulates wealth during the night of his life, but in the morning, he must depart.

787 : 2300

O Nanak, it shall not go along with him, and so he regrets. ||2||

787 : 2301

Second Mehl:

787 : 2302

Paying a fine under pressure, does not bring either merit or goodness.

787 : 2303

That alone is a good deed, O Nanak, which is done by one's own free will. ||3||

787 : 2304

Second Mehl:

787 : 2305

Stubborn-mindedness will not win the Lord to one's side, no matter how much it is tried.

787 : 2306

The Lord is won over to your side, by offering Him your true love, O servant Nanak, and contemplating the Word of the Shabad. ||4||

787 : 2307

Pauree:

787 : 2308

The Creator created the world; He alone understands it.

He Himself created the Universe, and He Himself shall destroy it afterwards.

-- Raag Soohree – Part 060 --

Raag Soohee – Part 061

788 : 2310

All have grown weary of wandering throughout the four ages, but none know the Lord's worth.

788 : 2311

The True Guru has shown me the One Lord, and my mind and body are at peace.

788 : 2312

The Gurmukh praises the Lord forever; that alone happens, which the Creator Lord does.
||7||

788 : 2313

Shalok, Second Mehl:

788 : 2314

Those who have the Fear of God, have no other fears; those who do not have the Fear of God, are very afraid.

788 : 2315

O Nanak, this mystery is revealed at the Court of the Lord. ||1||

788 : 2316

Second Mehl:

788 : 2317

That which flows, mingles with that which flows; that which blows, mingles with that which blows.

788 : 2318

The living mingle with the living, and the dead mingle with the dead.

788 : 2319

O Nanak, praise the One who created the creation. ||2||

788 : 2320

Pauree:

788 : 2321

Those who meditate on the True Lord are true; they contemplate the Word of the Guru's Shabad.

788 : 2322

They subdue their ego, purify their minds, and enshrine the Lord's Name within their hearts.

788 : 2323

The fools are attached to their homes, mansions and balconies.

788 : 2324

The self-willed manmukhs are caught in darkness; they do not know the One who created them.

788 : 2325

He alone understands, whom the True Lord causes to understand; what can the helpless creatures do? ||8||

788 : 2326

Shalok, Third Mehl:

788 : 2327

O bride, decorate yourself, after you surrender and accept your Husband Lord.

788 : 2328

Otherwise, your Husband Lord will not come to your bed, and your ornaments will be useless.

788 : 2329

O bride, your decorations will adorn you, only when your Husband Lord's Mind is pleased.

788 : 2330

Your ornaments will be acceptable and approved, only when your Husband Lord loves you.

788 : 2331

So make the Fear of God your ornaments, joy your betel nuts to chew, and love your food.

788 : 2332

Surrender your body and mind to your Husband Lord, and then, O Nanak, He will enjoy you. ||1||

788 : 2333

Third Mehl:

788 : 2334

The wife takes flowers, and fragrance of betel, and decorates herself.

788 : 2335

But her Husband Lord does not come to her bed, and so these efforts are useless. ||2||

788 : 2336

Third Mehl:

788 : 2337

They are not said to be husband and wife, who merely sit together.

788 : 2338

They alone are called husband and wife, who have one light in two bodies. ||3||

788 : 2339

Pauree:

788 : 2340

Without the Fear of God, there is no devotional worship, and no love for the Naam, the Name of the Lord.

788 : 2341

Meeting with the True Guru, the Fear of God wells up, and one is embellished with the Fear and the Love of God.

788 : 2342

When the body and mind are imbued with the Lord's Love, egotism and desire are conquered and subdued.

788 : 2343

The mind and body become immaculately pure and very beautiful, when one meets the Lord, the Destroyer of ego.

788 : 2344

Fear and love all belong to Him; He is the True Lord, permeating and pervading the Universe. ||9||

788 : 2345

Shalok, First Mehl:

788 : 2346

Waaho! Waaho! You are wonderful and great, O Lord and Master; You created the creation, and made us.

