



English translation of Holy Guru Granth Sahib (Part 11)

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Credits

English translation of
Holy Guru Granth Sahib (11 Raag Bihaagra)

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Raag Bihaagra – Part 001

537 : 1

One Universal Creator God. Truth Is The Name. Creative Being Personified. No Fear. No Hatred. Image Of The Undying. Beyond Birth. Self-Existent. By Guru's Grace:

537 : 2

Raag Bihaagraa, Chau-Padas, Fifth Mehl, Second House:

537 : 3

To associate with your arch enemies,

537 : 4

is to live with poisonous snakes;

537 : 5

I have made the effort to shake them off. ||1||

537 : 6

Then, I repeated the Name of the Lord, Har, Har,

537 : 7

and I obtained celestial peace. ||1||Pause||

537 : 8

False is the love of the many emotional attachments,

537 : 9

which suck the mortal into the whirlpool of reincarnation. ||2||

537 : 10

All are travellers,

537 : 11

who have gathered under the world–tree,

537 : 12

and are bound by their many bonds. ||3||

537 : 13

Eternal is the Company of the Holy,

537 : 14

where the Kirtan of the Lord's Praises are sung.

537 : 15

Nanak seeks this Sanctuary. ||4||1||

537 : 16

One Universal Creator God. By The Grace Of The True Guru:

537 : 17

Raag Bihaagraa, Ninth Mehl:

537 : 18

No one knows the state of the Lord.

537 : 19

The Yogis, the celibates, the penitents, and all sorts of clever people have failed.
||1||Pause||

537 : 20

In an instant, He changes the beggar into a king, and the king into a beggar.

537 : 21

He fills what is empty, and empties what is full – such are His ways. ||1||

537 : 22

He Himself spread out the expanse of His Maya, and He Himself beholds it.

537 : 23

He assumes so many forms, and plays so many games, and yet, He remains detached from it all. ||2||

537 : 24

Incalculable, infinite, incomprehensible and immaculate is He, who has misled the entire world.

537 : 25

Cast off all your doubts; prays Nanak, O mortal, focus your consciousness on His Feet. ||3||1||2||

537 : 26

Raag Bihaagraa, Chhant, Fourth Mehl, First House:

537 : 27

One Universal Creator God. By The Grace Of The True Guru:

537 : 28

Meditate on the Name of the Lord, Har, Har, O my soul; as Gurmukh, meditate on the invaluable Name of the Lord.

My mind is pierced through by the sublime essence of the Lord's Name. The Lord is dear to my mind. With the sublime essence of the Lord's Name, my mind is washed clean.

-- Raag Bihaagra – Part 001 --

Raag Bihaagra – Part 002

538 : 30

Under Guru's Instructions, hold your mind steady; O my soul, do not let it wander anywhere.

538 : 31

One who utters the Bani of the Praises of the Lord God, O Nanak, obtains the fruits of his heart's desires. ||1||

538 : 32

Under Guru's Instruction, the Ambrosial Name abides within the mind, O my soul; with your mouth, utter the words of ambrosia.

538 : 33

The Words of the devotees are Ambrosial Nectar, O my soul; hearing them in the mind, embrace loving affection for the Lord.

538 : 34

Separated for so very long, I have found the Lord God; He holds me close in His loving embrace.

538 : 35

Servant Nanak's mind is filled with bliss, O my soul; the unstruck sound–current of the Shabad vibrates within. ||2||

538 : 36

If only my friends and companions would come and unite me with my Lord God, O my soul.

538 : 37

I offer my mind to the one who recites the sermon of my Lord God, O my soul.

538 : 38

As Gurmukh, ever worship the Lord in adoration, O my soul, and you shall obtain the fruits of your heart's desires.

538 : 39

O Nanak, hurry to the Lord's Sanctuary; O my soul, those who meditate on the Lord's Name are very fortunate. ||3||

538 : 40

By His Mercy, God comes to meet us, O my soul; through the Guru's Teachings, He reveals His Name.

538 : 41

Without the Lord, I am so sad, O my soul – as sad as the lotus without water.

538 : 42

The Perfect Guru has united me, O my soul, with the Lord, my best friend, the Lord God.

538 : 43

Blessed, blessed is the Guru, who has shown me the Lord, O my soul; servant Nanak blossoms forth in the Name of the Lord. ||4||1||

538 : 44

Raag Bihaagraa, Fourth Mehl:

538 : 45

The Name of the Lord, Har, Har, is Ambrosial Nectar, O my soul; through the Guru's Teachings, this Nectar is obtained.

538 : 46

Pride in Maya is poison, O my soul; through the Ambrosial Nectar of the Name, this poison is eradicated.

538 : 47

The dry mind is rejuvenated, O my soul, meditating on the Name of the Lord, Har, Har.

538 : 48

The Lord has given me the pre-ordained blessing of high destiny, O my soul; servant Nanak merges in the Naam, the Name of the Lord. ||1||

538 : 49

My mind is attached to the Lord, O my soul, like the infant, sucking his mother's milk.

538 : 50

Without the Lord, I find no peace, O my soul; I am like the song-bird, crying out without the rain drops.

538 : 51

Go, and seek the Sanctuary of the True Guru, O my soul; He shall tell you of the Glorious Virtues of the Lord God.

538 : 52

Servant Nanak has merged into the Lord, O my soul; the many melodies of the Shabad resound within his heart. ||2||

538 : 53

Through egotism, the self-willed manmukhs are separated, O my soul; bound to poison, they are burnt by egotism.

538 : 54

Like the pigeon, which itself falls into the trap, O my soul, all the self-willed manmukhs fall under the influence of death.

538 : 55

Those self-willed manmukhs who focus their consciousness on Maya, O my soul, are foolish, evil demons.

-- Raag Bihaagra – Part 002 --

Raag Bihaagra – Part 003

539 : 56

The Lord's humble servants beseech and implore Him, and enter His Sanctuary, O my soul; Guru Nanak becomes their Divine Protector. ||3||

539 : 57

The Lord's humble servants are saved, through the Love of the Lord, O my soul; by their pre-ordained good destiny, they obtain the Lord.

539 : 58

The Name of the Lord, Har, Har, is the ship, O my soul, and the Guru is the helmsman. Through the Word of the Shabad, He ferries us across.

539 : 59

The Lord, Har, Har, is all-powerful and very kind, O my soul; through the Guru, the True Guru, He seems so sweet.

539 : 60

Show Your Mercy upon me, and hear my prayer, O Lord, Har, Har; please, let servant Nanak meditate on Your Name. ||4||2||

539 : 61

Bihaagraa, Fourth Mehl:

539 : 62

In this world, the best occupation is to sing the Praises of the Naam, O my soul. Singing the Praises of the Lord, the Lord is enshrined in the mind.

539 : 63

The Name of the Lord, Har, Har, is immaculate and pure, O my soul. Chanting the Name of the Lord, Har, Har, one is saved.

539 : 64

All sins and errors are erased, O my soul; with the Naam, the Gurmukh washes off this filth.

539 : 65

By great good fortune, servant Nanak meditates on the Lord; even fools and idiots like me have been saved. ||1||

539 : 66

Those who meditate on the Lord's Name, O my soul, overpower the five passions.

539 : 67

The nine treasures of the Naam are within, O my soul; the Great Guru has made me see the unseen Lord.

539 : 68

The Guru has fulfilled my hopes and desires, O my soul; meeting the Lord, all my hunger is satisfied.

539 : 69

O servant Nanak, he alone sings the Glorious Praises of the Lord, O my soul, upon whose forehead God has inscribed such pre-ordained destiny. ||2||

539 : 70

I am a deceitful sinner, O my soul, a cheat, and a robber of others' wealth.

539 : 71

But, by great good fortune, I have found the Guru, O my soul; through the Perfect Guru, I have found the way to salvation.

539 : 72

The Guru has poured the Ambrosial Nectar of the Lord's Name into my mouth, O my soul, and now, my dead soul has come to life again.

539 : 73

O servant Nanak: those who meet the True Guru, O my soul, have all of their pains taken away. ||3||

539 : 74

The Name of the Lord is sublime, O my soul; chanting it, one's sins are washed away.

539 : 75

The Guru, the Lord, has purified even the sinners, O my soul; now, they are famous and respected in the four directions and throughout the four ages.

539 : 76

The filth of egotism is totally wiped away, O my soul, by bathing in the Ambrosial Pool of the Lord's Name.

539 : 77

Even sinners are carried across, O my soul, if they are imbued with the Lord's Name, even for an instant, O servant Nanak. ||4||3||

539 : 78

Bihaagraa, Fourth Mehl:

539 : 79

I am a sacrifice, O my soul, to those who take the Support of the Name of the Lord, Har, Har.