788 : 2347

You made the waters, waves, oceans, pools, plants, clouds and mountains.

788 : 2348

You Yourself stand in the midst of what You Yourself created.

788 : 2349

The selfless service of the Gurmukhs is approved; in celestial peace, they live the essence of reality.

788 : 2350

They receive the wages of their labor, begging at the Door of their Lord and Master.

788 : 2351

O Nanak, the Court of the Lord is overflowing and carefree; O my True Carefree Lord, no one returns empty-handed from Your Court. ||1||

788 : 2352

First Mehl:

788 : 2353

The teeth are like brilliant, beautiful pearls, and the eyes are like sparkling jewels.

788 : 2354

Old age is their enemy, O Nanak; when they grow old, they waste away. ||2||

Raag Soohree – Part 062

789 : 2355

Pauree:

789 : 2356

Praise the Lord, forever and ever; dedicate your body and mind to Him.

789 : 2357

Through the Word of the Guru's Shabad, I have found the True, Profound and Unfathomable Lord.

789 : 2358

The Lord, the jewel of jewels, is permeating my mind, body and heart.

789 : 2359

The pains of birth and death are gone, and I shall never again be consigned to the cycle of reincarnation.

789 : 2360

O Nanak, praise the Naam, the Name of the Lord, the ocean of excellence. ||10||

789 : 2361

Shalok, First Mehl:

789 : 2362

O Nanak, burn this body; this burnt body has forgotten the Naam, the Name of the Lord.

789 : 2363

The dirt is piling up, and in the world hereafter, your hand shall not be able to reach down

into this stagnant pond to clean it out. ||1||

789 : 2364

First Mehl:

789 : 2365

O Nanak, wicked are the uncountable actions of the mind.

789 : 2366

They bring terrible and painful retributions, but if the Lord forgives me, then I will be spared this punishment. ||2||

789 : 2367

Pauree:

789 : 2368

True is the Command He sends forth, and True are the Orders He issues.

789 : 2369

Forever unmoving and unchanging, permeating and pervading everywhere, He is the All-knowing Primal Lord.

789 : 2370

By Guru's Grace, serve Him, through the True Insignia of the Shabad.

789 : 2371

That which He makes is perfect; through the Guru's Teachings, enjoy His Love.

789 : 2372

He is inaccessible, unfathomable and unseen; as Gurmukh, know the Lord. ||11||

789 : 2373

Shalok, First Mehl:

789 : 2374

O Nanak, the bags of coins are brought in

789 : 2375

and placed in the Court of our Lord and Master, and there, the genuine and the counterfeit are separated. ||1||

789 : 2376

First Mehl:

789 : 2377

They go and bathe at sacred shrines of pilgrimage, but their minds are still evil, and their bodies are thieves.

789 : 2378

Some of their filth is washed off by these baths, but they only accumulate twice as much.

789 : 2379

Like a gourd, they may be washed off on the outside, but on the inside, they are still filled with poison.

789 : 2380

The holy man is blessed, even without such bathing, while a thief is a thief, no matter how much he bathes. ||2||

789 : 2381

Pauree:

789 : 2382

He Himself issues His Commands, and links the people of the world to their tasks.

789 : 2383

He Himself joins some to Himself, and through the Guru, they find peace.

789 : 2384

The mind runs around in the ten directions; the Guru holds it still.

789 : 2385

Everyone longs for the Name, but it is only found through the Guru's Teachings.

789 : 2386

Your pre-ordained destiny, written by the Lord in the very beginning, cannot be erased.
||12||

789 : 2387

Shalok, First Mehl:

789 : 2388

The two lamps light the fourteen markets.

789 : 2389

There are just as many traders as there are living beings.

789 : 2390

The shops are open, and trading is going on;

789 : 2391

whoever comes there, is bound to depart.

789 : 2392

The Righteous Judge of Dharma is the broker, who gives his sign of approval.

789 : 2393

O Nanak, those who earn the profit of the Naam are accepted and approved.