539 : 80

The Guru, the True Guru, implanted the Name within me, O my soul, and He has carried me across the terrifying world-ocean of poison.

539 : 81

Those who have meditated one–pointedly on the Lord, O my soul – I proclaim the Victory of those saintly beings.

-- Raag Bihaagra – Part 003 --

Raag Bihaagra – Part 004

540 : 82

Nanak has found peace, meditating on the Lord, O my soul; the Lord is the Destroyer of all pain. ||1||

540 : 83

Blessed, blessed is that tongue, O my soul, which sings the Glorious Praises of the Lord God.

540 : 84

Sublime and splendid are those ears, O my soul, which listen to the Kirtan of the Lord's Praises.

540 : 85

Sublime, pure and pious is that head, O my soul, which falls at the Guru's Feet.

540 : 86

Nanak is a sacrifice to that Guru, O my soul; the Guru has placed the Name of the Lord, Har, Har, in my mind. ||2||

540 : 87

Blessed and approved are those eyes, O my soul, which gaze upon the Holy True Guru.

540 : 88

Sacred and sanctified are those hands, O my soul, which write the Praises of the Lord, Har, Har.

540 : 89

I worship continually the feet of that humble being, O my soul, who walks on the Path of Dharma – the path of righteousness.

540 : 90

Nanak is a sacrifice to those, O my soul, who hear of the Lord, and believe in the Lord's Name. ||3||

540 : 91

The earth, the nether regions of the underworld, and the Akaashic ethers, O my soul, all meditate on the Name of the Lord, Har, Har.

540 : 92

Wind, water and fire, O my soul, continually sing the Praises of the Lord, Har, Har, Har.

540 : 93

The woods, the meadows and the whole world, O my soul, chant with their mouths the Lord's Name, and meditate on the Lord.

540 : 94

O Nanak, one who, as Gurmukh, focuses his consciousness on the Lord's devotional worship – O my soul, he is robed in honor in the Court of the Lord. ||4||4||

540 : 95

Bihaagraa, Fourth Mehl:

540 : 96

Those who do not remember the Name of the Lord, Har, Har, O my soul – those self-willed manmukhs are foolish and ignorant.

540 : 97

Those who attach their consciousness to emotional attachment and Maya, O my soul, depart regretfully in the end.

540 : 98

They find no place of rest in the Court of the Lord, O my soul; those self-willed manmukhs are deluded by sin.

540 : 99

O servant Nanak, those who meet the Guru are saved, O my soul; chanting the Name of the Lord, they are absorbed in the Name of the Lord. ||1||

540 : 100

Go, everyone, and meet the True Guru; O my soul, He implants the Name of the Lord, Har, har, within the heart.

540 : 101

Do not hesitate for an instant – meditate on the Lord, O my soul; who knows whether he shall draw another breath?

540 : 102

That time, that moment, that instant, that second is so fruitful, O my soul, when my Lord comes into my mind.

540 : 103

Servant Nanak has meditated on the Naam, the Name of the Lord, O my soul, and now, the Messenger of Death does not draw near him. ||2||

540 : 104

The Lord continually watches, and hears everything, O my soul; he alone is afraid, who commits sins.

540 : 105

One whose heart is pure within, O my soul, casts off all his fears.

540 : 106

One who has faith in the Fearless Name of the Lord, O my soul – all his enemies and attackers speak against him in vain.

Raag Bihaagra – Part 005

541 : 107

Nanak has served the Perfect Guru, O my soul, who causes all to fall at His feet. ||3||

541 : 108

Serve such a Lord continuously, O my soul, who is the Great Lord and Master of all.

541 : 109

Those who single-mindedly worship Him in adoration, O my soul, are not subservient to anyone.

541 : 110

Serving the Guru, I have obtained the Mansion of the Lord's Presence, O my soul; all the slanderers and trouble-makers bark in vain.

541 : 111

Servant Nanak has meditated on the Name, O my soul; such is the pre-ordained destiny which the Lord written on his forehead. ||4||5||

541 : 112

Bihaagraa, Fourth Mehl:

541 : 113

All beings are Yours – You permeate them all. O my Lord God, You know what they do in their hearts.

541 : 114

The Lord is with them, inwardly and outwardly, O my soul; He sees everything, but the mortal denies the Lord in his mind.

541 : 115

The Lord is far away from the self-willed manmukhs, O my soul; all their efforts are in vain.

541 : 116

Servant Nanak, as Gurmukh, meditates on the Lord, O my soul; he beholds the Lord ever-present. ||1||

541 : 117

They are devotees, and they are servants, O my soul, who are pleasing to the Mind of my God.

541 : 118

They are robed in honor in the Court of the Lord, O my soul; night and day, they remain absorbed in the True Lord.

541 : 119

In their company, the filth of one's sins is washed away, O my soul; imbued with the Lord's Love, one comes to bear the Mark of His Grace.

541 : 120

Nanak offers his prayer to God, O my soul; joining the Saadh Sangat, the Company of the Holy, he is satisfied. ||2||

541 : 121

O tongue, chant the Name of God; O my soul, chanting the Name of the Lord, Har, Har, your desires shall be extinguished.

541 : 122

He, unto whom my Supreme Lord God shows Mercy, O my soul, enshrines the Name in his mind.

541 : 123

One who meets the Perfect True Guru, O my soul, obtains the treasure of the Lord's wealth.

541 : 124

By great good fortune, one joins the Company of the Holy, O my soul. O Nanak, sing the Glorious Praises of the Lord. ||3||

541 : 125

In the places and interspaces, O my soul, the Supreme Lord God, the Great Giver, is pervading.

541 : 126

His limits cannot be found, O my soul; He is the Perfect Architect of Destiny.

541 : 127

He cherishes all beings, O my soul, as the mother and father cherish their child.

541 : 128

By thousands of clever tricks, He cannot be obtained, O my soul; servant Nanak, as Gurmukh, has come to know the Lord. ||4||6||

541 : 129

First Set of Six||

541 : 130

Bihaagraa, Fifth Mehl, Chhant, First House:

541 : 131

One Universal Creator God. By The Grace Of The True Guru:

541 : 132

I have seen one miracle of the Lord, O my Dear Beloved – whatever He does is righteous and just.

541 : 133

The Lord has fashioned this beautiful arena, O my Dear Beloved, where all come and go.

-- Raag Bihaagra – Part 005 --

Raag Bihaagra – Part 006

542 : 134

The One who fashioned the world causes them to come and go.

542 : 135

Some meet the True Guru – the Lord invites them into the Mansion of His Presence; others wander around, deluded by doubt.

542 : 136

You alone know Your limits; You are contained in all.

542 : 137

Nanak speaks the Truth: listen, Saints – the Lord dispenses even-handed justice. ||1||

542 : 138

Come and join me, O my beautiful dear beloveds; let's worship the Name of the Lord, Har, Har.

542 : 139

Let's serve the Perfect True Guru, O my dear beloveds, and clear away the Path of Death.

542 : 140

Having cleared the treacherous path, as Gurmukhs, we shall obtain honor in the Court of the Lord.

542 : 141

Those who have such pre-ordained destiny, lovingly focus their consciousness on the Lord, night and day.

542 : 142

Self-conceit, egotism and emotional attachment are eradicated when one joins the Saadh Sangat, the Company of the Holy.

542 : 143

Says servant Nanak, one who contemplates the Name of the Lord, Har, Har, is liberated. ||2||

542 : 144

Let's join hands, O Saints; let's come together, O my dear beloveds, and worship the imperishable, Almighty Lord.

542 : 145

I sought Him through uncounted forms of adoration, O my dear beloveds; now, I dedicate my entire mind and body to the Lord.

542 : 146

The mind, body and all wealth belong to God; so what can anyone offer to Him in worship?

542 : 147

He alone merges in the lap of God, unto whom the Merciful Lord Master becomes compassionate.

542 : 148

One who has such pre-ordained destiny written on his forehead, comes to bear love for the Guru.

542 : 149

Says servant Nanak, joining the Saadh Sangat, the Company of the Holy, let's worship the Name of the Lord, Har, Har. ||3||

542 : 150

I wandered around, searching in the ten directions, O my dear beloveds, but I came to find the Lord in the home of my own being.

542 : 151

The Dear Lord has fashioned the body as the temple of the Lord, O my dear beloveds; the Lord continues to dwell there.

542 : 152

The Lord and Master Himself is pervading everywhere; through the Guru, He is revealed.

542 : 153

Darkness is dispelled, and pains are removed, when the sublime essence of the Lord's Ambrosial Nectar trickles down.

542 : 154

Wherever I look, the Lord and Master is there. The Supreme Lord God is everywhere.