789 : 2394

And when they return home, they are greeted with cheers;

789 : 2395

they obtain the glorious greatness of the True Name. ||1||

789 : 2396

First Mehl:

789 : 2397

Even when the night is dark, whatever is white retains its white color.

789 : 2398

And even when the light of day is dazzlingly bright, whatever is black retains its black color.

789 : 2399

The blind fools have no wisdom at all; their understanding is blind.

789 : 2400

O Nanak, without the Lord's Grace, they will never receive honor. ||2||

789 : 2401

Pauree:

789 : 2402

The True Lord Himself created the body–fortress.

789 : 2403

Some are ruined through the love of duality, engrossed in egotism.

789 : 2404

This human body is so difficult to obtain; the self–willed manmukhs suffer in pain.

789 : 2405

He alone understands, whom the Lord Himself causes to understand; he is blessed by the True Guru.

789 : 2406

He created the entire world for His play; He is pervading amongst all. ||13||

-- Raag Soohee – Part 062 --

Raag Soohee – Part 063

790 : 2407

Shalok, First Mehl:

790 : 2408

Thieves, adulterers, prostitutes and pimps, make friendships with the unrighteous, and eat with the unrighteous.

790 : 2409

They do not know the value of the Lord's Praises, and Satan is always with them.

790 : 2410

If a donkey is anointed with sandalwood paste, he still loves to roll in the dirt.

790 : 2411

O Nanak, by spinning falsehood, a fabric of falsehood is woven.

790 : 2412

False is the cloth and its measurement, and false is pride in such a garment. ||1||

790 : 2413

First Mehl:

790 : 2414

The callers to prayer, the flute-players, the horn-blowers, and also the singers

790 : 2415

– some are givers, and some are beggars; they become acceptable only through Your Name, Lord.

790 : 2416

O Nanak, I am a sacrifice to those who hear and accept the Name. ||2||

790 : 2417

Pauree:

790 : 2418

Attachment to Maya is totally false, and false are those who go that way.

790 : 2419

Through egotism, the world is caught in conflict and strife, and it dies.

790 : 2420

The Gurmukh is free of conflict and strife, and sees the One Lord, pervading everywhere.

790 : 2421

Recognizing that the Supreme Soul is everywhere, he crosses over the terrifying world–ocean.

790 : 2422

His light merges into the Light, and he is absorbed into the Lord's Name. ||14||

790 : 2423

Shalok: First Mehl:

790 : 2424

O True Guru, bless me with Your charity; You are the All–powerful Giver.

790 : 2425

May I subdue and quiet my egotism, pride, sexual desire, anger and self–conceit.

790 : 2426

Burn away all my greed, and give me the Support of the Naam, the Name of the Lord.

790 : 2427

Day and night, keep me ever–fresh and new, spotless and pure; let me never be soiled by sin.

790 : 2428

O Nanak, in this way I am saved; by Your Grace, I have found peace. ||1||

790 : 2429

First Mehl:

790 : 2430

There is only the one Husband Lord, for all who stand at His Door.

790 : 2431

O Nanak, they ask for news of their Husband Lord, from those who are imbued with His Love. ||2||

790 : 2432

First Mehl:

790 : 2433

All are imbued with love for their Husband Lord; I am a discarded bride – what good am I?

790 : 2434

My body is filled with so many faults; my Lord and Master does not even turn His thoughts to me. ||3||

790 : 2435

First Mehl:

790 : 2436

I am a sacrifice to those who praise the Lord with their mouths.

790 : 2437

All the nights are for the happy soul-brides; I am a discarded bride – if only I could have even one night with Him! ||4||

790 : 2438

Pauree:

790 : 2439

I am a beggar at Your Door, begging for charity; O Lord, please grant me Your Mercy, and give to me.

790 : 2440

As Gurmukh, unite me, your humble servant, with You, that I may receive Your Name.

790 : 2441

Then, the unstruck melody of the Shabad will vibrate and resound, and my light will blend with the Light.

790 : 2442

Within my heart, I sing the Glorious Praises of the Lord, and celebrate the Word of the Lord's Shabad.