542 : 155

Says servant Nanak, meeting the True Guru, I have found the Lord, within the home of my own being. ||4||1||

542 : 156

Raag Bihaagraa, Fifth Mehl:

542 : 157

He is dear to me; He fascinates my mind; He is the ornament of my heart, the support of the breath of life.

542 : 158

The Glory of the Beloved, Merciful Lord of the Universe is beautiful; He is infinite and without limit.

542 : 159

O Compassionate Sustainer of the World, Beloved Lord of the Universe, please, join with Your humble soul-bride.

542 : 160

My eyes long for the Blessed Vision of Your Darshan; the night passes, but I cannot sleep.

542 : 161

I have applied the healing ointment of spiritual wisdom to my eyes; the Naam, the Name of the Lord, is my food. These are all my decorations.

542 : 162

Prays Nanak, let's meditate on the Saint, that he may unite us with our Husband Lord. ||1||

542 : 163

I endure thousands of reprimands, and still, my Lord has not met with me.

542 : 164

I make the effort to meet with my Lord, but none of my efforts work.

542 : 165

Unsteady is my consciousness, and unstable is my wealth; without my Lord, I cannot be consoled.

-- Raag Bihaagra – Part 006 --

Raag Bihaagra – Part 007

543 : 166

Food, drink and decorations are useless; without my Husband Lord, how can I survive?

543 : 167

I yearn for Him, and desire Him night and day. I cannot live without Him, even for an instant.

543 : 168

Prays Nanak, O Saint, I am Your slave; by Your Grace, I meet my Husband Lord. ||2||

543 : 169

I share a bed with my Beloved, but I do not behold the Blessed Vision of His Darshan.

543 : 170

I have endless demerits – how can my Lord call me to the Mansion of His Presence?

543 : 171

The worthless, dishonored and orphaned soul–bride prays, "Meet with me, O God, treasure of mercy."

543 : 172

The wall of doubt has been shattered, and now I sleep in peace, beholding God, the Lord of the nine treasures, even for an instant.

543 : 173

If only I could come into the Mansion of my Beloved Lord's Presence! Joining with Him, I sing the songs of joy.

543 : 174

Prays Nanak, I seek the Sanctuary of the Saints; please, reveal to me the Blessed Vision of Your Darshan. ||3||

543 : 175

By the Grace of the Saints, I have obtained the Lord, Har, Har.

543 : 176

My desires are fulfilled, and my mind is at peace; the fire within has been quenched.

543 : 177

Fruitful is that day, and beautiful is that night, and countless are the joys, celebrations and pleasures.

543 : 178

The Lord of the Universe, the Beloved Sustainer of the World, has been revealed. With what tongue can I speak of His Glory?

543 : 179

Doubt, greed, emotional attachment and corruption are taken away; joining with my companions, I sing the songs of joy.

543 : 180

Prays Nanak, I meditate on the Saint, who has led me to merge with the Lord, Har, Har. ||4||2||

543 : 181

Bihaagraa, Fifth Mehl:

543 : 182

Shower Your Mercy upon me, O Guru, O Perfect Supreme Lord God, that I might chant the Naam, the Name of the Lord, night and day.

543 : 183

I speak the Ambrosial Words of the Guru's Bani, praising the Lord. Your Will is sweet to me, Lord.

543 : 184

Show kindness and compassion, O Sustainer of the Word, Lord of the Universe; without You, I have no other.

543 : 185

Almighty, sublime, infinite, perfect Lord – my soul, body, wealth and mind are Yours.

543 : 186

I am foolish, stupid, masterless, fickle, powerless, lowly and ignorant.

543 : 187

Prays Nanak, I seek Your Sanctuary – please save me from coming and going in reincarnation. ||1||

543 : 188

In the Sanctuary of the Holy Saints, I have found the Dear Lord, and I constantly sing the Glorious Praises of the Lord.

543 : 189

Applying the dust of the devotees to the mind and body, O Dear Lord, all sinners are sanctified.

543 : 190

The sinners are sanctified in the company of those who have met the Creator Lord.

543 : 191

Imbued with the Naam, the Name of the Lord, they are given the gift of the life of the soul; their gifts increase day by day.

543 : 192

Wealth, the supernatural spiritual powers of the Siddhas, and the nine treasures come to those who meditate on the Lord, and conquer their own soul.

543 : 193

Prays Nanak, it is only by great good fortune that the Holy Saints, the Lord's companions, are found, O friends. ||2||

543 : 194

Those who deal in Truth, O Dear Lord, are the perfect bankers.

543 : 195

They possess the great treasure, O Dear Lord, and they reap the profit of the Lord's Praise.

543 : 196

Sexual desire, anger and greed do not cling to those who are attuned to God.

543 : 197

They know the One, and they believe in the One; they are intoxicated with the Lord's Love.

543 : 198

They fall at the Feet of the Saints, and seek their Sanctuary; their minds are filled with joy.

543 : 199

Prays Nanak, those who have the Naam in their laps are the true bankers. ||3||

543 : 200

O Nanak, meditate on that Dear Lord, who supports all by His almighty strength.

Raag Bihaagra – Part 008

544 : 201

In their minds, the Gurmukhs do not forget the Dear Lord, the Primal Creator Lord.

544 : 202

Pain, disease and fear do not cling to those who meditate on the Lord, Har, Har.

544 : 203

By the Grace of the Saints, they cross over the terrifying world–ocean, and obtain their pre–ordained destiny.

544 : 204

They are congratulated and applauded, their minds are at peace, and they meet the infinite Lord God.

544 : 205

Prays Nanak, by meditating in remembrance on the Lord, Har, Har, my desires are fulfilled.
||4||3||

544 : 206

Bihaagraa, Fifth Mehl, Second House:

544 : 207

One Universal Creator God. By The Grace Of The True Guru:

544 : 208

O peaceful night, grow longer – I have come to enshrine love for my Beloved.

544 : 209

O painful sleep, grow shorter, so that I may constantly grasp His Feet.

544 : 210

I long for the dust of His Feet, and beg for His Name; for His Love, I have renounced the world.

544 : 211

I am imbued with the Love of my Beloved, and I am naturally intoxicated with it; I have forsaken my awful evil-mindedness.

544 : 212

He has taken me by the arm, and I am saturated with His Love; I have met my Beloved on the Path of Truth.

544 : 213

Prays Nanak, please Lord, shower Your Mercy on me, that I may remain attached to Your Feet. ||1||

544 : 214

O my friends and companions, let us remain attached to the Feet of God.

544 : 215

Within my mind is great love for my Beloved; I beg for the Lord's devotional worship.

544 : 216

The Lord's devotional worship is obtained, meditating on God. Let us go and meet the humble servants of the Lord.

544 : 217

Renounce pride, emotional attachment and corruption, and dedicate this body, wealth and mind to Him.

544 : 218

The Lord God is great, perfect, glorious, absolutely perfect; meeting the Lord, Har, Har, the wall of doubt is torn down.

544 : 219

Prays Nanak, hear these teachings, O friends – chant the Lord's Name constantly, over and over again. ||2||

544 : 220

The Lord's bride is a happy wife; she enjoys all pleasures.

544 : 221

She does not sit around like a widow, because the Lord God lives forever.

544 : 222

She does not suffer pain – she meditates on God. She is blessed, and very fortunate.

544 : 223

She sleeps in peaceful ease, her sins are erased, and she wakes to the joy and love of the Naam.

544 : 224

She remains absorbed in her Beloved – the Lord's Name is her ornament. The Words of her Beloved are sweet and pleasing to her.

544 : 225

Prays Nanak, I have obtained my mind's desires; I have met my eternal Husband Lord. ||3||

544 : 226

The songs of bliss resound, and millions of pleasures are found in that house;

544 : 227

the mind and body are permeated by God, the Lord of supreme bliss.

544 : 228

My Husband Lord is infinite and merciful; He is the Lord of wealth, the Lord of the Universe, the Saving Grace of sinners.

544 : 229

God, the Giver of mercy, the Lord, the Destroyer of pride, carries us across the terrifying world–ocean of poison.

544 : 230

The Lord lovingly embraces whoever comes to the Lord's Sanctuary – this is the way of the Lord and Master.

544 : 231

Prays Nanak, I have met my Husband Lord, who plays with me forever. ||4||1||4||

544 : 232

Bihaagraa, Fifth Mehl:

544 : 233

The Lord's Feet are the Pools of Ambrosial Nectar; your dwelling is there, O my mind.

--- Raag Bihaagra – Part 008 ---

Raag Bihaagra – Part 009

545 : 234

Take your cleansing bath in the Ambrosial Pool of the Lord, and all of your sins shall be wiped away, O my soul.

545 : 235

Take your cleansing ever in the Lord God, O friends, and the pain of darkness shall be dispelled.

545 : 236

Birth and death shall not touch you, and the noose of Death shall be cut away.