790 : 2443

The Lord Himself is pervading and permeating the world; so fall in love with Him! ||15||

790 : 2444

Shalok, First Mehl:

790 : 2445

Those who do not obtain the sublime essence, the love and delight of their Husband Lord,

790 : 2446

are like guests in a deserted house; they leave just as they have come, empty-handed. ||1||

790 : 2447

First Mehl:

790 : 2448

He receives hundreds and thousands of reprimands, day and night;

790 : 2449

the swan-soul has renounced the Lord's Praises, and attached itself to a rotting carcass.

790 : 2450

Cursed is that life, in which one only eats to fill his belly.

790 : 2451

O Nanak, without the True Name, all one's friends turn to enemies. ||2||

790 : 2452

Pauree:

790 : 2453

The minstrel continually sings the Glorious Praises of the Lord, to embellish his life.

790 : 2454

The Gurmukh serves and praises the True Lord, enshrining Him within his heart.

-- Raag Soohee – Part 063 --

Raag Soohee – Part 064

791 : 2455

He obtains his own home and mansion, by loving the Naam, the Name of the Lord.

791 : 2456

As Gurmukh, I have obtained the Naam; I am a sacrifice to the Guru.

791 : 2457

You Yourself embellish and adorn us, O Creator Lord. ||16||

791 : 2458

Shalok, First Mehl:

791 : 2459

When the lamp is lit, the darkness is dispelled;

791 : 2460

reading the Vedas, sinful intellect is destroyed.

791 : 2461

When the sun rises, the moon is not visible.

791 : 2462

Wherever spiritual wisdom appears, ignorance is dispelled.

791 : 2463

Reading the Vedas is the world's occupation;

791 : 2464

the Pandits read them, study them and contemplate them.

791 : 2465

Without understanding, all are ruined.

791 : 2466

O Nanak, the Gurmukh is carried across. ||1||

791 : 2467

First Mehl:

791 : 2468

Those who do not savor the Word of the Shabad, do not love the Naam, the Name of the Lord.

791 : 2469

They speak insipidly with their tongues, and are continually disgraced.

791 : 2470

O Nanak, they act according to the karma of their past actions, which no one can erase. ||2||

791 : 2471

Pauree:

791 : 2472

One who praises his God, receives honor.

791 : 2473

He drives out egotism from within himself, and enshrines the True Name within his mind.

791 : 2474

Through the True Word of the Guru's Bani, he chants the Glorious Praises of the Lord, and finds true peace.

791 : 2475

He is united with the Lord, after being separated for so long; the Guru, the Primal Being, unites him with the Lord.

791 : 2476

In this way, his filthy mind is cleansed and purified, and he meditates on the Name of the Lord. ||17||

791 : 2477

Shalok, First Mehl:

791 : 2478

With the fresh leaves of the body, and the flowers of virtue, Nanak has weaved his garland.

791 : 2479

The Lord is pleased with such garlands, so why pick any other flowers? ||1||

791 : 2480

Second Mehl:

791 : 2481

O Nanak, it is the spring season for those, within whose homes their Husband Lord abides.

791 : 2482

But those, whose Husband Lord is far away in distant lands, continue burning, day and night. ||2||

791 : 2483

Pauree:

791 : 2484

The Merciful Lord Himself forgives those who dwell upon the Word of the Guru, the True Guru.

791 : 2485

Night and day, I serve the True Lord, and chant His Glorious Praises; my mind merges into Him.

791 : 2486

My God is infinite; no one knows His limit.

791 : 2487

Grasping hold of the feet of the True Guru, meditate continually on the Lord's Name.

791 : 2488

Thus you shall obtain the fruits of your desires, and all wishes shall be fulfilled within your home. ||18||

791 : 2489

Shalok, First Mehl:

791 : 2490

Spring brings forth the first blossoms, but the Lord blossoms earlier still.

791 : 2491

By His blossoming, everything blossoms; no one else causes Him to blossom forth. ||1||

791 : 2492

Second Mehl:

791 : 2493

He blossoms forth even earlier than the spring; reflect upon Him.

791 : 2494

O Nanak, praise the One who gives Support to all. ||2||

791 : 2495

Second Mehl:

791 : 2496

By uniting, the united one is not united; he unites, only if he is united.

791 : 2497

But if he unites deep within his soul, then he is said to be united. ||3||

791 : 2498

Pauree:

791 : 2499

Praise the Name of the Lord, Har, Har, and practice truthful deeds.

791 : 2500

Attached to other deeds, one is consigned to wander in reincarnation.

791 : 2501

Attuned to the Name, one obtains the Name, and through the Name, sings the Lord's Praises.

791 : 2502

Praising the Word of the Guru's Shabad, he merges in the Lord's Name.

791 : 2503

Service to the True Guru is fruitful and rewarding; serving Him, the fruits are obtained. ||19||

791 : 2504

Shalok, Second Mehl:

791 : 2505

Some people have others, but I am forlorn and dishonored; I have only You, Lord.

-- Raag Soohee – Part 064 --

Raag Soohree – Part 065

792 : 2506

I might as well just die crying, if You will not come into my mind. ||1||

792 : 2507

Second Mehl:

792 : 2508

When there is peace and pleasure, that is the time to remember your Husband Lord. In times of suffering and pain, remember Him then as well.

792 : 2509

Says Nanak, O wise bride, this is the way to meet your Husband Lord. ||2||

792 : 2510

Pauree:

792 : 2511

I am a worm – how can I praise You, O Lord; Your glorious greatness is so great!

792 : 2512

You are inaccessible, merciful and unapproachable; You Yourself unite us with Yourself.

792 : 2513

I have no other friend except You; in the end, You alone will be my Companion and Support.

792 : 2514

You save those who enter Your Sanctuary.

792 : 2515

O Nanak, He is care-free; He has no greed at all. ||20||1||

792 : 2516

Raag Soohree, The Word Of Kabeer Jee, And Other Devotees.

792 : 2517

Of Kabeer

792 : 2518

One Universal Creator God. By The Grace Of The True Guru:

792 : 2519

Since your birth, what have you done?

792 : 2520

You have never even chanted the Name of the Lord. ||1||

792 : 2521

You have not meditated on the Lord; what thoughts are you attached to?

792 : 2522

What preparations are you making for your death, O unfortunate one? ||1||Pause||

792 : 2523

Through pain and pleasure, you have taken care of your family.

792 : 2524

But at the time of death, you shall have to endure the agony all alone. ||2||

792 : 2525

When you are seized by the neck, then you shall cry out.

792 : 2526

Says Kabeer, why didn't you remember the Lord before this? ||3||1||

792 : 2527

Soohee, Kabeer Jee:

792 : 2528

My innocent soul trembles and shakes.

792 : 2529

I do not know how my Husband Lord will deal with me. ||1||

792 : 2530

The night of my youth has passed away; will the day of old age also pass away?

792 : 2531

My dark hairs, like bumble bees, have gone away, and grey hairs, like cranes, have settled upon my head. ||1||Pause||

792 : 2532

Water does not remain in the unbaked clay pot;

792 : 2533

when the soul–swan departs, the body withers away. ||2||

792 : 2534

I decorate myself like a young virgin;

792 : 2535

but how can I enjoy pleasures, without my Husband Lord? ||3||

792 : 2536

My arm is tired, driving away the crows.

792 : 2537

Says Kabeer, this is the way the story of my life ends. ||4||2||

792 : 2538

Soohee, Kabeer Jee:

792 : 2539

Your time of service is at its end, and you will have to give your account.

792 : 2540

The hard–hearted Messenger of Death has come to take you away.

792 : 2541

What have you earned, and what have you lost?

792 : 2542

Come immediately! You are summoned to His Court! ||1||

792 : 2543

Get going! Come just as you are! You have been summoned to His Court.

792 : 2544

The Order has come from the Court of the Lord. ||1||Pause||

792 : 2545

I pray to the Messenger of Death: please, I still have some outstanding debts to collect in the village.