545 : 237

So join the Saadh Sangat, the Company of the Holy, and be imbued with the Naam, the Name of the Lord; there, your hopes shall be fulfilled.

545 : 238

Prays Nanak, shower Your Mercy upon me, O Lord, that I might dwell at Your Lotus Feet.
||1||

545 : 239

There is bliss and ecstasy there always, and the unstruck celestial melody resounds there.

545 : 240

Meeting together, the Saints sing God's Praises, and celebrate His Victory.

545 : 241

Meeting together, the Saints sing the Praises of the Lord Master; they are pleasing to the Lord, and saturated with the sublime essence of His love and affection.

545 : 242

They obtain the profit of the Lord, eliminate their self-conceit, and meet Him, from whom they were separated for so long.

545 : 243

Taking them by the arm, He makes them His own; God, the One, inaccessible and infinite, bestows His kindness.

545 : 244

Prays Nanak, forever immaculate are those who sing the Praises of the True Word of the Shabad. ||2||

545 : 245

Listen, O most fortunate ones, to the Ambrosial Bani of the Word of the Lord.

545 : 246

He alone, whose karma is so pre-ordained, has it enter into his heart.

545 : 247

He alone knows the Unspoken Speech, unto whom God has shown His Mercy.

545 : 248

He becomes immortal, and shall not die again; his troubles, disputes and pains are dispelled.

545 : 249

He finds the Sanctuary of the Lord; he does not forsake the Lord, and does not leave. God's Love is pleasing to his mind and body.

545 : 250

Prays Nanak, sing forever the Sacred Ambrosial Bani of His Word. ||3||

545 : 251

My mind and body are intoxicated – this state cannot be described.

545 : 252

We originated from Him, and into Him we shall merge once again.

545 : 253

I merge into God's Light, through and through, like water merging into water.

545 : 254

The One Lord permeates the water, the land and the sky – I do not see any other.

545 : 255

He is totally permeating the woods, meadows and the three worlds. I cannot express His worth.

545 : 256

Prays Nanak, He alone knows – He who created this creation. ||4||2||5||

545 : 257

Bihaagraa, Fifth Mehl:

545 : 258

The Saints go around, searching for God, the support of their breath of life.

545 : 259

They lose the strength of their bodies, if they do not merge with their Beloved Lord.

545 : 260

O God, my Beloved, please, bestow Your kindness upon me, that I may merge with You; by

Your Mercy, attach me to the hem of Your robe.

545 : 261

Bless me with Your Name, that I may chant it, O Lord and Master; beholding the Blessed Vision of Your Darshan, I live.

545 : 262

He is all-powerful, perfect, eternal and unchanging, exalted, unapproachable and infinite.

545 : 263

Prays Nanak, bestow Your Mercy upon me, O Beloved of my soul, that I may merge with You. ||1||

545 : 264

I have practiced chanting, intensive meditation and fasting, to see Your Feet, O Lord.

545 : 265

But still, my burning is not quenched, without the Sanctuary of the Lord Master.

545 : 266

I seek Your Sanctuary, God – please, cut away my bonds and carry me across the world-ocean.

545 : 267

I am masterless, worthless, and I know nothing; please do not count up my merits and demerits.

545 : 268

O Lord, Merciful to the meek, Sustainer of the world, O Beloved, Almighty Cause of causes.

545 : 269

Nanak, the song–bird, begs for the rain–drop of the Lord's Name; meditating on the Feet of the Lord, Har, Har, he lives. ||2||

-- Raag Bihaagra – Part 009 --

Raag Bihaagra – Part 010

546 : 270

Drink in the Ambrosial Nectar from the pool of the Lord; chant the Name of the Lord, Har, Har.

546 : 271

In the Society of the Saints, one meets the Lord; meditating on Him, one's affairs are resolved.

546 : 272

God is the One who accomplishes everything; He is the Dispeller of pain. Never forget Him from your mind, even for an instant.

546 : 273

He is blissful, night and day; He is forever True. All Glories are contained in the Lord in the Universe.

546 : 274

Incalculable, lofty and infinite is the Lord and Master. Unapproachable is His home.

546 : 275

Prays Nanak, my desires are fulfilled; I have met the Lord, the Greatest Lover. ||3||

546 : 276

The fruits of many millions of charitable feasts come to those who listen to and sing the Lord's Praise.

546 : 277

Chanting the Name of the Lord, Har, Har, all one's generations are carried across.

546 : 278

Chanting the Name of the Lord, one is beautified; what Praises of His can I chant?

546 : 279

I shall never forget the Lord; He is the Beloved of my soul. My mind constantly yearns for the Blessed Vision of His Darshan.

546 : 280

Auspicious is that day, when God, the lofty, inaccessible and infinite, hugs me close in His embrace.

546 : 281

Prays Nanak, everything is fruitful – I have met my supremely beloved Lord God. ||4||3||6||

546 : 282

Bihaagraa, Fifth Mehl, Chhant:

546 : 283

Why are you imbued with the love of another? That path is very dangerous.

546 : 284

O sinner, no one is your friend.

546 : 285

No one shall be your friend, and you shall forever regret your actions.

546 : 286

You have not chanted with your tongue the Praises of the Sustainer of the World; when will these days come again?

546 : 287

The leaf, separated from the branch, shall not be joined with it again; all alone, it falls on its way to death.

546 : 288

Prays Nanak, without the Lord's Name, the soul wanders, forever suffering. ||1||

546 : 289

You are practicing deception secretly, but the Lord, the Knower, knows all.

546 : 290

When the Righteous Judge of Dharma reads your account, you shall be squeezed like a sesame seed in the oil-press.

546 : 291

For the actions you committed, you shall suffer the penalty; you shall be consigned to countless reincarnations.

546 : 292

Imbued with the love of Maya, the great enticer, you shall lose the jewel of this human life.

546 : 293

Except for the One Name of the Lord, you are clever in everything else.

546 : 294

Prays Nanak, those who have such pre-ordained destiny are attracted to doubt and emotional attachment. ||2||

546 : 295

No one advocates for the ungrateful person, who is separated from the Lord.

546 : 296

The hard–hearted Messenger of Death comes and seizes him.

546 : 297

He seizes him, and leads him away, to pay for his evil deeds; he was imbued with Maya, the great enticer.

546 : 298

He was not Gurmukh – he did not chant the Glorious Praises of the Lord of the Universe; and now, the hot irons are put to his chest.

546 : 299

He is ruined by sexual desire, anger and egotism; deprived of spiritual wisdom, he comes to regret.

546 : 300

Prays Nanak, by his cursed destiny he has gone astray; with his tongue, he does not chant the Name of the Lord. ||3||

546 : 301

Without You, God, no one is our savior.

546 : 302

It is Your Nature, Lord, to save the sinners.

546 : 303

O Savior of sinners, I have entered Your Sanctuary, O Lord and Master, Compassionate Ocean of Mercy.

546 : 304

Please, rescue me from the deep, dark pit, O Creator, Cherisher of all hearts.

546 : 305

I seek Your Sanctuary; please, cut away these heavy bonds, and give me the Support of the One Name.

-- Raag Bihaagra – Part 010 --

Raag Bihaagra – Part 011

547 : 306

Prays Nanak, please, give me Your Hand and save me, O Lord of the Universe, Merciful to the meek. ||4||

547 : 307

That day is judged to be fruitful, when I merged with my Lord.

547 : 308

Total happiness was revealed, and pain was taken far away.

547 : 309

Peace, tranquility, joy and eternal happiness come from constantly singing the Glorious Praises of the Sustainer of the World.

547 : 310

Joining the Saadh Sangat, the Company of the Holy, I lovingly remember the Lord; I shall not wander again in reincarnation.

547 : 311

He has naturally hugged me close in His Loving Embrace, and the seed of my primal destiny has sprouted.

547 : 312

Prays Nanak, He Himself has met me, and He shall never again leave me. ||5||4||7||

547 : 313

Bihaagraa, Fifth Mehl, Chhant:

547 : 314

Listen to my prayer, O my Lord and Master.

547 : 315

I am filled with millions of sins, but still, I am Your slave.

547 : 316

O Destroyer of pain, Bestower of Mercy, Fascinating Lord, Destroyer of sorrow and strife,

547 : 317

I have come to Your Sanctuary; please preserve my honor. You are all-pervading, O Immaculate Lord.

547 : 318

He hears and beholds all; God is with us, the nearest of the near.

547 : 319

O Lord and Master, hear Nanak's prayer; please save the servants of Your household. ||1||

547 : 320

You are eternal and all-powerful; I am a mere beggar, Lord.

547 : 321

I am intoxicated with the love of Maya – save me, Lord!

547 : 322

Bound down by greed, emotional attachment and corruption, I have made so many mistakes.