792 : 2546

I will collect them tonight;

792 : 2547

I will also pay you something for your expenses,

792 : 2548

and I will recite my morning prayers on the way. ||2||

792 : 2549

Blessed, blessed is the most fortunate servant of the Lord, who is imbued with the Lord's Love, in the Saadh Sangat, the Company of the Holy.

792 : 2550

Here and there, the humble servants of the Lord are always happy.

792 : 2551

They win the priceless treasure of this human life. ||3||

792 : 2552

When he is awake, he is sleeping, and so he loses this life.

792 : 2553

The property and wealth he has accumulated passes on to someone else.

792 : 2554

Says Kabeer, those people are deluded,

792 : 2555

who forget their Lord and Master, and roll in the dust. ||4||3||

-- Raag Soohee – Part 065 --

Raag Soohee – Part 066

793 : 2556

Soohee, Kabeer Jee, Lallit:

793 : 2557

My eyes are exhausted, and my ears are tired of hearing; my beautiful body is exhausted.

793 : 2558

Driven forward by old age, all my senses are exhausted; only my attachment to Maya is not exhausted. ||1||

793 : 2559

O mad man, you have not obtained spiritual wisdom and meditation.

793 : 2560

You have wasted this human life, and lost. ||1||Pause||

793 : 2561

O mortal, serve the Lord, as long as the breath of life remains in the body.

793 : 2562

And even when your body dies, your love for the Lord shall not die; you shall dwell at the Feet of the Lord. ||2||

793 : 2563

When the Word of the Shabad abides deep within, thirst and desire are quenched.

793 : 2564

When one understands the Hukam of the Lord's Command, he plays the game of chess

with the Lord; throwing the dice, he conquers his own mind. ||3||

793 : 2565

Those humble beings, who know the Imperishable Lord and meditate on Him, are not destroyed at all.

793 : 2566

Says Kabeer, those humble beings who know how to throw these dice, never lose the game of life. ||4||4||

793 : 2567

Soohee, Lalit, Kabeer Jee:

793 : 2568

In the one fortress of the body, there are five rulers, and all five demand payment of taxes.

793 : 2569

I have not farmed anyone's land, so such payment is difficult for me to pay. ||1||

793 : 2570

O people of the Lord, the tax-collector is constantly torturing me!

793 : 2571

Raising my arms up, I complained to my Guru, and He has saved me. ||1||Pause||

793 : 2572

The nine tax-assessors and the ten magistrates go out; they do not allow their subjects to live in peace.

793 : 2573

They do not measure with a full tape, and they take huge amounts in bribes. ||2||

793 : 2574

The One Lord is contained in the seventy–two chambers of the body, and He has written off my account.

793 : 2575

The records of the Righteous Judge of Dharma have been searched, and I owe absolutely nothing. ||3||

793 : 2576

Let no one slander the Saints, because the Saints and the Lord are as one.

793 : 2577

Says Kabeer, I have found that Guru, whose Name is Clear Understanding. ||4||5||

793 : 2578

Raag Soohee, The Word Of Sree Ravi Daas Jee:

793 : 2579

One Universal Creator God. By The Grace Of The True Guru:

793 : 2580

The happy soul–bride knows the worth of her Husband Lord.

793 : 2581

Renouncing pride, she enjoys peace and pleasure.

793 : 2582

She surrenders her body and mind to Him, and does not remain separate from Him.

793 : 2583

She does not see or hear, or speak to another. ||1||

793 : 2584

How can anyone know the pain of another,

793 : 2585

if there is no compassion and sympathy within? ||1||Pause||

793 : 2586

The discarded bride is miserable, and loses both worlds;

793 : 2587

she does not worship her Husband Lord.

793 : 2588

The bridge over the fire of hell is difficult and treacherous.

793 : 2589

No one will accompany you there; you will have to go all alone. ||2||

793 : 2590

Suffering in pain, I have come to Your Door, O Compassionate Lord.

793 : 2591

I am so thirsty for You, but You do not answer me.

793 : 2592

Says Ravi Daas, I seek Your Sanctuary, God;

793 : 2593

as You know me, so will You save me. ||3||1||

793 : 2594

SOOHEE:

793 : 2595

That day which comes, that day shall go.

793 : 2596

You must march on; nothing remains stable.

793 : 2597

Our companions are leaving, and we must leave as well.

793 : 2598

We must go far away. Death is hovering over our heads. ||1||

-- Raag Soohee – Part 066 --

Raag Soohee – Part 067

794 : 2599

Why are you asleep? Wake up, you ignorant fool!

794 : 2600

You believe that your life in the world is true. ||1||Pause||

794 : 2601

The One who gave you life shall also provide you with nourishment.

794 : 2602

In each and every heart, He runs His shop.

794 : 2603

Meditate on the Lord, and renounce your egotism and self-conceit.

794 : 2604

Within your heart, contemplate the Naam, the Name of the Lord, sometime. ||2||

794 : 2605

Your life has passed away, but you have not arranged your path.

794 : 2606

Evening has set in, and soon there will be darkness on all sides.

794 : 2607

Says Ravi Daas, O ignorant mad-man,

794 : 2608

don't you realize, that this world is the house of death?! ||3||2||

794 : 2609

SOOHEE:

794 : 2610

You may have lofty mansions, halls and kitchens.

794 : 2611

But you cannot stay in them, even for an instant, after death. ||1||

794 : 2612

This body is like a house of straw.

794 : 2613

When it is burnt, it mixes with dust. ||1||Pause||

794 : 2614

Even relatives, family and friends begin to say, "Take his body out, immediately!"||2||

794 : 2615

And the wife of his house, who was so attached to his body and heart,

794 : 2616

runs away, crying out, "Ghost! Ghost!"||3||

794 : 2617

Says Ravi Daas, the whole world has been plundered,

794 : 2618

but I have escaped, chanting the Name of the One Lord. ||4||3||

794 : 2619

One Universal Creator God. By The Grace Of The True Guru:

794 : 2620

Raag Soohee, The Word Of Shaykh Fareed Jee:

794 : 2621

Burning and burning, writhing in pain, I wring my hands.

794 : 2622

I have gone insane, seeking my Husband Lord.

794 : 2623

O my Husband Lord, You are angry with me in Your Mind.

794 : 2624

The fault is with me, and not with my Husband Lord. ||1||

794 : 2625

O my Lord and Master, I do not know Your excellence and worth.

794 : 2626

Having wasted my youth, now I come to regret and repent. ||1||Pause||

794 : 2627

O black bird, what qualities have made you black?

794 : 2628

"I have been burnt by separation from my Beloved."

794 : 2629

Without her Husband Lord, how can the soul-bride ever find peace?

794 : 2630

When He becomes merciful, then God unites us with Himself. ||2||

794 : 2631

The lonely soul-bride suffers in the pit of the world.

794 : 2632

She has no companions, and no friends.

794 : 2633

In His Mercy, God has united me with the Saadh Sangat, the Company of the Holy.

794 : 2634

And when I look again, then I find God as my Helper. ||3||

794 : 2635

The path upon which I must walk is very depressing.

794 : 2636

It is sharper than a two-edged sword, and very narrow.

794 : 2637

That is where my path lies.

794 : 2638

O Shaykh Fareed, think of that path early on. ||4||1||

794 : 2639

SOOHEE, LALIT:

794 : 2640

You were not able to make yourself a raft when you should have.

794 : 2641

When the ocean is churning and over-flowing, then it is very difficult to cross over it. ||1||

794 : 2642

Do not touch the safflower with your hands; its color will fade away, my dear. ||1||Pause||

794 : 2643

First, the bride herself is weak, and then, her Husband Lord's Order is hard to bear.

794 : 2644

Milk does not return to the breast; it will not be collected again. ||2||

794 : 2645

Says Fareed, O my companions, when our Husband Lord calls,

794 : 2646

the soul departs, sad at heart, and this body returns to dust. ||3||2||

-- Raag Soohee --