547 : 323

The creator is both attached and detached from entanglements; one obtains the fruits of his own actions.

547 : 324

Show kindness to me, O Purifier of sinners; I am so tired of wandering through reincarnation.

547 : 325

Prays Nanak, I am the slave of the Lord; God is the Support of my soul, and my breath of life. ||2||

547 : 326

You are great and all-powerful; my understanding is so inadequate, O Lord.

547 : 327

You cherish even the ungrateful ones; Your Glance of Grace is perfect, Lord.

547 : 328

Your wisdom is unfathomable, O Infinite Creator. I am lowly, and I know nothing.

547 : 329

Forsaking the jewel, I have saved the shell; I am a lowly, ignorant beast.

547 : 330

I have kept that which forsakes me, and is very fickle, continually committing sins, again and again.

547 : 331

Nanak seeks Your Sanctuary, Almighty Lord and Master; please, preserve my honor. ||3||

547 : 332

I was separated from Him, and now, He has united me with Himself.

547 : 333

In the Saadh Sangat, the Company of the Holy, I sing the Glorious Praises of the Lord.

547 : 334

Singing the Praises of the Lord of the Universe, the ever–sublime blissful Lord is revealed to me.

547 : 335

My bed is adorned with God; my God has made me His own.

547 : 336

Abandoning anxiety, I have become carefree, and I shall not suffer in pain any longer.

547 : 337

Nanak lives by beholding the Blessed Vision of His Darshan, singing the Glorious Praises of the Lord of the Universe, the ocean of excellence. ||4||5||8||

547 : 338

Bihaagraa, Fifth Mehl, Chhant:

547 : 339

O you of sublime faith, chant the Lord's Name; why do you remain silent?

547 : 340

with your eyes, you have seen the treacherous ways of Maya.

547 : 341

Nothing shall go along with you, except the Name of the Lord of the Universe.

547 : 342

Land, clothes, gold and silver – all of these things are useless.

547 : 343

Children, spouse, worldly honors, elephants, horses and other corrupting influences shall not go with you.

547 : 344

Prays Nanak, without the Saadh Sangat, the Company of the Holy, the whole world is false.
||1||

-- Raag Bihaagra – Part 011 --

Raag Bihaagra – Part 012

548 : 345

O king, why are you sleeping? Why don't you wake up to reality?

548 : 346

It is useless to cry and whine about Maya, but so many cry out and bewail.

548 : 347

So many cry out for Maya, the great enticer, but without the Name of the Lord, there is no peace.

548 : 348

Thousands of clever tricks and efforts will not succeed. One goes wherever the Lord wills him to go.

548 : 349

In the beginning, in the middle, and in the end, He is all-pervading everywhere; He is in each and every heart.

548 : 350

Prays Nanak, those who join the Saadh Sangat go to the house of the Lord with honor. ||2||

548 : 351

O king of mortals, know that your palaces and wise servants shall be of no use in the end.

548 : 352

You shall certainly have to separate yourself from them, and their attachment shall make you feel regret.

548 : 353

Beholding the phantom city, you have gone astray; how can you now find stability?

548 : 354

Absorbed in things other than the Name of the Lord, this human life is wasted in vain.

548 : 355

Indulging in egotistical actions, your thirst is not quenched. Your desires are not fulfilled, and you do not attain spiritual wisdom.

548 : 356

Prays Nanak, without the Name of the Lord, so many have departed with regret. ||3||

548 : 357

Showering His blessings, the Lord has made me His own.

548 : 358

Grasping me by the arm, He has pulled me out of the mud, and He has blessed me with the Saadh Sangat, the Company of the Holy.

548 : 359

Worshipping the Lord in the Saadh Sangat, all my sins and sufferings are burnt away.

548 : 360

This is the greatest religion, and the best act of charity; this alone shall go along with you.

548 : 361

My tongue chants in adoration the Name of the One Lord and Master; my mind and body are drenched in the Lord's Name.

548 : 362

O Nanak, whoever the Lord unites with Himself, is filled with all virtues. ||4||6||9||

548 : 363

Vaar Of Bihaagra, Fourth Mehl:

548 : 364

One Universal Creator God. By The Grace Of The True Guru:

548 : 365

Shalok, Third Mehl:

548 : 366

Serving the Guru, peace is obtained; do not search for peace anywhere else.

548 : 367

The soul is pierced by the Word of the Guru's Shabad. The Lord dwells ever with the soul.

548 : 368

O Nanak, they alone obtain the Naam, the Name of the Lord, who are blessed by the Lord with His Glance of Grace. ||1||

548 : 369

Third Mehl:

548 : 370

The treasure of the Lord's Praise is such a blessed gift; he alone obtains it to spend, unto whom the Lord bestows it.

548 : 371

Without the True Guru, it does not come to hand; all have grown weary of performing religious rituals.

548 : 372

O Nanak, the self-willed manmukhs of the world lack this wealth; when they are hungry in the next world, what will they have to eat there? ||2||

548 : 373

Pauree:

548 : 374

All are Yours, and You belong to all. You created all.

548 : 375

You are pervading within all – all meditate on You.

548 : 376

You accept the devotional worship of those who are pleasing to Your Mind.

548 : 377

Whatever pleases the Lord God happens; all act as You cause them to act.

548 : 378

Praise the Lord, the greatest of all; He preserves the honor of the Saints. ||1||

548 : 379

Shalok, Third Mehl:

548 : 380

O Nanak, the spiritually wise one has conquered all others.

548 : 381

Through the Name, his affairs are brought to perfection; whatever happens is by His Will.

548 : 382

Under Guru's Instruction, his mind is held steady; no one can make him waver.

548 : 383

The Lord makes His devotee His own, and his affairs are adjusted.

-- Raag Bihaagra – Part 012 --

Raag Bihaagra – Part 013

549 : 384

The self-willed manmukhs have been led astray from the very beginning; within them lurks greed, avarice and ego.

549 : 385

Their nights and days pass in argument, and they do not reflect upon the Word of the Shabad.

549 : 386

The Creator has taken away their subtle intellect, and all their speech is corrupt.

549 : 387

No matter what they are given, they are not satisfied; within them is desire, and the great darkness of ignorance.

549 : 388

O Nanak, it is right to break with the self-willed manmukhs; to them, the love of Maya is sweet. ||1||

549 : 389

Third Mehl:

549 : 390

What can fear and doubt do to those, who have given their heads to the Creator, and to the True Guru?

549 : 391

He who has preserved honor from the beginning of time, He shall preserve their honor as well.

549 : 392

Meeting their Beloved, they find peace; they reflect upon the True Word of the Shabad.

549 : 393

O Nanak, I serve the Giver of Peace; He Himself is the Assessor. ||2||

549 : 394

Pauree:

549 : 395

All beings are Yours; You are the wealth of all.

549 : 396

One unto whom You give, obtains everything; there is no one else to rival You.

549 : 397

You alone are the Great Giver of all; I offer my prayer unto You, Lord.

549 : 398

One with whom You are pleased, is accepted by You; how blessed is such a person!

549 : 399

Your wondrous play is pervading everywhere. I place my pain and pleasure before You.
||2||

549 : 400

Shalok, Third Mehl:

549 : 401

The Gurmukhs are pleasing to the True Lord; they are judged to be true in the True Court.

549 : 402

The minds of such friends are filled with bliss, as they reflect upon the Word of the Guru's Shabad.

549 : 403

They enshrine the Shabad within their hearts; their pain is dispelled, and the Creator blesses them with the Divine Light.

549 : 404

O Nanak, the Savior Lord shall save them, and shower them with His Mercy. ||1||

549 : 405

Third Mehl:

549 : 406

Serve the Guru, and wait upon Him; as you work, maintain the Fear of God.

549 : 407

As you serve Him, you will become like Him, as you walk according to His Will.

549 : 408

O Nanak, He Himself is everything; there is no other place to go. ||2||

549 : 409

Pauree:

549 : 410

You alone know Your greatness – no one else is as great as You.

549 : 411

If there were some other rival as great as You, then I would speak of him. You alone are as great as You are.

549 : 412

One who serves You obtains peace; who else can compare to You?

549 : 413

You are all-powerful to destroy and create, O Great Giver; with palms pressed together, all stand begging before You.

549 : 414

I see none as great as You, O Great Giver; You give in charity to the beings of all the continents, worlds, solar systems, nether regions and universes. ||3||

549 : 415

Shalok, Third Mehl:

549 : 416

O mind, you have no faith, and you have not embraced love for the Celestial Lord;

549 : 417

you do not enjoy the sublime taste of the Word of the Shabad – what Praises of the Lord will you stubborn-mindedly sing?

549 : 418

O Nanak, his coming alone is approved, who, as Gurmukh, merges into the True Lord. ||1||

549 : 419

Third Mehl:

549 : 420

The fool does not understand his own self; he annoys others with his speech.

549 : 421

His underlying nature does not leave him; separated from the Lord, he suffers cruel blows.

549 : 422

Through the fear of the True Guru, he has not changed and reformed himself, so that he might merge in the lap of God.

-- Raag Bihaagra – Part 013 --

Raag Bihaagra – Part 014

550 : 423

Night and day, his doubts never stop; without the Word of the Shabad, he suffers in pain.

550 : 424

Sexual desire, anger and greed are so powerful within him; he passes his life constantly entangled in worldly affairs.

550 : 425

His feet, hands, eyes and ears are exhausted; his days are numbered, and his death is immanent.

550 : 426

The True Name does not seem sweet to him – the Name by which the nine treasures are obtained.

550 : 427

But if he remains dead while yet alive, then by so dying, he truly lives; thus, he attains liberation.

550 : 428

But if he is not blessed with such pre-ordained karma, then without this karma, what can he obtain?

550 : 429

Meditate in remembrance on the Word of the Guru's Shabad, you fool; through the Shabad, you shall obtain salvation and wisdom.

550 : 430

O Nanak, he alone finds the True Guru, who eliminates self-conceit from within. ||2||

550 : 431

Pauree:

550 : 432

One whose consciousness is filled with my Lord Master – why should he feel anxious about anything?

550 : 433

The Lord is the Giver of Peace, the Lord of all things; why would we turn our faces away from His meditation, even for a moment, or an instant?

550 : 434

One who meditates on the Lord obtains all pleasures and comforts; let us go each and every day, to sit in the Saints' Society.

550 : 435

All the pain, hunger, and disease of the Lord's servant are eradicated; the bonds of the humble beings are torn away.

550 : 436

By the Lord's Grace, one becomes the Lord's devotee; beholding the face of the Lord's humble devotee, the whole world is saved and carried across. ||4||

550 : 437

Shalok, Third Mehl:

550 : 438

Let that tongue, which has not tasted the Name of the Lord, be burnt.

550 : 439

O Nanak, one whose mind is filled with the Name of the Lord, Har, Har – his tongue savors the Word of the Shabad. ||1||

550 : 440

Third Mehl:

550 : 441

Let that tongue, which has forgotten the Name of the Lord, be burnt.

550 : 442

O Nanak, the tongue of the Gurmukh chants the Lord's Name, and loves the Name of the Lord. ||2||

550 : 443

Pauree:

550 : 444

The Lord Himself is the Master, the servant and the devotee; the Lord Himself is the Cause of causes.

550 : 445

The Lord Himself beholds, and He Himself rejoices. As He wills, so does He enjoin us.

550 : 446

The Lord places some on the Path, and the Lord leads others into the wilderness.

550 : 447

The Lord is the True Master; True is His justice. He arranges and beholds all His plays.

550 : 448

By Guru's Grace, servant Nanak speaks and sings the Glorious Praises of the True Lord. ||5||

550 : 449

Shalok, Third Mehl:

550 : 450

How rare is the dervish, the Saintly renunciate, who understands renunciation.

550 : 451

Cursed is the life, and cursed are the clothes, of one who wanders around, begging from door to door.

550 : 452

But, if he abandons hope and anxiety, and as Gurmukh receives the Name as his charity,

550 : 453

then Nanak washes his feet, and is a sacrifice to him. ||1||

550 : 454

Third Mehl:

550 : 455

O Nanak, the tree has one fruit, but two birds are perched upon it.

550 : 456

They are not seen coming or going; these birds have no wings.

550 : 457

One enjoys so many pleasures, while the other, through the Word of the Shabad, remains in Nirvaanaa.

550 : 458

Imbued with the subtle essence of the fruit of the Lord's Name, O Nanak, the soul bears the True Insignia of God's Grace. ||2||

550 : 459

Pauree:

550 : 460

He Himself is the field, and He Himself is the farmer. He Himself grows and grinds the corn.

550 : 461

He Himself cooks it, He Himself puts the food in the dishes, and He Himself sits down to eat.

-- Raag Bihaagra – Part 014 --

Raag Bihaagra – Part 015

551 : 462

He Himself is the water, He Himself gives the tooth–pick, and He Himself offers the mouthwash.

551 : 463

He Himself calls and seats the congregation, and He Himself bids them goodbye.

551 : 464

One whom the Lord Himself blesses with His Mercy – the Lord causes him to walk according to His Will. ||6||

551 : 465

Shalok, Third Mehl:

551 : 466

Rituals and religions are all just entanglements; bad and good are bound up with them.

551 : 467

Those things done for the sake of children and spouse, in ego and attachment, are just more bonds.

551 : 468

Wherever I look, there I see the noose of attachment to Maya.

551 : 469

O Nanak, without the True Name, the world is engrossed in blind entanglements. ||1||

551 : 470

Fourth Mehl:

551 : 471

The blind receive the Divine Light, when they merge with the Will of the True Guru.

551 : 472

They break their bonds, and dwell in Truth, and the darkness of ignorance is dispelled.

551 : 473

They see that everything belongs to the One who created and fashioned the body.

551 : 474

Nanak seeks the Sanctuary of the Creator – the Creator preserves his honor. ||2||

551 : 475

Pauree:

551 : 476

When the Creator, sitting all by Himself, created the Universe, he did not consult with any of His servants;

551 : 477

so what can anyone take, and what can anyone give, when He did not create any other like Himself?

551 : 478

Then, after fashioning the world, the Creator blessed all with His blessings.

551 : 479

He Himself instructs us in His service, and as Gurmukh, we drink in His Ambrosial Nectar.

551 : 480

He Himself is formless, and He Himself is formed; whatever He Himself does, comes to pass. ||7||

551 : 481

Shalok, Third Mehl:

551 : 482

The Gurmukhs serve God forever; night and day, they are steeped in the Love of the True Lord.

551 : 483

They are in bliss forever, singing the Glorious Praises of the True Lord; in this world and in the next, they keep Him clasped to their hearts.

551 : 484

Their Beloved dwells deep within; the Creator pre-ordained this destiny.

551 : 485

O Nanak, He blends them into Himself; He Himself showers His Mercy upon them. ||1||

551 : 486

Third Mehl:

551 : 487

By merely talking and speaking, He is not found. Night and day, sing His Glorious Praises continually.

551 : 488

Without His Merciful Grace, no one finds Him; many have died barking and bewailing.

551 : 489

When the mind and body are saturated with the Word of the Guru's Shabad, the Lord Himself comes to dwell in his mind.

551 : 490

O Nanak, by His Grace, He is found; He unites us in His Union. ||2||

551 : 491

Pauree:

551 : 492

He Himself is the Vedas, the Puraanas and all the Shaastras; He Himself chants them, and He Himself is pleased.

551 : 493

He Himself sits down to worship, and He Himself creates the world.

551 : 494

He Himself is a householder, and He Himself is a renunciate; He Himself utters the Unutterable.

551 : 495

He Himself is all goodness, and He Himself causes us to act; He Himself remains detached.

551 : 496

He Himself grants pleasure and pain; the Creator Himself bestows His gifts. ||8||

551 : 497

Shalok, Third Mehl:

551 : 498

O Shaykh, abandon your cruel nature; live in the Fear of God and give up your madness.

551 : 499

Through the Fear of the Guru, many have been saved; in this fear, find the Fearless Lord.

551 : 500

Pierce your stone heart with the Word of the Shabad; let peace and tranquility come to abide in your mind.

551 : 501

If good deeds are done in this state of peace, they are approved by the Lord and Master.

551 : 502

O Nanak, through sexual desire and anger, no one has ever found God – go, and ask any wise man. ||1||

551 : 503

Third Mehl:

--- Raag Bihaagra – Part 015 ---

Raag Bihaagra – Part 016

552 : 504

The self-willed manmukh is emotionally attached to Maya – he has no love for the Naam.

552 : 505

He practices falsehood, gathers in falsehood, and makes falsehood his sustenance.

552 : 506

He collects the poisonous wealth of Maya, and then dies; in the end, it is all reduced to ashes.

552 : 507

He practices religious rituals, purity and austere self-discipline, but within, there is greed and corruption.

552 : 508

O Nanak, whatever the self-willed manmukh does, is not acceptable; in the Court of the Lord, he is dishonored. ||2||

552 : 509

Pauree:

552 : 510

He Himself created the four sources of creation, and He Himself fashioned speech; He Himself formed the worlds and solar systems.

552 : 511

He Himself is the ocean, and He Himself is the sea; He Himself puts the pearls in it.

552 : 512

By His Grace, the Lord enables the Gurmukh to find these pearls.

552 : 513

He Himself is the terrifying world–ocean, and He Himself is the boat; He Himself is the boatman, and He Himself ferries us across.

552 : 514

The Creator Himself acts, and causes us to act; no one else can equal You, Lord. ||9||

552 : 515

Shalok, Third Mehl:

552 : 516

Fruitful is service to the True Guru, if one does so with a sincere mind.

552 : 517

The treasure of the Naam, is obtained, and the mind comes to be free of anxiety.

552 : 518

The pains of birth and death are eradicated, and the mind is rid of egotism and self–conceit.

552 : 519

One achieves the ultimate state, and remains absorbed in the True Lord.

552 : 520

O Nanak, the True Guru comes and meets those who have such pre–ordained destiny. ||1||

552 : 521

Third Mehl:

552 : 522

The True Guru is imbued with the Naam, the Name of the Lord; He is the boat in this Dark Age of Kali Yuga.

552 : 523

One who becomes Gurmukh crosses over; the True Lord dwells within him.

552 : 524

He remembers the Naam, he gathers in the Naam, and he obtains honor through the Naam.

552 : 525

Nanak has found the True Guru; by His Grace, the Name is obtained. ||2||

552 : 526

Pauree:

552 : 527

He Himself is the Philosopher's Stone, He Himself is the metal, and He Himself is transformed into gold.

552 : 528

He Himself is the Lord and Master, He Himself is the servant, and He Himself is the Destroyer of sins.

552 : 529

He Himself enjoys every heart; the Lord Master Himself is the basis of all illusion.

552 : 530

He Himself is the discerning one, and He Himself is the Knower of all; He Himself breaks the bonds of the Gurmukhs.

552 : 531

Servant Nanak is not satisfied by merely praising You, O Creator Lord; You are the Great Giver of peace. ||10||

552 : 532

Shalok, Fourth Mehl:

552 : 533

Without serving the True Guru, the deeds which are done are only chains binding the soul.

552 : 534

Without serving the True Guru, they find no place of rest. They die, only to be born again – they continue coming and going.

552 : 535

Without serving the True Guru, their speech is insipid. They do not enshrine the Naam, the Name of the Lord, in the mind.

552 : 536

O Nanak, without serving the True Guru, they are bound and gagged, and beaten in the City of Death; they depart with blackened faces. ||1||

552 : 537

Third Mehl:

552 : 538

Some wait upon and serve the True Guru; they embrace love for the Lord's Name.

552 : 539

O Nanak, they reform their lives, and redeem their generations as well. ||2||

552 : 540

Pauree:

552 : 541

He Himself is the school, He Himself is the teacher, and He Himself brings the students to be taught.

552 : 542

He Himself is the father, He Himself is the mother, and He Himself makes the children wise.

552 : 543

In one place, He teaches them to read and understand everything, while in another place, He Himself makes them ignorant.

552 : 544

Some, You summon to the Mansion of Your Presence within, when they are pleasing to Your Mind, O True Lord.

-- Raag Bihaagra – Part 016 --

Raag Bihaagra – Part 017

553 : 545

That Gurmukh, whom You have blessed with greatness – that humble being is known in Your True Court. ||11||

553 : 546

Shalok, Mardaanaa:

553 : 547

The Dark Age of Kali Yuga is the vessel, filled with the wine of sexual desire; the mind is the drunkard.

553 : 548

Anger is the cup, filled with emotional attachment, and egotism is the server.

553 : 549

Drinking too much in the company of falsehood and greed, one is ruined.

553 : 550

So let good deeds be your distillery, and Truth your molasses; in this way, make the most excellent wine of Truth.

553 : 551

Make virtue your bread, good conduct the ghee, and modesty the meat to eat.

553 : 552

As Gurmukh, these are obtained, O Nanak; partaking of them, one's sins depart. ||1||

553 : 553

MARDAANAA:

553 : 554

The human body is the vat, self–conceit is the wine, and desire is the company of drinking buddies.

553 : 555

The cup of the mind's longing is overflowing with falsehood, and the Messenger of Death is the cup–bearer.

553 : 556

Drinking in this wine, O Nanak, one takes on countless sins and corruptions.

553 : 557

So make spiritual wisdom your molasses, the Praise of God your bread, and the Fear of God the meat you eat.

553 : 558

O Nanak, this is the true food; let the True Name be your only Support. ||2||

553 : 559

If the human body is the vat, and self–realization is the wine, then a stream of Ambrosial Nectar is produced.

553 : 560

Meeting with the Society of the Saints, the cup of the Lord's Love is filled with this Ambrosial Nectar; drinking it in, one's corruptions and sins are wiped away. ||3||

553 : 561

Pauree:

553 : 562

He Himself is the angelic being, the heavenly herald, and the celestial singer. He Himself is the one who explains the six schools of philosophy.

553 : 563

He Himself is Shiva, Shankara and Mahaysh; He Himself is the Gurmukh, who speaks the Unspoken Speech.

553 : 564

He Himself is the Yogi, He Himself is the Sensual Enjoyer, and He Himself is the Sannyasee, wandering through the wilderness.

553 : 565

He discusses with Himself, and He teaches Himself; He Himself is discrete, graceful and wise.

553 : 566

Staging His own play, He Himself watches it; He Himself is the Knower of all beings. ||12||

553 : 567

Shalok, Third Mehl:

553 : 568

That evening prayer alone is acceptable, which brings the Lord God to my consciousness.

553 : 569

Love for the Lord wells up within me, and my attachment to Maya is burnt away.

553 : 570

By Guru's Grace, duality is conquered, and the mind becomes stable; I have made contemplative meditation my evening prayer.

553 : 571

O Nanak, the self-willed manmukh may recite his evening prayers, but his mind is not centered on it; through birth and death, he is ruined. ||1||

553 : 572

Third Mehl:

553 : 573

I wandered over the whole world, crying out, "Love, O Love!", but my thirst was not quenched.

553 : 574

O Nanak, meeting the True Guru, my desires are satisfied; I found my Beloved, when I returned to my own home. ||2||

553 : 575

Pauree:

553 : 576

He Himself is the supreme essence, He Himself is the essence of all. He Himself is the Lord and Master, and He Himself is the servant.

553 : 577

He Himself created the people of the eighteen castes; God Himself acquired His domain.

553 : 578

He Himself kills, and He Himself redeems; He Himself, in His Kindness, forgives us. He is infallible

553 : 579

– He never errs; the justice of the True Lord is totally True.

553 : 580

Those whom the Lord Himself instructs as Gurmukh – duality and doubt depart from within them. ||13||

553 : 581

Shalok, Fifth Mehl:

553 : 582

That body, which does not remember the Lord's Name in meditation in the Saadh Sangat, the Company of the Holy, shall be reduced to dust.

553 : 583

Cursed and insipid is that body, O Nanak, which does not know the One who created it. ||1||

-- Raag Bihaagra – Part 017 --

Raag Bihaagra – Part 018

554 : 584

Fifth Mehl:

554 : 585

Let the Lotus Feet of the Lord abide within your heart, and with your tongue, chant God's Name.

554 : 586

O Nanak, meditate in remembrance on God, and nurture this body. ||2||

554 : 587

Pauree:

554 : 588

The Creator Himself is the sixty–eight sacred places of pilgrimage; He Himself takes the cleansing bath in them.

554 : 589

He Himself practices austere self–discipline; the Lord Master Himself causes us to chant His Name.

554 : 590

He Himself becomes merciful to us; the Destroyer of fear Himself gives in charity to all.

554 : 591

One whom He has enlightened and made Gurmukh, ever obtains honor in His Court.

554 : 592

One whose honor the Lord Master has preserved, comes to know the True Lord. ||14||

554 : 593

Shalok, Third Mehl:

554 : 594

O Nanak, without meeting the True Guru, the world is blind, and it does blind deeds.

554 : 595

It does not focus its consciousness on the Word of the Shabad, which would bring peace to abide in the mind.

554 : 596

Always afflicted with the dark passions of low energy, it wanders around, passing its days and nights burning.

554 : 597

Whatever pleases Him, comes to pass; no one has any say in this. ||1||

554 : 598

Third Mehl:

554 : 599

The True Guru has commanded us to do this:

554 : 600

through the Guru's Gate, meditate on the Lord Master.

554 : 601

The Lord Master is ever-present. He tears away the veil of doubt, and installs His Light within the mind.

554 : 602

The Name of the Lord is Ambrosial Nectar – take this healing medicine!

554 : 603

Enshrine the Will of the True Guru in your consciousness, and make the True Lord's Love your self-discipline.

554 : 604

O Nanak, you shall be kept in peace here, and hereafter, you shall celebrate with the Lord.
||2||

554 : 605

Pauree:

554 : 606

He Himself is the vast variety of Nature, and He Himself makes it bear fruit.

554 : 607

He Himself is the Gardener, He Himself irrigates all the plants, and He Himself puts them in His mouth.

554 : 608

He Himself is the Creator, and He Himself is the Enjoyer; He Himself gives, and causes others to give.

554 : 609

He Himself is the Lord and Master, and He Himself is the Protector; He Himself is permeating and pervading everywhere.

554 : 610

Servant Nanak speaks of the greatness of the Lord, the Creator, who has no greed at all.
||15||

554 : 611

Shalok, Third Mehl:

554 : 612

One person brings a full bottle, and another fills his cup.

554 : 613

Drinking the wine, his intelligence departs, and madness enters his mind;

554 : 614

he cannot distinguish between his own and others, and he is struck down by his Lord and Master.

554 : 615

Drinking it, he forgets his Lord and Master, and he is punished in the Court of the Lord.

554 : 616

Do not drink the false wine at all, if it is in your power.

554 : 617

O Nanak, the True Guru comes and meets the mortal; by His Grace, one obtains the True Wine.

554 : 618

He shall dwell forever in the Love of the Lord Master, and obtain a seat in the Mansion of His Presence. ||1||

554 : 619

Third Mehl:

554 : 620

When this world comes to understand, it remains dead while yet alive.

554 : 621

When the Lord puts him to sleep, he remains asleep; when He wakes him up, he regains consciousness.

554 : 622

O Nanak, when the Lord casts His Glance of Grace, He causes him to meet the True Guru.

554 : 623

By Guru's Grace, remain dead while yet alive, and you shall not have to die again. ||2||

554 : 624

Pauree:

554 : 625

By His doing, everything happens; what does He care for anyone else?

554 : 626

O Dear Lord, everyone eats whatever You give – all are subservient to You.

-- Raag Bihaagra – Part 018 --

Raag Bihaagra – Part 019

555 : 627

One who praises You obtains everything; You bestow Your Mercy upon him, O Immaculate Lord.

555 : 628

He alone is a true banker and trader, who loads the merchandise of the wealth of the Your Name, O Lord.

555 : 629

O Saints, let everyone praise the Lord, who has destroyed the pile of the love of duality.
||16||

555 : 630

Shalok:

555 : 631

Kabeer, the world is dying – dying to death, but no one knows how to truly die.

555 : 632

Whoever dies, let him die such a death, that he does not have to die again. ||1||

555 : 633

Third Mehl:

555 : 634

What do I know? How will I die? What sort of death will it be?

555 : 635

If I do not forget the Lord Master from my mind, then my death will be easy.

555 : 636

The world is terrified of death; everyone longs to live.

555 : 637

By Guru's Grace, one who dies while yet alive, understands the Lord's Will.

555 : 638

O Nanak, one who dies such a death, lives forever. ||2||

555 : 639

Pauree:

555 : 640

When the Lord Master Himself becomes merciful, the Lord Himself causes His Name to be chanted.

555 : 641

He Himself causes us to meet the True Guru, and blesses us with peace. His servant is pleasing to the Lord.

555 : 642

He Himself preserves the honor of His servants; He causes others to fall at the feet of His devotees.

555 : 643

The Righteous Judge of Dharma is a creation of the Lord; he does not approach the humble servant of the Lord.

555 : 644

One who is dear to the Lord, is dear to all; so many others come and go in vain. ||17||

555 : 645

Shalok, Third Mehl:

555 : 646

The entire world roams around, chanting, "Raam, Raam, Lord, Lord", but the Lord cannot be obtained like this.

555 : 647

He is inaccessible, unfathomable and so very great; He is unweighable, and cannot be weighed.

555 : 648

No one can evaluate Him; He cannot be purchased at any price.

555 : 649

Through the Word of the Guru's Shabad, His mystery is known; in this way, He comes to dwell in the mind.

555 : 650

O Nanak, He Himself is infinite; by Guru's Grace, He is known to be permeating and pervading everywhere.

555 : 651

He Himself comes to blend, and having blended, remains blended. ||1||

555 : 652

Third Mehl:

555 : 653

O my soul, this is the wealth of the Naam; through it, comes peace, forever and ever.

555 : 654

It never brings any loss; through it, one earns profits forever.

555 : 655

Eating and spending it, it never decreases; He continues to give, forever and ever.

555 : 656

One who has no skepticism at all never suffers humiliation.

555 : 657

O Nanak, the Gurmukh obtains the Name of the Lord, when the Lord bestows His Glance of Grace. ||2||

555 : 658

Pauree:

555 : 659

He Himself is deep within all hearts, and He Himself is outside them.

555 : 660

He Himself is prevailing unmanifest, and He Himself is manifest.

555 : 661

For thirty–six ages, He created the darkness, abiding in the void.

555 : 662

There were no Vedas, Puraanas or Shaastras there; only the Lord Himself existed.

555 : 663

He Himself sat in the absolute trance, withdrawn from everything.

555 : 664

Only He Himself knows His state; He Himself is the unfathomable ocean. ||18||

555 : 665

Shalok, Third Mehl:

555 : 666

In egotism, the world is dead; it dies and dies, again and again.

--- Raag Bihaagra – Part 019 ---

Raag Bihaagra – Part 020

556 : 667

As long as there is breath in the body, he does not remember the Lord; what will he do in the world hereafter?

556 : 668

One who remembers the Lord is a spiritual teacher; the ignorant one acts blindly.

556 : 669

O Nanak, whatever one does in this world, determines what he shall receive in the world hereafter. ||1||

556 : 670

Third Mehl:

556 : 671

From the very beginning, it has been the Will of the Lord Master, that He cannot be remembered without the True Guru.

556 : 672

Meeting the True Guru, he realizes that the Lord is permeating and pervading deep within him; he remains forever absorbed in the Lord's Love.

556 : 673

With each and every breath, he constantly remembers the Lord in meditation; not a single breath passes in vain.

556 : 674

His fears of birth and death depart, and he obtains the honored state of eternal life.

556 : 675

O Nanak, He bestows this rank upon that mortal, upon whom He showers His Mercy. ||2||

556 : 676

Pauree:

556 : 677

He Himself is all-wise and all-knowing; He Himself is supreme.

556 : 678

He Himself reveals His form, and He Himself enjoins us to His meditation.

556 : 679

He Himself poses as a silent sage, and He Himself speaks spiritual wisdom.

556 : 680

He does not seem bitter to anyone; He is pleasing to all.

556 : 681

His Praises cannot be described; forever and ever, I am a sacrifice to Him. ||19||

556 : 682

Shalok, First Mehl:

556 : 683

In this Dark Age of Kali Yuga, O Nanak, the demons have taken birth.

556 : 684

The son is a demon, and the daughter is a demon; the wife is the chief of the demons. ||1||

556 : 685

First Mehl:

556 : 686

The Hindus have forgotten the Primal Lord; they are going the wrong way.

556 : 687

As Naarad instructed them, they are worshipping idols. They are blind and mute, the blindest of the blind.

556 : 688

The ignorant fools pick up stones and worship them.

556 : 689

But when those stones themselves sink, who will carry you across? ||2||

556 : 690

Pauree:

556 : 691

Everything is in Your power; You are the True King.

556 : 692

The devotees are imbued with the Love of the One Lord; they have perfect faith in Him.

556 : 693

The Name of the Lord is the ambrosial food; His humble servants eat their fill.

556 : 694

All treasures are obtained – meditative remembrance on the Lord is the true profit.

556 : 695

The Saints are very dear to the Supreme Lord God, O Nanak; the Lord is unapproachable and unfathomable. ||20||

556 : 696

Shalok, Third Mehl:

556 : 697

Everything comes by the Lord's Will, and everything goes by the Lord's Will.

556 : 698

If some fool believes that he is the creator, he is blind, and acts in blindness.

556 : 699

O Nanak, the Gurmukh understands the Hukam of the Lord's Command; the Lord showers His Mercy upon him. ||1||

556 : 700

Third Mehl:

556 : 701

He alone is a Yogi, and he alone finds the Way, who, as Gurmukh, obtains the Naam.

556 : 702

In the body–village of that Yogi are all blessings; this Yoga is not obtained by outward show.

556 : 703

O Nanak, such a Yogi is very rare; the Lord is manifest in his heart. ||2||

556 : 704

Pauree:

556 : 705

He Himself created the creatures, and He Himself supports them.

556 : 706

He Himself is seen to be subtle, and He Himself is obvious.

556 : 707

He Himself remains a solitary recluse, and He Himself has a huge family.

556 : 708

Nanak asks for the gift of the dust of the feet of the Saints of the Lord.

556 : 709

I cannot see any other Giver; You alone are the Giver, O Lord. ||21||1|| Sudh||

-- Raag Bihaagra --